SUN	MON	TUE	WED	THUR	FRI	SAT
						1 **10:00 Shabbat Service (AC - 1)** 1:30 Mildred's Musicale (AC - 1) 7:30 Evening Cinema (AC - 1)
2 10:00 Balance & Core w/ Laurie (AC - 1) 2:00 Leil Selichot Service (AC 1) 3:00 Exercise DVD (AC - 1) 7:30 The Plummer's (AC-1)	**3** **Labor Day**	**4** 10:00 Exercise DVD (AC - 1) 11:00 Singing and Dancing with Dale & Garrey (AC 1 and AC2) 1:00 Pet Therapy (L) 2:00 Knitter's Club w/ Esther (AC - 2) 2:00 Poetry with Shelley (AC - 1) 3:30 Trivia (AC-1) 5:00 Labor Day Cookout (DR & Patio) 7:30 Dr. Jenner's Hot Topics (AC - 1)	**5** 10:30 Ship Program Medicare Changes Seminar (AC1 & AC2) 1:30 Art w/ Lee (AC - 2) 3:30 Jokereno (AC1) 8:00 Natalie's Lecture "Apple Season" (AC1)	**6** 9:45 Exercise DVD (AC 1) 11:00 Book Club with Janet (AC-2) 3:00 Yoga w/ Karen (AC - 1) 6:30 Brain Games with Dana (AC - 2) 8:00 Bingo (Cafe)	**7** 9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 11:00 The Beat Goes On - Drumming Group (AC - 1) 1:00 Jewelry Making (AC - 2) 3:30 Lecture by Natalie "Fall Festivals Around the Globe" (AC-1) 7:30 Shabbat Services (AC - 1) 8:30 Oneg Shabbat (AC - 1)	**8** **10:00 Shabbat Service (AC - 1)** 1:30 Mildred's Musicale (AC - 1) 7:30 Evening Cinema (AC - 1)
9 **Rosh Hashana Begins at Sundown** **National Grandparents Day** 10:15 Christian Services (Wass-C) 11:15 Christian Services (SK-C) 5:00 Candle Lighting (DR) 7:30 Rosh Hashanah Service (AC - 1 & AC-2)	**10** 10:00 Rosh Hashanah (AC - 1 & AC-2) 2:00 Tashliekh Service (AC - 1 & AC-2)	**11** **Rosh Hashana Ends at Sundown** 10:00 Rosh Hashanah Service (AC-1 & AC-2) 3:30 Trivia (AC-1)	**12** 11:00 Meditation w/ Martine (DR) 11:30 Thirty Minute Power Training w/ Crystal (AC-1) 1:30 Art w/ Lee (AC - 2) 3:00 Tai Chi (AC-1) 7:30 Dr. Jenner's Lecture "Winston Churchill" (AC-1)	**13** 9:15 Blood Pressure Check (WC) 9:45 Exercise DVD (AC 1) 10:30 Thursday w/ Social Worker Laurie (AC - 2) 1:00 Kick Boxing (AC - 1) 2:00 Birthday Party with Justin Paschalides (Cafe) 3:00 Yoga w/ Karen (AC - 1) 4:00 Dance w/ Shadiyah (C) 8:00 Bingo (Cafe)	**14** 9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 3:00 Bunco! (AC1) 7:30 Shabbat Services (AC - 1) 8:30 Oneg Shabbat (AC - 1)	**15** **10:00 Shabbat Service (AC - 1)** 1:30 Mildred's Musicale (AC - 1) 7:30 Evening Cinema (AC - 1)
16 10:00 Balance & Core w/ Laurie (AC - 1) 3:00 Exercise DVD (AC - 1) 5:00 Candle Lighting (DR) 7:30 Evening Cinema (AC - 1)	**17** 10:00 Pilates Chair & Dance (AC-1) **10:30 Weekly Review w/ Sandi (C)** 11:00 Words From A Word Game (AC - 2) 2:30 Humor Circle with John (AC-1) 4:00 The Art of the High Holidays (AC-1) 7:00 Stories of Wisdom with Sabrina (DR) 8:00 Bingo (C)	**18** **Yom Kippur Begins at Sundown** 10:00 Exercise DVD (AC - 1) 11:00 Singing Psalms with Michael (AC-1) 11:00 Newcomer's Meeting (AC-2) 12:00 Line Dancing - 30 Minutes (AC - 1) 1:00 Pet Therapy (L) 3:30 Trivia (AC-1) 5:00 Candle Lighting (DR) 7:30 Yom Kippur Service (AC1 & AC2)	**19** **Yom Kippur Ends at Sundown** 10:00 Yom Kippur Service (AC-1 & AC-2) 3:00 Yizkor Service (AC1 & AC2) 4:00 Neilah Service (AC1 & AC2)	**20** 9:15 Blood Pressure Check (WC) 9:45 Exercise DVD (AC 1) 1:00 Kick Boxing (AC - 1) 2:00 Decorating the Sukkah (P) 3:30 Amachaya Band Performing (P) 8:00 Bingo (Cafe)	**21** 9:30 Walk with Crystal (L) 9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 11:00 The Beat Goes On - Drumming Group (AC - 1) 1:00 Jewelry Making (AC - 2) 7:30 Shabbat Services (AC - 1) 8:30 Oneg Shabbat (AC - 1)	**22** **10:00 Shabbat Service (AC - 1)** 1:30 Mildred's Musicale (AC - 1) 7:30 Evening Cinema (AC - 1)
23 10:00 Balance & Core w/ Laurie (AC - 1) 7:30 Sukkot Service	**24** 10:00 Sukkot1 Service (AC1 & AC2)	**25** **Sukkot**	**26** 11:00 String Trio (AC1) 1:30 Art w/ Lee (AC - 2) 4:00 The Art of Sukkot (AC-1) 7:30 Rearview Mirror (AC1 & AC2)	**27** 9:15 Blood Pressure Check (WC) 9:45 Exercise DVD (AC 1) 10:30 Thursday w/ Social Worker Laurie (AC - 2) 1:00 Healthy Learning Lecture Shift to Safety (AC-1) 3:00 Yoga w/ Karen (AC - 1) 4:00 Dance w/ Shadiyah (C) 6:30 Brain Games with Dana (AC-2) 8:00 Bingo (Cafe)	**28** 9:30 Walk with Crystal (L) 9:30 Free Coffee! (Cafe) 9:45 Zumba (AC - 1) 3:30 Chinese Ink Printing (AC-1) 7:30 Shabbat Services (AC - 1) 8:30 Oneg Shabbat (AC - 1)	**29** **10:00 Shabbat Service (AC - 1)** 1:30 Mildred's Musicale (AC - 1) 7:30 Evening Cinema (AC - 1)
30 **Shmini Atzeret Begins at Sundown** 10:00 Balance & Core w/ Laurie (AC - 1) 3:00 Exercise DVD (AC - 1)	**ROOM KEY** AC - 1 - Activity Center - 1 AC - 2 - Activity Center - 2 C - Café DR - Dining Room L - Lobby P - Patio	Wass-C - Wasserman Conservatory WC - Wellness Center				

September 2018

Revitz House Activities Calendar

6111 Montrose Road Rockville, MD 20852 301-881-7400