

SUN	MON	TUE	WED	THUR	FRI	SAT							
ROOM KEY 1E - 1 East 2E - 2 East 2S - 2 South 2S DR - 2S Dining Room	2S RR - 2S Recreation Room 3E - 3 East 3S - 3 South 4E - 4 East 4S - 4 South	C - Conservatory SH - Social Hall				9:30 Shabbat Services (SH) 10:30 VM Music (3E) 11:00 Exercise (4E) 11:30 Balloon Fun (1E) 2:00 Piano Tunes (4S) 3:00 Reading Time (3S) 4:15 VM Songs (2S/2E)	1						
Hanukkah Begins at Sundown 9:30 Morning Hello's (All) 10:00 Balloon Volley (1E) 10:45 Music & Movement (2S) 11:30 Trivia Time (4S) 2:00 The Barry Sisters: Mamloshen Yiddish Dancers (SH) 2:30 Music Performance with The Rearview Mirror (SH)	10:30 Chanukkah Bash with Rabbi Dan (SH) 10:45 Echoes of Nature (4E) 1:30 Hand Spa (1E) 2:00 Bingo (2S RR) 2:00 Holiday Looks (2E) 2:00 Afternoon Fitness (4E) 3:00 Shakespare (2S) 3:00 Hand Spa (3S) 3:00 Sensory Visits (3E) 3:30 Afternoon Fitness (4S) 4:45 Menorah Lighting (Lobby & Social Hall)	10:30 Bingo with B'nai Israel Sisterhood (SH) 11:15 Morning Exercise with Clarence (1E) 1:30 Mixed Media/Painting Class with Lee (4S) 1:45 Art with Ekaterina and Aida (3S) 2:00 Bingo (2S RR) 2:00 Chanukkah Party with Rabbi (2S DR) 2:00 Holiday Songs (4E) 2:45 Chanukkah Party with Rabbi (3S DR) 3:00 Celebrate Chanukkah! (2E) 3:30 VM Morning Songs (3E) 3:30 Word-From-A-Word (2S) 3:30 Afternoon Visits (4S) 4:00 VM Sing-Alongs with Aida (3S) 4:00 Light the Menorah! (1E) 4:45 Menorah Lighting (Lobby & Social Hall) 6:00 Music with Eduardo (1E) 6:45 Music with Eduardo (2S)	10:15 Bingo (2DR) 10:30 Concert with Hebrew Academy (SH) 10:30 Chanukkah Party with Rabbi (4E DR) 10:30 Painting Class with Lee (2S RR) 11:15 Chanukkah Party with Rabbi (1E DR) 2:00 Memory Rhythms (1E) 2:00 VM Games (2S) 2:00 Hand Spa (4E) 2:00 VM Trivia (2E) 2:00 Coloring for Relaxation (3E) 3:00 VM Travel to Israel! (3E) 3:00 VM Games (3S) 3:00 Hand Spa (2E) 3:00 VM Nifty Songs (4S) 3:30 Memory Rhythms (4E) 3:30 Hand Spa (4S) 3:30 VM Travel to Israel! (3E) 4:00 Evening Visits with Aida (3S) 4:15 Holiday Songs (1E) 4:45 Menorah Lighting (Lobby & Social Hall)	10:30 VM Trivia (2S) 10:30 Season's Greetings & Music with Raisa (2E) 10:30 Mixed Media Art Class with Lee (1E) 10:30 Oneg Shabbat (1E, 3E) 11:15 Move to the Music! (4S) 11:15 Holiday Trivia (4E) 11:15 Morning Exercise (3S) 2:00 Bingo (2S RR) 2:00 Birthday Party (2E) 2:00 Small Group with Aida & Clarence (1E) 3:00 Russian Program with Vladimir (3S DR) 3:30 Crossroads (2S) 4:00 Hand Spa (4S) 4:00 Happy Chanukkah! (4E) 4:30 Light the Menorah! (3E) 4:45 Menorah Lighting (Lobby & Social Hall)	10:00 Oneg Shabbat (2S) 10:30 Chair Yoga (4E) 10:30 Oneg Shabbat (1E, 3E) 11:15 Oneg Shabbat (2E, 4E, 4S, 3S) 2:30 Drum Circle (SH) 2:45 Menorah Lighting (Lobby & Social Hall) 4:30 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services (SH) 10:30 Happy Chanukah! (4E) 11:00 VM Holiday Songs (3E) 11:30 Dance Together (4S) 2:00 Holiday Musicals (1E) 3:00 Shabbat Music (3S) 4:15 Light the Menorah! (2E/2S) 5:45 Menorah Lighting (Lobby & Social Hall)	2	3	4	5	6	7	8
9:30 Morning Hello's (All) 10:00 Music & Move (4E) 10:45 VM Fun Facts (2E) 11:15 Christian Services (C) 11:30 Trivia Time (3S) 2:30 Music Performance with Luisa & Ken (SH) 4:45 Menorah Lighting (Lobby & Social Hall)	Hanukkah Ends at Nightfall! 9:30 Morning Exercise (3S) 10:30 News & Headlines (2E) 10:30 Explore Reiki with Autumn (4S) 11:00 Ball Games (2E) 11:15 Plant Clinic (2S) 11:15 Morning Snatches (4E) 11:15 Hand Spa (1E) 2:00 Bingo (2S RR) 2:00 Echoes of Nature (3S) 2:00 Christmas Mass (SH) 2:15 VM Music Masters (3E) 2:30 Echoes of Nature (4S) 3:00 Hand Spa (2E) 3:00 New Year with the Menorah with Aida (4E) 3:30 Reading Club (3E/3S) 4:00 Creative Arts (1E) 6:15 Holiday Movie Lyrics (2S) 6:30 Cocoa Social with Ekaterina (3S)	10:15 Morning Exercise with Clarence (1E) 10:30 VM Fun Facts (2S) 10:30 Morning Exercise (3S) 10:30 Memory Rhythms (4E) 10:30 Dominos (3E) 11:00 Ball Games (2E) 11:15 VM Numero (4S) 11:15 Ball Toss (2E) 11:15 Table Games (3S) 1:30 Mixed Media/Painting Class with Lee (4S) 1:30 Art with Ekaterina and Aida (3S DR) 2:00 Bingo (2S RR) 2:00 Music Memories (4E) 2:30 Birthday Party with Vladimir (3E) 2:30 Rabbi's Discussion (2S) 3:00 Music with Vladimir (3S) 3:30 Afternoon Visits (4S) 4:00 Evening Visits with Aida (4S) 4:15 Journey through Music (1E) 6:00 Music with Eduardo (3E) 6:45 Music with Eduardo (3S)	10:15 Bingo (2DR) 10:15 VM Games (2S) 10:15 Morning Exercise with Clarence (1E) 10:15 Hand Spa (4S) 10:15 Winter Wonderlands (3S) 10:15 Coloring for Relaxation (3E) 10:30 Painting Class with Lee (2S RR) 10:30 Table Games (3S) 12:00 Dweck Luncheon (1E, 3E, 3S, 4E) 1:30 Memory Rhythms (1E) 2:00 Hand Spa (2E) 3:00 Dining Committee Meeting (2S DR) 3:00 Memory Rhythms (3E) 3:00 Hand Spa (2E) 3:30 Hot Cocoa Social (4E) 4:00 Hand Spa (2S) 4:00 Winter Wonderlands (4S) 4:30 Evening Musicals (3E)	10:15 Hand Spa (4E) 10:30 VM Games (2S) 10:30 Beading Club (2S RR) 10:30 Ball Games (3E) 10:30 Mixed Media Art Class with Lee (1E) 11:00 VM Trivia (3S) 12:00 Dweck Luncheon (2E, 2S, 4S) 2:00 Bingo (2S RR) 3:00 Russian Program with Ekaterina (3S DR) 3:00 Hand Spa (2E) 3:30 Hot Cocoa Social (4E) 4:00 Hand Spa (2S) 4:00 Winter Wonderlands (4S) 4:30 Evening Musicals (3E)	10:00 Oneg Shabbat (2S, 3E) 10:30 Chair Yoga (3S) 10:30 Oneg Shabbat (1E, 2E, 4E) 11:15 Oneg Shabbat (3S, 4S) 2:00 Movie Matinee: "Love Actually" (SH) 4:30 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services (SH) 10:00 Room Visits (2E) 10:30 Sensory Basket (3E) 11:00 Exercise (4E) 11:30 Reminiscing (1E) 1:30 Hand Spa (1E) 2:15 Dominoes (3S) 3:30 VM Games (2S)	9	10	11	12	13	14	15
9:30 Morning Hello's (All) 10:00 Balloon Volley (1E) 10:45 Music & Move (3E) 11:30 Trivia Time (4S) 2:30 Music Performance with Gary and the Groove (SH)	10:00 Morning Visits (1E) 10:30 Morning Exercise (3S) 10:30 VM Games (2S) 10:30 Golden Yoga (4E) 10:30 Sensory Visits (2E) 11:15 Crossroads (2E) 11:15 Golden Yoga (4S) 11:15 VM Sing Along (3S) 1:30 Beading with Aida (1E) 2:00 Bingo (2S RR) 2:00 That's Broadway! (2E) 2:00 Holiday Trivia (4E) 2:30 Music with Vladimir Fridman (3E) 2:30 Echoes of Nature (4S) 3:00 Word-From-A-Word (2S) 3:00 Birthday Party with Vladimir Fridman (3S) 3:30 Name that Sound! (4S) 4:00 Room Visits (1E)	10:30 VM Games (2S) 10:30 Morning Exercise (3S) 10:30 Season's Greetings & Music with Raisa (4E) 10:30 Balloon Volleyball (1E) 10:30 The Art of Dance (3E) 11:15 VM Fun Facts (4S) 11:15 VM Sing Along (3S) 11:15 VM Trivia (3S) 1:30 Hand Spa (1E) 1:30 Mixed Media/Painting Class with Lee (4S) 2:00 Bingo (2S RR) 2:30 Holiday Cookie Decorating (SH) 2:30 Rabbi's Discussion (2S) 4:15 Hand Spa (4S) 4:15 International Music Hour (1E) 6:00 Music with Eduardo (4E) 6:45 Music with Eduardo (4S)	10:15 Bingo (2DR) 10:15 Hand Spa (4E) 10:15 Coloring for Relaxation (3E) 10:30 Therapeutic Coloring (1E) 10:30 VM Games (2S) 10:30 Painting Class with Lee (2S RR) 10:30 Favorites from the 50's (3S) 11:15 VM Games (2E) 11:15 Hand Spa (4S) 11:15 VM Memory Games (3E) 11:15 Room Visits with Ekaterina (3S) 1:30 Memory Rhythms (1E) 2:00 42nd Street Carolers (SH) 2:30 Memory Rhythms (3E) 3:30 Memory Rhythms (4E) 4:00 Nail Spa (3S) 4:00 Winter Music Memories (1E)	10:30 National Health Day Discussion (4E) 10:30 Balloon Volleyball (2E) 10:30 Do You Know? (3S) 10:30 Gymnastics (3E) 10:30 Mixed Media Art Class with Lee (1E) 10:45 Echoes of Nature (2S) 11:15 National Health Day Discussion (4S) 11:15 VM Games (3E) 11:15 Beading with Aida (4E) 11:15 Morning Exercise (3S) 1:30 Birthday Party with Aida & Raisa (1E) 2:00 Bingo (2S RR) 2:30 Olive Press with Quiver Farm (SH) 4:15 Room Visits (2E) 4:15 Piano Tunes with Raisa (2S) 6:00 Ladies Night Party (SH)	10:00 Oneg Shabbat (2S, 1E) 10:30 Chair Yoga (4E) 10:30 Oneg Shabbat (2E, 3E) 10:45 Echoes of Nature (1E) 11:15 Oneg Shabbat (3S, 4S, 4E) 2:30 Music with Svetlana (SH) 4:30 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services (SH) 10:30 Musical Chats (2S) 11:00 VM Songs (3E) 11:30 Ball Toss (1E) 2:00 VM Music (4S) 3:00 Dominoes (4E) 4:15 Shabbat Chats (2E/2S)	16	17	18	19	20	21	22
9:30 Morning Hello's (All) 10:00 Music & Move (4E) 10:45 VM Fun Facts (2E) 11:15 Christian Services (C) 11:30 Trivia Time (3S) 2:30 Music Performance with John Oliver (SH)	10:00 Morning Visits (1E) 10:30 Morning Exercise (3S) 10:30 Floor Visits (2E) 10:30 Move & Groove (4E) 11:00 Baking Group (2S) 11:15 Move & Groove (4S) 11:15 Room Visits (3E) 1:30 Holiday Music Hour (1E) 2:00 Bingo (2S RR) 2:00 Holiday Social (2E) 2:00 Name that Sound! (4E) 2:15 Beading with Aida (3E) 3:00 Crossroads (2S) 3:30 Holiday Trivia (4S) 3:30 VM Games (3S) 4:00 Hand Spa (1E)	10:30 Holiday Looks (2S) 10:30 Hand Spa (1E) 10:30 Holiday Music Memories (4E) 11:00 Christmas Service & Luncheon (SH) 11:15 Holiday Music Memories (3E) 2:00 Bingo (2S RR) 2:00 Let it Snow! (4S) 2:00 Balloon Volleyball (1E) 2:30 Rabbi's Discussion (2S) 3:00 Time to Create! (2E) 3:00 Winter Riddles (3E) 4:00 VM Games (4S) 4:00 Evening Musicals (1E)	10:15 Bingo (2DR) 10:15 Hand Spa (4E) 10:30 Winter Music Memories (3S) 10:30 Plant Clinic (2E) 11:00 Magazine Reviews (1E) 11:15 Hand Spa (4S) 11:15 VM Travel with Raisa! (3E) 1:30 Memory Rhythms (1E) 2:00 Room Visits with Raisa (2E) 2:00 Holiday Cookbooks (4E) 2:00 VM Trivia (2S) 2:30 Memory Rhythms (3E) 3:00 Happy Hour (2E) 3:00 Hand Spa (3S) 3:00 Explore Mezmer with Raisa (2S) 3:30 Memory Rhythms (4E) 3:30 Holiday Cookbooks (4S) 4:00 Hand Spa (3E) 4:00 Sing-Alongs with Raisa (1E)	10:30 Ugly Sweater Party (4E) 10:30 Beading Club (2S RR) 10:30 Mixed Media Art Class with Lee (1E) 11:15 Ugly Sweater Party (4E) 2:00 Bingo (2S RR) 2:00 Therapeutic Coloring (1E) 2:00 Happiest Hour (4E) 2:00 Small Group with Aida & Raisa (3E) 3:00 Happiest Hour (4S) 3:00 Classical Music Hour (2E) 3:00 Hand Spa (2S) 3:15 Resident Council (SH) 4:00 Music Memories (3S) 4:00 Social Visits (3E)	10:30 Oneg Shabbat with Rabbi Dan (SH) 2:00 Movie Matinee: "White Christmas" (SH) 4:35 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services (SH) 10:30 VM Music (3E) 11:00 Musical Chats (4E) 11:30 Table Games (4S) 2:00 Winter Fun (3S) 3:00 Dancing (1E) 4:15 VM Games (2S/2E)	23	24	25	26	27	28	29
9:30 Morning Hello's (All) 10:00 Balloon Volley (1E) 10:45 Music & Move (3E) 11:30 Trivia Time (4S) 2:30 Music Performance with Howard Jung (SH)	10:30 Music Memories (3S) 10:30 News & Headlines (2E) 11:00 Holiday Visits (1E) 11:15 New Year's Fun Facts (4S) 11:15 Plant Clinic (2S) 1:30 Holiday Music Memories (3E) 2:00 Bingo (2S RR) 2:30 New Year's Celebration with Jeanette (SH) 4:00 New Year's Resolutions (4E)	10:30 Music Memories (3S) 10:30 News & Headlines (2E) 11:00 Holiday Visits (1E) 11:15 New Year's Fun Facts (4S) 11:15 Plant Clinic (2S) 1:30 Holiday Music Memories (3E) 2:00 Bingo (2S RR) 2:30 New Year's Celebration with Jeanette (SH) 4:00 New Year's Resolutions (4E)					30	31					

December 2018

Smith-Kogod Resident Programs



Charles E. Smith
LIFE COMMUNITIES