

May 2023



Cohen Rosen House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	<p>10:00 AM Morning Strech</p> <p>11:00 AM Catch the Ball & Conversation "Who Said So?"</p> <p>1:30 PM Music written for Heroes and Heroines Programing with Joanna & Lauren</p> <p>3:00 PM Exercise with Tobias</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Flower Arrangements (All bout Spring Flowers)</p>	<p>10:00 AM Beauty Salon Visits</p> <p>1:00 PM Quiet Time</p> <p>3:00 PM Manicures & Music Relaxation</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM BCAT Reminiscing Stories</p> <p>4:00 PM One on Ones with Joanna</p>	<p>10:30 AM Trip to McCrillis House and Garden</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Trivia with Sylvie</p> <p>2:30 PM Music with Joana</p> <p>3:00 PM Exercise with Tobias</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Music Program with Sylvie (Popular Jewish Song facts)</p>	<p>10:15 AM Drum Circle with Lauren</p> <p>11:00 AM Beading & Bead sorting</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Afternoon Movie "GENTLEMAN'S AGREEMENT" (1947)</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Word unscrambles.</p>	<p>10:00 AM The Dela Plaine Arts Center</p> <p>11:00 AM Piano Music with Jiyoung</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Exercise Class with Tobias</p> <p>3:00 PM Shabbat Service</p> <p>3:30 PM Cinco de Mayo Celebration</p> <p>4:00 PM Shabbat Sing Along with instruments</p>	<p>10:30 AM Shabbat Service (Theater)</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Afternoon Chair Dance</p> <p>3:00 PM Top Table Games</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Sing Along Songs & Instruments</p>
7	8	9 LAG BAOMER	10	11	12	13
<p>10:00 AM Puzzle Time</p> <p>11:00 AM Finish the Lyrics</p> <p>11:00 AM B'CAT Stories Reading</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Ball Exercise</p> <p>3:00 PM Reminiscing 1920a Songs and Musical Instruments</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Art with Kay</p>	<p>10:00 AM Echoes of Nature</p> <p>11:00 AM Art with Kay</p> <p>1:00 PM Quiet Time</p> <p>1:30 PM Dance Music with Jiyoung & Joanna</p> <p>3:00 PM Exercise with Tobias</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Armchair Travels Art Room</p>	<p>10:00 AM Beauty Salon Visits</p> <p>1:00 PM Quiet Time</p> <p>3:00 PM Manicures & Music Relaxation</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM One on Ones with Joanna</p> <p>4:00 PM Short Stories Reading</p>	<p>9:45 AM Trip to Jewish Museum of Maryland</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Trivia with Sylvie</p> <p>3:00 PM Exercise with Tobias</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Violin Heroism in Saving Jews During the WWII "Jascha Heifetz "</p>	<p>10:15 AM Morning Strech</p> <p>11:00 AM Letter "U" Trivia</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Afternoon Movie "FUNNY GIRL" (1968))</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Word unscrambles.</p>	<p>10:30 AM Exploring through the City Ride</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Exercise Class with Tobias</p> <p>3:00 PM Shabbat Service</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Shabbat Short Stories</p>	<p>10:30 AM Shabbat Service (Theater)</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Afternoon Chair Dance</p> <p>3:00 PM Top Table Games</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Sing Along Songs & Instruments</p>
14 MOTHER'S DAY	15	16	17	18	19	20
<p>10:00 AM Puzzle Time</p> <p>11:00 AM Reminiscing Mother's Day Songs of 1940s</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Ball Exercise</p> <p>3:00 PM Mother's Day Special Music with Hometowne USA Chorus</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Mother's Celebration "Dance With Victor"</p>	<p>10:00 AM Morning Strech</p> <p>11:00 AM Highlight of 1950s Female Singers</p> <p>1:00 PM Quiet Time</p> <p>1:30 PM Operatic Hits with The Trio</p> <p>3:00 PM Exercise with Tobias</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Flower Arrangements & Songs About Roses</p>	<p>10:00 AM Beauty Salon Visits</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Guitar Music with Vladimir</p> <p>3:00 PM Manicures & Music Relaxation</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM BCAT Reminiscing Stories</p> <p>4:00 PM One on Ones with Joanna</p>	<p>10:00 AM Guided Tour @ Strathmore Mansion Outing</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Mind Jogger with Sylvie (Ridle me this)</p> <p>2:30 PM Music with Joana</p> <p>3:00 PM Exercise with Tobias</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Music Trivia(Lyrics with May in it)</p>	<p>10:15 AM Drum Circle with Lauren</p> <p>11:00 AM Board Games</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Afternoon Movie (One Small Hitch, 2015)</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Word unscrambles.</p>	<p>10:00 AM Picnic at Great Seneca park</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Exercise Class with Tobias</p> <p>3:00 PM Short Stories Reading</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Shabbat Service</p>	<p>10:30 AM Shabbat Service (Theater)</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Afternoon Chair Dance</p> <p>3:00 PM Top Table Games</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Sing Along Songs & Instruments</p>
21	22	23	24	25 EREV SHAVUOT	26 SHAVUOT I	27 SHAVUOT II
<p>10:00 AM Puzzle Time</p> <p>11:00 AM Name that Song Game</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Chair Exercise</p> <p>3:00 PM Reminiscing Songs and Musical Instruments</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Art with Kay</p>	<p>10:00 AM Morning Strec</p> <p>11:00 AM Matching Game</p> <p>1:00 PM Quiet Time</p> <p>3:00 PM Exercise with Tobias</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Armchair Travels Art Room</p>	<p>10:00 AM Beauty Salon Visits</p> <p>1:00 PM Quiet Time</p> <p>3:00 PM Manicures & Music Relaxation</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM One on Ones with Joanna</p> <p>4:00 PM Who Said So?</p>	<p>10:30 AM Scenic Drive</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Guess the Song by Emojis</p> <p>2:30 PM Music with Joana</p> <p>3:00 PM Exercise with Tobias</p> <p>3:30 PM Afternoon Snacks</p> <p>3:30 PM Birthday Celebrations with Frozen Smoothie Lollies</p> <p>4:00 PM May famous singer Highlight (Rosanne Cash)</p>	<p>10:15 AM Drum Circle with Lauren</p> <p>11:00 AM What Am I Game</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Afternoon Movie (Dough, 2016)</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Word unscrambles.</p>	<p>10:30 AM Exploring through the City Ride</p> <p>10:30 AM Shavuot Services</p> <p>1:00 PM Quiet Time</p> <p>11:00 AM Piano Music with Jiyoung</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Exercise Class with Tobias</p> <p>3:00 PM Short Stories Reading</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Shabbat Service</p>	<p>10:30 AM Shavuot services with Yizkor</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Afternoon Chair Dance</p> <p>3:00 PM Top Table Games</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Sing Along Songs & Instruments</p>
28	29 MEMORIAL DAY	30	31			
<p>10:00 AM Top Table Games</p> <p>1:00 PM Quiet Time</p> <p>2:00 PM Zumba Exercises</p> <p>2:00 PM The Starvation Army Band Concert</p> <p>3:00 PM Reminiscing Songs and Musical Instruments</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Short Stories Reading (LB)</p>	<p>10:00 AM Morning Strech</p> <p>11:00 AM Catch the Ball & Guess</p> <p>1:00 PM Quiet Time</p> <p>1:30 PM Celebrating Memorial Day with The Trio</p> <p>3:00 PM Exercise with Tobias</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM Memorial Day Observation "Patriotic Music with Alan MacEwen"</p>	<p>10:00 AM Beauty Salon Visits</p> <p>1:00 PM Quiet Time</p> <p>3:00 PM Manicures & Music Relaxation</p> <p>3:30 PM Afternoon Snacks</p> <p>4:00 PM One on Ones with Joanna</p>	<p>10:30 AM Scenic Drive</p> <p>1:00 PM Quiet Time</p> <p>2:30 PM Music with Joana</p> <p>3:00 PM Exercise with Tobias</p> <p>3:30 PM Afternoon Snacks</p>			

Bold activity = Sign up mandatory

LB = Lobby