

November 2022



Cohen Rosen House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 AM Beauty Saloon visits 10:30 AM Art Pursuit with Carol 2:00 PM Manicure with Sylvie 3:30 PM Afternoon Snacks 4:00 PM Family fued	2 10:30 AM Scenic Bus Ride "Fall Leaves around The Washington Parkway" 2:00 PM Mind Jogger 2:30 PM Music with Joanna 3:00 PM Exercise Class with Marcus 3:50 PM Afternoon Snacks 4:00 PM Music Program with Sylvie	3 10:30 AM Drum Circle with Lauren 11:00 AM Board Game 2:00 PM Afternoon Movie "Classics" 3:30 PM Afternoon Snacks 4:00 PM Word Games	4 10:00 AM Daily Chronicles 11:00 AM Brain Teaser (This or That) 2:00 PM Music and Movement with Marcus & Lauren 3:00 PM Shabbat Services 4:00 PM Shabbat Stories	5 10:30 AM Shabbat Service 2:00 PM Shabbat Sing Along 3:00 PM Afternoon Stretch 3:30 PM Afternoon Snacks 4:00 PM Trivia
6 10:00 AM Daily Chronicles 10:30 AM Morning Stretch 11:00 AM Morning Sing along 2:00 PM Puzzeling 3:30 PM Afternoon Snacks 4:00 PM Board Game	7 10:00 AM Daily Chronicles 11:00 AM Reminiscing 1:30 PM Musical Gems for Cello and Piano with Jeannie and Lauren 3:00 PM Exercise Class with Marcus 3:50 PM Afternoon Snacks 4:00 PM Flower Arrangements	8 10:00 AM Beauty Saloon visits 10:30 AM Art Pursuit with Carol 2:00 PM Manicure with Sylvie 3:30 PM Afternoon Snacks 4:00 PM B-Cat Stories	9 10:30 Trip to Butlers Orchard 2:00 PM Mind Jogger 3:00 PM Exercise Class with Marcus 3:50 PM Afternoon Snacks 4:00 PM Music Program with Sylvie	10 10:30 AM Drum Circle with Lauren 11:00 AM Board Game 2:00 PM Afternoon Movie "Classics" 3:30 PM Afternoon Snacks 4:00 PM Word Games	11 Veterans Day 10:00 AM Daily Chronicles 11:00 AM Card Making 2:00 PM Exercise Class with Marcus 3:00 PM Shabbat Services 4:00 PM Shabbat Stories	12 10:30 AM Shabbat Service 2:00 PM Shabbat Sing Along 3:00 PM Balloon Tennis 3:30 PM Afternoon Snacks 4:00 PM Trivia
13 10:00 AM Daily Chronicles 10:30 AM Morning Stretch 11:00 AM Finish the Lyrics 2:00 PM Short Stories 3:30 PM Afternoon Snacks 4:00 PM Board Game	14 10:00 AM Echoes of Nature 11:00 AM Reminiscing 1:30 PM Commercial Jingles with Diane and the Trio 3:00 PM Exercise Class with Marcus 3:50 PM Afternoon Snacks 4:00 PM Armchair Travel Video	15 10:00 AM Beauty Salon 10:30 AM Art Pursuit with Carol 2:00 PM Manicure with Sylvie 3:30 PM Afternoon Snacks 4:00 PM Reading Skits	16 10:30 AM The trip to Hot Apple Cider at Black Hills Park 2:00 PM Toss the ball and Talk about 2:30 PM Music with Joanna 3:00PM Exercise Class with Marcus 3:50 PM Afternoon Snacks 4:00 PM Music Program with Sylvie	17 10:00 AM Drum Circle with Lauren 11:00 AM Board Game 2:00 PM Afternoon Movie "Classics" 3:30 PM Afternoon Snacks 4:00 PM Word Games	18 10:00 AM Daily Chronicles 11:00 AM Bingo 2:00 PM Exercise Class with Marcus 3:00 PM Shabbat Services 4:00 PM Shabbat Stories	19 10:30 AM Shabbat Service 2:00 PM Shabbat Sing Along 3:00 PM Afternoon Stretch 3:30 PM Afternoon Snacks 4:00 PM Trivia
20 10:00 AM Daily Chronicles 10:30 AM Morning Stretch 11:00 AM Moning Sing Along 2:00 PM Family Pumkin Spice Tea Social with Musical Entertainment Patty Reese 4:00 PM Board Game	21 10:30 AM Daily Chronicles 11:00 AM Reminiscing 1:30 PM Landow Presents: Songs from Fiddler on the Roof(Musical Festival) 3:00 PM Exercise Class with Marcus 3:50 PM Afternoon Snacks 4:00 PM Flower Arrangements	22 10:00 AM Beauty Saloon visits 10:30 AM Art Pursuit with Carol 2:00 PM Manicure with Sylvie 3:30 PM Afternoon Snacks 4:00 PM Table Bowling	23 10:30 AM Daily Chronicles 2:00 PM Mind Jogger 3:00 PM Exercise Class with Marcus 3:50 PM Afternoon Snacks 4:00 PM Music Program with Sylvie	24 Thanksgiving Day 10:00 AM Macy's Thanksgiving Day Parade 11:00 AM 1900s Thanks giving hits review with Sylvie 2:00 PM Afternoon Movie "Classics" 3:30 PM Thanksgiving Music Special with Diana Quinn	25 10:00 AM Daily Chronicles 11:00AM Top Table games 2:00 PM Music and Movement with Marcus & Lauren 3:00 PM Shabbat Services 4:00 PM Shabbat Stories	26 10:30 AM Shabbat Service 2:00 PM Shabbat Sing Along 3:00 PM Balloon Tennis 3:30 PM Afternoon Snacks 4:00 PM Trivia
27 10:00 AM Daily Chronicles 10:30 AM Morning Stretch 11:00 AM Karaoke 2:00 PM Top Table Games 3:30 PM Afternoon Snacks 4:00 PM Board Game	28 10:00 AM Daily Chronicles 11:00 AM Reminiscing 1:30 PM Music with Ann and The Trio Piano Trio 3:00 PM Exercise Class with Marcus 3:50 PM Afternoon Snacks 4:00 PM Armchair Travel Video	29 10:00 AM Beauty Saloon visits 10:30 AM Art Pursuit with Carol 2:00 PM Manicure with Sylvie 3:30 PM Afternoon Snacks 4:00 PM B-CAT Stories	30 10:30 AM Daily Chronicles 11:00 PM Exercise With Marcus 3:00 PM Tour to Gaithersburg Art Barn 3:50 PM Afternoon Snacks 4:00 PM Music Program with Sylvie			