

SUN	MON	TUE	WED	THUR	FRI	SAT
					9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 11:00 The Beat Goes On - Drumming Group (AC - 1) 1:00 Craft Class, Decorative Boxes w/ Ronnie (AC 2) 1:30 Friday Afternoon Movie Classic w/ Popcorn (AC 1) 7:30 Shabbat Service w/ David Altschuler (AC 1) 8:30 Oneg Shabbat (AC - 1)	10:00 Shabbat Service (AC - 1) 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema (AC 1)
10:00 Funtastic Fitness w/ Lenora (AC 1) 3:00 Chorus Practice (AC 1) 7:30 The Plumer's Musical Show (AC 1)	10:30 Weekly Review w/ Sandi (C) 11:00 Words From A Word Game (AC - 2) 1:00 Shakespeare with Anne (AC 1) 2:00 Flex Your Brain w/ Ipad (Cafe) 3:00 Music & Movement with Sandi & Cathy (AC 1) 7:00 Lecture by Natalie, "Mardi Gras" (AC 1) 8:00 Bingo! (C)	11:00 Singing Jewish Songs with Michael (AC 1) 12:30 Line Dancing (AC1) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Knit & Nibble (AC 2) 2:00 Wellness Coaching w/ Carlton (WC) 2:30 Blood Pressure Check (WC) 3:30 Trivia (AC-1) 4:00 Why Weight? Nutrition Support Group (AC 2) 7:00 Dr. Jenner's Hot Topics (AC - 1)	11:00 Total Conditioning w/ Martine for Arthritis (AC 1) 12:00 Private Piano Lessons (AC 1) 1:30 Art (AC - 2) 2:00 Chain of Thought Word Association Game (Cafe) 3:00 Music & Movement with Sandi & Cathy (AC 1) 7:30 Rabbi David (AC 1)	11:00 Jokereno (AC 2) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 7th Floor Block Party (7th Floor Laundry Room) 3:00 Blood Pressure Check (WC) 4:00 Yoga w/ Karen (AC - 1) 4:00 Humor Circle (Cafe) 6:30 Brain Games with Dana (AC - 2) 8:00 Bingo! (C)	9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 11:00 Book Club w/ Janet (AC 2) 11:30 Volleyball "Indoor" (AC 1) 1:00 Arts & Craft "Pottery People" by Yolanda (AC 2) 1:30 Friday Afternoon Movie Classic w/ Popcorn (AC 1) 7:30 Shabbat Service w/ Sabrina (AC 1) 8:30 Oneg Shabbat (AC - 1)	10:00 Shabbat Service (AC - 1) 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema (AC 1)
Daylight Saving Time starts 10:00 Funtastic Fitness w/ Lenora (AC 1) 10:15 Christian Services (Wass-C) 11:15 Christian Services (SK-C) 7:30 Starvation Army Band (AC1 & AC2)	10:30 Weekly Review w/ Sandi (C) 11:00 Words From A Word Game (AC - 2) 1:00 Shakespeare with Anne (AC 1) 3:00 Music & Movement with Sandi & Cathy (AC 1) 3:30 Chinese Ink Art w/ Matthew (AC 2) 4:00 Jewish Art Education (AC - 1) 7:00 Book Signing & Talk with Bob Levey, Former Washington Post Journalist (AC 1 - AC 2) 8:00 Bingo! (C)	11:00 Smith Life Presentation! (Cafe) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Writing Family History Stories with Ben Terner (AC 2) 2:00 Wellness Coaching w/ Carlton (WC) 2:30 Computer & Cell Phone Assistance (Café Computer Station) 2:30 Blood Pressure Check (WC) 3:30 Trivia (AC-1) 7:30 Chorus (AC 1)	11:00 Total Conditioning w/ Martine for Arthritis (AC 1) 12:00 Private Piano Lessons (AC 1) 1:30 Art (AC - 2) 2:00 90's Plus Get Together (AC 1) 3:30 Music & Movement w/ Sandi & Cathy (AC 1) 7:00 Dr. Jenner's Lecture, "Cortez & The Conquest of Mexico" (AC 1)	10:30 Thursday w/ Social Worker Laurie (AC - 2) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Birthday Party w/ John Oliver (Cafe) 3:00 Blood Pressure Check (WC) 3:00 Yoga w/ Karen (AC - 1) 4:00 Dance w/ Shadiyah (L) 6:30 Stories of Wisdom with Sabrina (AC 1) 8:00 Bingo! (C)	9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 11:00 Flex Your Brain w/ Ipad (Cafe) 1:00 Arts & Crafts, Keychain by Ronnie (AC 2) 3:30 Ballroom Dance Lessons w/ Garrey (AC 1) 7:30 Shabbat Service w/ Marvin (AC 1) 8:30 Oneg Shabbat (AC - 1)	10:00 Shabbat Service (AC - 1) 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema (AC 1)
10:00 Funtastic Fitness w/ Lenora (AC 1) 7:30 "Darby O'Gill and the Little People" Sunday Evening Movie (AC 1)	10:30 Weekly Review w/ Sandi (C) 11:00 Words From A Word Game (AC - 2) 1:00 Shakespeare with Anne (AC 1) 2:00 Flex Your Brain w/ Ipad (Cafe) 3:00 Music & Movement with Sandi & Cathy (AC 1) 7:00 Memory Stretch w/ Natalie (AC 1) 8:00 Bingo! (C)	11:00 Singing Jewish Songs with Michael (AC 1) 12:30 Line Dancing (AC1) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Knit & Nibble (AC 2) 2:00 Wellness Coaching w/ Carlton (WC) 2:30 Blood Pressure Check (WC) 3:30 Trivia (AC-1) 4:00 Why Weight? Nutrition Support Group (AC 2) 7:30 Chorus (AC 1)	12:00 Private Piano Lessons (AC 1) 1:00 Superfood with Kelly (Cafe) 1:30 Art (AC - 2) 3:00 Music & Movement with Sandi & Cathy (AC 1) 7:00 Purim Service (AC 1 - AC 2) 8:00 Purim Carnival (AC 1 & AC 2)	Purim 11:00 Indoor Volleyball Game (AC 1) 1:00 Kickboxing w/ Carlton (AC 1) 3:00 Blood Pressure Check (WC) 3:00 Yoga w/ Karen (AC - 1) 4:00 Humor Circle (Cafe) 8:00 Bingo! (C)	9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 11:00 Dr. Jenner's Lecture, "Kitchen Confidential" (AC 1) 1:00 Jewelry Class with Yolanda (AC 2) 1:30 Friday Afternoon Movie Classic w/ Popcorn (AC 1) 7:30 Shabbat Service w/ David Smith (AC1) 7:30 Shabbat Services with David (AC - 1) 8:30 Oneg Shabbat (AC - 1)	10:00 Shabbat Service (AC - 1) 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema (AC 1)
10:00 Funtastic Fitness w/ Lenora (AC 1) 7:30 Evening Cinema (AC - 1)	10:30 Weekly Review w/ Sandi (C) 11:00 Words From A Word Game (AC - 2) 1:00 Shakespeare with Anne (AC 1) 3:00 Music & Movement with Sandi & Cathy (AC 1) 4:00 Jewish Art Education (AC - 1) 8:00 Spring Dance w/ Terry Lee Ryan & Garrey (DR) 8:00 Bingo! (C)	11:00 Singing Jewish Songs with Michael (AC 1) 12:30 Line Dancing (AC1) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 Writing Family History Stories with Ben Terner (AC 2) 2:00 Wellness Coaching w/ Carlton (WC) 2:30 Computer & Cell Phone Assistance (Café Computer Station) 2:30 Blood Pressure Check (WC) 3:30 Trivia (AC-1) 4:00 Why Weight? Nutrition Support Group (AC 2) 7:30 Chorus (AC 1)	11:00 Total Conditioning w/ Martine for Arthritis (AC 1) 12:00 Private Piano Lessons (AC 1) 1:30 Art (AC - 2) 2:00 Word Soup Brain Game (Cafe) 3:00 Music & Movement with Sandi & Cathy (AC 1) 7:00 Lecture by Natalie (AC 1)	10:30 Thursday w/ Social Worker Laurie (AC - 2) 11:00 Horse Racing (AC 2) 1:00 Kickboxing w/ Carlton (AC 1) 2:00 6th Floor Block Party (6th Floor Laundry Room) 3:00 Blood Pressure Check (WC) 3:00 Yoga w/ Karen (AC - 1) 4:00 Dance w/ Shadiyah (L) 6:30 Stories of Wisdom with Sabrina (AC 1) 8:00 Bingo! (C)	9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 11:00 The Beat Goes On - Drumming Group (AC - 1) 1:30 Friday Afternoon Movie Classic w/ Popcorn (AC 1) 7:30 Shabbat Service w/ Harvey Lebson (AC 1) 8:30 Oneg Shabbat (AC - 1)	10:00 Shabbat Service (AC - 1) 1:30 Mildred's Musicale (AC - 1) 7:30 Saturday Evening Cinema (AC 1)
10:00 Funtastic Fitness w/ Lenora (AC 1) 2:00 Chorus Concert (AC1 & AC 2) 7:30 Evening Cinema (AC - 1)	ROOM KEY AC - 1 - Activity Center - 1 AC - 2 - Activity Center - 2 C - Café DR - Dining Room L - Lobby Wass-C - Wasserman Conservatory WC - Wellness Center					

March 2019

Revitz House Activities Calendar

6111 Montrose Road Rockville, MD 20852 301-881-7400



Charles E. Smith
LIFE COMMUNITIES