

| SUN | MON | TUE | WED | THUR | FRI | SAT | | | | | | | |
|---|-----------|---|-----------|--|-----------|--|-----------|---|-----------|---|-----------|---|-----------|
| 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Trivia 3:00 Afternoon Social 5:00 Dinner 6:00 Word Game 7:00 Evening Movie | 30 | | | | | 8:30 Breakfast 10:00 Daily Chronicles 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Rabbah Arlene 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie | | | | | | | |
| 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Dance with Brian 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Trivia 3:00 Afternoon Social 5:00 Dinner 6:00 Word Game 7:00 Evening Movie | 2 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Morning Stretch 12:15 Lunch 3:00 Afternoon Social 3:30 30 minute walk with Carlton 5:00 Dinner 6:30 Performance by Harper Denhard 7:00 Evening Movie | 3 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Move to Music 12:15 Lunch 3:00 Afternoon Social 3:30 Walking Club 4:00 Jewish Music with Lauren 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie | 4 | 8:30 Breakfast 10:00 Daily Chronicles 11:00 Activities to Go Slide Show Presentation 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Workout with Carlton 3:00 Afternoon Social 4:00 The Music of Russia with Lauren and Svetlana 5:00 Dinner 6:00 Trivia 6:30 Pianist Bertram McLeish 7:00 Evening Movie | 5 | 8:30 Breakfast 10:00 Daily Chronicles 10:00 World Elder Abuse Awareness Day- Wear Purple Day 10:30 JCC Preschool Performance 11:00 Games with Sherrie 12:15 Lunch 3:00 Afternoon Social 4:00 Story Crafting with Carol 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie | 6 | 8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Table Top Games 3:00 Afternoon Workout with Carlton 3:00 Afternoon Social 4:00 Shabbat with Rabbah Arlene 5:00 Dinner 7:00 Evening Movie | 7 | 8:30 Breakfast 10:00 Daily Chronicles 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Michael Rosenberg 12:15 Lunch 3:00 Afternoon Social 3:30 Balloon Tennis 4:00 Vocal Music with Harper Denhard 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie | 8 |
| 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 12:15 Lunch 2:00 Sunday Movie Matinee 3:00 Afternoon Social 5:00 Dinner 6:00 Word Game 7:00 Evening Movie | 9 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Morning Stretch 12:15 Lunch 3:00 Afternoon Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Jiyoung and Eva 5:00 Dinner 7:00 Evening Movie | 10 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Move to Music 12:15 Lunch 2:30 Nail Spa 3:00 Afternoon Social 3:30 Walking Club 5:00 Dinner 7:00 Evening Movie | 11 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Scenic Ride Around Town 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Workout with Carlton 3:00 Afternoon Social 5:00 Dinner 7:00 Evening Movie | 12 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Music with Lauren 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 3:00 Afternoon Social 4:00 Story Crafting with Carol 4:00 Entertainment by Bob Clark 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie | 13 | 8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Artist Spotlight 3:00 Afternoon Workout with Carlton 3:00 Afternoon Social 4:00 Shabbat with Reb Betsy 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie | 14 | 8:30 Breakfast 10:00 Daily Chronicles 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Sabrina 12:15 Lunch 2:00 Shabbat Program with Sabrina 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie | 15 |
| 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Trivia 3:00 Afternoon Social 3:30 Dance with Victor 5:00 Dinner 6:00 Word Game 7:00 Evening Movie | 16 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Morning Stretch 12:15 Lunch 3:00 Afternoon Social 3:30 30 minute walk with Carlton 5:00 Dinner 7:00 Evening Movie | 17 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Move to Music 12:15 Lunch 3:00 Afternoon Social 3:30 Walking Club 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie | 18 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Scenic Ride Around Town 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Workout with Carlton 3:00 Afternoon Social 5:00 Dinner 6:00 Trivia 7:00 Evening Movie | 19 | 8:30 Breakfast 10:00 Daily Chronicles 11:00 Games with Sherrie 12:15 Lunch 3:00 Afternoon Social 4:00 Story Crafting with Carol 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie | 20 | 8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Table Top Games 3:00 Afternoon Workout with Carlton 3:00 Afternoon Social 4:00 Shabbat with Rabbah Arlene 5:00 Dinner 7:00 Evening Movie | 21 | 8:30 Breakfast 10:00 Daily Chronicles 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Michael Rosenberg 12:15 Lunch 2:00 Shabbat Storytelling with Rabbah Arlene 3:00 Afternoon Social 3:30 Balloon Tennis 4:00 Vocal Music with Harper Denhard 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie | 22 |
| 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Entertainment by Bob Clark 12:15 Lunch 2:00 Sunday Movie Matinee 3:00 Afternoon Social 4:00 Music with Charles Lowery 5:00 Dinner 6:00 Word Game 7:00 Evening Movie | 23 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Morning Stretch 12:15 Lunch 3:00 Afternoon Social 3:30 30 minute walk with Carlton 5:00 Dinner 7:00 Evening Movie | 24 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Move to Music 11:00 Echoes of Nature 12:15 Lunch 2:30 Nail Spa 3:00 Afternoon Social 3:30 Walking Club 5:00 Dinner 7:00 Evening Movie | 25 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Scenic Ride Around Town 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Workout with Carlton 3:00 Afternoon Social 5:00 Dinner 7:00 Evening Movie | 26 | 8:30 Breakfast 10:00 Daily Chronicles 10:30 Music with Lauren 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 3:00 Afternoon Social 4:00 Guitar with Vladimir 4:00 Story Crafting with Carol 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie | 27 | 8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Artist Spotlight 3:00 Afternoon Workout with Carlton 3:00 Afternoon Social 4:00 Shabbat with Cantor Sara Geller 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie | 28 | 8:30 Breakfast 10:00 Daily Chronicles 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Rabbah Arlene 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie | 29 |

June 2019

Cohen-Rosen House Activities

All Activities are Subject to Change



Charles E. Smith
LIFE COMMUNITIES