



HEBREW HOME OF GREATER WASHINGTON

*fulfillment*

**HEBREW HOME OF GREATER WASHINGTON  
SMITH-KOGOD AND WASSERMAN RESIDENCES**

*Living and Recovering at the Hebrew Home of Greater Washington.*

*No two people are alike, so we tailor care to fit your individual needs. We work together with you and your family, all as partners in your care.*

*belonging*

*dignity*



Since 1910, Washington area families have relied on the Hebrew Home for care, and valued our:

- Reputation and mission to provide quality care
- On-site, staff physicians, board-certified in geriatrics
- Outstanding rehabilitation services
- Dedicated professional staff
- Respect for residents' dignity
- Jewish values, such as reverence for elders
- Attractive campus setting and convenient location
- Wonderful volunteers and community involvement
- Extensive activities and cultural arts for healing programs

### *Quality care that meets a full range of needs*

When reassuring 24-hour care becomes necessary, you can find that care and peace of mind at the Hebrew Home. Our residents benefit from a full range of long-term care services, including on-staff, full-time physicians who are specialists in geriatric care, and a new home-style dining experience designed with choice in mind.

Specialized care can also meet more specific needs:

- **Alzheimer's care**, in a carefully designed environment, with secure living arrangements and outdoor gardens, where residents feel successful and safe
- **End of life care**, with a focus on palliative care, offers support and comfort for residents and families
- **Rehabilitation services**, to maximize independence





*caring*



Once, physicians made house calls; at the Hebrew Home they still do. Our physicians are in-house and on-staff — right here for you. The physician is an important member of your care team, and medical rounds take place regularly. In addition, many medical specialists and dentists visit the Home and treat residents here. Of course, if you prefer, you may choose to continue under the care of your current physician.

### *Nursing, the cornerstone of care*

Our nurses create a sense of community — a neighborhood — on each of our nursing units, and an environment that promotes personal dignity. There are programs to encourage independence in activities of daily living, to enhance quality of life and to keep residents free of pain.

### *Day-to-day life at the Hebrew Home*

Our nursing staff and social workers help residents and their families feel at ease. You may bring your own furniture, photos and mementos, if you like. Meals that sustain both body and spirit are served in small dining rooms; they are kosher and can accommodate special diets.

Creative opportunities and Jewish traditions enrich life while respecting the needs of other faiths. You may choose activities from a varied schedule that offers something for every taste and ability, or choose quiet leisure. Supportive services such as housekeeping, laundry and maintenance ensure comfortable and attractive surroundings. Pets and plants, computer access, trips, on-site banking, beauty parlor, library, coffee shop, and more all contribute to day-to-day life here.

*respect*

*kindness*

*wisdom*

Our Guardian Fund for Excellence provides a range of opportunities to enrich the creative spirit, stimulate the intellect and create a sense of adventure. Enjoy programs such as trips, restaurant nights and cultural arts.

### **OPTIONS FOR PAYING FOR CARE**

***The Home accepts Medicare, Maryland Medicaid, and private pay. We also work with insurance carriers that cover nursing home care. Medicare does not pay for long-term care, but if you are coming to the Home from the hospital, and believe you are eligible for Medicare coverage, please call the Home's admissions office.***

***Residents who pay privately find that the Hebrew Home's more inclusive daily rates cover much more than daily rates at most nursing homes. Our admissions specialists will be happy to assist you in making an accurate comparison.***

**O**n our park-like campus in Rockville, you remain very much a part of the community. Our dedicated volunteers, sense of mission, respected Research Institute on Aging and extraordinary support from the community help make the Hebrew Home unique.

### *Prompt admissions*

Our reputation for excellence does not mean long waiting lists. Our expanded campus enables us to meet your specific admissions needs more quickly than ever.

The Hebrew Home and affiliated programs are open to all in the community. We accept adults of all ages and there is no residency requirement. Residents often come to the Hebrew Home from Florida, New York and other states to be closer to families living here.

### *Your next step*

Just call the Admissions office at 301.770.8476. (TTY is 301.881.0300). An admissions counselor is always on call, seven days a week.

We will provide information about what to bring, residents' rights, how to take advantage of all our services and programs and what to expect during your first few days here. If you are coming from the hospital, we work closely with the discharge planner to coordinate your care.

### *Would you like more information about the Hebrew Home?*

We will be happy to talk with you about your needs or set up a time for you to take a tour. Please call today. 301.770.8476. You can also visit us online at [hebrew-home.org](http://hebrew-home.org).





## *The Hebrew Home in Action*

### **SUNDAY**

Sunday Sweets • Morning Exercise •  
Musical Entertainment • Religious Services  
• Trivia • Movie & Popcorn

### **MONDAY**

Poker • Dominoes • Open Art Studio •  
Hand Spa • Bingo • Pet Visits • Exercise

### **TUESDAY**

Mah Jongg • Alphabetics • Baking •  
Yesterday's Headlines • Music for You •  
Movie Night

### **WEDNESDAY**

Sit and Stretch • Schmooze with Ed and  
Arnie • "Hear Us Sing" Chorus • Current  
Events • Poetry • Book Club • Restaurant  
Night

### **THURSDAY**

Jewelry Making • Rumikub • Bingo •  
Movement and Dance • Food Focus •  
Resident Council • Sing-a-Long

### **FRIDAY**

Oneg Shabbat • Kindermusic with Toddlers  
• What's Your Story • Scrapbook Club •  
"Ask the Rabbi" • Theatre Class • Outdoor  
Walks • Gardening

### **SATURDAY**

Shabbat Services



## *A Taste of the Hebrew Home*



### **SAMPLE BREAKFASTS**

*Orange Juice  
Oatmeal with Bran  
Scrambled Egg  
Bagel with Lox Spread or  
Cream Cheese*

*Orange Juice  
Cream of Rice w/Bran  
Scrambled Egg  
Waffle with Syrup*



### **SAMPLE LUNCHES**

*Lentil Soup  
Triple Salad: Whitefish,  
Tuna and Egg Salads  
Lettuce & Tomatoes  
Rye Bread  
Sliced Peaches*

*Beef Stew  
Red Bliss Potatoes  
Green Beans  
Corn Bread  
French Apple Pie*



### **SAMPLE DINNERS**

*Matzoh Ball Soup  
Roast Chicken  
Cranberry Sauce  
Baked Sweet Potato  
Spinach, Onions & Mushrooms  
Challah, Wine  
Honey Cake*

*Garden Vegetable Soup  
Cheese Blintzes  
Sour Cream  
Raspberry Sauce  
Poached Pears  
Cream Puff*

*independence*



## HEBREW HOME OF GREATER WASHINGTON SMITH-KOGOD AND WASSERMAN RESIDENCES

6121 Montrose Road

Rockville, MD 20852

Phone: 301.770.8476

TTY: 301.881.0300

Admissions fax: 301.770.8518

website: [www.hebrew-home.org](http://www.hebrew-home.org)



*enrichment*



*Charles E. Smith Life Communities*

HEBREW HOME OF GREATER WASHINGTON • SMITH-KOGOD & WASSERMAN RESIDENCES  
LANDOW HOUSE • RING HOUSE • REVITZ HOUSE • HIRSH HEALTH CENTER • RESEARCH INSTITUTE ON AGING

[www.smithlifecommunities.org](http://www.smithlifecommunities.org)

We are pledged to the letter and spirit of U.S. policy for the achievement of equal housing opportunity throughout the nation.

We encourage and support an affirmative advertising and marketing program in which there are no barriers to obtaining housing because of race, color, religion, sex, handicap, familial status or national origin.