

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|---|---|--|---|---|---|--|
| | <p>April Fool's Day 10:00 Workout Fun! (5N) 10:15 Bingo (4T) 10:30 Tai Chi (4W) 11:15 Health Corner (5W) 11:15 Word Sorting Game (4N) 1:45 Dominoes (5WDR) 2:00 News Report with Jerry (4T) 2:30 Did you Know? (5W) 2:30 April Fool's Crossword Puzzle (4N) 3:15 Christian Bible Study with Michele (5T) 4:00 Classical Piano Concert (SH)</p> | <p>1</p> <p>10:30 Bingo with B'nai Israel Sisterhood (SH) 11:00 Doreen's Traveling Jewelry Box Sale (C) 12:00 Healing Strings (4T) 1:30 Bridge (5WDR) 2:00 Rabbi's Discussion (5T) 2:00 Animal-Assisted Therapy (SH) 2:30 Finishing Lyrics (5W) 3:30 Interesting Facts (5N) 4:00 April Trivia (4W)</p> | <p>2</p> <p>10:00 Chair One Fitness! (5N) 10:30 Uno (4W) 10:30 Music History (4N) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:15 Table Game (4W) 11:15 Aim and Toss (5W) 11:15 Tai Chi (4N) 1:45 Book Reading: "Becoming" by Michelle Obama (C) 1:50 Shakespeare (5T) 2:30 Discovery Fun (5W) 2:30 Rummikub (4N) 3:15 Life Lessons (5N) 3:15 Traveling Around the World (4W)</p> | <p>3</p> <p>10:00 Marble Painting (4W) 10:00 Balloon Volley (5N) 10:15 Bingo (4T) 10:30 Manicures (4N) 11:15 Did it Happen? (5W) 11:15 Mindful Meditation (4N) 11:15 Word from a Word (4T) 12:00 Healing Strings (5T) 2:00 Painting Class (4T) 2:00 Movie Matinee: "Green Book" (SH)</p> | <p>4</p> <p>10:00 Table Game (4W) 10:15 Bingo (4T) 11:00 Yoga with Cheryl (4N) 2:30 Reiki with Rachel (BG) 2:30 Oneg Shabbat (SH) 3:30 Friday Evening Services (SY) 7:15 Shabbat Shalom- Candle Lighting Rockville, MD</p> | <p>5</p> <p>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) 10:30 Trivia (5W) 11:15 Table Game (5N) 1:45 4 North Lobby Visit (L) 2:30 Classical Cinema (4N) 3:30 Shabbat Services (Sy)</p> |
| <p>10:30 Bingo with WHC Mitzvah Day Volunteers (SH) 2:30 Music Performance with Mini Musicals on the Move "The Music Man" (SH)</p> | <p>7</p> <p>10:00 Ribbon Dancing (5W) 10:00 Fitness Fun! (5N) 10:15 Bingo (4T) 10:30 Tai Chi (4W) 10:45 Gentle Touch (5N) 11:15 Balloon Toss (5W) 11:15 The Price is Right (4N) 2:00 News Report with Jerry (4T) 2:30 Hebrew Coffee and Music with Bob Clark (L) 3:15 Christian Bible Study with Michele (5T)</p> | <p>8</p> <p>10:00 Table Game (4W) 10:30 Crafting for Spring Festival: Tudor Rose Magnet (4T) 10:45 Guess Who This Is (5N) 1:30 Bridge (5WDR) 1:45 Book Reading: "Becoming" by Michelle Obama (C) 2:00 Rabbi's Discussion (5T) 2:00 Animal-Assisted Therapy (SH) 2:30 Movie Time (5N) 3:00 Food Committee Meeting (5T) 3:15 Trivia (5W) 3:15 Sounds of Calypso (4N) 6:00 Music with Brian (4W) 6:45 Music with Brian (4N)</p> | <p>9</p> <p>10:00 Sit and Be Fit (5W) 10:00 Chair One Fitness! (5N) 10:30 Don't Break the Ice (4W) 10:30 Fancy Nails (4N) 10:45 Manicures (5N) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:15 Delectable Treats with Leah (4W) 11:15 Tai Chi (4N) 1:50 Shakespeare (5T) 2:00 Music 101 with Lauren (BG) 2:00 Catholic Easter Service (C) 2:00 Men's Schmooze Group (4T) 3:15 4th Floor Rabbit Visit (C)</p> | <p>10</p> <p>10:00 Spring Fling Art (4W) 10:00 Health Nugget (5N) 10:15 Bingo (4T) 10:30 Therapeutic Coloring (4N) 11:15 Guess the Quote (5W) 11:15 Poetry Reflections (4N) 11:15 Word from a Word (4T) 2:00 Painting Class (4T) 2:30 Music Trivia (4N) 3:30 Manicures (5W) 3:30 Yahtzee (4W)</p> | <p>11</p> <p>10:00 Health Tip (5N) 10:00 4th Floor Oneg Shabbat (4W) 10:00 Oneg Shabbat (5W) 10:15 Bingo (4T) 10:45 Oneg Shabbat (5N) 11:00 Yoga with Cheryl (5W) 11:15 Pop Questions! (4N) 1:45 Manicures (4N) 2:00 Friday Chat (5N) 2:30 Movie Time (5N) 2:30 Table Game (4W) 3:15 Lobby Visit (5W) 3:15 Name that Tune (4N) 3:15 Reiki with Rachel (BG) 3:30 Friday Evening Services (SY) 7:25 Shabbat Shalom- Candle Lighting Rockville, MD</p> | <p>12</p> <p>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) 10:30 Trivia (5W) 11:15 Table Game (4W) 1:45 5 West Lobby Visit (L) 2:30 Classical Cinema (5N) 3:30 Shabbat Services (Sy)</p> |
| <p>Palm Sunday 9:30 Sunday Visits (5W) 10:15 Sunday Boogie (5N) 10:15 Christian Services (C) 10:45 Sunday Groove (4W) 11:30 Sunday Trivia Teaser (4N) 2:30 Music Performance with Ron Howard (SH)</p> | <p>14</p> <p>10:00 Sittercise (5W) 10:00 A.M. Fitness (5N) 10:15 Bingo (4T) 10:30 Tai Chi (4W) 10:45 Gentle Touch (5N) 11:15 Easy Trivia (5W) 11:15 Split Words (4N) 1:45 Dominoes (5WDR) 2:00 News Report with Jerry (4T) 2:30 Table Game (4N) 2:30 Zumba with Latisha (BG) 2:30 Table Game (4W) 3:15 Name that Tune! (4N) 3:15 Christian Bible Study with Michele (5T) 3:30 Sports Report (5N)</p> | <p>15</p> <p>10:00 Music Memories (4W) 10:00 Comedy Series (5N) 10:30 Crafting for Spring Festival: Jewelry Boxes (4T) 11:15 Creative Coloring (4N) 12:00 Healing Strings (4NDR) 1:30 Bridge (5WDR) 1:45 Book Reading: "Becoming" by Michelle Obama (C) 2:00 Rabbi's Discussion (5T) 2:00 Animal-Assisted Therapy (SH) 2:30 History Trivia (5W) 2:30 Therapeutic Coloring (5N) 3:15 Daily Chronicle (5W) 3:15 Sounds of Japan (4N) 3:30 Music Trivia (5N) 6:00 Music with Brian (5N) 6:45 Music with Brian (5W)</p> | <p>16</p> <p>10:00 Stretch and Be Fit (5W) 10:00 Chair One Fitness! (5N) 10:30 Table Game (4W) 10:30 News Trends! (4N) 10:45 Manicures (5N) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:15 Trivia (4W) 11:15 Tai Chi (4N) 1:50 Shakespeare (5T) 2:00 Men's Schmooze Group (4T) 2:30 Celebrity of the Month Presentation (5W) 2:30 Baking Club (SH) 3:30 Name 10 Memory Game (5N) 3:30 Songs by Heart (4T)</p> | <p>17</p> <p>10:00 Mirrored Painting (4W) 10:00 Passover Art (5W) 10:00 Stretching Fun! (5N) 10:15 Bingo (4T) 10:30 Manicures (4N) 10:45 Music Memories (5N) 11:15 Cranium Crunches (5W) 11:15 Word from a Word (4T) 12:00 Healing Strings (5NDR) 2:00 Painting Class (4T) 2:00 Movie Matinee: "For the First Time" (SH)</p> | <p>18</p> <p>Passover begins at sundown Good Friday 10:00 4th Floor Oneg Shabbat (4W) 10:00 Oneg Shabbat (5W) 10:15 Bingo (4T) 10:45 Oneg Shabbat (5N) 11:00 Yoga with Cheryl (4W) 11:15 Easter Egg Dyeing (4N) 1:45 Manicures (4W) 2:00 Beading Class (5T) 2:30 Movie Time (5N) 2:30 Easter Egg Dyeing (4W) 3:15 Hand Spa (5W) 3:15 Table Game (4N) 5:00 Passover Seder (SH) 7:30 Shabbat Shalom- Candle Lighting Rockville, MD</p> | <p>19</p> <p>Pesach 9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) 10:30 Trivia (5W) 11:15 Table Game (5N) 1:45 4 North Lobby Visit (L) 2:30 Table Topics (4W) 3:30 Shabbat Services (Sy) 5:00 Passover Seder (Reservation Required) (SH)</p> |
| <p>Easter Sunday 9:30 Passover Service (C) 12:00 Easter Service and Luncheon (SH)</p> | <p>21</p> <p>Earth Day 10:00 Sit and Be Fit (5W) 10:15 Bingo (4T) 10:30 Plant Care for Green Thumbs (4W) 10:45 Manicures (5N) 11:15 Free Rice Word Game (4N) 1:45 Dominoes (5WDR) 2:00 News Report with Jerry (4T) 3:15 Christian Bible Study with Michele (5T)</p> | <p>22</p> <p>10:00 Hand Spa (5W) 10:30 Crafting for Spring Festival: Flower Lapel Pin (4T) 11:15 Table Game (4N) 1:30 Bridge (5WDR) 1:45 Book Reading: "Becoming" by Michelle Obama (C) 2:00 Rabbi's Discussion (5T) 2:00 Animal-Assisted Therapy (SH) 3:15 Sounds of Sri Lanka (4N)</p> | <p>23</p> <p>10:00 Balloon Volley (5W) 10:00 Chair One Fitness! (5N) 10:30 Word-A-Melon (4W) 10:30 Comedy Series (4N) 10:45 Manicures (5N) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:15 Therapeutic Coloring (4W) 11:15 Tai Chi (4N) 2:00 Men's Schmooze Group (4T)</p> | <p>24</p> <p>10:00 Therapeutic Coloring (4W) 10:00 Stress 101 Discussion (5N) 10:15 Bingo (4T) 10:30 Music History (4N) 11:15 Social Security 101 Discussion (5W) 11:15 Word from a Word (4T) 2:00 Painting Class (4T)</p> | <p>25</p> <p>10:00 Passover 101 (5N) 10:00 4th Floor Oneg Shabbat (4W) 10:00 Oneg Shabbat (5W) 10:15 Bingo (4T) 10:45 Oneg Shabbat (5N) 11:15 Passover Trivia (5W) 1:45 Manicures (4N) 2:00 Friday Chat (5W) 2:00 Poker Class (C) 2:30 Table Topics (5N) 2:30 4th Floor Outdoor Visit 2:30 Guess Who This Is (4W) 3:00 Sports Talk (4T) 3:15 Comedy Series (5W) 3:15 Music Memories (4N) 3:30 Friday Evening Services (SY) 3:30 Beading Class (C) 7:35 Shabbat Shalom- Candle Lighting Rockville, MD</p> | <p>26</p> <p>Pesach Ends 9:30 Shabbat and Passover Service with Yizkor- If you are unable to attend, please tune to channel 975 (SH) 10:30 Trivia (4W) 11:15 Table Game (5N) 1:45 5 West Lobby Visit (L) 2:30 Classical Cinema (4W) 3:30 Shabbat Services (Sy)</p> |
| <p>9:30 Sunday Visits (5W) 10:15 Sunday Boogie (5N) 10:15 Christian Services (C) 10:45 Sunday Groove (4W) 11:30 Finish the Proverb and Saying (4N) 2:30 Music Performance with the Tacy Foundation (SH)</p> | <p>28</p> <p>10:00 Morning Stretch (5W) 10:00 Monday Fitness (5N) 10:15 Bingo (4T) 10:45 Manicures (5N) 11:00 Zumba with Latisha (BG) 11:15 Chair One Fitness! (5W) 2:30 Resident Council Meeting (SH) 3:15 Christian Bible Study with Michele (5T)</p> | <p>29</p> <p>10:00 Name that Tune! (4W) 10:00 Balloon Toss (5N) 10:30 Mixed Media Art Class for Spring Festival (4T) 11:15 Creative Coloring for Spring (4N) 11:15 Nutrition Trivia (5W) 1:30 Bridge (5WDR) 1:45 Book Reading: "Becoming" by Michelle Obama (C) 2:00 Rabbi's Discussion (5T) 2:00 Animal-Assisted Therapy (SH) 2:00 News Report with Jerry (4T) 2:30 Music History (5N) 2:30 April Birthday Bash! (5N) 3:15 Hand Spa (5W) 3:15 Songs of Spring (4N) 3:30 April Birthday Celebration (5W)</p> | <p>30</p> <p>ROOM KEY 4T - 4th Floor Dining/Tower 5N - 5th Floor North 4N - 4th Floor North 4NDR - 4th Floor North Dining Room 4W - 4th Floor West</p> | <p>5T - 5th Floor Dining/Tower 5N - 5th Floor North 5NDR - 5th Floor North Dining Room 5W - 5th Floor West</p> | <p>5WDR - 5th Floor West Dining Room BG - Brain Gym C - Conservatory L - Lobby SH - Social Hall SY - Synagogue</p> | |

April 2019

Wasserman Resident Programs



Charles E. Smith
LIFE COMMUNITIES