

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		11:00 Meet me on the Dance Floor ..Richard & Cherisse (AC 1) 11:30 Laughter Yoga (AC 2) 1:00 Yoga with Joyce (AC 1) 1:00 Seminar: Mind Matters (AC 2) 2:00 Strength & Stability (AC 1) 3:00 Jam Band Practice (AC 1) 4:00 Orchestra Practice (AC 1) 7:00 Evening Bingo (AC 1)	10:00 Zumba with Mia (AC 1) 1:00 Shakespeare w/ Ann (AC 1) 2:30 Birthday Party w/ Suzette Pritchett (Café) 7:00 Dr. Jenner's Hot Topics (AC 1)	10:30 Meeting - Laurie (AC 1) 1:00 Yoga with Joyce (AC 1) 1:00 Diamond Art w/ Helen (AC 2) 1:15 Game and Gather (Café) 2:00 Cubigo Help with Raj (Café) 2:00 Strength & Stability (AC 1) 3:00 Trivia (Café) 3:00 "A Memorable Story of My Life" (AC 2) 7:00 Evening Bingo (AC 1)	9:00 Free Coffee (Café) 10:00 Zumba with Mia (AC 1) 11:00 Word within a Word (LB) 11:30 Wellness Walking Club (LB) 12:30 Handbell Practice (AC 1) 1:00 Chorus Practice (AC 1) 1:00 Knit & Stitch with Helen 1:00 Circuit Training (WC) 7:00 Shabbat Service (AC 1)	10:30 Shabbat Service (AC 1) 7:00 Movies at Revitz, "Caddyshack" with refreshments (AC 1)
6	7	8	9	10	11	12
7:00 Movies at Revitz, "Jack & Jill" with refreshments. (AC 1)	10:00 Zumba with Mia (AC 1) 11:00 Tai Chi with Dr. Joe (AC 1) 12:30 Art with Joey 2:00 Phone Help with Raj (Café) 2:00 Circuit Training (WC) 2:30 Tap Dance (AC 1) 7:00 Sing Along with Kevin & Marla (LB)	10:00 Newcomers Meeting (AC 2) 11:30 Laughter Yoga (AC 2) 12:30 Massages by Appointment 1:00 Seminar: Body in Motion (AC 2) 1:00 Yoga with Joyce (AC 1) 2:00 Strength & Stability (AC 1) 3:00 Jam Band Practice (AC 1) 4:00 Orchestra Practice (AC 1) 7:00 Evening Bingo (AC 1)	10:00 Zumba with Mia (AC 1) 11:00 Jewish Dose of Happiness w/ Rabbi Leigh (Café) 1:00 Shakespeare w/ Ann (AC 1) 2:00 Jokereno (Café) 3:00 Part 3, Jewish Americans & Art from 1654 with refreshments (AC 1) 7:00 Memory & Concentration w/ Dana (AC 1)	10:30 Meeting - Laurie (AC 1) 1:00 Yoga with Joyce (AC 1) 1:00 Comedy Workshop (AC 2) 1:15 Game and Gather (Café) 2:00 Cubigo Help with Raj (Café) 2:00 Strength & Stability (AC 1) 3:00 Trivia (Café) 7:30 Machaya Band Rosh Hashanah Concert! (AC)	9:00 Free Coffee (Café) 10:00 Zumba with Mia (AC 1) 11:00 Vladimir Rosh Hashanah Concert! (LB) 11:00 Word within a Word (LB) 11:30 Wellness Walking Club (LB) 12:30 Handbell Practice (AC 1) 1:00 Circuit Training (WC) 1:00 Chorus Practice (AC 1) 6:30 Erev Rosh Hashanah Service (AC 1)	10:30 Rosh Hashanah Day 1 Service (AC 1)
13	14	15	16	17	18	19
10:00 Rosh Hashanah Morning Service with Shofar (AC 1)	10:00 Zumba with Mia (AC 1) 11:00 Tai Chi with Dr. Joe (AC 1) 11:30 Blood Pressure & Wellness Orientation (WC) 12:30 Art with Joey 2:00 Phone Help with Raj (Café) 2:00 Circuit Training (WC) 2:30 Tap Dance (AC 1) 4:00 Active Aging (AC 1) 7:00 The Golden Age of the Pirates, with Dr. Jenner (LB)	10:30 Grandparenting with Gusto, by Rebecca (AC 1) 11:30 Laughter Yoga (AC 2) 1:00 Yoga with Joyce (AC 1) 1:00 Food, Fun, & Healthy Choices (AC 2) 2:00 Strength & Stability (AC 1) 2:30 Linda's Book Club (AC 2) 4:00 Orchestra Practice (AC 1) 7:00 Evening Bingo (AC 1)	10:00 Zumba with Mia (AC 1) 11:00 Psalms and Songs with Michael (LB) 1:00 Shakespeare w/ Ann (AC 1) 7:00 Left, Right & Center w/ Sandy & Helen (AC 1)	10:00 Celebrating our Centenarians at Charles E. Smith (AC) 1:00 Diamond Art w/ Helen & Sandy (AC 2) 1:00 Yoga with Joyce (AC 1) 1:15 Game and Gather (Café) 2:00 Cubigo Help with Raj (Café) 2:00 Strength & Stability (AC 1) 3:00 Trivia (Café) 7:00 Evening Bingo (AC 1)	9:00 Free Coffee (Café) 10:00 Zumba with Mia (AC 1) 11:00 Word within a Word (LB) 11:30 Wellness Walking Club (LB) 12:30 Handbell Practice (AC 1) 1:00 Knit & Stitch with Helen 1:00 Circuit Training (WC) 1:00 Chorus Practice (AC 1) 7:00 Shabbat Service (AC 1)	10:30 Shabbat Service (AC 1) 12:00 Movies at Revitz, "Ruthless People" with refreshments (AC 1)
20	21	22	23	24	25	26

2:00 Musical Prelude to Kol Nidre for the Days of Awe with Joanna & Jiyong (AC 1)	10:00 Yom Kippur Morning Service with Yizkor (AC 1) 3:45 Afternoon Discussion with Rabbi Emily (AC 1) 6:00 Neila Service (AC 1) 7:47 Final Shofar and Fast Ends (AC)	10:30 Crafting a Legacy Letter, by Rebecca (AC 1) 11:30 Laughter Yoga (AC 2) 12:30 Massages by Appointment 1:00 Yoga with Joyce (AC 1) 1:00 Healthy Aging Bingo! (AC 2) 2:00 Strength & Stability (AC 1) 3:00 Jam Band Practice (AC 1) 4:00 Orchestra Practice (AC 1) 7:00 Evening Bingo (AC 1)	10:00 Zumba with Mia (AC 1) 2:00 Jokereno (Café) 3:00 Jesse Palidofsky in Concert with refreshments (LB) 7:00 Memory & Concentration w/ Dana (AC 1)	10:30 Meeting - Laurie (AC 2) 11:00 Musical Lecture with Steve Friedman (AC 1) 1:00 Yoga with Joyce (AC 1) 1:00 Comedy Workshop (AC 2) 1:15 Game and Gather (Café) 2:00 Cubigo Help with Raj (Café) 2:00 Strength & Stability (AC 1) 3:00 Trivia (Café) 7:00 Evening Bingo (AC 1)	7:00 Shabbat Service (AC 1)	10:30 Morning Service Sukkot Day 1 (AC 1)
27	28	29	30			
10:00 Morning Service Sukkot Day 2 (AC 1)	10:00 Zumba with Mia (AC 1) 11:00 Tai Chi with Dr. Joe (AC 1) 11:30 Blood Pressure & Wellness Orientation (WC) 12:30 Art with Joey 1:30 Iris Music Concert (LB) 2:00 Phone Help with Raj (Café) 2:00 Circuit Training (WC) 2:30 Tap Dance (AC 1) 4:00 Active Aging (AC 1) 7:00 Movies at Revitz, "Wedding Crashers" with refreshments	10:30 Sharing Family Vacation Stories, by Rebecca (AC 1) 11:30 Laughter Yoga (AC 2) 1:00 Yoga with Joyce (AC 1) 1:00 Laughter is Good Medicine (AC 2) 2:00 Strength & Stability (AC 1) 3:00 Jam Band Practice (AC 1) 4:00 Orchestra Practice (AC 1) 7:00 Evening Bingo (AC 1)	10:00 Zumba with Mia (AC 1) 11:00 Psalms and Songs with Michael (LB) 7:30 Sukkot Concert with Machaya Band			