

SUN	MON	TUE	WED	THUR	FRI	SAT
						<b>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH)</b> 10:30 5th Floor Trivia (5W) 11:15 4th Floor Sit and Be Fit (4W) 1:45 4 North Lobby Visit 2:30 Cinema Time (4W) 3:30 Shabbat Services (Sy)
<b>10:00 Independent Activities</b>	10:15 Tai Chi (4W) 10:15 Bingo (4T) 10:30 Chair One Fitness! (5N) 10:30 Hand Spa (4N) 11:00 Reiki with Hemali (BG) 11:15 Fitness Fun! (5N) 11:15 Trivia (4W) 1:30 Dominoes (5WDR) 2:00 News Report with Jerry (4T) 2:30 News Corner (5W) 2:30 Zumba with Latisha (BG) 2:30 Manicures (4N) 3:15 Christian Bible Study with Michele (5T) 4:00 Classical Trio Performance (SH)	<b>10:30 Bingo with B'nai Israel Sisterhood (SH)</b> 1:45 Book Reading: "Where the Crawdads Sing" by Delia Owens (C) 2:00 The Book of Ruth Discussion (5T) 2:00 Bridge (5WDR) 2:00 Animal-Assisted Therapy (SH) 2:30 Crossword Puzzles (4W) 3:15 Movie Time (4N) 5:30 Music with Eduardo (5T) 6:15 Music with Eduardo (4W)	<b>10:30 Time-Travel with Emily Dickinson (BG)</b> 10:45 Headlines and Politics w/Paul & Sandra (5T) 2:00 Men's Schmooze Group (4T) 2:00 Music 101 with Lauren (5T) 2:30 Scrabble (4N) 2:30 Personality Discussion (5W) 3:30 IN2L: Free Rice Word Game (4W) 3:30 Sports Recap (5N)	D-Day <b>10:00 Creative Coloring for Summer (4W)</b> 10:00 Fitness Fun! (5N) <b>10:15 Bingo (4T)</b> 10:30 Music History (5W) 11:15 Presentation on Florde (5W) 11:15 Word from a Word (4T) <b>2:00 Movie Matinee: "Age of Champions Documentary" (SH)</b>	10:00 Old Testament Discussion: The Prophet Jonah (5N) <b>10:15 Bingo (4T)</b> 10:30 Comedy Series (5W) 11:00 Yoga with Cheryl (4N) 11:15 News Review (5N) 11:15 Presentation on our Organ Body "The Liver" (5W) 2:00 Book Club Meeting (5T) 2:30 Oneg Shabbat with Rabbi Dan (SH) 8:10 Shabbat Shalom- Candle Lighting Rockville, MD	<b>9:30 Shavuot Begins at Sundown</b> <b>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH)</b> <b>3:30 Shabbat Services (Sy)</b>
<b>9:30 Shavuot Services with Reading of the 10 Commandments (SH)</b> <b>10:15 Christian Service (C)</b> 1:45 Shavuot Trivia (4N) 2:30 Sit & Stretch (4W) 3:15 Proverbs & Idioms (5N) 4:00 Gentle Touch (5W)	<b>9:30 Shavuot Services with Yizkor and Cheesecake Kiddush (SH)</b> 10:00 Ten Commandment Game (5N) <b>10:15 Bingo (4T)</b> 10:30 Tai Chi (4W) 11:15 IN2L: Find Your Way (4N) 11:15 Shavuot Trivia (5W) 2:00 News Report with Jerry (4T) 2:30 Rummikub (4N) 2:30 Fact or Fiction (5W) 3:15 Christian Bible Study with Michele (5T) 3:30 Yahtzee (4W) 3:30 Trending Now (5N)	10:00 Exercise Fun (5N) 10:30 Manicures (5W) 10:30 Don't Break the Ice (4W) 10:30 Mixed Media Art (4T) 11:15 Musical Memories with Leah (5N) 11:15 Touch Therapy (4N) 1:30 Biking Club (BG) 1:45 Book Reading: "Where'd You Go, Bernadette" by Maria Semple (C) 2:00 Rabbi's Discussion (5T) 2:00 Bridge (5WDR) 2:00 Animal-Assisted Therapy (C) 2:30 June Trivia (4W) 3:00 Food Committee Meeting (5T) 3:15 News Talk (4N) 3:30 Discussion on the Nursing Home Reform Act of 1987 (5N) 5:30 Music with Eduardo (4NDR) 6:15 Music with Eduardo (5N)	<b>10:30 Games with the Milton Gottesman Jewish Day School (SH)</b> <b>10:45 Headlines and Politics w/ Paul &amp; Sandra (5T)</b> <b>2:00 Men's Schmooze Group (4T)</b> <b>2:30 Smooth Jams and Smoothie with Jeanette Harris (L)</b> <b>6:30 Bereavement Support Group (C)</b>	<b>10:15 Bingo (4T)</b> <b>10:30 Music Performance with the Matt Daniel Band (SH)</b> 1:45 Book Reading: "Where'd You Go, Bernadette" by Maria Semple (C) 2:00 Art Class (4T) 2:00 Poker Class (C) 2:30 Go Fish! (4W) 2:30 Health Corner: Osteoarthritis (5W) 2:30 Guided Imagery (BG) 3:15 Trivia (4N) 3:30 Mirrored Art Painting (4W) 3:30 Healthy Living Discussion: The Benefits of Eating Oatmeal (5N)	Flag Day 10:00 4th Floor Oneg Shabbat (4W) 10:00 Oneg Shabbat (5W) <b>10:15 Bingo (4T)</b> 10:30 Hand Spa (4N) 11:00 Doreen's Traveling Jewelry Box (C) 2:00 Father's Day Movie Matinee: "Fighting with Family" (SH) 8:15 Shabbat Shalom- Candle Lighting Rockville, MD	<b>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH)</b> 10:30 Sittercise (4N) 11:15 Sit and Be Fit (4W) 1:45 5 North Lobby Visit 2:30 Cinema Time (5W) <b>3:30 Shabbat Services (Sy)</b>
<b>Father's Day</b> <b>2:30 Music Performance with Two for the Show (SH)</b> <b>5:00 Father's Day Dinner (All Dining Rooms)</b>	10:00 Monday Fitness (5N) <b>10:15 Bingo (4T)</b> 10:30 Tai Chi (4W) 11:15 IN2L: History Talk (4N) 11:15 Catch and Throw (5W) 2:00 News Report with Jerry (4T) 2:30 A Love Triangle: The Letters & Music of Clara, Robert & Johannes presented by Diane & Lauren (SH) 2:30 Zumba with Latisha (BG) 3:15 Christian Bible Study with Michele (5T)	<b>11:00 Songs by Heart (5T)</b> <b>2:00 Bridge (5WDR)</b> <b>3:00 Biking Club (BG)</b> <b>3:00 Animal-Assisted Therapy (SH)</b>	10:30 Choices Game (5W) <b>10:30 Touch Therapy (4W)</b> <b>10:45 Headlines and Politics w/Paul &amp; Sandra (5T)</b> 11:15 Good Morning News (5N) 11:15 Gardening Club (Court yard) 12:00 Healing Strings (4T) 2:00 Men's Schmooze Group (4T) 2:30 Bingo (BG) 3:15 June Birthday Party! (4N) 3:30 Cranium Crunches (4W)	<b>10:00 Fitness Time (5W)</b> <b>10:15 Bingo (4T)</b> <b>10:30 Gentle Touch (4W)</b> <b>11:00 Yoga with Cheryl (5N)</b> <b>11:15 Word from a Word (4T)</b> 1:45 Book Reading: "Where'd You Go, Bernadette" by Maria Semple (C) 2:00 Art Class (4T) 2:30 Manicures (4N) 3:30 Trivia (4W)	10:00 Summer Trivia (5N) <b>10:15 Bingo (4T)</b> 10:30 Music History (5W) 11:15 On this Day in History (5N) 11:15 Interesting Summer Facts (5W) 12:00 Healing Strings (5T) 2:30 Oneg Shabbat with Rabbi Roth (SH) 8:20 Shabbat Shalom- Candle Lighting Rockville, MD	<b>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH)</b> 10:30 Sittercise (5W) 11:15 Sit and Be Fit (4W) 1:45 4 West Lobby Visit 2:30 Cinema Time (5N) <b>3:30 Shabbat Services (Sy)</b>
<b>9:30 Meet and Greet (5N)</b> 10:15 Dance Fun (5W) <b>10:15 Christian Service (C)</b> 10:45 Sunday Groove (4W) 11:30 Finish the Proverb (4N) 2:30 Performance with the Four Seasons Dancers (SH)	10:00 Chair One Fitness! (5N) <b>10:15 Bingo (4T)</b> 11:15 Exercise Fun (5W) <b>2:30 Resident Council Meeting (SH)</b> <b>3:15 Christian Bible Study with Linda Mahler (5T)</b>	10:00 5 West Outdoor Visit 10:00 Zumba with Ed (5N) 10:30 Parishes (4W) 10:30 Mixed Media Art (4T) 11:00 Songs by Heart (5T) 11:15 4 North Outdoor Visit 11:15 Health Corner: The Benefits of Eating Oranges (5W) 1:30 Biking Club (BG) 1:45 Book Reading: "Where'd You Go, Bernadette" by Maria Semple (C) 2:00 Rabbi's Discussion (5T) 2:00 Bridge (5WDR) 2:00 Animal-Assisted Therapy (SH) 2:00 News Report with Jerry (4T) 2:30 June Birthday Celebration (5N) 3:30 Throwback Music with Leah (4W) 3:30 June Birthday Bash (5W)	10:00 Aim and Toss (5N) 10:30 Short Stories (5W) <b>10:45 Headlines and Politics w/ Paul &amp; Sandra (5T)</b> <b>10:45 Beading Club (C)</b> 11:15 Daily Chronicle (5N) 11:15 Science Presentation: Red Blood Cells (5W) 12:00 Healing Strings (4NDR) 2:00 Men's Schmooze Group (4T) 2:30 Tasty Treats (5N) 2:30 Baking Club: Funfetti Cupcakes (SH) 2:30 Bingo (BG) 3:30 Delicious Treats (5W)	10:00 Foiled Art (4W) 10:00 Aerobic Fun (5N) <b>10:15 Bingo (4T)</b> 10:30 Hand Spa (4N) 11:15 Workout Fun (5W) 11:15 Word from a Word (4T) 2:00 Teaching Kitchen (SH) 2:00 Art Class (4T) 2:00 Poker Class (C) 2:30 Word-A-Melon (4N) 2:30 Old Testament Discussion about King Solomon (5W) 3:30 Dominoes (4N) 3:30 Sensory Scenes (4W) 3:30 Discussion on George Washington Carver (5N)	10:00 Sit & Stretch (4W) 10:00 Discussion on the History of Nursing Homes (5N) <b>10:15 Bingo (4T)</b> 10:30 Music Fun (5W) 11:15 Trivia (5N) 11:15 Social Justice Presentation: The Impact of Homelessness in the United States (5W) 12:00 Healing Strings (5NDR) 2:00 Oneg Shabbat with Rabbi Haber (SH) 8:20 Shabbat Shalom- Candle Lighting Rockville, MD	<b>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH)</b> 10:30 Sittercise (4W) 11:15 Sit and Be Fit (5W) 1:45 5 West Lobby Visit 2:30 Cinema Time (4N) <b>3:30 Shabbat Services (Sy)</b>
<b>2:30 Music Performance with Ron Howard (SH)</b>	<b>ROOM KEY</b> 4T - 4th Floor Dining/ Tower 4N - 4th Floor North 4NDR - 4th Floor North Dining Room	4W - 4th Floor West 5T - 5th Floor Dining/ Tower 5N - 5th Floor North 5NDR - 5th Floor North Dining Room	5W - 5th Floor West 5WDR - 5th Floor West Dining Room BG - Brain Gym C - Conservatory L - Lobby	SH - Social Hall SY - Synagogue		

# June 2019

Wasserman Resident Programs



**Charles E. Smith**  
LIFE COMMUNITIES