

February 2025



Cohen Rosen House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Chair Exercise 3:30 PM Name 5 4:00 PM Name That Song and Sing Along
2 9:00 AM Piano Music with Jason Froehlich 10:00 AM Name Categories Game 11:00 AM Art Workshop 1:00 PM Quiet Time 2:00 PM Music and Memories with Mariah (BCAT) 3:00 PM Chair Exercise 3:30 PM Word Jumbles 4:00 PM Name that Song And Sing A Long	3 10:15 AM Drum Circle with Lauren 11:00 AM "Music Together" Program 1:00 PM Quiet Time 2:00 PM Creative Arts and Craft 3:00 PM Exercise Class 3:30 PM Afternoon Snacks 4:00 PM Flower Arrangements	4 10:00 AM Beauty Salon Visits 10:00 AM One on One's Pet Visits with Barry & Bo 11:00 AM The Wonder of Cats with Mariah 1:00 PM Quiet Time 2:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM Violin Music with Joanna	5 10:30 AM Tour at Sandy Spring Museum 1:00 PM Quiet Time 2:00 PM Mind Joggers with Sylvie 2:30 PM One on One Music with Joanna 3:00 PM Exercise Class 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels " The Most Amazing Places in Austria"	6 10:00 AM Morning Sing Along 11:00 AM Brain Teaser Games 1:00 PM Quiet Time 2:00 PM Word Games 3:30 PM Afternoon Snacks 3:30 PM Afternoon Movie "The Snows of Kilimanjaro 1952"	7 10:15 AM Drum Circle with Lauren 11:00 AM Creative Art "Hearts Table Runner" 11:00 AM One on One's Pet Visits with Barry & Bo 1:00 PM Quiet Time 2:00 PM Exercise Class 3:00 PM Shabbat Service 3:30 PM Afternoon Snacks 4:00 PM Shabbat Songs and Sing Along	8 10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 3:00 PM Chair Exercise 3:30 PM Name 5 4:00 PM Name That Song and Sing Along
9 9:00 AM Piano Music with Jason Froehlich 10:00 AM Name Categories Game 11:00 AM Art Workshop 1:00 PM Quiet Time 2:00 PM Music and Memories with Mariah (BCAT) 3:00 PM Chair Exercise 3:30 PM Word Jumbles 4:00 PM Songs & Facts	10 10:00 AM Echoes of Nature 11:00 AM Music Program "Young at Hear" 1:00 PM Quiet Time 1:30 PM Mussorgsky's Picture at an Exhibition with the Trio (TH) 2:00 PM Beads Creative Arts 3:00 PM Exercise Class with Troy 3:30 PM Afternoon Snacks 4:00 PM America Says Game	11 10:00 AM Beauty Salon Visits 10:00 AM One on One's Pet Visits with Barry & Bo 11:00 AM Music Program with Mariah: "Songs & Facts" 1:00 PM Quiet Time 2:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM Violin Music with Joanna	12 10:30 AM Scenic Drive 1:00 PM Quiet Time 2:00 PM The Hole Game 2:30 PM Music Performance with Maryanne, Jiyoung and Joanna 3:00 PM Exercise Class 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels "The most isolated place on earth-Ethiopia" 6:30 PM Landow Follies (TH)	13 10:00 AM Morning Sing Along 11:00 AM Board Games 1:00 PM Quiet Time 2:00 PM Complete the Word 3:30 PM Afternoon Snacks 3:30 PM Afternoon Movie "Beauty & the Billionaire: Bali"	14 TU BISHVAT 10:00 AM One on One's Pet Visits with Barry & Bo 10:00 AM Tour at Delaplaine Art Gallery 11:00 AM TU BISHVAT SEDER 1:00 PM Quiet Time 2:00 PM Exercise Class 3:00 PM Shabbat Service 3:30 PM Afternoon Snacks 4:00 PM Romantic Couples through the Ages	15 10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Chair Exercise 3:30 PM Name 5 4:00 PM Name That Song and Sing Along
16 9:00 AM Piano Music with Jason Froehlich 10:00 AM Name Categories Game 11:00 AM Art Workshop 1:00 PM Quiet Time 2:00 PM Music and Memories with Mariah (BCAT) 3:00 PM Chair Exercise 3:30 PM Word Jumbles 4:00 PM Name that Song And Sing A Long	17 PRESIDENT'S DAY 10:15 AM Drum Circle with Lauren 11:00 AM Matching Game 1:00 PM Quiet Time 1:30 PM The Presidents' favorite music, with the Trio (TH) 2:00 PM Creative Arts and Craft 3:00 PM Exercise Class 3:30 PM Afternoon Snacks 4:00 PM Brain Teaser "Choose one Button"	18 10:00 AM Beauty Salon Visits 10:00 AM One on One's Pet Visits with Barry & Bo 11:00 AM The Wonder of Horses with Mariah 1:00 PM Quiet Time 2:00 PM Manicures & Music Relaxation 2:30 PM Guitar Music with Vladimir 3:30 PM Afternoon Snacks 4:00 PM Violin Music with Joanna	19 10:30 AM Tour at Weisser Glass Gallery 1:00 PM Quiet Time 2:00 PM Mind Joggers with Sylvie 2:30 PM One on One Music with Joanna 3:00 PM Exercise Class 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels " London's Hidden Gems: A Historical and Cultural Tour"	20 10:00 AM Morning Sing Along 11:00 AM Board Games 1:00 PM Quiet Time 2:00 PM Complete the Word 3:30 PM Afternoon Snacks 3:30 PM Afternoon Movie "Wedding Cake Dreams, 2021"	21 10:00 AM One on One's Pet Visits with Barry & Bo 11:00 AM Puzzling 1:00 PM Quiet Time 2:00 PM Exercise Class 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service	22 10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Chair Exercise 3:30 PM Name 5 4:00 PM Name That Song and Sing Along
23 9:00 AM Piano Music with Jason Froehlich 10:00 AM Name Categories Game 11:00 AM Art Workshop 1:00 PM Quiet Time 2:00 PM Music and Memories with Mariah (BCAT) 3:00 PM Chair Exercise 3:30 PM Word Jumbles 4:00 PM Songs & Facts	24 10:15 AM Drum Circle with Lauren 11:00 AM Guess the Sound 1:00 PM Quiet Time 2:00 PM Puzzling & Music Relaxation 3:00 PM Exercise Class 3:30 PM Afternoon Snacks 4:00 PM Winter Wits Trivia	25 10:00 AM Beauty Salon Visits 10:00 AM One on One's Pet Visits with Barry & Bo 11:00 AM Music Program with Mariah "Songs & Facts" 1:00 PM Quiet Time 2:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM Violin Music with Joanna	26 10:30 AM A Stroll Through the Seasons" Photography Exhibit 1:00 PM Quiet Time 2:00 PM Top Table Games 2:30 PM One on One Music with Joanna 3:00 PM Exercise Class 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels " Journey Through Central Asia"	27 10:00 AM Morning Sing Along 11:00 AM Board Games 1:00 PM Quiet Time 2:00 PM Complete the Word 3:30 PM Afternoon Snacks 3:30 PM Afternoon Movie "The Brigand 1952"	28 10:00 AM One on One's Pet Visits with Barry & Bo 11:00 AM Bingo 1:00 PM Quiet Time 2:00 PM Exercise Class 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service	