

January 2024



Cohen-Rosen House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 NEW YEAR’S DAY</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	<b>10:00 AM</b> Morning Sit & Stretch <b>11:00 AM</b> Photo Puzzles <b>1:00 PM</b> Quiet Time <b>3:00 PM</b> Muisc with Laurie Mangold <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Analogous Flower Color Arrangements	<b>10:00 AM</b> Beauty Salon Visits <b>11:00 AM</b> Classic TV shows "The Andy Griffith Show" <b>1:00 PM</b> Quiet Time <b>3:00 PM</b> Manicures & Music Relaxation <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> One on Ones with Joanna <b>4:00 PM</b> Family Feud	<b>10:30 AM</b> Trip to Glen Stone Art Museum <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Would You Rather Game "Winter Edition" <b>2:30 PM</b> Music with Joana <b>3:00 PM</b> Exercise with Kandell <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Music Reminiscing with Florence's Selection	<b>10:15 AM</b> Drum Circle with Lauren <b>11:00 AM</b> Board Games <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Afternoon Movie "Change in the Air, 2018" <b>3:30 PM</b> Peppermint Hot Chocolate Social <b>4:00 PM</b> Word unscrambles "Words from a Word"	<b>10:30 AM</b> Explore the City <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Exercise Class with Kandell <b>3:00 PM</b> Shabbat Service <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Shabbat Short Stories	<b>10:30 AM</b> Shabbat Service (Theater) <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Afternoon Chair Dance <b>3:00 PM</b> Top Table Games <b>3:30 PM</b> Afternoon Snacks (AR) <b>4:00 PM</b> Sing Along Songs & Instruments
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>10:00 AM</b> Morning Stretch <b>10:30 AM</b> Name 5 <b>11:00 AM</b> Finish the Old English Proverb (AR) <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Reminiscing Songs and Musical Instruments <b>3:00 PM</b> Ball Toss <b>4:00 PM</b> Melodies of Memories: "Celebrating the Power of Music"	<b>10:00 AM</b> Echoes of Nature <b>10:00 AM</b> Art of Colors "Winter Folk Art Trees " <b>11:00 AM</b> Catch the Ball & Guess <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Musical Prelude to 2024 with the Trio (TH) <b>3:00 PM</b> Music and Movement with Jiyoung & Kandell <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Armchair Travels (Art Room)	<b>10:00 AM</b> Beauty Salon Visits <b>11:00 AM</b> Classic TV shows "Laverne & Shirley" <b>1:00 PM</b> Quiet Time <b>3:00 PM</b> Manicures & Music Relaxation <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> One on Ones with Joanna <b>4:00 PM</b> Brain Teaser "Choose one Button"	<b>10:30 AM</b> The Life & Memories of Florence’s "Mini Bio" <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Mind Jogger with Sylvie <b>2:30 PM</b> Music with Joana <b>3:00 PM</b> Exercise with Kandell <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Florences Favorite Musical Movies	<b>10:15 AM</b> Drum Circle with Lauren <b>11:00 AM</b> Board Games <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Afternoon Movie "Wonder Man, 1945" <b>3:30 PM</b> Fresh Ginger Tea Social <b>4:00 PM</b> Word unscrambles.	<b>10:00 AM</b> Visit at Osuna Art & Antique Gallery <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Exercise Class with Kandell <b>3:00 PM</b> Shabbat Service <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Shabbat Sing Along Songs	<b>10:30 AM</b> Shabbat Service (Theater) <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Afternoon Chair Dance <b>3:00 PM</b> Top Table Games <b>3:30 PM</b> Afternoon Snacks (AR) <b>4:00 PM</b> Sing Along Songs & Instruments
<b>14</b>	<b>15 MARTIN LUTHER KING JR DAY</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>10:00 AM</b> Morning Stretch <b>10:30 AM</b> Name 5 <b>11:00 AM</b> Finish the Old English Proverb (AR) <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Reminiscing Songs and Musical Instruments <b>3:00 PM</b> Ball Toss <b>4:00 PM</b> Melodies of Memories: "Celebrating the Power of Music"	<b>10:00 AM</b> Morning Stretch <b>11:00 AM</b> Reminiscence on MLK <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> Music Honoring MLK Day with the Trio (TH) <b>3:00 PM</b> Exercise Class with Kandell <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Flower Arrangements & Flower Symbolism	<b>10:00 AM</b> Beauty Salon Visits <b>11:00 AM</b> Classic TV shows "Cheers" <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Guitar Music with Vladimir <b>3:00 PM</b> Manicures & Music Relaxation <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> One on Ones with Joanna <b>4:00 PM</b> BCAT Reminiscing Stories	<b>10:30 AM</b> The Life & Memories of Florence's: “Advice and Quotes" <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Mind Jogger with Sylvie <b>2:30 PM</b> Music with Joana <b>3:00 PM</b> Exercise with Kandell <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Music Trivia <b>4:00 PM</b> Finish The Lyrics with Florence & Sylvie	<b>10:15 AM</b> Drum Circle with Lauren <b>11:00 AM</b> Board Games <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Afternoon Movie "The Kid From Brooklyn, 1946" <b>3:30 PM</b> Hot Spiced Cider Social <b>4:00 PM</b> Word unscrambles.	<b>10:30 AM</b> Tour at Gallery of Rare Treasures <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Exercise Class with Kandell <b>3:00 PM</b> Trivia with Sylvie <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Shabbat Service	<b>10:30 AM</b> Shabbat Service (Theater) <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Afternoon Chair Dance <b>3:00 PM</b> Top Table Games <b>3:30 PM</b> Afternoon Snacks (AR) <b>4:00 PM</b> Sing Along Songs & Instruments
<b>21</b>	<b>22</b>	<b>23</b>	<b>24 EREV TU BISHVAT</b>	<b>25 TU BISHVAT</b>	<b>26</b>	<b>27</b>
<b>10:00 AM</b> Morning Stretch <b>10:30 AM</b> Name 5 <b>11:00 AM</b> Finish the Old English Proverb (AR) <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Reminiscing Songs and Musical Instruments <b>3:00 PM</b> Ball Toss <b>4:00 PM</b> Melodies of Memories: "Celebrating the Power of Music"	<b>10:00 AM</b> Morning Stretch <b>11:00 AM</b> Art of Colors "Colorful Snowflakes " <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Piano Tunes with Bertram Mcleish <b>3:00 PM</b> Exercise Class with Kandell <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Armchair Travels (Art Room)	<b>10:00 AM</b> Beauty Salon Visits <b>11:00 AM</b> Classic TV shows "The Carol Burnett Show" <b>1:00 PM</b> Quiet Time <b>3:00 PM</b> Manicures & Music Relaxation <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> One on Ones with Joanna <b>4:00 PM</b> Brain Teaser "Choose one Button"	<b>10:30 AM</b> The Life & Memories of Florence’s "Teaching Memories" <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Mind Jogger with Sylvie <b>2:30 PM</b> Music with Joana <b>3:00 PM</b> Exercise with Kandell <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Florence's Nursery Rhythm memories	<b>10:15 AM</b> Drum Circle with Lauren <b>11:00 AM</b> Board Games <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Afternoon Movie "Everyday Miracles, 2020" <b>3:30 PM</b> Hot Buttered Rum Social <b>4:00 PM</b> Word unscrambles.	<b>10:30 AM</b> Tour at Kensington Antique Art Gallery <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Exercise Class with Kandell <b>3:00 PM</b> Short Stories Reading <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Shabbat Service	<b>10:30 AM</b> Shabbat Service (Theater) <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Afternoon Chair Dance <b>3:00 PM</b> Top Table Games <b>3:30 PM</b> Afternoon Snacks (AR) <b>4:00 PM</b> Sing Along Songs & Instruments
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			
<b>10:00 AM</b> Morning Stretch <b>10:30 AM</b> Name 5 <b>11:00 AM</b> Finish the Old English Proverb (AR) <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Reminiscing Songs and Musical Instruments <b>3:00 PM</b> Ball Toss <b>4:00 PM</b> Melodies of Memories: "Celebrating the Power of Music"	<b>10:00 AM</b> Indoor Morning Strolls <b>11:00 AM</b> Art and Craft "Piney tree Card Making." <b>1:00 PM</b> Quiet Time <b>1:30 PM</b> The Trio Performs with Joy & Ann <b>3:00 PM</b> Exercise Class with Kandell <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Duo Colors Flower Arrangements	<b>10:00 AM</b> Beauty Salon Visits <b>11:00 AM</b> Classic TV shows "Saturday Night Live" <b>1:00 PM</b> Quiet Time <b>3:00 PM</b> Manicures & Music Relaxation <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> One on Ones with Joanna <b>4:00 PM</b> Family Feud	<b>10:30 AM</b> The Life & Memories of Florence’s “Style" <b>1:00 PM</b> Quiet Time <b>2:00 PM</b> Mind Jogger with Sylvie <b>2:30 PM</b> Music with Joana <b>3:00 PM</b> Exercise with Kandell <b>3:30 PM</b> Afternoon Snacks <b>4:00 PM</b> Florences Favorite "Memories from Musicals"			