

SUN	MON	TUE	WED	THUR	FRI	SAT
ROOM KEY #1 - Activity Room #1 #3 - Activity Room #3 #4 - Activity Room #4 ART - Art Studio FC - Fitness Center	MR - Meeting Room #4 - Room #4 SH - Social Hall TV - TV Room				Our MOVIE COUNCIL has dedicated February to romance & love. 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 3:30 PM Bernstein's Young People's Concerts (MR) 8:00 PM Shabbat Services with David Wallen (MR)	Groundhog Day 10:00 AM Exercise Video (Activity Room 4 NEW ROOM LOCATION) 11:00 AM Shabbat Services with The Jewish Studio (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Movie Matinee (MR) 4:00 PM Pianist Bertram Mcleish (NORTH LOBBY) 8:00 PM Mini Musical - The Music Man Popcorn Served (SH)
10:00 AM Chug Ivri (Activity Rooms 1 or 2 * Just This Week) 3 10:00 AM Exercise Video (Activity Room 4 NEW ROOM LOCATION) 10:30 AM Jewish War Veterans Meeting (MR) 12:30 PM Dr. Jenner: Hot Topics (MR) 1:00 PM Knitting Club (#1) 2:00 PM Sunday Movie Matinee (MR) 6:30 PM SuperBowl Watch Party - THIS SUNDAY (Activity Room 4) 8:00 PM Sunday Night Movie - POPCORN served (MR)	10:00 AM Yoga with Karen (MR) 10:15 AM Piano Trio Open Rehearsal (NORTH LOBBY) 4 11:00 AM Brain Fitness Class (Activity Room 4) 11:15 AM Expressive Art (ART) 1:30 PM Expressive Art (ART) 1:30 PM News Highlights 1:30 TODAY ONLY (MR) 1:30 PM Kickboxing Classes with Carlton (SH) 2:30 PM Jewish Violinists with Eva (MR) 3:00 PM Bingo (#4) 4:00 PM Brian Fitness Class (Activity Room 4) 8:00 PM Play Readers Performance: "Old Flames" (MR)	Chinese New Year Begins The Year of PIG 10:00 AM Exercise Video (MR) 5 10:00 AM Audiology/Hearing Services (#1) 11:00 AM Religious Observance Committee w/ Rabbi Dan (Activity Room 4) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Ring House Singers with Jiyoung (SH) 2:30 PM The World's Greatest Museums: Louvre (MR) 4:00 PM Downton Abbey (MR) 8:00 PM Tuesday Night Movie (MR)	9:30 AM Morning Meditation with Eva (Activity Room 4) 6 10:00 AM Body Strengthening with Gail (MR) 10:15 AM Piano Trio Open Rehearsal (SH) 11:15 AM Parsha Inspiration Class with Rabbi Leigh (#3) 11:15 AM Make and Take Crafts with Jerry (Art Room) 1:30 PM Kickboxing Classes with Carlton (SH) 2:30 PM Opera Club: Gershwin's Porgy & Bess (MR) 2:30 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 3:00 PM Wednesday Matinee (Activity Room 4) 8:00 PM Wednesday Night Movie (MR)	10:00 AM Qi Gong with Adam (MR) 7 1:00 PM Teaching Kitchen (#4) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 4:00 PM Exploring Jewish Music with Lauren: Jewish Women in the Arts (MR) 8:00 PM Thursday Night Movie (MR)	11:00 AM VisArts Jewlery Making Class (ART) 8 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 2:30 PM Music Committee (#3) 3:30 PM American Popular Music: The Music of Harold Arlen by Dr. Burris & Lauren (MR) 8:00 PM Shabbat Services with Rabbi Raphael (MR)	10:00 AM Exercise Video (Activity Room 4 NEW ROOM LOCATION) 9 11:00 AM Shabbat Service with Rabbi Mark Raphael (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Movie Matinee (MR) 4:00 PM Charvuta B'Shabbat (Activity Room 4) 8:00 PM Saturday Night Movie Popcorn Served (MR)
10:00 AM Exercise Video (Activity Room 4 NEW ROOM LOCATION) 10 12:00 PM Sunday Music with Ron (MR) 1:00 PM Knitting Club (#1) 1:30 PM Intergenerational Program with Lori (#4) 2:00 PM Sunday Movie Matinee (MR) 8:00 PM Music by Rearview Mirror (SH)	10:00 AM Yoga with Karen (MR) 10:15 AM Piano Trio Open Rehearsal (NORTH LOBBY) 11 11:00 AM Low Vision Support Group (#1) 1:20 PM News Highlights (MR) 1:30 PM Kickboxing Classes with Carlton (SH) 1:45 PM Celebrating 100 Days of School with CESJDS (By Invitation Only) 2:30 PM Drum Circle with Eva (MR) 3:00 PM Book Club (#1) 3:00 PM Bingo (#4) 4:00 PM Brain Fitness Class (Activity Room 4) 8:00 PM Monday Movie Night (MR)	10:00 AM Exercise Video (MR) 12 11:15 AM Lecture with Dr. Jenner The Gold Rush (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Ring House Singers with Jiyoung (SH) 2:30 PM The World's Greatest Museums: Louvre (MR) 3:00 PM Newcomers Wine & Cheese Gathering (#4) 4:00 PM Downton Abbey (MR) 8:00 PM Guitar with Vladimir Fridman (MR)	9:30 AM Morning Meditation with Eva (Activity Room 4) 13 10:00 AM Body Strengthening with Gail (MR) 10:15 AM Piano Trio Open Rehearsal (SH) 11:15 AM Jewish Heritage Class with Rabbi Leigh (#3) 11:15 AM Make and Take Crafts with Jerry (Art Room) 1:30 PM Kickboxing Classes with Carlton (SH) 2:30 PM Opera Club: Gershwin's Porgy & Bess (MR) 2:30 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 3:00 PM Wednesday Matinee (Activity Room 4) 8:00 PM Golden Ringers Present Classy Jazz Band (SH)	Valentine's Day 10:00 AM Qi Gong with Adam (MR) 14 10:00 AM Play Readers Auditions (#4) 11:00 AM VisArts Acrylic Painting Workshop (ART) 1:00 PM Superfoods (NORTH LOBBY) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Celebration of Love in our Lovely Lobby (NORTH LOBBY) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 4:00 PM Exploring Jewish Music with Lauren: Naomi Shemer (MR) 8:00 PM Thursday Night Movie (MR)	1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 15 2:30 PM Sing Along with Lauren (MR) 3:30 PM Bernstein's Young People's Concerts (MR) 8:00 PM Shabbat Services with David Wallen (MR)	10:00 AM Exercise Video (Activity Room 4 NEW ROOM LOCATION) 16 11:00 AM Shabbat Services with The Jewish Studio (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Movie Matinee (MR) 8:00 PM Saturday Night Movie Popcorn Served (MR)
10:00 AM Chug Ivri (#4) 17 10:00 AM Exercise Video (Activity Room 4 NEW ROOM LOCATION) 1:00 PM Knitting Club (#1) 1:30 PM Lecture with Natalie (MR) 2:00 PM Sunday Movie Matinee - NEW ROOM (Activity Room 4) 4:00 PM Pianist Bertram Mcleish (NORTH LOBBY) 8:00 PM Two for the Show - An Evening of Love Songs (MR)	Presidents' Day 9:00 AM March Trip Catalogs Available (Front Desk) 18 10:00 AM Yoga with Karen (MR) 10:15 AM Piano Trio Open Rehearsal (NORTH LOBBY) 11:00 AM Brain Fitness Class (Activity Room 4) 11:15 AM Expressive Art (ART) 1:20 PM News Highlights (MR) 1:30 PM Expressive Art (ART) 1:30 PM Kickboxing Classes with Carlton (SH) 2:30 PM Cappelletti-Chao Duo recital (MR) 3:00 PM Bingo (#4) 4:00 PM Brian Fitness Class (Activity Room 4) 4:00 PM Children's String Recital (MR) 8:00 PM An Evening of Piano and Song with John Oliver (MR)	Chinese New Year Ends 10:00 AM Exercise Video (MR) 19 11:30 AM American Masters: Profiles of Sammy Davis, Jr. (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Dining Focus Group (#4) 1:30 PM Ring House Singers with Jiyoung (SH) 2:30 PM The World's Greatest Museums: Louvre (MR) 4:00 PM Downton Abbey (MR) 8:00 PM Piano Trio Recital with Lauren, Jiyoung & Eva	9:30 AM Morning Meditation with Eva (Activity Room 4) 20 10:00 AM Body Strengthening with Gail (MR) 11:00 AM Hadassah Guest Lecturer -Ellen Elow Mintz (#3) 11:15 AM Parsha Inspiration Class with Rabbi Leigh (#3) 11:15 AM Make and Take Crafts with Jerry (Art Room) 1:30 PM Kickboxing Classes with Carlton (SH) 1:30 PM Broadway with Steve Friedman (MR) 2:30 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 2:30 PM RELAXING "ME" TIME with Hector Munez on Harp (SH) 8:00 PM Wednesday Night Movie (MR)	10:00 AM Play Readers (#4) 21 10:00 AM Qi Gong with Adam (MR) 11:00 AM VisArts Acrylic Painting Workshop (ART) 11:15 AM News Program with Jerry Grossman (MR) 1:00 PM Lecture with Dr. Jenner Tesla & Edison (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Jewish Art Lecture (MR) 2:00 PM FEBRUARY BIRTHDAY PARTY by invitation only (SH) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 4:00 PM The Music of Russia with Lauren & Svetlana (MR) 8:00 PM Thursday Night Movie (MR)	11:00 AM VisArts Jewlery Making Class (ART) 22 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 2:30 PM Music 101 with Bernice & Lauren (#3) 3:00 PM Completed March Trip Registration Forms Due (FC) 3:30 PM Symphony Club: Mozart's 41 Symphony, "Jupiter" (MR) 8:00 PM Shabbat Services with Dan Caplan (MR)	10:00 AM Exercise Video (Activity Room 4 NEW ROOM LOCATION) 23 11:00 AM Shabbat Service with Sabrina Sojourner (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Movie Matinee (MR) 4:00 PM Charvuta B'Shabbat (Activity Room 4) 8:00 PM Saturday Night Movie Popcorn Served (MR)
10:00 AM Exercise Video (Activity Room 4 NEW ROOM LOCATION) 24 10:00 AM Torah School Girls' Choir- Concert for Women (SH) 12:00 PM Academy Award Winning Songs - History Oscars (SH) 1:00 PM Knitting Club (#1) 3:00 PM Sunday Movie Matinee (MR) 7:00 PM Academy Award Watch Social (#4)	10:00 AM Yoga with Karen (MR) 25 11:15 AM Expressive Art (ART) 1:20 PM News Highlights (MR) 1:30 PM Expressive Art (ART) 1:30 PM Kickboxing Classes with Carlton (SH) 2:30 PM Mindful Music with Eva (MR) 3:00 PM Bingo (#4) 4:00 PM Brain Fitness Class (Activity Room 4) 8:00 PM Broadway with Steve Friedman (MR)	10:00 AM Exercise Video (MR) 26 11:15 AM American Masters: Profiles of Cultural Artists (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Ring House Singers with Jiyoung (SH) 2:30 PM The World's Greatest Museums: Louvre (MR) 4:00 PM Downton Abbey (MR) 8:00 PM Singing and Guitar with Steve Little (MR) 8:00 PM Tuesday Night Movie (MR)	9:30 AM Morning Meditation with Eva (Activity Room 4) 27 10:00 AM Body Strengthening with Gail (MR) 10:15 AM Piano Trio Open Rehearsal (SH) 11:15 AM Jewish Heritage Class with Rabbi Leigh (#3) 11:15 AM Make and Take Crafts with Jerry (Art Room) 1:10 PM NEW- POETRY GROUP MUST SIGN UP (Activity Room 4) 1:30 PM Kickboxing Classes with Carlton (SH) 1:30 PM March Trip Forms Returned (South Lobby) 2:30 PM Opera Club: Puccini's La Boheme (MR) 2:30 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 4:00 PM Town Hall Meeting (MR) 8:00 PM Music with Charles Sullivan - NEW (MR)	10:00 AM Play Readers (#4) 28 10:00 AM Qi Gong with Adam (MR) 11:00 AM VisArts Acrylic Painting Workshop (ART) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Ring Love Songs & Dance Social (SH) 3:30 PM Total Conditioning with Martine (MR * Different Location this Week) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 4:00 PM Exploring Jewish Music with Lauren: Debbie Friedman (MR) 8:00 PM Thursday Night Movie (MR)		

February 2019

Ring House Activities
 All Activities are Subject to Change

