SUN	MON	TUE	WED	THUR	FRI	SAT
					1 8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo 12:15 Lunch 2:00 Table Top Games 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Virtual Piano Recital 4:30 Virtual Shabbat Service with Rabbah Arlene 5:00 Dinner 7:00 Evening Movie	**2** 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Virtual Shabbat Service with Rabbah Arlene 12:15 Lunch 2:00 Virtual Iris Music Program 3:00 Afternoon Social 5:00 Dinner 7:00 Evening Movie
3 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Virtual Sing a Long with Lauren 12:15 Lunch 2:00 Sunday Afternoon Matinee 3:00 Afternoon Social 4:00 Balloon Volleyball 5:00 Dinner 7:00 Evening Movie	**4** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Reminiscing 11:30 Virtual Karaoke with Lauren 12:15 Lunch 2:00 Tabletop Games 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Around The World 5:00 Dinner 7:00 Evening Movie	**5** 8:30 Breakfast 9:30 Beauty Day 10:00 Daily Chronicles 10:30 Playful Art with Carol 11:00 Echoes of Nature Virtual Program 12:15 Lunch 2:00 Nail Spa & Manicures 2:00 Virtual Sing a Long with Lauren 3:00 Afternoon Social 4:00 Computer Games 5:00 Dinner 7:00 Evening Movie	**6** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Educational Program 12:15 Lunch 2:00 Virtual Sing a Long with Lauren 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Music Program 5:00 Dinner 7:00 Evening Movie	**7** 8:30 Breakfast 10:00 Daily Chronicles 10:30 Virtual Drum Circle with Lauren 11:00 Word Games 12:15 Lunch 2:00 Arts & Crafts 3:00 Afternoon Social 4:00 Computer Games 5:00 Dinner 7:00 Evening Movie	**8** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo 12:15 Lunch 2:00 Table Top Games 2:30 Artist Spotlight 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Virtual Piano Recital 4:30 Virtual Shabbat Service with Rabbah Arlene 5:00 Dinner 7:00 Evening Movie	**9** 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Virtual Shabbat Service with Rabbah Arlene 12:15 Lunch 2:00 Virtual Iris Music Program 3:00 Afternoon Social 5:00 Dinner 7:00 Evening Movie
10 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Virtual Sing a Long with Lauren 12:15 Lunch 2:00 Sunday Afternoon Matinee 3:00 Afternoon Social 4:00 Balloon Volleyball 5:00 Dinner 7:00 Evening Movie	**11** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Reminiscing 11:30 Virtual Karaoke with Lauren 12:15 Lunch 2:00 Tabletop Games 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Around The World 5:00 Dinner 7:00 Evening Movie	**12** 8:30 Breakfast 9:30 Beauty Day 10:00 Daily Chronicles 10:30 Playful Art with Carol 11:00 Echoes of Nature Virtual Program 12:15 Lunch 2:00 Nail Spa & Manicures 2:00 Virtual Sing a Long with Lauren 3:00 Afternoon Social 4:00 Computer Games 5:00 Dinner 7:00 Evening Movie	**13** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Educational Program 12:15 Lunch 2:00 Virtual Sing a Long with Lauren 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Music Program 5:00 Dinner 7:00 Evening Movie	**14** 8:30 Breakfast 10:00 Daily Chronicles 10:30 Virtual Drum Circle with Lauren 11:00 Word Games 12:15 Lunch 2:00 Arts & Crafts 3:00 Afternoon Social 4:00 Computer Games 5:00 Dinner 7:00 Evening Movie	**15** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo 12:15 Lunch 2:00 Table Top Games 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Virtual Piano Recital 4:30 Virtual Shabbat Service with Rabbah Arlene 5:00 Dinner 7:00 Evening Movie	**16** 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Virtual Shabbat Service with Rabbah Arlene 12:15 Lunch 2:00 Virtual Iris Music Program 3:00 Afternoon Social 5:00 Dinner 7:00 Evening Movie
17 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Virtual Sing a Long with Lauren 12:15 Lunch 2:00 Sunday Afternoon Matinee 3:00 Afternoon Social 4:00 Balloon Volleyball 5:00 Dinner 7:00 Evening Movie	**18** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Reminiscing 11:30 Virtual Karaoke with Lauren 12:15 Lunch 2:00 Tabletop Games 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Around The World 5:00 Dinner 7:00 Evening Movie	**19** 8:30 Breakfast 9:30 Beauty Day 10:00 Daily Chronicles 10:30 Playful Art with Carol 11:00 Echoes of Nature Virtual Program 12:15 Lunch 2:00 Nail Spa & Manicures 2:00 Virtual Sing a Long with Lauren 3:00 Afternoon Social 4:00 Computer Games 5:00 Dinner 7:00 Evening Movie	**20** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Educational Program 12:15 Lunch 2:00 Virtual Sing a Long with Lauren 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Music Program 5:00 Dinner 7:00 Evening Movie	**21** 8:30 Breakfast 10:00 Daily Chronicles 10:30 Virtual Drum Circle with Lauren 11:00 Word Games 12:15 Lunch 2:00 Arts & Crafts 3:00 Afternoon Social 4:00 Computer Games 5:00 Dinner 7:00 Evening Movie	**22** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo 12:15 Lunch 2:00 Table Top Games 2:30 Artist Spotlight 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Virtual Piano Recital 4:30 Virtual Shabbat Service with Rabbah Arlene 5:00 Dinner 7:00 Evening Movie	**23** 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Virtual Shabbat Service with Rabbah Arlene 12:15 Lunch 2:00 Virtual Iris Music Program 3:00 Afternoon Social 5:00 Dinner 7:00 Evening Movie
24 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Virtual Sing a Long with Lauren 12:15 Lunch 2:00 Sunday Afternoon Matinee 3:00 Afternoon Social 4:00 Balloon Volleyball 5:00 Dinner 7:00 Evening Movie	**25** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Reminiscing 11:30 Virtual Karaoke with Lauren 12:15 Lunch 2:00 Tabletop Games 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Around The World 5:00 Dinner 7:00 Evening Movie	**26** 8:30 Breakfast 9:30 Beauty Day 10:00 Daily Chronicles 10:30 Playful Art with Carol 11:00 Echoes of Nature Virtual Program 12:15 Lunch 2:00 Nail Spa & Manicures 2:00 Virtual Sing a Long with Lauren 3:00 Afternoon Social 4:00 Computer Games 5:00 Dinner 7:00 Evening Movie	**27** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Educational Program 12:15 Lunch 2:00 Virtual Sing a Long with Lauren 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Music Program 5:00 Dinner 7:00 Evening Movie	**28** 8:30 Breakfast 10:00 Daily Chronicles 10:30 Virtual Drum Circle with Lauren 11:00 Word Games 12:15 Lunch 2:00 Arts & Crafts 3:00 Afternoon Social 4:00 Computer Games 5:00 Dinner 7:00 Evening Movie	**29** 8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo 12:15 Lunch 2:00 Table Top Games 3:00 Afternoon Social 3:30 Exercise with Wellness Coordinator 4:00 Virtual Piano Recital 4:30 Virtual Shabbat Service with Rabbah Arlene 5:00 Dinner 7:00 Evening Movie	**30** 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Virtual Shabbat Service with Rabbah Arlene 12:15 Lunch 2:00 Virtual Iris Music Program 3:00 Afternoon Social 5:00 Dinner 7:00 Evening Movie
31 8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Virtual Sing a Long with Lauren 12:15 Lunch 2:00 Sunday Afternoon Matinee 3:00 Afternoon Social 4:00 Balloon Volleyball 5:00 Dinner 7:00 Evening Movie						

January 2021

Cohen-Rosen House Activities

All Activities are Subject to Change

Charles E. Smith
LIFE COMMUNITIES