


<div>June 2023</div> <div><div>Charles E. Smith LIFE COMMUNITIES</div><div>Cohen Rosen House</div></div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:15 AM Drum Circle with Lauren 11:00 AM Board Games "Fill in the blanks" 1:00 PM Quiet Time 2:00 PM Afternoon Movie "Monumental: Ellie Goulding at Kew Gardens, 2023 " 3:30 PM Afternoon Snacks 4:00 PM Word unscrambles	10:30 AM Trip Rose Hill Manor Museum 11:00 AM Piano Music with Jiyoung 1:00 PM Quiet Time 2:00 PM Exercise Class with Tobias 3:00 PM Shabbat Service 3:30 PM Afternoon Snacks " Orange Crush Milkshake Social" 4:00 PM Shabbat Short Stories	10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Afternoon Chair Dance 3:00 PM Top Table Games 3:30 PM Afternoon Snacks 4:00 PM Sing Along Songs & Instruments
4	5	6	7	8	9	10
10:00 AM Puzzle Time 11:00 AM Name that Song Game 1:00 PM Quiet Time 2:00 PM Ball Exercise 3:00 PM Reminiscing Songs and Musical Instruments 3:30 PM Afternoon Snacks 4:00 PM Art with Kay	10:00 AM Morning Stretch 11:00 AM Catch the Ball & Conversation 1:00 PM Quiet Time 1:30 PM Music for Heroes and Heroines with Joanna and Jiyoung 3:30 PM Afternoon Snacks" Orange Crush Milkshake Social" 4:00 PM Flower Arrangements	10:00 AM Beauty Salon Visits 10:30 AM Wheel and Walk 1:00 PM Quiet Time 2:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM BCAT Reminiscing Stories 4:00 PM One on Ones with Joanna	10:30 AM Tour Nomo Art Gallery 1:00 PM Quiet Time 2:00 PM Brain Teaser "Finish the lyrics" 2:30 PM Music with Joana 3:00 PM Exercise with Tobias 3:30 PM Afternoon Snacks 4:00 PM Music Trivia Quiz "50Qs Music General Knowledge "	10:15 AM Drum Circle with Lauren 11:00 AM CR Courtyard Bird Feeding and Bird feeding Trivia (Pros&Cons) 1:00 PM Quiet Time 2:00 PM Afternoon Movie "Play the Game, 2009" 3:30 PM Afternoon Snacks 4:00 PM Word Game "Finish the Phrase"	10:30 AM Scenic Ride to Lady Bird Johnson Park 11:00 AM Piano Music with Jiyoung 1:00 PM Quiet Time 2:00 PM Exercise Class with Tobias 3:00 PM Shabbat Service 4:00 PM Shabbat Sing Along with instruments	10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Afternoon Chair Dance 3:00 PM Top Table Games 3:30 PM Afternoon Snacks 4:00 PM Sing Along Songs & Instruments
11	12	13	14 FLAG DAY	15	16	17
10:00 AM Top Table Games 1:00 PM Quiet Time 2:00 PM Beach Ball Exercise 3:00 PM Reminiscing Songs and Musical Instruments 3:30 PM Afternoon Snacks 4:00 PM Water Colors with Ivory	10:00 AM Echoes of Nature 11:00 AM Exploring the Neiborhood/ Bond with Nature 1:00 PM Quiet Time 1:30 PM Open Rehearsal with the Trio 3:00 PM Exercise with Tobias 3:30 PM Birthday Celebration with Banana Splits & Ice Cream Sundaes 4:00 PM Armchair Travels Art Room	10:00 AM Beauty Salon Visits 11:00 AM Art and Craft 1:00 PM Quiet Time 2:00 PM CR Afternoon Movie"Times of their lives, 2017" and Popcorns (Theater) 3:30 PM Afternoon Snacks 4:00 PM Reading Skits 4:00 PM One on Ones with Joanna	10:30 AM Tour "Riverdale Gardens" 1:00 PM Quiet Time 2:00 PM Riddle me This (Find the Fake one) 2:30 PM Music with Joana 3:00 PM Exercise with Tobias 3:30 PM Afternoon Snacks 4:00 PM Music Time with Grandchildren " The Little Sir echo"	10:15 AM Drum Circle with Lauren 11:00 AM Board Games "Name 5" 1:00 PM Quiet Time 2:00 PM CR residents Indoor Gardening with Sylvie "From Seed to bloom" 3:30 PM Afternoon Snacks 4:00 PM Word Game "The Password Game"	10:30 AM Emporium Antique Tour 11:00 AM Piano Music with Jiyoung 1:00 PM Quiet Time 2:00 PM Music and Movement with Lauren and Tobias 3:00 PM Throwback: "June Christy's life and Music" 3:30 PM Afternoon Snacks"Ice Cream Bar" 4:00 PM Shabbat Service	10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Afternoon Chair Dance 3:00 PM Top Table Games 3:30 PM Afternoon Snacks 4:00 PM Sing Along Songs & Instruments
18 FATHER’S DAY	19	20	21	22	23	24
10:00 AM Puzzle Time 11:00 AM Finish the Lyrics 1:00 PM Quiet Time 2:00 PM Ball Exercise 3:30 PM Father’s Day Refreshments 4:00 PM Father's Day Celebration & Music James Von Lenz	10:00 AM Tour "Gaithersburg Community Museum" 1:00 PM Quiet Time 1:30 PM Celebrating Fathers and Mothers with Joanna 3:00 PM Exercise with Tobias 3:30 PM Afternoon Social "Root beer Floats" 4:00 PM Life with Father Soundtrack	10:00 AM Beauty Salon Visits 10:30 AM Wheel and Walk 1:00 PM Quiet Time 2:00 PM Guitar Music with Vladimir 2:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM BCAT Reminiscing Stories 4:00 PM One on Ones with Joanna	10:30 AM Cookout at CR Court Yard 1:00 PM Quiet Time 2:00 PM Mind Jogger " What would you do?" 2:30 PM Music with Joana 3:00 PM Exercise with Tobias 3:30 PM Afternoon Snacks 4:00 PM 1950s Party Songs	10:15 AM Drum Circle with Lauren 11:00 AM Board Games " Find the Odd One" 1:00 PM Quiet Time 2:00 PM Afternoon Movie "Boynton Beach Club, 2006" 3:30 PM Afternoon Snacks 4:00 PM Word unscrambles "Cryptic Word Jumbles."	10:30 AM trip to Israeli Embassy Scenic Ride" 11:00 AM Piano Music with Jiyoung 1:00 PM Quiet Time 2:00 PM Exercise Class with Tobias 3:00 PM Guess The Job by Imojies 3:30 PM Berry Mango Slushies 4:00 PM Shabbat Service	10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Shabbat Trivia 3:00 PM Top Table Games 3:30 PM Afternoon Snacks 4:00 PM Sing Along Songs & Instruments "American Traditional Songs"
25	26	27	28	29	30	
10:00 AM Puzzle Time 11:00 AM Top Table Matching Game 1:00 PM Quiet Time 2:00 PM Ball Exercise 3:00 PM Reminiscing Songs and Musical Instruments 3:30 PM Afternoon Snacks 4:00 PM Art with Kay (AR)	10:00 AM Morning Stretch 11:00 AM Catch the Ball & Guess 1:00 PM Quiet Time 3:00 PM Exercise with Tobias 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels Art Room	10:00 AM Beauty Salon Visits 11:00 AM Tour The Neiborhood 1:00 PM Quiet Time 2:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM Family Feud	10:30 AM Trip to Meadow Nature Center 1:00 PM Quiet Time 2:00 PM Mind Teaser "This or That?" 3:00 PM Exercise with Tobias 3:30 PM Afternoon Snacks 4:00 PM Broadway Movie Them songs	10:15 AM Drum Circle with Lauren 11:00 AM Carnival Games 1:00 PM Quiet Time 2:30 PM Music Entertainment,Dance & Refreshments 4:00 PM Guess The Word My Letters	10:30 AM Air Force Memorial Scenic 11:00 AM Piano Music with Jiyoung 1:00 PM Quiet Time 2:00 PM Exercise Class with Tobias 3:00 PM Brain Teaser "Choose one Button" 3:30 PM Afternoon Snacks "Thai Iced Tea Social" 4:00 PM Shabbat Service	