

SUN	MON	TUE	WED	THUR	FRI	SAT							
8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 12:15 Lunch 2:00 Sunday Movie Matinee 3:00 Afternoon Social 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	31					8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Table Top Games 3:00 Afternoon Social 4:00 Shabbat with Rabbah Arlene 5:00 Dinner 7:00 Evening Movie	1	8:30 Breakfast 10:00 Shabbat Service with Michael Rosenberg 10:00 Daily Chronicles 10:00 Chair Yoga 11:00 Shabbat Sing Along 12:15 Lunch 2:00 Shabbat Storytelling with Rabbah Arlene 3:00 Afternoon Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie	2				
8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 12:15 Lunch 2:00 Sunday Movie Matinee 3:00 Afternoon Social 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	3	8:30 Breakfast 10:00 Daily Chronicles 10:30 Morning Stretch 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Afternoon Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Jiyoung and Eva 5:00 Dinner 7:00 Evening Movie	4	8:30 Breakfast 10:00 Daily Chronicles 10:30 Move to Music 12:15 Lunch 2:30 Nail Spa 3:00 Afternoon Social 3:30 Walking Club 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	5	8:30 Breakfast 10:00 Daily Chronicles 11:00 Activities to Go Slide Show Presentation 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Social 4:00 Afternoon Workout with Carlton 5:00 Dinner 7:00 Evening Movie	6	8:30 Breakfast 10:00 Daily Chronicles 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 2:00 Story Crafting with Carol 3:00 Afternoon Social 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	7	8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Artist Spotlight 3:00 Afternoon Social 4:00 Shabbat with Reb Betsy 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	8	8:30 Breakfast 10:00 Shabbat Service with Michael Rosenberg 10:00 Daily Chronicles 10:00 Chair Yoga 11:00 Shabbat Sing Along 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Social 3:30 Balloon Tennis 4:00 Vocal Music with Harper Denhard 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie	9
8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Trivia 3:00 Afternoon Social 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	10	8:30 Breakfast 10:00 Daily Chronicles 10:30 Morning Stretch 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Afternoon Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Jiyoung and Eva 5:00 Dinner 7:00 Evening Movie	11	8:30 Breakfast 10:00 Daily Chronicles 10:30 Move to Music 12:15 Lunch 3:00 Afternoon Social 3:30 Walking Club 5:00 Dinner 7:00 Evening Movie	12	8:30 Breakfast 10:00 Daily Chronicles 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Social 4:00 Afternoon Workout with Carlton 5:00 Dinner 6:00 Trivia 7:00 Evening Movie	13	8:30 Breakfast 10:00 Daily Chronicles 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 2:00 Story Crafting with Carol 3:00 Afternoon Social 4:00 Categories & Fun! 4:00 Entertainment by Bob Clark 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	14	8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Table Top Games 3:00 Afternoon Social 4:00 Shabbat with Rabbah Arlene 5:00 Dinner 7:00 Evening Movie	15	8:30 Breakfast 10:00 Daily Chronicles 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Sabrina 12:15 Lunch 2:00 Shabbat Program with Sabrina 3:00 Afternoon Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie	16
8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 12:15 Lunch 2:00 Sunday Movie Matinee 3:00 Afternoon Social 3:30 Dance with Victor 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	17	8:30 Breakfast 10:00 Daily Chronicles 10:30 Morning Stretch 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Afternoon Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Jiyoung and Eva 5:00 Dinner 7:00 Evening Movie	18	8:30 Breakfast 10:00 Daily Chronicles 10:30 Move to Music 12:15 Lunch 2:30 Nail Spa 3:00 Afternoon Social 3:30 Walking Club 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	19	8:30 Breakfast 10:00 Daily Chronicles 10:30 Scenic Ride Around Town 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Social 5:00 Dinner 7:00 Evening Movie	20	8:30 Breakfast 10:00 Daily Chronicles 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 2:00 Story Crafting with Carol 3:00 Afternoon Social 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	21	8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Artist Spotlight 3:00 Afternoon Social 5:00 Dinner 6:00 Table Top Games 7:00 Evening Movie	22	8:30 Breakfast 10:00 Daily Chronicles 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Rabbah Arlene 12:15 Lunch 2:00 Shabbat Storytelling with Rabbah Arlene 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Social 3:30 Balloon Tennis 4:00 Vocal Music with Harper Denhard 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie	23
8:30 Breakfast 10:00 Daily Chronicles 10:30 Weekend Workout 11:00 Entertainment by Bob Clark 12:15 Lunch 2:00 Sunday Movie Matinee 2:30 Trivia 3:00 Afternoon Social 4:00 Music with Charles Lowery 5:00 Dinner 6:00 Word Game 7:00 Evening Movie	24	8:30 Breakfast 10:00 Daily Chronicles 10:30 Morning Stretch 11:00 Creative Art 12:15 Lunch 2:30 Gardening Club 3:00 Afternoon Social 3:30 30 minute walk with Carlton 4:00 Drum Circle with Jiyoung and Eva 5:00 Dinner 7:00 Evening Movie	25	8:30 Breakfast 10:00 Daily Chronicles 10:30 Move to Music 11:00 Echoes of Nature 12:15 Lunch 3:00 Afternoon Social 3:30 Walking Club 5:00 Dinner 7:00 Evening Movie	26	8:30 Breakfast 10:00 Daily Chronicles 10:30 Scenic Ride Around Town 12:15 Lunch 2:30 Its Puzzling: Puzzles and Brain Games 3:00 Afternoon Social 5:00 Dinner 6:00 Trivia 7:00 Evening Movie	27	8:30 Breakfast 10:00 Daily Chronicles 10:30 Music with Lauren and B'nai Preschool 11:00 Games with Sherrie 12:15 Lunch 2:00 Story Crafting with Carol 3:00 Afternoon Social 4:00 Guitar with Vladimir 5:00 Dinner 6:00 Balloon Tennis 7:00 Evening Movie	28	8:30 Breakfast 10:00 Daily Chronicles 11:00 Bingo! 12:15 Lunch 1:30 30 minute walk with Carlton 2:30 Table Top Games 3:00 Afternoon Social 4:00 Shabbat with Cantor Sara Geller 5:00 Dinner 7:00 Evening Movie	29	8:30 Breakfast 10:00 Daily Chronicles 10:00 Chair Yoga 11:00 Shabbat Sing Along 11:00 Shabbat Service with Rabbah Arlene 12:15 Lunch 2:00 Shabbat Storytelling with Rabbah Arlene 3:00 Afternoon Social 3:30 Balloon Tennis 5:00 Dinner 6:00 Balloon Toss 7:00 Evening Movie	30

March 2019

Cohen-Rosen House Activities

All Activities are Subject to Change



Charles E. Smith
LIFE COMMUNITIES