

SUN	MON	TUE	WED	THUR	FRI	SAT							
10:00 Exercise DVD (AC1) 2:00 Exercise DVD (AC 1) 7:30 Evening Cinema (AC - 1)	1 Labor Day	2	11:00 Music w/ Michael (AC1) 1:00 Kickboxing with Carlton (AC 1) 2:00 Knit & Nibble (AC 2) 2:00 Wellness Coaching w/ Carlton (WC) 2:30 Blood Pressure Check (WC) 3:30 Trivia (AC-1) 4:00 Why Weight? Nutrition Support (AC 2) 7:00 Dr. Jenner's Hot Topics (AC - 1)	3	10:00 Exercise DVD/ Spiro (AC 1) 10:30 Private Piano Lessons (DR) 11:00 Total Conditioning w/ Martine (AC 1) 1:30 Art w/ Marcia (AC - 2) 2:00 Food Stamp Assistance Sign-up (AC 1) 3:00 Flex and Move Class ! (AC 1) 4:30 Labor Day Cookout (Patio & DR) 7:30 Connecting to Judaism-Spirituality through the Kabbalah by Dr. Jay McCrensky (AC 1)	4	11:00 Jokereno! (AC 1) 11:00 Book Club with Janet (AC 2) 1:00 Kickboxing with Carlton (AC 1) 2:00 Coffee and Discussion with Rabbi Daniel (Cafe) 3:00 Yoga w/ Joyce (AC - 1) 3:00 Blood Pressure Check (WC) 4:00 Humor Circle with John (Cafe) 6:30 Brain Games with Dana (AC 2) 8:00 Bingo! (AC 1)	5	9:30 Free Coffee! (Cafe) 11:00 The Beat Goes On Drum Circle (AC 1) 1:00 Alcohol Ink Art ...Jewelry Pendants...light switch plates...tiles.. with Yolanda (1 pm) 2:00 Friday Afternoon Movie Classic, "His Girl Friday" Starring Cary Grant (AC 1) 7:30 Shabbat Service with Sabrina (AC 1) 8:30 Oneg Shabbat (AC - 1)	6	10:00 Shabbat Service (AC - 1) 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema (AC 1)	7	
10:00 Exercise DVD (AC1) 10:15 Christian Services (Wass-C) 11:15 Christian Services (SK-C) 2:00 Grandparent Rodeo with Texas Tess & Build your own Sundae! (Patio (Rain Location AC-1)) 7:30 Jesse Palidofsky in Concert! (AC 1)	8	10:00 Exercise DVD/ Spiro (AC 1) 10:30 Weekly Review w/ Sandi (C) 11:00 Words From A Word Game (AC - 2) 1:00 Zumba (AC - 1) 1:00 Shakespeare with Anne (AC 2) 2:00 Computer/Cell Phone Assistance (Cafe) 3:00 Moti's Kosher Market (Bus) 3:00 Flex and Move Class ! (AC 1) 4:00 Jewish Art Education with Nancy (AC 1) 8:00 Bingo! (AC 1)	9	11:00 Music w/ Michael (AC1) 11:00 Newcomers Tea (AC - 2) 1:00 Kickboxing with Carlton (AC 1) 2:00 Writing Family History Stories with Ben Terner (CR) 2:00 Knit & Nibble (AC 2) 2:00 Wellness Coaching w/ Carlton (WC) 2:30 Blood Pressure Check (WC) 3:30 Trivia (AC-1) 4:00 Why Weight? Nutrition Support (AC 2) 6:30 Farkle with Israel & Friends (Cafe) 7:30 Chorus (AC 1)	10	10:00 Exercise DVD/ Spiro (AC 1) 10:30 Private Piano Lessons (DR) 11:00 Total Conditioning w/ Martine (AC 1) 1:30 Art w/ Marcia (AC - 2) 3:00 Flex and Move Class ! (AC 1) 7:00 Dr. Jenner's Lecture, "The Life of Annie Oakley" (AC 1)	11	10:30 Thursday w/ Social Worker Laurie (AC - 2) 1:00 Kickboxing with Carlton (AC 1) 2:00 Birthday Party with Steve Little (Cafe) 3:00 Yoga w/ Joyce (AC - 1) 3:00 Blood Pressure Check (WC) 4:00 Dance w/ Shadiyah (L) 8:00 Bingo! (AC 1)	12	9:30 Free Coffee! (Cafe) 11:00 The Rest of the Story...Famous Persons (AC 1) 1:30 Mystery Movie (AC 1) 7:30 Shabbat Services (AC1) 8:30 Oneg Shabbat (AC - 1)	13	10:00 Shabbat Service (AC - 1) 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema (AC 1)	14
10:00 Exercise DVD (AC1) 2:00 Exercise DVD (AC 1) 6:30 Theater Games with Ally (AC 1)	15	10:00 Exercise DVD/ Spiro (AC 1) 10:30 Weekly Review w/ Sandi (C) 11:00 Words From A Word Game (AC - 2) 1:00 Zumba (AC - 1) 1:00 Shakespeare with Anne (AC 2) 2:00 Computer/Cell Phone Assistance (Cafe) 3:00 Music of 50's,60's, 70's & 80's with Terry Lee Ryan (Cafe) 8:00 Bingo! (AC 1)	16	11:00 Music w/ Michael (AC1) 1:00 Kickboxing with Carlton (AC 1) 2:00 Knit & Nibble (AC 2) 2:00 Wellness Coaching w/ Carlton (WC) 2:30 Blood Pressure Check (WC) 3:30 Trivia (AC-1) 4:00 Why Weight? Nutrition Support (AC 2) 7:30 Instrumental Jazz with the Mark Brandt Duo (AC 1 and AC 2)	17	10:00 Exercise DVD/ Spiro (AC 1) 10:30 Private Piano Lessons (DR) 11:00 String Trio Performing (AC 1) 12:00 Yard Sale! 12- 4 pm (P) 1:00 Superfood with Chef Kelly (Cafe) 1:00 Teaching Kitchen with Chef Kelly (Cafe) 1:30 Art w/ Marcia (AC - 2) 3:00 Flex & Move (AC 1) 7:00 Getting ready for the Yom Tov in the High Holidays with Rabbi David Shneyer (AC 1)	18	11:00 Horse Racing (AC 2) 1:00 Kickboxing with Carlton (AC 1) 3:00 Yoga w/ Joyce (AC - 1) 3:00 Blood Pressure Check (WC) 4:00 Humor Circle with John (Cafe) 6:30 Brain Games with Dana (AC 2) 8:00 Bingo! (AC 1)	19	9:30 Free Coffee! (Cafe) 11:00 The Beat Goes On Drum Circle (AC 1) 1:00 Friday Afternoon Movie, "Ocean's 8" starring Sandra Bullock (AC 1) 1:00 Art on Glass with Yolanda (AC 2) 7:30 Shabbat Service with Harvey Lebson (AC1) 8:30 Oneg Shabbat (AC - 1)	20	10:00 Shabbat Service (AC - 1) 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema (AC 1)	21
10:00 Leil Selichot Service led by Sabrina (AC 1)	22	10:00 Exercise DVD/ Spiro (AC 1) 10:30 Weekly Review w/ Sandi (C) 11:00 Words From A Word Game (AC - 2) 1:00 Zumba (AC - 1) 1:00 Shakespeare with Anne (AC 2) 2:00 Computer/Cell Phone Assistance (Cafe) 3:00 Flex and Move Class ! (AC 1) 8:00 Bingo! (AC 1)	23	11:00 Music w/ Michael (AC1) 1:00 Kickboxing with Carlton (AC 1) 2:00 Writing Family History Stories with Ben Terner (CR) 2:00 Knit & Nibble (AC 2) 2:00 Wellness Coaching w/ Carlton (WC) 2:30 Blood Pressure Check (WC) 3:30 Trivia (AC-1) 4:00 Why Weight? Nutrition Support (AC 2) 7:30 Chorus (AC 1)	24	10:00 Exercise DVD/ Spiro (AC 1) 10:30 Private Piano Lessons (DR) 11:00 Total Conditioning w/ Martine (AC 1) 1:30 Art w/ Marcia (AC - 2) 7:00 Lecture with Natalie, "Jerusalem, if I forget you..." (AC 1)	25	10:30 Thursday w/ Social Worker Laurie (AC - 2) 1:00 Kickboxing with Carlton (AC 1) 2:00 Music and Art with John (AC 2) 3:00 Yoga w/ Joyce (AC - 1) 3:00 Blood Pressure Check (WC) 4:00 Dance w/ Shadiyah (L) 6:30 Stories of Wisdom with Sabrina (AC 2) 8:00 Bingo! (AC 1)	26	9:30 Free Coffee! (Cafe) 11:00 Dr. Jenner's Lecture, "The Tragedy of Pompeii" (AC 1) 2:00 Music & Dance with Dale & Garrey (AC 1) 7:30 Shabbat Service with David Smith (AC 1) 8:30 Oneg Shabbat (AC - 1)	27	10:00 Shabbat Service (AC - 1) 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema (AC 1)	28
Rosh Hashanah Begins at Sundown 5:00 Candle Lighting Service (DR) 7:30 Erev Rosh Hashanah (AC 1 and AC 2)	29	10:00 Rosh Hashanah Service (AC 1 and AC 2) 2:00 Creative Tashlich (AC 1 and AC 2) 5:00 Candle Lighting Service (DR)	30										
						ROOM KEY AC - 1 - Activity Center - 1 AC - 2 - Activity Center - 2 C - Café CR - Conference Room DR - Dining Room L - Lobby P - Patio Wass-C - Wasserman Conservatory WC - Wellness Center							

September 2019

Revitz House Activities Calendar

6111 Montrose Road Rockville, MD 20852 301-881-7400



Charles E. Smith
LIFE COMMUNITIES