

SUN	MON	TUE	WED	THUR	FRI	SAT
					8:30 Breakfast 10:30 Morning Stretch 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Table Top Games 3:30 Social 4:00 Shabbat with Rabbah Arlene 5:00 Dinner 6:00 Game Show! The Price is Right 7:00 Evening Movie	8:30 Breakfast 10:00 Shabbat Service with Michael Rosenberg 11:00 Chair Yoga 11:00 Shabbat Sing Along 12:15 Lunch 2:00 Shabbat Storytelling with Rabbah Arlene 3:00 Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie
8:30 Breakfast 10:00 Stretch and Flex 12:15 Lunch 2:00 Sunday Movie Matinee 3:00 Social 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	8:30 Breakfast 10:30 Daily Chronicles / Exercise 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Jiyong and Eva 5:00 Dinner 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Dance Workout 12:15 Lunch 2:30 Nail Spa 3:00 Social 3:30 Walking Club 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Stretch Your Muscles 11:00 Activities to Go Slide Show Presentation 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Social 3:30 Afternoon Workout 5:00 Dinner 6:00 Chicktionary: Word Games 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Move to the Beat 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 2:30 Baking 3:30 Social 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	8:30 Breakfast 10:30 Daily Chronicles / Morning Stretch 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Artist Spotlight 3:00 Conductorsizing - Classical Music & Exercise 3:30 Social 4:00 Shabbat with Reb Betsy 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	8:30 Breakfast 10:00 Shabbat Service with Michael Rosenberg 11:00 Chair Yoga 11:00 Shabbat Sing Along 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Social 3:30 Balloon Tennis 4:00 Vocal Music with Harper Denhard 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie
8:30 Breakfast 10:00 Stretch and Flex 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Trivia 3:00 Social 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	8:30 Breakfast 10:30 Daily Chronicles / Exercise 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Jiyong and Eva 5:00 Dinner 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Dance Workout 12:15 Lunch 3:00 Social 3:30 Walking Club 5:00 Dinner 6:00 Game Show! The Price is Right 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Stretch Your Muscles 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Social 3:30 Afternoon Workout 5:00 Dinner 6:00 Trivia 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Move to the Beat 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 2:30 Baking 3:30 Social 4:00 Categories & Fun! 4:00 Entertainment by Bob Clark 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	8:30 Breakfast 10:30 Daily Chronicles / Morning Stretch 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Table Top Games 3:30 Social 4:00 Shabbat with Rabbah Arlene 5:00 Dinner 6:00 Game Show! The Price is Right 7:00 Evening Movie	8:30 Breakfast 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Sabrina 12:15 Lunch 2:00 Shabbat Program with Sabrina 3:00 Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie
8:30 Breakfast 10:00 Stretch and Flex 12:15 Lunch 2:00 Top Table games 3:00 Social 3:30 Dance with Victor 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	8:30 Breakfast 10:30 Daily Chronicles / Exercise 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Jiyong and Eva 5:00 Dinner 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Dance Workout 12:15 Lunch 2:30 Nail Spa 3:00 Social 3:30 Walking Club 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Stretch Your Muscles 10:30 Scenic Ride Around Town 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Social 3:30 Afternoon Workout 5:00 Dinner 6:00 Chicktionary: Word Games 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Move to the Beat 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 3:30 Social 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	8:30 Breakfast 10:30 Daily Chronicles / Morning Stretch 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Artist Spotlight 3:00 Conductorsizing - Classical Music & Exercise 3:30 Social 4:00 Shabbat with Cantor Sara Geller 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	8:30 Breakfast 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Rabbah Arlene 12:15 Lunch 2:00 Shabbat Storytelling with Rabbah Arlene 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Social 3:30 Balloon Tennis 4:00 Vocal Music with Harper Denhard 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie
8:30 Breakfast 10:00 Stretch and Flex 11:00 Entertainment by Bob Clark 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Trivia 3:00 Social 4:00 Music with Charles Lowery 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	8:30 Breakfast 10:30 Daily Chronicles / Exercise 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Jiyong and Eva 5:00 Dinner 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Dance Workout 11:00 Echoes of Nature 12:15 Lunch 3:00 Social 3:30 Walking Club 5:00 Dinner 6:00 Game Show! The Price is Right 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Stretch Your Muscles 10:30 Scenic Ride Around Town 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Social 3:30 Afternoon Workout 5:00 Dinner 6:00 Trivia 7:00 Evening Movie	8:30 Breakfast 10:00 Daily Chronicles / Move to the Beat 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 2:30 Baking 3:30 Social 4:00 Guitar with Vladimir 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie		

February 2019

Cohen-Rosen House Activities

All Activities are Subject to Change



Charles E. Smith
LIFE COMMUNITIES