

March 2024



Cohen Rosen House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:30 AM Tour at Sandy Spring Museum 1:00 PM Quiet Time 1:30 PM Birthday Celebrations 2:00 PM Exercise Class with Taylor 3:00 PM Shabbat Service 3:30 PM Afternoon Snacks	10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Afternoon Chair Dance 3:00 PM Top Table Games 3:30 PM Afternoon Snacks (AR) 4:00 PM Sing Along Songs & Instruments
3	4	5	6	7	8	9
10:00 AM Morning Stretch 10:30 AM Name 5 11:00 AM Finish the Old English Proverb (AR) 2:00 PM Reminiscing "Dean Martin Life & Music" 3:00 PM Art with Kay (AR) 4:00 PM Melodies of Memories: "Celebrating the Power of Music"	10:00 AM Morning Stretch 11:00 AM Reminiscing "Marching Music Day" 1:00 PM Quiet Time 1:30 PM Performance with Joy, Ann and the Trio (TH) 3:00 PM Music and Movement with Lauren and Taylor (TH) 3:30 PM Afternoon Snacks 4:00 PM Flower Arrangements	10:00 AM Beauty Salon Visits 11:00 AM Classic TV shows 1:00 PM Quiet Time 2:00 PM Music Entertainment 3:00 PM Favorites Sing Along 3:30 PM Afternoon Snacks 4:00 PM One on One with Joanna	10:00 AM Morning Stretch with Sylvie 11:00 AM Top Table Games 1:00 PM Quiet Time 2:00 PM Mind Jogger with Sylvie 2:30 PM Music with Joana 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels (Art Room)	10:15 AM Drum Circle with Lauren 11:00 AM Board Games 1:00 PM Quiet Time 2:00 PM Birthday Celebration 3:00 PM Afternoon Movie "Sweet Home Carolina,2017" 3:30 PM Afternoon Snacks 4:00 PM Word unscrambles.	10:00 AM Tour at Osuna Art & Antiques Gallery 1:00 PM Quiet Time 2:00 PM Exercise Class with Taylor 3:00 PM Shabbat Service 3:30 PM Afternoon Snacks	10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Afternoon Chair Dance 3:00 PM Top Table Games 3:30 PM Afternoon Snacks (AR) 4:00 PM Sing Along Songs & Instruments
10	11	12	13	14	15	16
10:00 AM Morning Stretch 10:30 AM Name 5 11:00 AM Finish the Old English Proverb (AR) 2:00 PM Reminiscing: The Andrew Sisters 3:00 PM Ball Toss 4:00 PM Melodies of Memories: "Celebrating the Power of Music"	10:00 AM Echoes of Nature 11:00 AM Top Table Game "Making Memories" 1:00 PM Quiet Time 1:30 PM Your Favorite Opera Arias Performed by the Trio (TH) 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Family Feud	10:00 AM Beauty Salon Visits 11:00 AM Classic TV shows 1:00 PM Quiet Time 3:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM One on One with Joanna	10:30 AM Throwback Memories "Esther's Golden Memories" 1:00 PM Quiet Time 2:00 PM Mind Jogger with Sylvie 2:30 PM Music with Joana 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels (Art Room)	11:00 AM Music with Bob Clark 1:00 PM Quiet Time 2:00 PM Afternoon Movie 3:30 PM Afternoon Snacks "Shamrock Shake Social" 4:00 PM Word unscrambles.	10:30 AM Tour at Gallery of Rare Treasures 1:00 PM Quiet Time 2:00 PM Exercise Class with Taylor 3:00 PM Short Stories Reading 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service 4:00 PM Armchair Travels (Art Room)	10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Afternoon Chair Dance 3:00 PM Top Table Games 3:30 PM Afternoon Snacks (AR) 4:00 PM Sing Along Songs & Instruments
17	18	19	20	21	22	23 EREV PURIM
10:00 AM Morning Stretch 10:30 AM Name 5 11:00 AM Finish the Old English Proverb (AR) 2:00 PM Reminiscing: Ella Fitzgerald hits 3:00 PM Arts & Crafts with Kay 4:00 PM Melodies of Memories: "Celebrating the Power of Music"	10:00 AM Morning Stretch 11:00 AM Reminiscing: Classic Favorites about "Green" 1:00 PM Quiet Time 2:00 PM Piano Tunes with Bertram Mcleish 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Brain Teaser "Choose one Button"	10:00 AM Beauty Salon Visits 11:00 AM Classic TV shows 1:00 PM Quiet Time 2:00 PM Music Entertainment 3:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM One on One with Joanna	10:00 AM Morning Strolls 11:00 AM Board Game 1:00 PM Quiet Time 2:30 PM Music with Joana 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels (Art Room)	10:15 AM Drum Circle with Lauren 11:00 AM Board Games 1:00 PM Quiet Time 2:00 PM Afternoon Movie " The Book of Esther, 2013" 3:30 PM Afternoon Snacks "Irish Coffee Social" 4:00 PM Word unscrambles.	10:30 AM Tour at Kensington Antique Art Gallery 1:00 PM Quiet Time 2:00 PM Exercise Class with Taylor 3:00 PM Short Stories Reading 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service	10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Afternoon Chair Dance 3:00 PM Top Table Games 3:30 PM Afternoon Snacks (AR) 4:00 PM Sing Along Songs & Instruments
24 PURIM	25	26	27	28	29	30
10:00 AM Megillah Reading with Cantor Yehoshua Redfern (TH) 2:00 PM Landow House Shadow Play: "Team Esther" #Purim (TH) 3:30 PM Purim Social (AR) 4:00 PM Music Entertainment	10:00 AM Morning Stretch 11:00 AM Catch the Ball & Guess 1:00 PM Quiet Time 1:30 PM Music with Vladimir and Alexander Paperny (TH) 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Flower Arrangements	10:00 AM Beauty Salon Visits 11:00 AM Classic TV shows 1:00 PM Quiet Time 3:00 PM Manicures & Music Relaxation 3:30 PM Afternoon Snacks 4:00 PM Music Program "Best Songs About March"	10:00 AM Morning Stretch with Sylvie 11:00 AM Board Game 1:00 PM Quiet Time 2:00 PM Mind Jogger with Sylvie 3:00 PM Exercise Class with Taylor 3:30 PM Afternoon Snacks 4:00 PM Armchair Travels (Art Room)	10:15 AM Drum Circle with Lauren 11:00 AM Board Games 1:00 PM Quiet Time 2:00 PM Afternoon Movie 3:30 PM Afternoon Snacks " Root beer Float Social" 4:00 PM Word unscrambles.	10:30 AM Tour at Kamoroufi Gallery 1:00 PM Quiet Time 2:00 PM Exercise Class with Taylor 3:00 PM Short Stories Reading 3:30 PM Afternoon Snacks 4:00 PM Shabbat Service 4:00 PM Armchair Travels (Art Room)	10:30 AM Shabbat Service (Theater) 1:00 PM Quiet Time 2:00 PM Afternoon Chair Dance 3:00 PM Top Table Games 3:30 PM Afternoon Snacks (AR) 4:00 PM Sing Along Songs & Instruments
31						
10:00 AM Morning Stretch 10:30 AM Name 5 11:00 AM Finish the Old English Proverb 2:00 PM Reminiscing: Music from South Pacific 3:00 PM Dance with Victor						

Landow Thearter (TH)