

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>30</b> 8:30 Breakfast 10:00 Stretch and Flex 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Baking Club 2:30 Trivia 3:00 Social 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	<b>31</b> <b>New Year's Eve</b> 8:30 Breakfast 10:30 Daily Chronicles / Exercise 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Social 3:30 30 minute walk with Carlton 4:00 New Year's Party with Bob Clark 5:00 Dinner 7:00 Evening Movie					<b>1</b> 8:30 Breakfast 10:00 Chair Yoga 10:30 Scenic Ride Around Town 11:00 Shabbat Sing Along 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 2:30 The Art of Color & Relaxation 3:00 Social 3:30 Balloon Tennis 4:00 Vocal Music with Harper Denhard 4:00 Pianist, Bertram McLeish 4:00 Table Top Games 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie
<b>2</b> <b>Hanukkah Begins at Sundown</b> 8:30 Breakfast 10:00 Stretch and Flex 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Baking Club 2:30 Trivia 3:00 Social 4:00 Pianist John Oliver 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	<b>3</b> 8:30 Breakfast 10:30 Daily Chronicles / Exercise 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Eva & Jiyoung 4:00 Drum Circle with Jiyoung and Eva 5:00 Dinner 6:30 Trip to see the Lights at the Temple 7:00 Evening Movie	<b>4</b> 8:30 Breakfast 10:00 Daily Chronicles / Dance Workout 12:15 Lunch 2:00 Nails Spa 3:00 Social 3:30 Walking Club 4:00 Hanukkah Music with Lauren! 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	<b>5</b> 8:30 Breakfast 10:00 Daily Chronicles / Stretch Your Muscles 10:30 Scenic Ride Around Town 11:00 Activities to Go presents There's No Place Like New York for the Holidays! 12:15 Lunch 2:30 Hanukkah Candy Making 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Social 3:30 Afternoon Workout 4:00 Dance and Sing with Brian 5:00 Dinner 6:00 Trivia 7:00 Evening Movie	<b>6</b> 8:30 Breakfast 10:00 Daily Chronicles / Move to the Beat 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 2:30 Baking 3:30 Social 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	<b>7</b> 8:30 Breakfast 10:30 Daily Chronicles / Morning Stretch 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Table Top Games 3:30 Social 4:00 Shabbat with Rabbah Arlene 5:00 Dinner 6:00 Game Show! The Price is Right 7:00 Evening Movie	<b>8</b> 8:30 Breakfast 10:00 Shabbat Service with Michael Rosenberg 10:00 Chair Yoga 11:00 Shabbat Sing Along 12:15 Lunch 3:00 Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie
<b>9</b> 8:30 Breakfast 10:00 Stretch and Flex 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Baking Club 2:30 Dance Party and Music with Victor 3:00 Social 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	<b>10</b> <b>Hanukkah Ends at Nightfall</b> 8:30 Breakfast 10:30 Daily Chronicles / Exercise 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Eva & Jiyoung 4:00 Drum Circle with Jiyoung and Eva 5:00 Dinner 7:00 Evening Movie	<b>11</b> 8:30 Breakfast 10:00 Daily Chronicles / Dance Workout 12:15 Lunch 2:00 Nails Spa 2:30 Nail Spa 3:00 Social 3:30 Walking Club 4:00 Exploring Classical Music with Lauren 5:00 Dinner 6:00 Game Show! The Price is Right 7:00 Evening Movie	<b>12</b> 8:30 Breakfast 10:00 Daily Chronicles / Stretch Your Muscles 10:30 Scenic Ride Around Town 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Social 3:30 Afternoon Workout 5:00 Dinner 6:00 Chicktionary: Word Games 7:00 Evening Movie	<b>13</b> 8:30 Breakfast 10:00 Daily Chronicles / Move to the Beat 10:30 Music with Lauren 11:00 Games with Sherrie 12:15 Lunch 2:30 Baking 3:30 Social 4:00 Categories & Fun! 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	<b>14</b> 8:30 Breakfast 10:30 Daily Chronicles / Morning Stretch 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Artist Spotlight 3:00 Conductorsizing - Classical Music & Exercise 3:30 Social 4:00 Shabbat with Reb Betsy 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	<b>15</b> 8:30 Breakfast 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Sabrina 12:15 Lunch 2:00 Shabbat Program with Sabrina 2:30 Its Puzzling: Puzzles and Brain Games 2:30 The Art of Color & Relaxation 3:00 Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie
<b>16</b> 8:30 Breakfast 10:00 Stretch and Flex 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Baking Club 2:30 Trivia 3:00 Social 3:30 Dance with Victor 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	<b>17</b> 8:30 Breakfast 10:30 Daily Chronicles / Exercise 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Eva & Jiyoung 4:00 Drum Circle with Jiyoung and Eva 5:00 Dinner 7:00 Evening Movie	<b>18</b> 8:30 Breakfast 10:00 Daily Chronicles / Dance Workout 11:00 Echoes of Nature 12:15 Lunch 2:00 Nails Spa 3:00 Social 3:30 Walking Club 4:00 Exploring Broadway with Lauren 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	<b>19</b> 8:30 Breakfast 10:00 Daily Chronicles / Stretch Your Muscles 10:30 Scenic Ride Around Town 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Social 3:30 Afternoon Workout 5:00 Dinner 6:00 Trivia 7:00 Evening Movie	<b>20</b> 8:30 Breakfast 10:00 Daily Chronicles / Move to the Beat 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 3:30 Social 4:00 Guitar with Vladimir 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	<b>21</b> 8:30 Breakfast 10:30 Daily Chronicles / Morning Stretch 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Table Top Games 3:30 Social 4:00 Shabbat with Rabbah Arlene 5:00 Dinner 6:00 Game Show! The Price is Right 7:00 Evening Movie	<b>22</b> 8:30 Breakfast 10:00 Chair Yoga 11:00 Shabbat Sing Along 12:15 Lunch 3:00 Social 3:30 Balloon Tennis 4:00 Vocal Music with Harper Denhard 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie
<b>23</b> 8:30 Breakfast 10:00 Stretch and Flex 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Baking Club 3:00 Social 4:00 Music and Sing Along with Charlie 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	<b>24</b> 8:30 Breakfast 10:30 Daily Chronicles / Exercise 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Social 3:30 30 minute walk with Carlton 5:00 Dinner 7:00 Evening Movie	<b>25</b> 8:30 Breakfast 10:00 Daily Chronicles / Dance Workout 12:15 Lunch 2:00 Nails Spa 2:30 Nail Spa 3:00 Social 3:30 Walking Club 5:00 Dinner 6:00 Game Show! The Price is Right 7:00 Evening Movie	<b>26</b> 8:30 Breakfast 10:00 Daily Chronicles / Stretch Your Muscles 10:30 Scenic Ride Around Town 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Social 3:30 Afternoon Workout 5:00 Dinner 6:00 Chicktionary: Word Games 7:00 Evening Movie	<b>27</b> 8:30 Breakfast 10:00 Daily Chronicles / Move to the Beat 11:00 Games with Sherrie 12:15 Lunch 2:30 Baking 3:30 Social 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	<b>28</b> 8:30 Breakfast 10:30 Daily Chronicles / Morning Stretch 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Artist Spotlight 3:00 Conductorsizing - Classical Music & Exercise 3:30 Social 4:00 Shabbat with Cantor Sara Geller 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	<b>29</b> 8:30 Breakfast 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Rabbah Arlene 12:15 Lunch 2:00 Storytelling with Rabbah Arlene 2:30 Its Puzzling: Puzzles and Brain Games 2:30 The Art of Color & Relaxation 3:00 Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie

# December 2018

Cohen-Rosen House Activities

\*All Activities are Subject to Change\*



**Charles E. Smith**  
LIFE COMMUNITIES