

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>9:30 Good Morning Visits (All Units) <b>1</b></p> <p>2:30 Music Performance with Two for the Show (SH)</p> <p>3:30 Mincha Service (Sy)</p>	<p>Labor Day 10:00 Labor Day Fact or Fiction (5N) <b>2</b></p> <p>10:15 Bingo (4T)</p> <p>11:15 Labor Day Jeopardy (5W)</p> <p>1:30 Dominoes (5WDR)</p> <p>2:00 Labor Day Performance with the Rag Time Band (SH)</p> <p>2:00 News Report with Jerry (4T)</p> <p>3:15 Christian Bible Study with Michele (5T)</p>	<p>10:30 Bingo with B'nai Israel Sisterhood (SH) <b>3</b></p> <p>12:00 Healing Strings (4T)</p> <p>2:00 Bridge (5WDR)</p> <p>2:00 Animal-Assisted Therapy (SH)</p> <p>2:00 Art Class (4T)</p> <p>2:30 Manicures (4N)</p> <p>3:15 4 West Outdoor Visit</p> <p>3:30 Daily Chronicle (5N)</p> <p>4:00 5th Floor Sensory Visits</p>	<p>10:30 September Trivia (5W) <b>4</b></p> <p>10:45 Headlines and Politics w/Paul &amp; Sandra (5T)</p> <p>11:15 Aromatherapy &amp; Gentle Touch (5N)</p> <p>2:00 Men's Schmooze Group (4T)</p> <p>2:00 Music 101: Monroe and Lauren Present your Favorite Songs (5T)</p> <p>2:30 Funny News Stories (5W)</p> <p>2:30 Bingo (BG)</p> <p>3:30 Trending Now (5N)</p>	<p>10:00 Poetry Reflections (4W) <b>5</b></p> <p>10:00 Workout Time (5N)</p> <p>10:15 Bingo (4T)</p> <p>10:30 Nail Spa (4N)</p> <p>11:15 Fitness Fun (5W)</p> <p>11:15 Word from a Word (4T)</p> <p>12:00 Healing Strings (5T)</p> <p>2:00 Art Class (4T)</p> <p>2:00 Movie Matinee: "State Fair" (SH)</p>	<p>10:00 4th Floor Oneg Shabbat (4W) <b>6</b></p> <p>10:15 Bingo (4T)</p> <p>10:30 5th Floor Oneg Shabbat (5N)</p> <p>11:15 Relaxing Stretches (4N)</p> <p>2:30 Drum Circle with Katy Gaughan (SH)</p> <p>3:30 4th Floor Bunny Visit</p> <p>8:00 Shabbat Shalom- Candle Lighting Rockville, MD</p>	<p>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) <b>7</b></p> <p>10:30 Sittercise (4W)</p> <p>11:15 Sit &amp; Be Fit (4N)</p> <p>1:45 5 North Lobby Visit</p> <p>2:30 Cinema Time (5W)</p> <p>3:30 Shabbat Services (Sy)</p>
<p>9:30 Good Morning Visits (All Units) <b>8</b></p> <p>10:15 Christian Service (C)</p> <p>2:30 Music Performance with John Oliver (SH)</p> <p>3:30 Mincha Service (Sy)</p> <p>3:30 Poker with the Amity Club of Washington (C)</p>	<p>10:00 Easy Cardio (5N) <b>9</b></p> <p>10:15 Bingo (4T)</p> <p>11:15 Cranium Crunches (5W)</p> <p>1:30 Dominoes (5WDR)</p> <p>2:00 News Report with Jerry (4T)</p> <p>2:00 Zumba with Latisha (BG)</p> <p>2:30 Did You Know? (5W)</p> <p>3:15 Christian Bible Study with Michele (5T)</p> <p>3:30 African American Pioneers Discussion (5N)</p> <p>3:30 Word-A-Melon (4W)</p>	<p>10:00 Creative Coloring (4N) <b>10</b></p> <p>10:00 Aerobic Exercises (5N)</p> <p>11:00 Songs by Heart (4T)</p> <p>11:15 Beading Club (C)</p> <p>2:00 Poker Club (C)</p> <p>2:00 Bridge (5WDR)</p> <p>2:00 Animal-Assisted Therapy (SH)</p> <p>2:00 Art Class (4T)</p> <p>2:30 Echoes of Nature (5W)</p> <p>2:30 Rabbi's Discussion (5T)</p> <p>3:30 Old Testament Discussion on Ruth (5N)</p> <p>3:30 Echoes of Nature (4W)</p> <p>6:00 Music with Eduardo (4W)</p> <p>6:45 Music with Eduardo (4N)</p>	<p>Patriot Day <b>11</b></p> <p>10:30 Manicures (5W)</p> <p>10:30 Tai Chi (4W)</p> <p>10:45 Headlines and Politics w/Paul &amp; Sandra (5T)</p> <p>11:15 Crafting for Fall Festival: Paper Bangles (C)</p> <p>2:00 Men's Schmooze Group (4T)</p> <p>2:00 Remembering 9/11 with Rabbi Dan (SH)</p> <p>6:30 Bereavement Support Group (C)</p>	<p>10:00 Found Sock Poetry (4W) <b>12</b></p> <p>10:00 Easy Fitness (5N)</p> <p>10:15 Bingo (4T)</p> <p>10:30 Trivia (4N)</p> <p>11:15 Cardio Fun (5W)</p> <p>11:15 Word from a Word (4T)</p> <p>2:00 Art Class (4T)</p> <p>2:30 Table Game (4W)</p> <p>2:30 The Story Behind the Potato Chip Smile Bag (4N)</p> <p>2:30 Fact or Fiction (5W)</p> <p>3:15 4 North Sensory Visit</p> <p>3:30 Musician Spotlight Discussion (5N)</p> <p>3:30 Wii Bowling (BG)</p>	<p>10:00 Sensory Visit (5W) <b>13</b></p> <p>10:00 Therapeutic Coloring (4N)</p> <p>10:15 Bingo (4T)</p> <p>11:00 Yoga with Cheryl (4W)</p> <p>11:15 Reiki with Rachel (BG)</p> <p>2:30 Oneg Shabbat with Rabbi Roth (SH)</p> <p>3:30 4th Floor Bunny Visit</p> <p>8:00 Shabbat Shalom- Candle Lighting Rockville, MD</p>	<p>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) <b>14</b></p> <p>10:30 Sittercise (4N)</p> <p>11:15 Sit &amp; Be Fit (5W)</p> <p>1:45 4 West Lobby Visit</p> <p>2:30 Cinema Time (5N)</p> <p>3:30 Shabbat Services (Sy)</p>
<p>9:30 Good Morning Visits (All Units) <b>15</b></p> <p>10:15 Sunday Groove Fun (5N)</p> <p>10:45 Sunday Dance Fun (4W)</p> <p>11:30 Trivia Challenge (4N)</p> <p>2:30 Music Performance with the Rearview Mirror (SH)</p> <p>3:30 Mincha Service (Sy)</p>	<p>10:00 Dance Aerobics (5N) <b>16</b></p> <p>10:15 Bingo (4T)</p> <p>11:15 Catch and Throw (5W)</p> <p>1:30 Dominoes (5WDR)</p> <p>2:00 News Report with Jerry (4T)</p> <p>2:00 Zumba with Latisha (BG)</p> <p>2:30 Celebrity of the Month (5W)</p> <p>3:15 Christian Bible Study with Michele (5T)</p> <p>3:30 Discussion about Community (5N)</p> <p>3:30 Yahtzee (4W)</p>	<p>10:00 Comedy Series: Burns and Allen Show (5N) <b>17</b></p> <p>10:30 Fancy Nails (4N)</p> <p>11:15 Nail Spa (4W)</p> <p>11:15 Beading Club (C)</p> <p>12:00 Healing Strings (4NDR)</p> <p>2:00 Poker Club (C)</p> <p>2:00 Rabbi's Discussion (5T)</p> <p>2:00 Bridge (5WDR)</p> <p>2:00 Animal-Assisted Therapy (SH)</p> <p>2:00 Art Class (4T)</p> <p>2:30 Musical Legend Discussion (5W)</p> <p>3:30 Music Trivia (5N)</p> <p>4:00 4th Floor Sensory Visits</p> <p>6:00 Music with Eduardo (5W)</p> <p>6:45 Music with Eduardo (5N)</p>	<p>10:30 Comedy Series (5W) <b>18</b></p> <p>10:30 Tai Chi (4W)</p> <p>10:45 Headlines and Politics w/Paul &amp; Sandra (5T)</p> <p>11:15 Crafting for Fall Festival: Feather &amp; Chain Earrings (C)</p> <p>2:00 Men's Schmooze Group (4T)</p> <p>2:00 Music 101: Happy Music with Monnie and Lauren (5T)</p> <p>2:30 Name the Movie Star Game (5W)</p> <p>2:30 Rummikub (4N)</p> <p>2:30 Bingo (BG)</p> <p>3:30 Cranium Crunches (4W)</p> <p>3:30 Finish the Proverbs (5N)</p>	<p>10:00 Positive Messages (4W) <b>19</b></p> <p>10:00 Easy Workout (5N)</p> <p>10:15 Bingo (4T)</p> <p>10:30 Aromatherapy &amp; Relaxation (4N)</p> <p>11:15 Trivia: Did it Happen in History? (5W)</p> <p>11:15 Word from a Word (4T)</p> <p>12:00 Healing Strings (5NDR)</p> <p>2:00 Apples, Honey, &amp; Shofar Presentation (5T)</p> <p>2:00 Art Class (4T)</p> <p>2:30 Cinema Fun (5W)</p> <p>2:45 Apples, Honey, &amp; Shofar Presentation (4T)</p> <p>3:30 African American Music Legend Discussion (5N)</p>	<p>10:00 4th Floor Oneg Shabbat (4W) <b>20</b></p> <p>10:15 Bingo (4T)</p> <p>10:30 5th Floor Oneg Shabbat (5N)</p> <p>11:15 Trivia (5W)</p> <p>11:15 Reiki with Rachel (BG)</p> <p>2:00 Weekend Reflections (5W)</p> <p>3:00 Sports Talk (4T)</p> <p>3:30 4th Floor Bunny Visit</p> <p>8:00 Shabbat Shalom- Candle Lighting Rockville, MD</p>	<p>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) <b>21</b></p> <p>10:30 Sittercise (5W)</p> <p>11:15 Sit &amp; Be Fit (5N)</p> <p>1:45 4 North Lobby Visit</p> <p>2:30 Cinema Time (4W)</p> <p>3:30 Shabbat Services (Sy)</p>
<p>9:30 Good Morning Visits (All Units) <b>22</b></p> <p>10:15 Christian Service (C)</p> <p>2:30 Music Performance with Seniorita Sunshine (SH)</p> <p>3:30 Mincha Service (Sy)</p>	<p>10:00 Aim and Toss (5N) <b>23</b></p> <p>10:15 Bingo (4T)</p> <p>11:15 Aerobics Fun (5W)</p> <p>1:30 Dominoes (5WDR)</p> <p>2:00 Dining Committee Meeting (SH)</p> <p>2:00 Zumba with Latisha (BG)</p> <p>2:30 Resident Council Meeting (SH)</p> <p>3:15 Christian Bible Study with Michele (5T)</p>	<p>10:00 Fitness Fun (5N) <b>24</b></p> <p>10:30 Music with Leah (4N)</p> <p>11:15 Dominoes (4W)</p> <p>11:15 Beading Club (C)</p> <p>2:00 Rabbi's Discussion (5T)</p> <p>2:00 Bridge (5WDR)</p> <p>2:00 Animal-Assisted Therapy (SH)</p> <p>2:00 Art Class (BG)</p> <p>2:00 News Report with Jerry (4T)</p> <p>2:30 4 West Outdoor Visit</p> <p>2:30 Autumn Treats (5N)</p> <p>3:15 New School Music (4N)</p> <p>3:30 Delightful Treats (5W)</p>	<p>10:30 Manicures (5W) <b>25</b></p> <p>10:30 Tai Chi (4W)</p> <p>10:45 Headlines and Politics w/Paul &amp; Sandra (5T)</p> <p>11:15 Crafting for Fall Festival: Marble Cups (4T)</p> <p>2:00 Men's Schmooze Group (4T)</p> <p>2:30 Centenarian Celebration with Jeanette Harris (SH)</p>	<p>10:00 Poetry Reflections (4W) <b>26</b></p> <p>10:00 Find the Riddle (5N)</p> <p>10:15 Bingo (4T)</p> <p>10:30 Good Morning Visit (4N)</p> <p>11:15 Social Justice Presentation (5W)</p> <p>2:00 Art Class (4T)</p> <p>2:30 September Birthday Bash (5W)</p> <p>2:30 Teaching Kitchen (SH)</p> <p>3:30 4th Floor Sensory Visits</p> <p>3:30 September Birthday Celebration (5N)</p> <p>3:30 Wii Bowling (BG)</p>	<p>10:00 Music History (4N) <b>27</b></p> <p>10:00 Therapeutic Coloring (4W)</p> <p>10:15 Bingo (4T)</p> <p>11:00 Yoga with Cheryl (5N)</p> <p>2:30 Oneg Shabbat with Rabbi Glazer (SH)</p> <p>8:00 Shabbat Shalom- Candle Lighting Rockville, MD</p>	<p>9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) <b>28</b></p> <p>10:30 Sittercise (5N)</p> <p>11:15 Sit &amp; Be Fit (4W)</p> <p>1:45 4 West Lobby Visit</p> <p>2:30 Cinema Time (4N)</p> <p>3:30 Shabbat Services (Sy)</p>
<p>Rosh Hashanah Begins at Sundown <b>29</b></p> <p>9:30 Good Morning Visits (All Units)</p> <p>2:30 Music Performance with Nancy Leonard (SH)</p> <p>6:30 Rosh Hashanah Evening Service- Conservative (SH)</p> <p>6:30 Rosh Hashanah Evening Service- Reform (C)</p>	<p>9:00 Rosh Hashanah Morning Service with Shofar- Conservative (SH) <b>30</b></p> <p>10:00 Jewish New Year Presentation (5N)</p> <p>10:00 Rosh Hashanah Morning Service with Shofar- Reform (C)</p> <p>11:15 Rosh Hashanah Trivia (5W)</p> <p>2:30 Stories of Hope (5W)</p> <p>3:15 Christian Bible Study with Michele (5T)</p> <p>3:30 Core Values (5N)</p> <p>3:30 Gentle Touch with Aromatherapy (4W)</p> <p>6:30 Rosh Hashanah Evening Service- Progressive (SH)</p>	<p><b>ROOM KEY</b></p> <p>4T - 4th Floor Dining/Tower</p> <p>4N - 4th Floor North</p> <p>4NDR - 4th Floor North Dining Room</p> <p>4W - 4th Floor West</p>	<p>5T - 5th Floor Dining/Tower</p> <p>5N - 5th Floor North</p> <p>5NDR - 5th Floor North Dining Room</p> <p>5W - 5th Floor West</p>	<p>5WDR - 5th Floor West Dining Room</p> <p>BG - Brain Gym</p> <p>C - Conservatory</p> <p>SH - Social Hall</p> <p>SY - Synagogue</p>		

# September 2019

Wasserman Resident Programs



**Charles E. Smith**  
LIFE COMMUNITIES