

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY L - Lobby P - Patio WC - Wellness Center	10:00 Zumba Exercise w/ Mia (AC 1) 11:00 Words from a Word Game with Helen (AC 2) 1:00 Art w/ Joey Manalopez (AC 2) 1:00 Shakespeare w/ Ann (AC 1) 2:00 Computer & Phone Class with Raj (Cafe) 3:00 Tap Dance w/ Andrea (AC 1) 4:00 Stories of Wisdom with Sabrina (AC 1) 8:00 Evening Movie, "The King and I" (TV)	10:30 Blood Pressure Checks (WC) 11:00 Mindfulness Workshop w/ Marcus (AC 1) 11:00 Piano Lessons (AC 2) 11:30 Stability & Balance w/ Marcus (AC 1) 12:00 Meet & Greet Marcus, Wellness Coordinator (AC 1) 1:30 Strength & Mobility w/ Marcus (AC 1) 2:00 Chair Yoga w/ Marcus (AC 1) 2:00 Cello w/ Lauren (AC 2) 3:00 Joyce's Balance Bar w/ Weights (AC 1) 4:00 String Lessons with Joanna (AC 1) 8:00 Evening Bingo (AC 1)	10:00 Zumba Exercise w/ Mia (AC 1) 10:30 B-cat Brain Games (Cafe) 11:30 Music & Movement w/ Joanna & Lorie (AC 1) 11:30 Music & Movement w/ Lauren (AC 1) 1:00 Dr. Jenner, "MOVIE QUEENS OF THE 1930S" (AC 1) 1:00 Open Art Studio (AC 2) 2:00 Jokereno (AC 1) 3:00 Trivia w/ Jeremy (Cafe) 8:00 Evening Movie, "Lover Come Back" (TV)	10:00 Meeting w/ Social Worker, Laurie (AC 1) 10:30 Blood Pressure Checks (WC) 11:00 Healthy Learning Lecture w/ Marcus (AC 1) 11:00 Piano Lessons (AC 2) 11:30 Stability & Balance w/ Marcus (AC 1) 1:30 Strength & Mobility w/ Marcus (AC 1) 3:00 Conversational Spanish (AC 2) 3:00 Town Hall Meeting (AC 1 & AC 2) 4:00 Balance Bar with Weights w/ Joyce (P) 8:00 Evening Bingo (AC 1)	10:00 Zumba Exercise w/ Mia (AC 1) 10:00 Free Coffee Cafe (Cafe) 12:00 Humor Circle w/ John (AC 1) 1:00 Knit & Stitch Group (AC 2) 2:00 Revitz Chorus (AC 1) 3:00 Dance lessons with Katherine and Garrey (AC 1) 7:00 In person Shabbat Service w/ Sabrina (AC 1)	10:00 In person Shabbat Service w/ Sabrina (AC 1) 10:00 Shabbat Service (TV) 11:00 Shabbat Service (TV) 2:00 Saturday Afternoon Movie, "Monkey Business" (TV) 4:00 Classical Music to Enjoy (TV) 6:00 National Geographic Hubble The Ultimate Telescope (TV) 8:00 Midsomer Murders (TV)
Daylight Savings Time Ends 9:00 Tis Autumn Vintage Music (TV) 9:30 Gentle Music Reflections (TV) 11:00 Christian Sunday Service (TV) 2:00 Sunday Afternoon Movie (TV) 4:00 Great Parks of Africa (TV) 8:00 "Are You Being Served?" (TV)	10:00 Zumba Exercise w/ Mia (AC 1) 11:00 Words from a Word Game with Helen (AC 2) 1:00 Art w/ Joey Manalopez (AC 2) 1:00 Shakespeare w/ Ann (AC 1) 2:00 Computer & Phone Class with Raj (Cafe) 3:00 Tap Dance w/ Andrea (AC 1) 4:00 HOT TOPICS (Cafe) 4:00 Stories of Wisdom with Sabrina (AC 1) 7:00 Steve Little in Concert (AC 1 & AC 2)	10:30 Blood Pressure Checks (WC) 11:00 Mindfulness & Meditation Workshop (AC 1) 11:00 Mindfulness Workshop w/ Marcus (AC 1) 11:00 Piano Lessons (AC 2) 11:30 Stability & Balance w/ Marcus (AC 1) 1:30 Strength & Mobility w/ Marcus (AC 1) 2:00 Chair Yoga w/ Marcus (AC 1) 2:00 Cello w/ Lauren (AC 2) 3:00 Joyce's Balance Bar w/ Weights (AC 1) 4:00 String Lessons with Joanna (AC 1) 8:00 Evening Bingo (AC 1)	10:00 Zumba Exercise w/ Mia (AC 1) 10:30 B-cat Brain Games (Cafe) 11:30 Music & Movement w/ Lauren (AC 1) 11:30 Piano Trio Concert (AC 1) 1:00 Open Art Studio (AC 2) 2:00 Jokereno (AC 1) 3:00 Trivia w/ Jeremy (Cafe) 8:00 The Voice star... "Wyatt Michael" in Concert! (Dining Room Sign up in the Red Book!) 8:00 Evening Movie, "Donovan's Reef" (TV)	Veterans Day 10:00 Meeting w/ Social Worker, Laurie (AC 1) 10:30 Blood Pressure Checks (WC) 11:00 Healthy Learning Lecture w/ Marcus (AC 1) 11:00 Piano Lessons (AC 2) 11:30 Stability & Balance w/ Marcus (AC 1) 1:00 Starvation Army Band Veteran's Day Performance (AC 1 & AC 2) 2:30 Songs of Psalms & Inspiration w/ Michael (Cafe) 3:00 Conversational Spanish (AC 2) 3:00 Joyce's Balance Bar w/ Weights (AC 1) 4:00 Orchestra Practice (AC 1) 8:00 Evening Bingo (AC 1)	10:00 Zumba Exercise w/ Mia (AC 1) 10:00 Free Coffee Cafe (Cafe) 11:00 Brain Games w/ Dana (AC 2) 12:00 Humor Circle w/ John (AC 1) 1:00 Knit & Stitch Group (AC 2) 2:00 Revitz Chorus (AC 1) 3:00 Dance lessons with Katherine and Garrey (AC 1) 7:00 In person Shabbat Service w/ Sabrina (AC 1)	10:00 In person Shabbat Service w/ Sabrina (AC 1) 10:00 Shabbat Service (TV) 11:00 Shabbat Service (TV) 2:00 Saturday Afternoon Movie, "The Sandpiper" (TV) 4:00 Pittsburgh Symphony Orchestra (TV) 6:00 Ocean Documentary, "Aliens in Our Coral Reefs" (TV) 8:00 Midsomer Murders (TV) 8:00 Stan Holland in Concert (Dining Room)
8:00 Classical Relax Music (TV) 11:00 Christian Sunday Service (TV) 1:00 Orchestra (AC 1 & AC 2) 2:00 Sunday Afternoon Movie (TV) 4:00 Amazing Animals with Unusual Superpowers (TV) 8:00 "Are You Being Served?" (TV)	10:00 Zumba Exercise w/ Mia (AC 1) 11:00 Words from a Word Game with Helen (AC 2) 1:00 Art w/ Joey Manalopez (AC 2) 1:00 Shakespeare w/ Ann (AC 1) 2:00 Computer & Phone Class with Raj (Cafe) 3:00 Tap Dance w/ Andrea (AC 1) 4:00 Stories of Wisdom with Sabrina (AC 1) 8:00 Revitz Chorus Concert! (AC 1 & AC 2)	10:30 Blood Pressure Checks (WC) 11:00 Mindfulness & Meditation Workshop (AC 1) 11:00 Mindfulness Workshop w/ Marcus (AC 1) 11:00 Piano Lessons (AC 2) 11:30 Stability & Balance w/ Marcus (AC 1) 1:30 Strength & Mobility w/ Marcus (AC 1) 2:00 Chair Yoga w/ Marcus (AC 1) 2:00 Cello w/ Lauren (AC 2) 3:00 Joyce's Balance Bar w/ Weights (AC 1) 4:00 String Lessons with Joanna (AC 1) 8:00 Evening Bingo (AC 1)	10:00 Zumba Exercise w/ Mia (AC 1) 10:30 B-cat Brain Games (Cafe) 11:30 Music & Movement w/ Lauren (AC 1) 11:30 Music & Movement w/ Lauren & Lorie (AC 1) 1:00 Water Color Salt Art w/ Ronnie (AC 2) 2:00 Jokereno (AC 1) 3:00 Trivia w/ Jeremy (Cafe) 7:00 Suzette Pritchett in Concert (AC 1 & AC 2)	10:00 Meeting w/ Social Worker, Laurie (AC 1) 10:30 Blood Pressure Checks (WC) 11:00 Healthy Learning Lecture w/ Marcus (AC 1) 11:00 Piano Lessons (AC 2) 11:30 Stability & Balance w/ Marcus (AC 1) 1:30 Strength & Mobility w/ Marcus (AC 1) 2:00 Chair Yoga w/ Marcus (AC 1) 2:30 Songs of Psalms & Inspiration w/ Michael (Cafe) 3:00 Conversational Spanish (AC 2) 3:00 Joyce's Balance Bar w/ Weights (AC 1) 4:00 Orchestra Practice (AC 1) 8:00 Evening Bingo (AC 1)	10:00 Zumba Exercise w/ Mia (AC 1) 10:00 Free Coffee Cafe (Cafe) 11:00 Dr. Jenner, "The Canterbury Tales" (AC 1) 12:00 Humor Circle w/ John (AC 1) 1:00 Knit & Stitch Group (AC 2) 3:00 Music & Dance with Dale & Garrey (AC 1) 7:00 In person Shabbat Service w/ Sabrina (AC 1)	10:00 In person Shabbat Service w/ Sabrina (AC 1) 10:00 Shabbat Service (TV) 11:00 Shabbat Service (TV) 2:00 Saturday Afternoon Movie, "Cape Fear" (TV) 4:00 Andrew Bocelli's Greatest Hits (TV) 6:00 Beijing Travel Guide: Forbidden City (TV) 7:30 Game Night Sponsored by the Men's Club & Red Hat Society (AC 1 & AC 2) 8:00 Midsomer Murders (TV)
9:00 Instrumental Piano Reflection (TV) 11:00 Christian Sunday Service (TV) 2:00 Sunday Afternoon Movie (TV) 4:00 Fascinating World Beneath the Waves (TV) 7:00 "Waltz and Tango, the Music of Love" Vladimir in Concert (AC 1 & AC 2) 8:00 "Are You Being Served?" (TV)	10:00 Zumba Exercise w/ Mia (AC 1) 11:00 Words from a Word Game with Helen (AC 2) 1:00 Art w/ Joey Manalopez (AC 2) 1:00 Shakespeare w/ Ann (AC 1) 2:00 Computer & Phone Class with Raj (Cafe) 3:00 Tap Dance w/ Andrea (AC 1) 4:00 Stories of Wisdom with Sabrina (AC 1) 8:00 Evening Movie, "Bob Hope, the Road to Laughter" (TV)	10:30 Blood Pressure Checks (WC) 11:00 Mindfulness & Meditation Workshop (AC 1) 11:00 Mindfulness Workshop w/ Marcus (AC 1) 11:00 Piano Lessons (AC 2) 11:30 Stability & Balance w/ Marcus (AC 1) 1:30 Strength & Mobility w/ Marcus (AC 1) 2:00 Chair Yoga w/ Marcus (AC 1) 3:00 Joyce's Balance Bar w/ Weights (AC 1) 3:00 Violin lessons (AC 2) 4:00 Cello Lessons w/ Lauren (AC 1) 8:00 Evening Bingo (AC 1)	10:00 The Science of Memory (TV) 10:00 Zumba Exercise w/ Mia (AC 1) 11:30 Popular Classical Songs (TV) 1:30 Frank Plumer in Concert (AC 1 & AC 2) 2:00 Brian Regan Humor Hour (TV) 3:00 Trivia w/ Jeremy (Cafe) 8:00 Evening Movie, "Romeo & Juliet" (TV)	Happy Thanksgiving! 9:00 Macy's Thanksgiving Day Parade Memories (TV) 11:00 American Nostalgia: 1950's Thanksgiving (TV) 11:30 Small Kitchen, Big Thanksgiving w/ Alison Roman (TV) 2:00 Afternoon Movie, "A Family Thanksgiving" (TV) 3:00 Conversational Spanish (AC 2) 8:00 Evening Movie, "Thanksgiving With the Carters" (TV)	10:00 Zumba Exercise w/ Mia (AC 1) 10:00 Free Coffee Cafe (Cafe) 11:00 Brain Games w/ Dana (AC 2) 12:00 Humor Circle w/ John (AC 1) 1:00 Knit & Stitch Group (AC 2) 3:00 Dance lessons with Katherine and Garrey (AC 1) 7:00 In person Shabbat Service w/ Sabrina (AC 1) 7:00 Shabbat Service (TV)	10:00 In person Shabbat Service w/ Sabrina (AC 1) 10:00 Shabbat Service (TV) 11:00 Shabbat Service (TV) 2:00 Afternoon Movie Classic (TV) 4:00 Tony Bennett's Wonderful World Concert (TV) 6:00 Treasures of the Louvre (TV) 8:00 Midsomer Murders (TV)
9:00 Relaxing Harp Music (TV) 11:00 Christian Sunday Service (TV) 2:00 Sunday Afternoon Movie (TV) 4:00 Amazing Birds of Paradise (TV) 4:00 Hanukkah Candlelighting and Singing (L) 7:00 Hanukkah the Story behind the Songs with Lauren Latessa (AC 1 & AC 2) 8:00 "Are You Being Served?" (TV)	Hanukkah 10:00 Zumba Exercise w/ Mia (AC 1) 11:00 Words from a Word Game with Helen (AC 2) 2:00 Chanukah with Vladimir & Seth Kibel 2:00 Computer & Phone Class with Raj (Cafe) 4:00 Hanukkah Candlelighting and Singing (L) 4:00 Stories of Wisdom with Sabrina (AC 1) 8:00 Evening Movie, "Life is Rich" (TV)	10:30 Blood Pressure Checks (WC) 11:00 Mindfulness & Meditation Workshop (AC 1) 11:00 Mindfulness Workshop w/ Marcus (AC 1) 11:00 Piano Lessons (AC 2) 11:30 Stability & Balance w/ Marcus (AC 1) 1:30 Strength & Mobility w/ Marcus (AC 1) 2:00 Chair Yoga w/ Marcus (AC 1) 2:30 Orchestra Practice (AC 1) 3:00 Joyce's Balance Bar w/ Weights (AC 2) 4:00 Hanukkah Candlelighting and Singing (L) 8:00 The Machaya Band (AC 1 & AC 2)				

November 2021

Revitz House Activities Calendar

6111 Montrose Road Rockville, MD 20852 PHONE: 301-881-7400



SUN	MON	TUE	WED	THUR	FRI	SAT
	1:30 Cabin John Mall, CVS, and Giant 1	10:00 Trip to Martin Luther King, Jr. Memorial 2 12:30 Congressional Plaza North/Federal Plaza 1:30 Dollar Store at Loehmann's Plaza	12:45 Walmart 3	10:30 Harris Teeter 4 1:30 Giant	No Bus Transportation Today 5	6
7	1:30 Giant 8	10:00 Cabin John Mall, CVS, and Giant 9 12:30 Congressional Plaza North/Federal Plaza 12:30 Target/ Congressional Plaza 1:15 Davis Library	1:30 Giant 10 3:30 Harris Teeter 3:30 Moti's Market	No Bus Transportation Today 11	10:00 Dutch Market 12	13
10:00 Giant 14 1:30 Harris Teeter 4:00 Dinner: Mama Lucia in Olney	1:30 Cabin John Mall, CVS, and Giant 15	No Bus Transportation Today 16	1:00 Walmart 17	1:00 Giant 18 2:30 Target/ Congressional Plaza	No Bus Transportation Today 19	20
10:00 Target/ Congressional Plaza 21 12:30 Congressional Plaza North/Federal Plaza 4:00 Dinner: Clyde's Tower Oaks	9:30 Giant 22 12:15 Cabin John Mall, CVS, and Giant	10:00 Giant 23 10:30 Davis Library 1:30 Harris Teeter	12:30 Walmart 24	Thanksgiving No Bus Transportation Today 25	No Bus Transportation Today 26	27
28	1:00 Giant 29	1:00 Cabin John Mall, CVS, and Giant 30				

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Revitz House Bus Schedule

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