

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>ROOM KEY</b> AC - 1 - Activity Center - 1 AC - 2 - Activity Center - 2 C - Café L - Lobby Wass-C - Wasserman Conservatory					9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 11:00 The Beat Goes On - Drumming Group (AC - 1) 1:00 Tie Dye Class with Ronnie (AC 2) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 7:30 Shabbat Service w/ Sabrina (AC 1) 8:30 Oneg Shabbat (AC - 1)	<b>1</b> <b>Groundhog Day</b> <b>10:00 Shabbat Service (AC - 1)</b> 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema...Mystery/Comedy "The Last of Sheila" Movie (AC 1)
10:00 Exercise DVD (AC 1) 2:30 Mini Musicals on the Move (AC 1 & AC 2) 6:00 SuperBowl Party! (AC 1)	<b>3</b> <b>10:30 Weekly Review w/ Sandi (C)</b> 11:00 Words From A Word Game (AC - 2) 1:00 Shakespeare with Anne (AC 2) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 4:00 In Honor of Black History Month w/ Sabrina (AC 1) 7:00 Lecture w/ Natalie "Chinese New Year" (AC 1) 8:00 Bingo! (C)	<b>4</b> <b>10:00 Funtastic Fitness w/ Lenora (AC 1)</b> 11:00 Singing Jewish Songs with Michael (AC 1) 12:30 Line Dancing (AC1) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Knit & Nibble (AC 2) 3:30 Trivia (AC-1) 4:00 Why Weight? Nutrition Support Group (AC 2) 7:00 Dr. Jenner's Hot Topics (AC - 1)	<b>5</b> <b>11:00 Book Club w/ Janet (AC 2)</b> 11:00 Total Conditioning w/ Martine for Arthritis (AC 1) 12:00 Private Piano Lessons (AC 1) 1:30 Art w/ Lee (AC - 2) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 4:00 The Price is Right! (Cafe) 7:30 Rearview Mirror 50's & 60's Music (AC 1)	<b>6</b> <b>10:00 Funtastic Fitness w/ Lenora (AC 1)</b> 11:30 Bunco! (Cafe) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Birthday Party w/ Ron Howard (Cafe) 3:00 Yoga w/ Karen (AC - 1) 4:00 Humor Circle (Cafe) 6:30 Brain Games with Dana (AC - 2) 8:00 Bingo! (C)	<b>7</b> <b>9:30 Free Coffee! (Cafe)</b> 9:45 Zumba (AC - 1) 11:00 Lunch & Learn about Jews in the Military w/ Larry (AC 2) 1:00 Making Alcohol Ink Trivets w/ Yolanda (AC 2) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 7:30 Shabbat Services w/ Marvin Waldman (AC 1) 8:30 Oneg Shabbat (AC - 1)	<b>8</b> <b>10:00 Shabbat Service (AC - 1)</b> 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema...."Mystery/ Comedy "St. Ives" (AC 1)
10:00 Exercise DVD (AC 1) 10:15 Christian Services (Wass-C) 11:15 Christian Services (SK-C) 3:00 Theater Games with Ally (AC 1) 7:30 Sunday Evening Movie (AC 1)	<b>10</b> <b>10:30 Weekly Review w/ Sandi (C)</b> 11:00 Words From A Word Game (AC - 2) 12:30 Presidential Trivia (AC 2) 1:00 Shakespeare with Anne (AC 2) 2:00 9th Floor Block Party! (9th Floor Laundry Room) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 4:00 Jewish Art Education (AC - 1) 8:00 Bingo! (C)	<b>11</b> <b>10:00 Funtastic Fitness w/ Lenora (AC 1)</b> 11:00 Newcomers Tea (AC - 2) 11:00 Singing Jewish Songs with Michael (AC 1) 12:30 Line Dancing (AC1) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Writing Family History Stories with Ben Terner (AC 2) 3:30 Trivia (AC-1) 7:30 Chorus (AC 1)	<b>12</b> <b>11:00 Total Conditioning w/ Martine for Arthritis (AC 1)</b> 12:00 Private Piano Lessons (AC 1) 1:30 Art w/ Lee (AC - 2) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 4:00 State Trivia Bingo! (Cafe) 7:00 Dr. Jenner's Lecture on "The Gold Rush" (AC 1) 8:00 Rabbi David Shneyer (AC 1)	<b>13</b> <b>10:00 Funtastic Fitness w/ Lenora (AC 1)</b> 10:30 Thursday w/ Social Worker Laurie (AC - 2) 11:30 Word Soup (Cafe) 1:00 Kickboxing w/ Carlton (AC 1) 3:00 Yoga w/ Karen (AC - 1) 4:00 Dance w/ Shadiyah (L) 6:30 Stories of Wisdom with Sabrina (AC 1) 8:00 Bingo! (C)	<b>14</b> <b>9:30 Random Acts of Kindness (Cafe)</b> 9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 11:00 The Beat Goes On - Drumming Group (AC - 1) 1:00 Making Decorative Boxes w/ Ronnie (AC 2) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 7:30 Shabbat Service w/ Harvey Lebson (AC - 1) 8:30 Oneg Shabbat (AC - 1)	<b>15</b> <b>10:00 Shabbat Service (AC - 1)</b> 1:30 Mildred's Musicale (AC - 1) 7:30 Live In Concert Nashville Standard Adam (Cafe)
10:00 Exercise DVD (AC 1) 2:00 Debbie's Birthday Celebration! (AC 1 & AC 2 til 4 pm.) 7:30 Sunday Evening Movie (AC 1)	<b>17</b> <b>Presidents' Day</b> <b>10:30 Weekly Review w/ Sandi (C)</b> 11:00 Words From A Word Game (AC - 2) 1:00 Shakespeare with Anne (AC 2) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 3:30 Holistic Skills to Nurture Self Care w/ Marilyn (AC 2) 7:00 Memory Fitness with Natalie (AC 2) 8:00 Bingo! (C)	<b>18</b> <b>10:00 Funtastic Fitness w/ Lenora (AC 1)</b> 11:00 Singing Jewish Songs with Michael (AC 1) 12:30 Line Dancing (AC1) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Computer & Cell Phone Assistance (Café Computer Station) 3:30 Trivia (AC-1) 4:00 Why Weight? Nutrition Support Group (AC 2) 6:30 Farkle with Israel & Friends (Cafe) 7:30 Chorus (AC 1)	<b>19</b> <b>11:00 String Trio Performing (AC 1)</b> 12:00 Private Piano Lessons (AC 1) 1:00 Superfood with Kelly (Cafe) 1:30 Art w/ Lee (AC - 2) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 4:00 Chain of Thought (Cafe) 7:00 Lecture w/ Natalie "Friendship..." (AC 1)	<b>20</b> <b>10:00 Funtastic Fitness w/ Lenora (AC 1)</b> 11:30 Jokereno (AC 2) 1:00 Kickboxing w/ Carlton (AC 1) 3:00 Yoga w/ Karen (AC - 1) 4:00 Humor Circle (Cafe) 6:30 Brain Games with Dana (AC - 2) 8:00 Bingo! (C)	<b>21</b> <b>9:30 Free Coffee! (Cafe)</b> 9:45 Zumba (AC - 1) 11:00 Dr. Jenner's Lecture "Tesla & Edison" (AC 1) 1:00 Creating w/ Clay pots...Windchimes,planters..w/ Yolanda. (AC 2) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 7:30 Shabbat Services with David (AC - 1) 8:30 Oneg Shabbat (AC - 1)	<b>22</b> <b>10:00 Shabbat Service (AC - 1)</b> 1:30 Mildred's Musicale (AC - 1) 7:00 "The Night at the Oscars" with Vladimir (AC 1 & AC 2)
10:00 Exercise DVD (AC 1) 3:00 DVD Exercise (AC 1) 7:30 String Duo Classical Music (AC 1 & AC 2)	<b>24</b> <b>10:30 Weekly Review w/ Sandi (C)</b> 11:00 Words From A Word Game (AC - 2) 1:00 Shakespeare with Anne (AC 2) 2:00 8th Floor Block Party ! (8th Floor Laundry Room) 3:00 Terry Lee Ryan in Concert (Cafe) 4:00 Jewish Art Education (AC - 1) 8:00 Bingo! (C)	<b>25</b> <b>10:00 Funtastic Fitness w/ Lenora (AC 1)</b> 11:00 Town Hall Meeting (AC 1 & AC 2) 11:00 Singing Jewish Songs with Michael (AC 1) 12:30 Line Dancing (AC1) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Writing Family History Stories with Ben Terner (AC 2) 3:30 Trivia (AC-1) 4:00 Why Weight? Nutrition Support Group (AC 2) 7:30 Chorus (AC 1)	<b>26</b> <b>11:00 Total Conditioning w/ Martine for Arthritis (AC 1)</b> 12:00 Private Piano Lessons (AC 1) 1:30 Art w/ Lee (AC - 2) 3:00 Music Movement Exercise w/ Sandi & Cathy (AC 1) 7:00 Game Night & Refreshments! (Cafe)	<b>27</b> <b>10:00 Funtastic Fitness w/ Lenora (AC 1)</b> 10:30 Thursday w/ Social Worker Laurie (AC - 2) 11:30 Horse Racing (AC 2) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Star Party w/ Root Beer Floats (Cafe) 3:00 Yoga w/ Karen (AC - 1) 4:00 Dance w/ Shadiyah (L) 6:30 Stories of Wisdom with Sabrina (AC 1) 8:00 Bingo! (C)	<b>28</b>	

# February 2019

Revitz House Activities Calendar

6111 Montrose Road Rockville, MD 20852 301-881-7400



Charles E. Smith  
LIFE COMMUNITIES