

Smith-Kogod Residence Programs March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 AM Morning Greetings and Daily Sheet Distribution with Aida & Asifa 10:15 AM Balloon Volley with Aida (1E) 10:30AM Armchair Travels with Asifa (2E) 10:45 AM Music & Move with Aida (4E) 11:30 AM Fun Facts & Trivia (4S) 2:30PM Popular Hits of the 60's and 70's with Rearview Mirror (SH) 4:15 PM Afternoon Stretch & Music with Asifa (3E)</p>	<p>2</p> <p>10:30 AM Morning Exercise with Aida (1E) 10:30 AM Room Chats with Nancy (2E) 11:30 AM Abstract Art with Autumn (4E) 10:30 AM Karaoke Sing along with Asifa (3E) 11:00 AM Plant Clinic with Nancy (2S) 11:15 AM Name that Tune with Aida (1E) 11:30 AM Hand Spa with Asifa (3S) 2:00 PM Sing along with Aida (1E) 2:00 PM Bingo (2SRR) 2:00 PM Celebrating February with Nancy (2S) 2:00 PM Abstract Art with Autumn (4S) 3:00 PM American Song Book with Nancy (2E) 3:00 PM Balloon Volley & Music with Asifa (3E) 3:30 PM Mind Joggers with Aida (1E)</p>	<p>3</p> <p>10:30 AM Songs by Heart (1E) 10:30 AM Exercise with Raisa (3E) 10:30 AM Healing Strings (4E) 11:00 AM Crossword Puzzles with Nancy (2E) 10:30 AM Balloon Volley with Asifa (2S) 11:15 AM Spelling Bee with Raisa (3S) 11:15 AM Hand Spa with Autumn (4S) 11:30 AM Mind Jogging with Aida (1E) 2:00 PM Bingo (2SRR) 2:00 PM Piano Tunes with Raisa (3E) 2:00 PM Memory Sing along with Aida (1E) 2:00 PM Birthday Party with Nancy (2E) 2:00 PM Hand Spa with Autumn (4E) 3:00 PM Laughter is the Best Medicine with Aida (1E) 3:30 PM Tuesday Trivia with Nancy (2S) 3:30 PM Music Trivia with Raisa (3S) 6:30 Ladies Night (SH)</p>	<p>4</p> <p>10:15 AM Bingo (2EDR) 10:30 AM Morning Stretch with Nancy (2S) 10:30 AM Sing along with Raisa (3E) 10:30 AM Weight Training with Autumn (4E) 11:00 AM Musical Trivia with Jerry Roman (2E) 11:15 AM The Daily Chronicles with Aida (1E) 11:30 AM Armchair Travels with Asifa (2S) 11:15 AM One to One Interactions with Raisa (3S) 11:15 AM Weight Training with Autumn (4S) 2:00 PM Rabbi's Bible Study (2S) 2:30 PM Memory Rhythms (1E) 2:30 PM Blame it on the Boogie with Autumn (4E) 2:00 PM Trivial Pursuits with Raisa (3S) 3:00 PM Current Events with Everett (2E) 3:00 PM Internet Travels (Music) with Asifa (2S) 3:30 PM Conversations with Aida (1E) 3:30 PM Memory Rhythms (3E) 3:30 PM Alan MacEwen Calypso Duo (4S) 6:30 PM Musical Trivia with Jerry Roman (1E)</p>	<p>5</p> <p>10:30 AM Beading Club & Carnival Mask Competition (SH) 11:15 AM Tai Chi with Autumn (4S) 2:00 PM Hand Spa & Music with Aida (1E) 2:00 PM Bingo (2SRR) 2:00 PM Movie Matinee (3E & 3S) 2:00 PM The Life of Louis Armstrong with Autumn (4E) 3:00 PM Current Events with Autumn (4S) 3:30 PM Daily Chronicle with Aida (1E) 3:30 PM Armchair Travels with Asifa (2E) 3:30 PM Memorable Music with Lisa Ann Wright (3E)</p>	<p>6</p> <p>10:00 AM Karaoke with Nancy (2S) 10:30 AM Oneg Shabbat with Raisa (3E) 10:30 AM Internet Travel with Autumn (4E) 11:15 AM Oneg Shabbat with Raisa (3S) 11:15 AM Internet Trivia with Autumn (1E) 2:00 PM Oneg Shabbat (SH) 5:49 PM Shabbat Shalom Candle lighting in Rockville, MD</p>	<p>7</p> <p>10:00 AM Shabbat Service (SH) 11:30 AM Balloon Volley and Range of Motion to Music (3S) 2:00 PM Sing along with Raisa (1E) 3:30 PM Sing along with Raisa (3S) 4:15 PM Piano Tunes with Raisa (2E)</p>
<p>8</p> <p><u>Daylight Savings Time</u> 9:30 AM Morning Greetings and Daily Sheet Distribution with Aida & Asifa 10:30 AM Music & Move with Aida (1E) 10:30 AM Arm Chair Travels with Asifa (4S) 11:15 Christian Services (C) 11:30 AM Range of Motion Exercise & Music with Aida (4E) 2:30 PM All That Jazz with Tony Gudell (SH) 4:15 PM Familiar Songs Sing along with Aida (3E)</p>	<p>9</p> <p><u>Taanit Esther</u> 10:30 AM Morning Exercise with Aida (1E) 10:30 AM March Fun with Nancy (2S) 10:30 AM Karaoke Sing along with Asifa (3E) 10:30 AM Abstract Art with Autumn (4E) 11:00 AM International Women's Month Discussion (2S) 11:15 AM Mind Joggers with Aida (1E) 11:30 AM Hand Spa with Asifa (3S) 1:30 PM Art Workshop with Joey Manlapaz (1E) 2:00 PM Bingo (2SRR) 2:00 PM Birthday Party with Nancy (2S) 2:00 PM Abstract Art with Autumn (4S) 3:00 PM Trivia Challenge with Aida (1E) 3:00 PM Balloon Volley & Music with Asifa (3E) 3:30 PM Nail Spa with Nancy (2E) 3:30 PM Reiki Therapy with Autumn (4S)</p>	<p>10</p> <p><u>Purim</u> 10:30 AM Full Megillah Reading (SH) 10:30 AM Songs by Heart (1E) 10:30 AM Exercise with Raisa (3E) 10:30 AM Healing Strings (4E) 11:15 AM Music in Motion with Raisa (3S) 11:30 AM Mind Jogging with Aida (1E) 1:30 PM Creative Reading (SH) 2:00 PM Move Matinee (3E & 3S) 2:15 PM Purim Magic Show with Ben Corey (SH)</p>	<p>11</p> <p>11:00 AM Bingo Bash for Cash (SH) 11:15 AM Artistic Pursuits with Raisa (3E) 11:30 AM Word Games with Autumn (4S) 2:00 PM Rabbi's Bible Study (2S) 2:30 PM Memory Rhythms (1E) 2:30 PM Blame it on the Boogie with Autumn (4E) 2:00 PM Arts & Crafts with Raisa (3S) 3:00 PM Reading Circle with Nancy (2E) 3:30 PM Balloon Volley with Aida (1E) 3:30 PM Memory Rhythms (3E) 3:30 PM Puzzle Mania with Autumn (4S) 6:30 PM Zemer-Chai Choir (SH)</p>	<p>12</p> <p>10:30 AM Morning Stretch with Aida (1E) 10:30 AM Rise & Shine with Nancy (2S) 10:30 AM Balloon Volley with Asifa (2E) 10:30 AM Memory Exercises with Raisa (3E) 10:30 AM Tai Chi with Autumn (4E) 11:00 AM Musical Trivia with Jerry Roman (2E) 11:15 AM Memory Exercises with Aida (1E) 11:15 AM Tai Chi with Autumn (4S) 2:00 PM Hand Spa & Music with Aida (1E) 2:00 PM What's in a Picture with Nancy (2S) 2:00 PM Bingo (2SRR) 2:00 PM Laughter is the Best Medicine with Raisa (3S) 2:30 PM Abstract Art Painting Class with Autumn (4S) 3:00 PM Armchair Travels with Nancy (2E) 3:00 PM Laughter is the Best Medicine with Asifa (2S) 3:30 PM The Top Ten Hits with Aida (1E) 3:30 PM Memorable Music with Lisa Ann Wright (3E) 6:30 PM Music Trivia with Jerry Roman (2S)</p>	<p>13</p> <p>10:00 AM Oneg Shabbat with Nancy (2S) 10:30 AM Oneg Shabbat with Nancy (2E) 10:30 AM Oneg Shabbat with Raisa (3E) 10:30 AM Poker (C) 11:15 AM Oneg Shabbat with Raisa (3S) 2:00 PM Movie Matinee: Waking Ned Devine (SH) 3:00 PM Are you Suspicious Discussion with Nancy (2E) 3:30 PM Sing along with Raisa (3E) 6:56 PM Shabbat Shalom Candle lighting in Rockville, MD</p>	<p>14</p> <p>10:00 Shabbat Service (SH) 11:30 AM Shabbat Music with Raisa (3E) 2:00 PM Piano Tunes with Raisa (4E) 3:30 PM Sing along with Raisa (3E) 4:15 PM Musical Journey (1E)</p>
<p>15</p> <p>9:30 AM Morning Greetings and Daily Sheet Distribution with Aida & Asifa 10:30 AM Fun Facts & Trivia with Aida (2E) 10:30 AM Armchair Travels with Asifa (4S) 11:15 AM Easy Stretch with Aida (1E) 11:45 AM Lunch Time Chat with Aida (4E) 2:30 PM 70s Dance Party with Chyp and Andi (SH) 4:15 pm Afternoon Stretch & Music with Asifa (3E)</p>	<p>16</p> <p>10:30 AM Morning Exercise with Aida (1E) 10:30 AM Morning Exercise with Nancy (2E) 10:30 AM Karaoke Sing along with Asifa (3E) 10:30 AM Abstract Art with Autumn (4E) 11:00 AM Plant Clinic with Nancy (2S) 11:15 AM Relaxation & Hand Spa with Aida (1E) 11:30 AM Hand Spa with Asifa (3S) 2:00 PM Bingo (2SRR) 2:00 PM Hand Spa with Nancy (2E) 2:30 PM Elvis Tribute with Gary Leigh Brown (1E) 2:00 PM Abstract Art with Autumn (4S) 3:00 PM Crossword Puzzles with Nancy (2S) 3:00 PM Balloon Volley with Asifa (3E) 3:30 PM Sing along with Aida (4E) 4:00 PM Reiki Therapy with Autumn (4S) 4:15 PM 70's Music Sing along with Aida (1E)</p>	<p>17</p> <p><u>St Patrick's Day</u> 10:30 AM Morning Exercise with Aida (1E) 11:00 AM Word Games with Nancy (2E) 10:30 AM Balloon Volley with Asifa (2S) 10:30 AM Songs by Heart (3E) 10:30 AM Beading with Raisa (3S) 10:30 AM Healing Strings (4E) 11:00 AM Word Games with Nancy (2E) 11:15 AM The Daily Chronicle with Aida (1E) 2:00 PM Armchair Travels with Nancy (Dublin, Ireland) (2E) 2:00 PM Bingo (2SRR) 2:00 PM Move Matinee (3S) 2:00 PM Russian Reading with Raisa (3E) 2:30 PM Mind Jogging with Aida (1E) 3:15 PM Card Games with Asifa (4S) 3:30 PM Karaoke Sing along with Aida (1E) 3:30 PM Crossword Puzzles with Nancy (2E) 3:30 PM Hand Spa with Raisa (3S) 6:30 Ladies Night (SH)</p>	<p>18</p> <p>10:15 AM Bingo (2EDR) 10:30 AM Music & Stretch with Aida (1E) 10:30 AM News to Know with Nancy (2S) 10:30 AM Music & Exercise with Raisa (3E) 10:30 AM Hand Spa with Autumn (4E) 11:30 AM Name and Sing that Tune with Aida (1E) 11:15 AM Crossword Puzzles with Nancy (2E) 11:15 AM World Travels with Raisa (3S) 11:15 AM Hand Spa with Autumn (4S) 11:30 AM Armchair Travels with Nancy (Dublin, Ireland) (2E) 2:00 PM Laughter is the Best Medicine Aida (4S) 2:00 PM Rabbi's Bible Study (2S) 2:00 PM Movie Matinee (3E & 3S) 2:30 PM Memory Rhythms (1E) 3:00 PM Current Events with Everett (2E) 3:30 PM Afternoon Exercise with Aida (1E) 3:30 PM Memory Rhythms (3E) 3:30 PM Motown Favorites with Dian Wilson (4E) 6:30 PM Loss of Independence Support Group (C)</p>	<p>19</p> <p>10:30 AM Beading Club with Aida (1E) 10:30 AM Yoga Stretches with Nancy (2S) 10:30 AM Balloon Volley with Asifa (2E) 10:30 AM Flower Arranging with Raisa (3E) 10:30 AM Music Memories (3E) 10:30 AM Morning Movie (4E & 4S) 11:15 AM Flower Arranging with Raisa (3S) 11:15 AM Throwback Thursday with Nancy (2E) 2:00 PM Bingo (2SRR) 2:00 PM Movie Matinee (3E & 3S) 2:00 PM Nail & Hand Spa with Asifa (4E) 2:30 PM Aroma Therapy & Nail Spa with Aida (1E) 3:00 PM Happy Hour with Nancy (2E) 3:00 PM Manicures with Asifa (4S) 3:30 PM Name that Tune with Aida (1E) 3:30 PM Memorable Music with Lisa Ann Wright (3E)</p>	<p>20</p> <p>10:00 AM Oneg Shabbat with Nancy (2S) 10:30 AM Oneg Shabbat with Nancy (2E) 10:30 AM Oneg Shabbat with Raisa (3E) 10:30 AM Oneg Shabbat with Aida (4E) 11:15 AM Oneg Shabbat with Raisa (3S) 11:15 AM Oneg Shabbat with Aida (1E) 1:15 PM Shabbat Visits (4S) 2:00 PM Teaching Kitchen (SH) 3:30 PM Sing along with Raisa (3E) 7:03 PM Shabbat Shalom Candle lighting in Rockville, MD</p>	<p>21</p> <p>10:00 Shabbat Service (SH) 11:30 AM Music Rhythms with Raisa (3E) 2:00 PM Arts & Crafts with Raisa (3S) 3:30 PM Sing along with Raisa (4S) 4:15 PM Shabbat Music (1E)</p>
<p>22</p> <p>9:30 AM Morning Greetings and Daily Sheet Distribution with Aida and Asifa 10:00 AM Music & Move with Aida (4E) 10:30AM Armchair Travels with Asifa (2E) 10:45 AM Hand Spa with Aida (1E) 11:15 Christian Services (C) 11:30 AM Fun Facts & Trivia with Aida (4S) 2:30 PM Jazz Favorites with Kendra Holt (SH) 4:15 PM Familiar Songs Sing along with Aida (3E)</p>	<p>23</p> <p>10:30 AM Morning Exercise with Aida (1E) 10:30 AM Room Visits with Nancy (2E) 10:30 AM Karaoke Sing along with Asifa (3E) 10:30 AM Hand Spa with Asifa (4S) 11:00 AM Cooking Club with Nancy (2S) 11:15 AM Memorable Music with Aida (4E) 11:30 AM Hand Spa with Asifa (3S) 2:00 PM Bingo (2SRR) 2:00 PM Baked Treats Social with Nancy (2S) 2:30 PM Name That Tune with Alan MacEwen (1E) 3:00 PM Reminiscing with Aida (4S) 3:30 PM Nail Spa with Nancy (2E) 3:00 PM Balloon Volley with Asifa (3E) 4:00 PM Reiki Therapy with Autumn (4S) 4:15 PM Familiar Songs Sing along with Aida (1E)</p>	<p>24</p> <p>10:30 AM Bnai Israel Bingo (SH) 10:30 AM Songs by Heart (3E) 10:30 AM Healing Strings (4E) 11:30 AM Hand Spa with Raisa (3S) 2:00 PM Bingo (2SRR) 2:00 PM Mind Jogging with Aida (1E) 2:00 PM Armchair Travels with Nancy (2S) 2:00 PM My Personal Story with Raisa (3S) 2:30 PM Resident Council (SH) 3:00 PM Laughter is the Best Medicine (1E) 3:15 PM Card Games with Asifa (2S) 3:30 PM Table Games with Raisa (3E) 3:30 PM Karaoke with Asifa (4E) 4:00 PM Jazz Favorites with Nancy (2E)</p>	<p>25</p> <p>10:15 AM Bingo (2EDR) 10:30 AM Art Workshop with Joey Manlapaz (1E) 10:30 AM Morning Stretch with Nancy (2S) 10:30 AM Baking with Raisa (3E & 3S) 10:30 AM Hand Spa with Autumn (4E) 11:15 AM Word Smart with Nancy (2E) 11:15 AM Music in Motion with Raisa (3E) 11:15 AM Hand Spa with Autumn (4S) 2:00 PM Rabbi's Bible Study (2S) 2:00 PM Baked Cookies and Music with Raisa (3E & 3S) 2:00 PM Happiest Hour with Autumn (4E) 2:30 PM Memory Rhythms (1E) 3:00 PM Reading Circle with Nancy (2E) 3:00 PM Magazine Deliveries by Asifa (2S) 3:00 PM Happiest Hour with Autumn (4S) 3:30 PM Mind Joggers with Aida (1E) 3:30 PM Memory Rhythms (3E)</p>	<p>26</p> <p>11:00 AM Jewish Themes in Opera with Sterling Harris (SH) 10:30 AM Celebrating Spring with Raisa (3E) 10:30 AM Tai Chi with Autumn (4E) 11:00 AM Musically Tea Trip with Nancy (2E) 11:15 AM Name that Tune with Aida (1E) 11:15 AM Geographical Trivia with Raisa (3S) 11:15 AM Tai Chi with Autumn (4S) 2:00 PM Dining Committee Meeting (C) 2:00 PM Beading Club with Raisa (3S) 2:30 PM Musical Bingo with Hilary Laine (SH) 3:30 PM Memorable Music with Lisa Ann Wright (3E) 4:15 PM Laughter is the Best Medicine with Aida (1E)</p>	<p>27</p> <p>10:00 AM Name that Tune with Nancy (2S) 10:30 AM Lee Art Workshop (2SRR) 10:30 AM Oneg Shabbat with Raisa (3E) 11:15 AM Oneg Shabbat with Raisa (3S) 1:30 PM Oneg Shabbat (SH) 3:00 PM Fabulous Friday with Nancy (2E) 3:30 PM Piano Favorites with Raisa (3E) 7:10 PM Shabbat Shalom Candle lighting in Rockville, MD</p>	<p>28</p> <p>10:00 Shabbat Service (SH) 11:30 AM Music Rhythms with Raisa (3E) 2:00 PM Musical Trivia with Raisa (2E) 3:30 PM Shabbat Music with Raisa (3S) 4:15 PM 50's Music with Raisa (4E)</p>
<p>29</p> <p>9:30 AM Morning Greetings and Daily Sheet Distribution with Aida & Asifa 10:15 AM Familiar Songs Sing along with Aida (1E) 10:30AM Armchair Travels with Asifa (2E) 10:45 AM Sing along with Aida (3S) 11:15 Christian Services (C) 2:30 PM Afternoon at the Apollo with Element of Surprise (SH) 4:15 pm Afternoon Stretch & Music with Asifa (3E)</p>	<p>30</p> <p>10:30 AM Morning Exercise with Aida (1E) 10:30 AM Rise & Shine with Nancy (2E) 10:30 AM Karaoke Sing along with Asifa (3E) 10:30 AM Hand Spa with Asifa (4S) 10:30 AM Abstract Art with Autumn (4E) 11:00 AM Plant Clinic with Nancy (2S) 11:15 AM Fabulous Music 50's - 70's with Aida (1E) 11:30 AM Hand Spa with Asifa (3S) 2:00 PM Bingo (2SRR) 2:00 PM Internet Travels with Nancy (2S) 2:30 PM Chicken Soup for the Soul with Aida (4E) 2:00 PM Abstract with Autumn (4S) 3:00 PM Hand Spa with Aida (1E) 3:00 PM Nail Spa with Nancy (2S) 3:00 PM Balloon Volley with Asifa (3E) 4:15 PM Move & Groove with Aida (1E)</p>	<p>31</p> <p>10:30 AM Sing along with Aida (1E) 10:30 AM Balloon Volley with Asifa (2S) 10:30 AM Songs by Heart (3E) 10:30 Healing Strings (4E) 10:30 AM Proverbs and Clichés (4S) 11:15 AM Mind Jogging with Aida (1E) 11:15 AM Word Games with Asifa (2E) 11:15 AM Word Jumbles with Raisa (3S) 2:00 Bingo (2SRR) 2:00 PM Birthday Party with Raisa (3E) 2:30 PM Chicken Soup for the Soul with Aida (1E) 3:00 PM Armchair Travels with Asifa (2E) 3:30 PM Dance to the Music with Aida (1E) 3:30 PM Birthday Party with Raisa (3S) 3:30 PM Karaoke with Asifa (4S)</p>	<p>SK ROOM LOCATOR 1E 1 East 2E 2 East 2S 2 South 3E 3 East 3S 3 South 4E 4 East 4S 4 South 2EDR 2 East Dining Room 2SRR 2 South Recreation Room 3SRR 3 South Dining Room C Conservatory SH Social Hall</p>	<p>This schedule is subject to change. Please check the daily schedule for the most current information.</p>	<p>1:1 visits happen throughout the day.</p>	