

SUN MON TUE WED THUR FRI SAT

<p>ROOM KEY #1 - Activity Room #1 #3 - Activity Room #3 #4 - Activity Room #4 ART - Art Studio DR - Dining Room</p>	<p>FC - Fitness Center MR - Meeting Room #4 - Room #4 SH - Social Hall TV - TV Room</p>		<p>9:30 AM Morning Meditation with Eva (#4) 10:00 AM Body Strengthening with Gail (MR) 10:15 AM Piano Trio Open Rehearsal (SH) 11:00 AM Opera Club - Donizetti's Lucia di Lammermoor ACT III (MR) 11:15 AM Jewish Heritage Class with Rabbi Leigh (#3) 11:15 AM Make and Take Crafts with Jerry: Prior Registration Required (Art Room) 3:00 PM Ring House Writer's Showcase (MR) 4:00 PM Intergenerational Connection Club (Activity Room 4) 8:00 PM Wednesday Night Movie: Holocaust Remembrance - Lena: My 100 Children (MR)</p>	<p>10:00 AM Play Readers (#4) 10:00 AM Qi Gong with Adam (MR) 11:00 AM Informational Meeting with JCA & Rockville Library RE: Summer Reading Program with Children (#4) 1:00 PM Teaching Kitchen (#4) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 3:00 PM Body & Mind training for Arthritis with Martine (Meeting Room * Different Location *) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 4:00 PM Yom HaShoah with Lauren, Eva & Jiyoung (SH) 8:00 PM JEWS SAVING JEWS: THE STORY OF THE KALB RESCUE MISSION (Meeting Room : Guest Lecturer Judith Cohen)</p>	<p>10:00 AM Exercise Video (MR) 11:00 AM Steve Friedman (MR) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 3:30 PM Symphony Club: Beethoven's Piano Concerto No. 5 (MR) 8:00 PM Shabbat Services with David Wallen (MR)</p>	<p>10:00 AM Exercise Video (MR) 11:00 AM Shabbat Services with The Jewish Studio (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 4:00 PM Pianist Bertram Mcleish (NORTH LOBBY) 4:00 PM Chavruta B'Shabbat (Activity 4) 8:00 PM Six Degree Singers (SH)</p>
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<p>10:00 AM Exercise Video (TV ROOM **Different Room Today**) 5 10:30 AM Jewish War Veterans Meeting (MR) 12:30 PM Dr. Jenner (MR) 1:30 PM Intergenerational Program with Lori (#4) 3:00 PM Piano Pals: A celebration and performance by Jiyoung's piano studio 8:00 PM Two for the Show (SH)</p>	<p>10:00 AM Yoga with Karen (MR) 10:15 AM Piano Trio Open Rehearsal (NORTH LOBBY) 6 11:15 AM Expressive Art : Botanical Collage Workshop (Art Room) 12:30 PM Seniors on Stage Play Performances: Ruth's Journey & The Lobby Decoration Wars (SH) 1:20 PM News Highlights (MR) 1:30 PM Expressive Art : Botanical Collage Workshop (Art Room) 2:30 PM Famous Pianists with Marjorie & Eva (MR) 3:00 PM Resident Council Meeting (SH) 4:00 PM Brain Fitness Class (Activity 4) 8:00 PM Monday Movie Night (MR)</p>	<p>10:00 AM Exercise Video (MR) 7 10:00 AM Audiology/Hearing Services (#1) 11:30 AM NEW : NATIONAL PARKS -The Everglades (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Life and Love of Johannes Brahms & Clara Schumann with Dr. Burris, Lauren & Jiyoung (MR) 2:30 PM The Foundations of Western Civilizations (MR) 3:00 PM Newcomers Wine and Cheese Social - Invitation Only (Sunroom May 7th) 4:00 PM Downton Abbey (MR) 8:00 PM Tuesday Night Movie (MR)</p>	<p>9:30 AM Morning Meditation with Eva (#4) 10:00 AM Body Strengthening with Gail (MR) 10:15 AM Piano Trio Open Rehearsal (SH) 11:00 AM Pre Opera discussion with Dr. Dustan - Gilbert & Sullivan's Mikado (MR) 11:15 AM Make and Take Crafts with Jerry: Prior Registration Required (Art Room) 1:00 PM Poetry & Writing Group with Dana Tate (Activity Room #1 For April Only) 1:30 PM Balance Boost with Carlton (SH) 2:30 PM Opera Club: Gilbert & Sullivan's Mikado (MR) 2:45 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 4:00 PM Intergenerational Connection Club (Activity Room 4) 4:15 PM American Jewish History Course (MR) 8:00 PM Golden Ringers present The Four Cellos. (SH)</p>	<p>10:00 AM Play Readers (#4) 10:00 AM Qi Gong with Adam (MR) 1:00 PM Superfoods (NORTH LOBBY) 9 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Movie Council Meeting (Activity Room 4) 3:00 PM Body & Mind training for Arthritis with Martine (Meeting Room * Different Location *) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 4:00 PM Yom Ha'atzmaut featuring Ruth, Nachama & the Ring House Playreaders (MR) 8:00 PM 20th Century Soundtrack Show: MOTHER'S DAY CELEBRATION OF SONGS & DANCE (SH)</p>	<p>10:00 AM Exercise Video (MR) 10 11:00 AM Landscapes: Water Color Painting with artist Martina Sestakova (ART) 1:00 PM Game Sign Ups !! Forming updated list of games residents play here at Ring House. (NORTH LOBBY) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 2:30 PM Sing Along with Lauren (MR) 3:30 PM Bernstein's Young People's Concerts (MR) 8:00 PM Shabbat Services with Rabbi Raphael (MR)</p>	<p>10:00 AM Exercise Video (MR) 11 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 8:00 PM Rockville Chorus Spring Concert (SH)</p>
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<p>9:00 AM Mother's Day Brunch 9:00 am to 12:00 pm. (DR) 12 10:00 AM Chug Ivri (Activity Room 4) 10:00 AM Exercise Video (MR) 12:00 PM Sunday Music with Ron (MR) 4:00 PM Great American Song Book Mother's Day Performance (MR) 8:00 PM Sunday Night Movie (MR)</p>	<p>9:00 AM June Trip Catalogs Available (Front Desk) 13 10:00 AM Yoga with Karen (MR) 10:15 AM Piano Trio Open Rehearsal (NORTH LOBBY) 11:00 AM Low Vision Support Group (#1) 11:15 AM Expressive Art (Art Room) 1:20 PM News Highlights (MR) 1:30 PM Balance Boost with Carlton (SH) 2:30 PM Drum Circle with Eva (MR) 2:30 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 3:00 PM Book Club (Activity Room 3) 3:00 PM Bingo with Jaime (NEW ROOM ACTIVITY ROOM #1) 4:00 PM Brain Fitness Class (Activity 4) 8:00 PM Steve Friedman (MR)</p>	<p>10:00 AM Exercise Video (MR) 14 11:15 AM Dr. Jenner (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Fantazye Project: Lyric writing session with composer Kevin McKee (SH) 2:30 PM The Foundations of Western Civilizations (MR) 4:00 PM Downton Abbey (MR) 8:00 PM Tuesday Night Movie (MR)</p>	<p>9:30 AM Morning Meditation with Eva (#4) 10:00 AM Body Strengthening with Gail (MR) 11:15 AM Jewish Heritage Class with Rabbi Leigh (#3) 15 11:15 AM Make and Take Crafts with Jerry: Prior Registration Required (Art Room) 1:00 PM Ring House Newsletter Committee Meeting (Activity Room 4) 1:30 PM Balance Boost with Carlton (Meeting Room **Today** due to Social) 2:30 PM Spring Happy Hour: Orange Crush Speciality Drink and Music with Hector on the Harp (SH) 2:45 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 4:15 PM American Jewish History Course (MR) 8:00 PM Hadassah Speaker: Major Michal-Duvdevani-Mesika. "Women in the Israeli Defense Force" (MR)</p>	<p>9:00 AM Men's Breakfast & Conversation (#4) 10:00 AM CES Jewish Day School "Day of Service" Meet & Greet Scavenger Hunt (Activity Room 4) 16 10:00 AM Qi Gong with Adam (MR) 11:30 AM The Amazing Story of America's Greatest Battle: D Day !! Program with Jerry Grossman (MR) 1:00 PM Satire & its exponents: The story of Gilbert & Sullivan, led by Martin and Lauren (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM May Birthday Party (SH) 3:00 PM Body & Mind training for Arthritis with Martine (Meeting Room * Different Location *) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 8:00 PM Wordplay for Word Lovers : BY RSVP ONLY (Activity 4) 8:00 PM Thursday Night Movie (MR)</p>	<p>10:00 AM Exercise Video (MR) 17 11:00 AM Create a Jewelry Pendant in a Workshop with Martina (ART) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 2:30 PM Music Committee (#3) 3:00 PM June Trip Registration Forms Due (FC) 3:30 PM Symphony Club: Elgar's Cello Concerto (MR) 8:00 PM Shabbat Services with David Wallen (MR)</p>	<p>10:00 AM Exercise Video (MR) 18 11:00 AM Shabbat Services with The Jewish Studio (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 4:00 PM Chavruta B'Shabbat (Activity 4) 8:00 PM Rockville Singers - subset of The Rockville Chorus (MR)</p>
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<p>10:00 AM Exercise Video (MR) 19 1:30 PM Lecture with Natalie (MR) 4:00 PM Pianist Bertram Mcleish (NORTH LOBBY) 8:00 PM The Classy Jazz Band (SH)</p>	<p>10:00 AM Yoga with Karen (MR) 20 11:00 AM Shavuot Service and Yizkor with Rabbi Raphael (MR) 1:20 PM News Highlights (MR) 1:30 PM Balance Boost with Carlton (Meeting Hall due to Social) 1:30 PM Expressive Art (ART) 2:00 PM Music with Melanie & Kurt (SH) 2:30 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 3:00 PM Bingo with Jaime (NEW ROOM ACTIVITY ROOM #1) 4:00 PM Brain Fitness Class (Activity 4) 8:00 PM Monday Movie Night (MR)</p>	<p>10:00 AM Exercise Video (MR) 21 11:00 AM Shavuot Service and Yizkor with Rabbi Raphael (MR) 11:30 AM NEW : NATIONAL PARKS- Great Smoky Mountains (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Dining Focus Group (Activity 4) 2:30 PM The Foundations of Western Civilizations (MR) 4:00 PM Downton Abbey (MR) 8:00 PM Peabody 360: Music by Peabody Musicians (SH)</p>	<p>10:00 AM Body Strengthening with Gail (MR) 22 11:15 AM Make and Take Crafts with Jerry: Prior Registration Required (Art Room) 1:00 PM Poetry & Writing Group with Dana Tate (Activity Room #1 For April Only) 1:30 PM June Trip Forms returned (South Lobby) 1:30 PM Balance Boost with Carlton (SH) 2:30 PM Opera Club: Gilbert & Sullivan's Mikado II Shown (MR) 2:45 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 4:15 PM American Jewish History Course (MR) 8:00 PM Wednesday Night Movie (MR)</p>	<p>10:00 AM Play Readers (#4) 23 10:00 AM Qi Gong with Adam (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Jewish Art Lecture : Lost Synagogues (MR) 3:00 PM Body & Mind training for Arthritis with Martine (Meeting Room * Different Location *) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 4:00 PM Music of the Swing Era with Jack & Lauren (MR) 8:00 PM Thursday Night Movie (MR)</p>	<p>10:00 AM Exercise Video (MR) 24 11:00 AM Nature Club: Spring Terrariums (Activity Room 4 : MUST RSVP WITH ACTIVITIES DEPARTMENT) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 2:30 PM Music Committee (#3) 3:30 PM Exploring the music of Mozart with Dr. Weiss & Lauren (MR) 8:00 PM Shabbat Services with Dan Caplan (MR)</p>	<p>10:00 AM Exercise Video (MR) 25 11:00 AM Shabbat Service with Rabbi Mark Raphael (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 2:00 PM Saturday Afternoon Matinee (MR) 8:00 PM Saturday Night Movie (MR)</p>
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<p>10:00 AM Chug Ivri (Activity Room 4) 26 10:00 AM Exercise Video (MR) 1:30 PM Dave Smith : Accordion Man (MR) 2:00 PM Sunday Movie Matinee (MR) 8:00 PM Music by Rearview Mirror (SH)</p>	<p>10:00 AM Yoga with Karen (MR) 27 10:15 AM Piano Trio Open Rehearsal (NORTH LOBBY) 11:15 AM Expressive Art (Art Room) 1:20 PM News Highlights (MR) 2:30 PM Patriotic Music with Lauren, Eva & Jiyoung (SH) 3:00 PM Bingo with Jaime (NEW ROOM ACTIVITY ROOM #1) 8:00 PM 20th Century Soundtrack Show :G.I. JIVE CELEBRATION OF MEMORIAL DAY (SH)</p>	<p>10:00 AM Exercise Video (MR) 28 11:30 AM NEW : NATIONAL PARKS - The Black Hills & The Badlands (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 1:30 PM Ring House Singers with Jiyoung (SH) 2:30 PM The Foundations of Western Civilizations (MR) 4:00 PM Downton Abbey (MR) 8:00 PM Guitar with Vladimir Fridman (MR)</p>	<p>9:30 AM Morning Meditation with Eva (#4) 10:00 AM Body Strengthening with Gail (MR) 29 10:15 AM Piano Trio Open Rehearsal (SH) 11:00 AM Pre Opera discussion with Dr. Dustan - Verdi's Il Trovatore (MR) 11:15 AM Jewish Heritage Class with Rabbi Leigh (#3) 11:15 AM Make and Take Crafts with Jerry: Prior Registration Required (Art Room) 1:30 PM Balance Boost with Carlton (SH) 2:30 PM Opera Club : Verdi's Il Trovatore Shown (MR) 2:45 PM Wellness Coaching & Blood Pressures w/ Carlton (FC) 4:00 PM Town Hall Meeting (SH) 8:00 PM Bob Levey: Guest Lecturer and Book Signing Event "Larry Felder, Candidate" (MR)</p>	<p>10:00 AM Play Readers (#4) 30 10:00 AM Qi Gong with Adam (MR) 1:00 PM Afternoon Card Games: Poker & Bridge (Activity Rooms) 3:00 PM Body & Mind training for Arthritis with Martine (Meeting Room * Different Location *) 3:30 PM Chesed Corps: Shabbat Baskets (#1) 8:00 PM Thursday Night Movie (MR)</p>	<p>10:00 AM Exercise Video (MR) 31 11:00 AM Nature Club : Ring House Flower Pot Planting (Meet on the Side Porch Near Sunroom) 1:30 PM Literary Group with Prof. Mel Plotinsky (TV) 3:30 PM Symphony Club: Mozart's Clarinet Concerto in A Major (MR) 8:00 PM Shabbat Services with David Wallen (MR)</p>	
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May 2019
 Ring House Activities
 Activities # 301-816-5063

