

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
LEGEND —AC 1 = AC 1, AC 2 = AC 2, Café = Café, DR = Dining Room, LB = Lobby, WC = Wellness Center					9:00 Free Coffee (Café) 10:00 Zumba with Mia (AC 1) 12:30 Hand bell Practice (AC 1) 1:00 Chorus Practice (AC 1) 7:00 Shabbat Service (AC 1)	10:30 Shabbat Service (AC 1)
3	4	5	6	7	8	9
2:30 Tisha B'Av Study Session (AC 1) 7:00 Jazz Instrumentals w/ Ricardo (LB)	10:00 Zumba with Mia (AC 1) 12:00 Open Art Studio 1:00 Art with Joey (AC 2) 1:00 Wellness Open House & BP Checks (WC) 2:00 Phone Help with Raj (Café) 2:00 Blood Pressure Checks (WC) 2:30 Bar Mitzvah Class w/ Rabbi Emily (AC 2) 6:30 Farkle with Israel (AC2) 7:00 News Club with Richard (Café)	11:30 Endurance Training (AC 1) 1:00 Better Balance w/ Dan (AC 1) 2:00 Joyce's Yoga Class (AC 1) 3:00 Kabbalah with Dr. Jay McCrensky (AC 2) 7:00 Evening Bingo	10:00 Zumba with Mia (AC 1) 11:30 Walking Club (LB) 12:00 Blood Pressure Checks (WC) 1:00 Shakespeare with Ann (AC 1) 1:00 Open House & BP Checks (WC) 2:00 Senior Fit Circuit (WC) 3:30 Trivia (AC 1) 7:00 Dr. Jenner's Hot Topics (AC 1)	10:00 Together We Thrive by SmithLife (AC 1) 11:00 Diamond Art (AC 2) 11:30 Endurance Training (AC 1) 1:00 Strength & Stability w/ Dan (AC 1) 2:00 Joyce's Yoga Class (AC 1) 5:00 Dining Music w/ Semyon (DR) 7:00 Evening Bingo	9:00 Free Coffee (Café) 10:00 Zumba with Mia (AC 1) 12:30 Hand bell Practice (AC 1) 1:00 Chorus Practice (AC 1) 2:30 Life & Music of Quincy Jones (Café) 7:00 Shabbat Service (AC 1)	10:30 Shabbat Service (AC 1)
10	11	12	13	14	15	16
7:00 Revitz House Movies—"Argo" (AC 1)	10:00 Zumba with Mia (AC 1) 12:00 Open Art Studio 1:00 Art with Joey (AC 2) 1:00 Wellness Open House & BP Checks (WC) 2:00 Phone Help with Raj (Café) 2:00 Blood Pressure Checks (WC) 7:00 Singalong with Kevin (Café)	11:30 Endurance Training (AC 1) 1:00 Better Balance w/ Dan (AC 1) 2:00 Joyce's Yoga Class (AC 1) 7:00 Evening Bingo	10:00 Zumba with Mia (AC 1) 11:00 Psalms & Songs with Michael (LB) 11:30 Walking Club (LB) 12:00 Blood Pressure Checks (WC) 1:00 Shakespeare with Ann (AC 1) 1:00 Open House & BP Checks (WC) 2:00 Senior Fit Circuit (WC) 2:30 Jokereno (Café) 3:30 Trivia (AC 1) 7:00 Memory & Concentration (AC 1)	10:30 Meeting - Laurie (AC) 11:30 Endurance Training (AC 1) 1:00 Strength & Stability w/ Dan (AC 1) 2:00 Joyce's Yoga Class (AC 1) 3:00 Everything You Wanted to Know About w/ Rosemary (AC 1) 7:00 Evening Bingo	9:00 Free Coffee (Café) 10:00 Zumba with Mia (AC 1) 12:30 Hand bell Practice (AC 1) 1:00 Chorus Practice (AC 1) 7:00 Shabbat Service (AC 1)	10:30 Shabbat Service (AC 1) 7:00 Revitz House Movies—"Hidden Figures" (AC 1)
17	18	19	20	21	22	23
	10:00 Zumba with Mia (AC 1) 11:30 Red Hat Society Luncheon (AC 1) 1:00 Art with Joey (AC 2) 1:00 Jewish Art Education (AC 1) 1:00 Open House & BP Checks (WC) 2:00 Phone Help with Raj (Café) 2:00 Blood Pressure Checks (WC) 7:00 Singalong with Kevin (Café)	11:30 Endurance Training (AC 1) 1:00 Better Balance w/ Dan (AC 1) 2:00 Joyce's Yoga Class (AC 1) 3:00 Kabbalah with Dr. Jay McCrensky (AC 2) 7:00 Evening Bingo	10:00 Zumba with Mia (AC 1) 11:30 Walking Club (LB) 12:00 Blood Pressure Checks (WC) 1:00 Shakespeare with Ann (AC 1) 1:00 Open House & BP Checks (WC) 2:00 Senior Fit Circuit (WC) 3:30 Trivia (AC 1) 7:00 Left, Right & Center (AC 1)	10:30 Meeting - Laurie (AC) 11:00 Diamond Art w/ Helen & Sandy (AC 2) 11:30 Endurance Training (AC 1) 1:00 Strength & Stability w/ Dan (AC 1) 2:00 Joyce's Yoga Class (AC 1) 7:15 Musical Lecture (AC 1)	9:00 Free Coffee (Café) 10:00 Zumba with Mia (AC 1) 12:30 Hand bell Practice (AC 1) 1:00 Revitz House Chorus Practice (AC 1) 2:30 NASA & Space (Café) 7:00 Shabbat Service (AC 1)	10:30 Shabbat Service (AC 1)
24	25	26	27	28	29	30
3:00 Classical Trio Performance	10:00 Zumba with Mia (AC 1) 1:00 Art with Joey (AC 2) 1:00 Wellness Open House & BP Checks (WC) 2:00 Phone Help with Raj (Café) 2:00 Blood Pressure Checks (WC) 2:30 Bar Mitzvah Class w/ Rabbi Emily (AC 2) 7:00 Movie—"The Brutalist" (AC 1)	11:30 Endurance Training (AC 1) 1:00 Better Balance w/ Dan (AC 1) 2:00 Joyce's Yoga Class (AC 1) 2:00 Celebrate August Birthdays (Café) 7:00 Evening Bingo	10:00 Zumba with Mia (AC 1) 11:00 Psalms & Songs with Michael (LB) 11:30 Walking Club (LB) 12:00 Blood Pressure Checks (WC) 1:00 Shakespeare with Ann (AC 1) 1:00 Open House & BP Checks (WC) 2:00 Senior Fit Circuit (WC) 2:30 Jokereno (Café) 3:30 Trivia (AC 1) 7:00 Memory & Concentration (AC 1)	10:30 Meeting - Laurie (AC) 11:00 Jewish Dose of Happiness (AC 2) 11:30 Endurance Training (AC 1) 1:00 Strength & Stability w/ Dan (AC 1) 2:00 Joyce's Yoga Class (AC 1) 3:00 Everything You Wanted to Know with Rosemary (AC 1) 7:00 Evening Bingo	9:00 Free Coffee (Café) 10:00 Zumba with Mia (AC 1) 12:30 Hand bell Practice (AC 1) 1:00 Revitz House Chorus Practice (AC 1) 7:00 Shabbat Service (AC 1)	7:00 The Movies at Revitz House--"South Pacific" (AC 1) 10:30 Shabbat Service (AC 1)
31						
3:00 Art Exhibition with Refreshments						