

SUN	MON	TUE	WED	THUR	FRI	SAT
						10:00 AM Exercise Video (TV) 1 11:00 AM Shabbat Services with The Jewish Studio (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 4:00 PM Pianist Bertram Mcleish (NORTH LOBBY) 8:00 PM Saturday Night Movie (MR)
10:00 AM Chug Ivri (Activity Room 1 TODAY) 2 10:00 AM Exercise Video (ACTIVITY ROOM 4 TODAY) 10:30 AM Jewish War Veterans Meeting (MR) 12:30 PM Dr. Jenner (MR) 8:00 PM Sunday Night Movie - Popcorn Served (MR)	10:00 AM Yoga with Karen (MR) 10:00 AM MAHJONG LESSONS (Activity Room 4 **MUST SIGN UP WITH JAIME**) 3 10:15 AM Piano Trio Open Rehearsal (NORTH LOBBY) 11:15 AM Expressive Art with Carol (Art Room) 1:20 PM News Highlights (MR) 1:30 PM NO BALANCE BOOST - NO CARLTON TODAY (SH) 2:30 PM Drum Circle with Eva (MR) 2:30 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 3:00 PM Bingo with Jaime (NEW ROOM ACTIVITY ROOM #1) 4:00 PM Brain Fitness Class (Activity 4) 8:00 PM Bright Tomorrows (Fantazy) Rehearsal (SH)	10:00 AM Exercise Video (MR) 4 10:00 AM Audiology/Hearing Services - MEET & GREET (Activity Room 1) 11:30 AM NATIONAL PARKS: Extreme Alaska Denali National Park (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Israeli Dancing with Betty & Jiyoung (SH) 2:30 PM The Foundations of Western Civilizations (MR) 3:00 PM Newcomers Wine and Cheese Social - Invitation Only (SUN) 4:00 PM Bright Tomorrows (Fantazy) Rehearsal (SH) 4:00 PM Downton Abbey (MR) 8:00 PM Guitar with Vladimir Fridman (MR)	9:30 AM Morning Meditation with Eva (#4) 5 10:00 AM Body Strengthening with Gail (MR) 10:15 AM Piano Trio Open Rehearsal (SH) 11:00 AM Summer Kickoff & Appreciation of JCA Interages Volunteers (Activity Room 1) 11:00 AM RING HOUSE NEWSLETTER COMMITTEE (Activity Room 4) 11:15 AM Make and Take Crafts with Jerry: Prior Registration Required (Art Room) 12:30 PM Special Program with Rabbi Dan: "I went all the way up to Mount Sinai and all I got was cheesecake and fruit." (MR) 1:00 PM Play Mahjong, Scrabble and Canasta (Activity Room 1) 1:30 PM NO BALANCE BOOST - NO CARLTON TODAY (SH) 2:30 PM Opera Club: Verdi's Il Trovatore Act Two Shown (MR) 2:45 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 4:00 PM American Jewish History Course (MR) 8:00 PM Wednesday Night Movie (MR)	WEAR YOUR PURPLE TODAY !! 6 10:00 AM Play Readers (#4) 10:00 AM Qi Gong with Adam (SOCIAL HALL DUE TO SPECIAL EVENT) 10:00 AM ELDER SAFE EVENT. JCC Preschool musical performance. Wear purple to show support. (MR) 1:00 PM Teaching Kitchen (#4) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 3:00 PM Body & Mind training for Arthritis with Martine (SH) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 4:00 PM Performer Portraits: Yo-yo Ma, led by Lauren (MR) 8:00 PM Singing and Guitar with Steve Little (MR)	10:00 AM Exercise Video (MR) 7 11:00 AM Fantazy Rehearsal (SH) 11:00 AM Steve Friedman: The Musical Golden Age ends 1960-1969 (MR) 1:00 PM Play Mahjong, Scrabble and Canasta (Activity Room 1) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 2:30 PM Music Committee (#3) 3:30 PM Bernstein's Young People's Concerts (MR) 8:00 PM Shabbat Services with David Wallen (MR)	Shavuot Begins at Sundown 8 10:00 AM Exercise Video (ACTIVITY ROOM 4 TODAY) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 4:00 PM Chavruta B'Shabbat (Activity 4) 8:00 PM Mo Soundz Revue Band (SH)
10:00 AM Exercise Video (Activity Room 4) 9 10:00 AM Shavuot Service with Rabbi Raphael (MR) 2:00 PM Sunday Movie Matinee (MR) 8:00 PM Sunday Night Movie Popcorn Served (MR)	10:00 AM Shavuot Service with Yizkor with Rabbi Raphael (MR) 10 11:00 AM Low Vision Support Group (#1) 11:00 AM MAHJONG LESSONS (Activity Room 4 **MUST SIGN UP WITH KANDL**) 10 1:20 PM News Highlights (MR) 1:30 PM NO BALANCE BOOST - NO CARLTON TODAY (SH) 3:00 PM Book Club (Activity Room 3) 3:00 PM Bingo with Jaime (NEW ROOM ACTIVITY ROOM #1) 4:00 PM Brain Fitness Class (Activity 4) 8:00 PM Steve Friedman: The Sondheim Price Era (MR)	10:00 AM Exercise Video (MR) 11 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Music Festival: Nancia D'Alimonte, Music Paints a Picture (MR) 4:00 PM Music Festival: Depictions of nature in art & music, led by Sam Margolis and Lauren (Meting Room) 8:00 PM Music Festival: Piano Trio Recital (SH)	9:30 AM Morning Meditation with Eva (#4) 12 10:00 AM Body Strengthening with Gail (MR) 10:30 AM Music Festival: Painting with the Trio! (SH) 11:15 AM Jewish Heritage Class with Rabbi Leigh (#3) 11:15 AM Make and Take Crafts with Jerry: Prior Registration Required (Art Room) 1:00 PM Poetry & Writing Group with Dana Tate (Activity Room 4) 1:00 PM Play Mahjong, Scrabble and Canasta (Activity Room 1) 1:30 PM Balance Boost with Carlton (SH) 2:30 PM Music Festival: Fantasia - Viewing & Discussion (MR) 2:45 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 4:00 PM American Jewish History Course (MR) 8:00 PM Golden Ringers present Yesodat Dancers (SH)	10:00 AM Play Readers (#4) 13 10:00 AM Qi Gong with Adam (MR) 11:00 AM Music Festival: Connecting the Muses - Art, Music & Prose inspired by the Notre Dame (MR) 1:00 PM Superfoods (NORTH LOBBY) 2:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Jewish Art Lecture (MR) 3:00 PM Body & Mind training for Arthritis with Martine (SH) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 3:30 PM Music Festival: Klezmer Music with Seth Kibel (MR) 8:00 PM Music Festival Finale: Bright Tomorrows (Fantazy) (SH)	Flag Day 14 10:00 AM Exercise Video (MR) 11:00 AM Figure Sketching and Painting with Martina: PRE REGISTRATION IS A MUST (ART) 1:00 PM Father's Day Pizza & Beer Social (SH) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 2:30 PM Music Committee: Music Festival Recap (#3) 3:30 PM Symphony Club: Brahms Piano Concerto No. 1 (MR) 8:00 PM Shabbat Services with Rabbi Raphael (MR)	10:00 AM Exercise Video (TV) 15 11:00 AM Shabbat Services with The Jewish Studio (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 8:00 PM Saturday Night Movie (MR)
Father's Day 16 10:00 AM Chug Ivri (Activity Room 4) 10:00 AM Exercise Video (MR) 1:00 PM Sunday Movie Matinee (Meeting Room * Special Time Today*) 4:00 PM A Musical Performance by Brian J. Shaw "Father's Day Celebration" Family Welcomed / Ice Cream Served (SH) 8:00 PM Music by Rearview Mirror (MR)	9:00 AM July Trip Catalogs Available (Front Desk) 17 10:00 AM Yoga with Karen (MR) 10:00 AM MAHJONG LESSONS (Activity Room 4 **MUST SIGN UP WITH JAIME**) 17 1:20 PM News Highlights (MR) 1:30 PM Balance Boost with Carlton (SH) 2:30 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 3:00 PM Bingo with Jaime (NEW ROOM ACTIVITY ROOM #1) 4:00 PM Brain Fitness Class (Activity 4) 8:00 PM An Evening of Piano and Song with John Oliver (NORTH LOBBY)	10:00 AM Exercise Video (MR) 18 11:30 AM NATIONAL PARKS: Hidden Hawaii (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Dining Focus Group (Activity 4) 2:30 PM The Foundations of Western Civilizations (MR) 4:00 PM Downton Abbey (MR) 8:00 PM Tuesday Night Movie (MR)	10:00 AM Body Strengthening with Gail (MR) 19 11:00 AM Opera Club Meeting: Selection of Operas for Summer (Activity Room 4) 11:15 AM Make and Take Crafts with Jerry: Prior Registration Required (Art Room) 1:00 PM Intergenerational Card & Board Games (SUN) 1:30 PM Balance Boost with Carlton (MEETING ROOM DUE TO SOCIAL) 2:30 PM Summer Kickoff Social - Italian Ice & Wine Coolers !! (SH) 2:45 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 4:00 PM American Jewish History Course (MR) 8:00 PM Resident Recital: Featuring performances by Jerry Rosenberg, David Dorfmann & Lauren (SH)	10:00 AM Play Readers (#4) 20 10:00 AM Qi Gong with Adam (MR) 11:30 AM News Program with Jerry Grossman (MR) 1:00 PM Dr. Jenner The 100 Years War (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM June Birthday Party (SH) 3:00 PM Body & Mind training for Arthritis with Martine (SH) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 4:30 PM Music of the Swing Era with Jack & Lauren (MR) 8:00 PM Thursday Night Movie (MR)	10:00 AM Exercise Video (MR) 21 11:00 AM Songs of Gershwin performed by Henry Kahn (Myer's Son) & Andrew Zatman on Piano. 11:00 AM Poetry & Abstract Painting with artist Martina PRE REGISTRATION IS A MUST (ART) 1:00 PM Play Mahjong, Scrabble and Canasta (Activity Room 1) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 2:30 PM The "Genius" of Wolfgang Amadeus Mozart, 1756-1791, his life and musical work, led by Harold & Lauren (MR) 3:00 PM July Trip Registraton Forms Due (FC) 3:30 PM Symphony Club: Mozart's Piano Concerto (MR) 8:00 PM Shabbat Services with David Wallen (MR)	10:00 AM Exercise Video (TV) 22 11:00 AM Shabbat Service with Rabbi Mark Raphael (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 4:00 PM Chavruta B'Shabbat (Activity 4) 8:00 PM Saturday Night Movie: Popcorn Served (MR)
10:00 AM Exercise Video (MR) 23 1:00 PM 20th Century Soundtrack: Bing Crosby Part I (SH) 4:00 PM Ida London - Piano Program (SH) 8:00 PM Starvation Band (SH)	10:00 AM Yoga with Karen (MR) 24 11:15 AM Expressive Art with Carol (Art Room) 1:30 PM Time Travel with Emily Dickenson Historical & Biographical Solo Performance & Discussion (MR) 1:30 PM Balance Boost with Carlton (SH) 2:30 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 3:00 PM Bingo with Jaime (NEW ROOM ACTIVITY ROOM #1) 4:00 PM Wordplay for Word Lovers Dana (Activity 4) 8:00 PM Monday Movie Night (MR)	10:00 AM Exercise Video (MR) 25 11:30 AM NATIONAL PARKS: Death Valley (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:30 PM The Foundations of Western Civilizations (MR) 4:00 PM Downton Abbey (MR) 8:00 PM 20th Century Soundtrack Show: BING CROSBY Part II (SH)	10:00 AM Body Strengthening with Gail (MR) 26 11:00 AM Pre Opera Discussion with Dr. Dustan: Bizet's Carmen (MR) 11:15 AM Make and Take Crafts with Jerry: Prior Registration Required (Art Room) 1:00 PM Poetry & Writing Group with Dana Tate (Activity Room 4) 1:00 PM Intergenerational Card & Board Games (SUN) 1:30 PM Balance Boost with Carlton (SH) 2:30 PM Opera Club: Bizet's Carmen Shown (MR) 2:45 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 8:00 PM Music with Charles Sullivan - NEW (MR)	10:00 AM Play Readers (#4) 27 10:00 AM Qi Gong with Adam (SOCIAL HALL THIS WEEK) 11:00 AM Pottery Workshop with Meg: Flower Vases (ART) 11:00 AM SIZZLING SUMMER SHOPPING WITH TAYLORMARIE'S APPAREL (MEETING ROOM 11:00 AM - 3:00 PM) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM July Trip Registraton Forms Returned (South Lobby 1:30 - 3:30) 3:00 PM Body & Mind training for Arthritis with Martine (SH) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 8:00 PM Thursday Night Movie (MR)	10:00 AM Exercise Video (MR) 28 1:00 PM Play Mahjong, Scrabble and Canasta (Activity Room 1) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 3:30 PM Bernstein's Young People's Concerts (MR) 8:00 PM Shabbat Services with Dan Caplan (MR)	10:00 AM Exercise Video (TV) 29 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 4:00 PM Pianist Bertram Mcleish (NORTH LOBBY) 8:00 PM Saturday Night Movie: Popcorn Served (MR)
10:00 AM Chug Ivri (Activity Room 1 this week only.) 30 10:00 AM Exercise Video (MR) 1:30 PM Lecture with Natalie (MR) 8:00 PM Two for the Show (SH)	ROOM KEY #1 - Activity Room #1 #3 - Activity Room #3 #4 - Activity Room #4	ART - Art Studio FC - Fitness Center MR - Meeting Room #4 - Room #4	SH - Social Hall SUN - Sunroom TV - TV Room			

June 2019

Ring House Activities
Activities # 301-816-5063



Charles E. Smith
LIFE COMMUNITIES