

SUN	MON	TUE	WED	THUR	FRI	SAT
10:00 AM Chug Ivri (TV) 10:00 AM Exercise Video (#4) 10:30 AM Jewish War Veterans (MR) 12:30 PM Dr. Jenner: Hot Topics (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Musical Performance with Victor (MR) 2:00 PM Sunday Afternoon Matinee (MR) 8:00 PM Sunday Night Movie (MR)	10:00 AM Yoga with Karen (MR) 11:15 AM Expressive Art with Carol (ART) 1:20 PM News Highlights with Stan (MR) 1:30 PM Expressive Art with Carol (ART) 3:00 PM Bingo (SH) 4:00 PM Brain Fitness Class with Dana Torrence (#4) 8:00 PM Hadassah Meeting (MR)	10:00 AM Exercise Video (MR) 10:30 AM Audiology Hearing Services with Donna (#1) 11:15 AM NEW SERIES: The Marvelous Mrs. Maisel (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:30 PM Great Courses Lecture Video (MR) 3:45 PM Series "The Crown" (MR) 8:00 PM Tuesday Night Movie (MR)	10:00 AM Exercise Video (MR) 10:15 AM Inspirational Parsha Class with Rabbi Leigh (#3) 11:00 AM Knitting & Crafts Club (#1) 11:00 AM Opera Club: Discussion with Dr. Dunstan (MR) 12:30 PM "Ring Writers" Creative Writing Class with Dana Adams Tate (#4) 2:00 PM Opera Club (MR) 3:45 PM Ken Burns Series (MR) 8:00 PM Wednesday Night Movie (MR)	10:00 AM Play Readers (#1) 10:00 AM Qi Gong with Adam (MR) 1:00 PM Teaching Kitchen (#4) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 3:00 PM Body & Mind training for Arthritis with Martine (SH) 3:00 PM Chesed Corps: Shabbat Bags (#1) 8:00 PM Thursday Night Movie (MR)	10:00 AM Exercise Video (MR) 12:00 PM League of Women Voters (LIB) 1:00 PM Play Mahjong, Scrabble and Canasta (#1) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 2:30 PM Book Club (#4) 3:30 PM Symphony Club (MR) 8:00 PM Shabbat Services (MR)	10:00 AM Exercise Video (TV) 11:00 AM Shabbat Services (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 4:00 PM Chavruta B'Shabbat (#4) 4:00 PM Pianist Bertram Mcleish (NL) 8:00 PM Saturday Night Movie (MR)
Daylight Saving Time starts 10:00 AM Exercise Video (MR) 12:00 PM Music with Ron (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Sunday Afternoon Matinee (MR) 8:00 PM Sunday Night Movie (MR)	Purim 10:00 AM Yoga with Karen (MR) 10:15 AM Piano Trio Open Rehearsal (NL) 11:15 AM Expressive Art with Carol (ART) 1:20 PM News Highlights with Stan (MR) 1:30 PM Expressive Art with Carol (ART) 2:30 PM Drum Circle with Eva (MR) 3:00 PM Bingo (SH) 4:00 PM Brain Fitness Class with Dana Torrence (#4) 8:30 PM Megillah Reading (MR)	10:00 AM Exercise Video (MR) 11:00 AM Children's Purim Parade (LO) 11:15 AM Dr. Jenner: Around the World with Nellie Blye (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Ring House Singers Present "Purim on the Roof" (SH) 3:45 PM Series "The Crown" (MR) 8:00 PM Tuesday Night Movie (MR)	9:30 AM Morning Meditation with Eva (#4) 10:00 AM Exercise Video (MR) 11:00 AM Knitting & Crafts Club (#1) 11:30 AM News Programs with Jerry (MR) 1:00 PM Chef's Table (DR) 2:00 PM Opera Club (MR) 3:45 PM Ken Burns Series (MR) 8:00 PM Wednesday Night Movie (MR)	10:00 AM Play Readers (#1) 10:00 AM Qi Gong with Adam (MR) 11:15 AM Music Committee Meeting with Lauren (#4) 1:00 PM Superfoods (NL) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Coffee Talk with Rabbi Dan (NL) 3:00 PM Body & Mind training for Arthritis with Martine (SH) 3:00 PM Chesed Corps: Shabbat Bags (#1) 4:00 PM Music of the Swing Era with Jack & Lauren (MR) 8:00 PM Guitar with Vladimir Fridman (MR)	10:00 AM Exercise Video (MR) 11:00 AM Music 101 with Jiyoung (#4) 1:00 PM Play Mahjong, Scrabble and Canasta (#1) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 1:30 PM Musical Performance with John Oliver (NL) 3:30 PM Symphony Club (MR) 8:00 PM Shabbat Services (MR)	10:00 AM Exercise Video (TV) 11:00 AM Shabbat Services (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 8:00 PM Saturday Night Movie (MR)
10:00 AM Chug Ivri (#4) 10:00 AM Exercise Video (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Link Generations with Lori Marks (#4) 2:00 PM Sunday Afternoon Matinee (MR) 4:00 PM Pianist Bertram Mcleish (NL) 8:00 PM Sunday Night Movie (MR)	9:00 AM April Trip Catalogs Available (FD) 10:00 AM Yoga with Karen (MR) 10:15 AM Piano Trio Open Rehearsal (NL) 11:15 AM Expressive Art with Carol (ART) 1:20 PM News Highlights with Stan (MR) 1:30 PM Expressive Art with Carol (ART) 2:30 PM Musical Prodigies with Eva (MR) 3:00 PM Bingo (SH) 4:00 PM Brain Fitness Class with Dana Torrence (#4) 8:00 PM Steve Friedman Musical Lecture (MR)	10:00 AM Exercise Video (MR) 11:15 AM NEW SERIES: The Marvelous Mrs. Maisel (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Hebrew & Yiddish Songs with Jiyoung (SH) 2:30 PM Great Courses Lecture Video (MR) 3:45 PM Series "The Crown" (MR) 8:00 PM Tuesday Night Movie (MR)	10:00 AM Exercise Video (MR) 10:15 AM Inspirational Parsha Class with Rabbi Leigh (#3) 11:00 AM Knitting & Crafts Club (#1) 11:00 AM Opera Club: Discussion with Dr. Dunstan (MR) 12:30 PM "Ring Writers" Creative Writing Class with Dana Adams Tate (#4) 1:30 PM Dancing with Bernie! (NL) 2:45 PM Opera Club (MR) 3:45 PM Ken Burns Series (MR) 8:00 PM Wednesday Night Movie (MR)	Spring Equinox 10:00 AM Play Readers (#1) 10:00 AM Qi Gong with Adam (MR) 1:00 PM Dr. Jenner: The History of the Celts (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM March Birthday Party (SH) 3:00 PM Body & Mind training for Arthritis with Martine (SH) 3:00 PM Chesed Corps: Shabbat Bags (#1) 4:00 PM JDS Dance Pep Rally (SH) 8:00 PM Thursday Night Movie (MR)	10:00 AM Exercise Video (MR) 11:00 AM Music 101 with Jiyoung (#4) 11:00 AM Workshop with Martina: Pre-registration is required (ART) 1:00 PM Play Mahjong, Scrabble and Canasta (#1) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 2:30 PM Movie Committee (#4) 3:00 PM Completed April Trip Registration Forms Due (FC) 3:30 PM Symphony Club (MR) 8:00 PM Shabbat Services (MR)	10:00 AM Exercise Video (TV) 11:00 AM Shabbat Services (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 4:00 PM Chavruta B'Shabbat (#4) 8:00 PM Saturday Night Movie (MR)
10:00 AM Exercise Video (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Sunday Afternoon Matinee (MR) 8:00 PM Double Play Musical Performance: Tuba & Flute	10:00 AM Yoga with Karen (MR) 10:15 AM Piano Trio Open Rehearsal (NL) 11:15 AM Expressive Art with Carol (ART) 1:20 PM News Highlights with Stan (MR) 1:30 PM Expressive Art with Carol (ART) 2:30 PM Inside the Music with Eva (MR) 3:00 PM Bingo (SH) 4:00 PM Brain Fitness Class with Dana Torrence (#4) 8:00 PM Vocalist Performance with Harper (MR)	10:00 AM Exercise Video (MR) 11:15 AM NEW SERIES: The Marvelous Mrs. Maisel (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Ring House Singers with Lauren & Jiyoung (SH) 2:30 PM Greenbelt Wind Ensemble Musical Performance (MR) 3:45 PM Series "The Crown" (MR) 8:00 PM Tuesday Night Movie (MR)	9:30 AM Morning Meditation with Eva (#4) 10:00 AM Exercise Video (MR) 11:00 AM Knitting & Crafts Club (#1) 12:30 PM Newsletter Editorial Team Meeting: Attendance Optional (TV) 1:00 PM Dining Experience (#4) 2:00 PM Opera Club (MR) 4:00 PM Town Hall (SH) 8:00 PM Golden Rings present Family Chaos Musicians (SH)	10:00 AM Play Readers (#1) 10:00 AM Qi Gong with Adam (MR) 11:15 AM Music Committee Meeting with Lauren (#4) 1:00 PM History Club (#4) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM April Trip Registration Forms Returned (SL) 2:00 PM Jewish Art Education: Jewish Women Artists (MR) 3:00 PM Body & Mind training for Arthritis with Martine (SH) 3:00 PM Chesed Corps: Shabbat Bags (#1) 3:00 PM Newcomers Wine and Cheese Social - Invitation Only (#4) 4:00 PM Music and Liturgy with Herb & Lauren (MR) 8:00 PM Thursday Night Movie (MR)	10:00 AM Exercise Video (MR) 11:00 AM Music 101 with Jiyoung (#4) 1:00 PM Play Mahjong, Scrabble and Canasta (#1) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 3:30 PM "Song's of Cole Porter" with Henry Kahn (vocals) & Andrew Zatman (piano) (MR) 8:00 PM Shabbat Services (MR)	10:00 AM Exercise Video (TV) 11:00 AM Shabbat Services (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 8:00 PM Saturday Night Movie (MR)
10:00 AM Chug Ivri (#4) 10:00 AM Exercise Video (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Sunday Afternoon Matinee (MR) 8:00 PM Sunday Night Movie (MR)	10:00 AM Yoga with Karen (MR) 11:15 AM Expressive Art with Carol (ART) 1:20 PM News Highlights with Stan (MR) 1:30 PM Expressive Art with Carol (ART) 3:00 PM Bingo (SH) 4:00 PM Brain Fitness Class with Dana Torrence (#4) 8:00 PM Monday Night Movie (MR)	10:00 AM Exercise Video (MR) 11:15 AM NEW SERIES: The Marvelous Mrs. Maisel (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Ring House Singers with Lauren & Jiyoung (SH) 2:30 PM Great Courses Lecture Video (MR) 3:45 PM Series "The Crown" (MR) 8:00 PM Tuesday Night Movie (MR)	ROOM KEY #1 - Activity Room #1 #3 - Activity Room #3 #4 - Activity Room #4 ART - Art Studio DR - Dining Room	FC - Fitness Center FD - Front Desk LO - Lobby MR - Meeting Room NL - North Lobby SH - Social Hall	SL - South Lobby TV - TV Room	

March 2020

Ring House Activities
Jamie Cooper # 301-816-5090



Charles E. Smith
LIFE COMMUNITIES