

SUN	MON	TUE	WED	THUR	FRI	SAT
ROOM KEY 4T - 4th Floor Dining/ Tower 4N - 4th Floor North 4W - 4th Floor West	5T - 5th Floor Dining/ Tower 5N - 5th Floor North 5W - 5th Floor West 5WDR - 5th Floor West Dining Room	BG - Brain Gym C - Conservatory L - Lobby SH - Social Hall SY - Synagogue				9:30 Shabbat Services- If you are unable to attend, please tune to channel 975 (SH) 10:00 Trivia (5W) 11:15 Table Games (4W) 1:45 Room Visits (5N) 2:30 4th Floor Lobby Visit (L) 3:30 Shabbat Services (SY)
Hanukkah Begins at Sundown 10:00 Morning Visit (5N) 10:30 Music Memories (5W) 11:00 Let's Stretch (4W) 11:30 Gentle Touch (4N) 2:30 Music Performance with John Oliver (SH) 4:30 Menorah Lighting (Lobby & Social Hall) 4:30 Menorah Lighting is also available on channel 975	10:00 Uno (4W) 10:00 Music Memories (4N) 10:00 Catch and Throw (5N) 10:15 Bingo (4T) 10:45 Manicures (4W) 11:15 V.M. Word Jumble (5W) 11:15 Word from a Word (4T) 2:00 Chanukkah Bash with Rabbi Dan (SH) 2:00 News Report with Jerry (4T) 3:15 Christian Bible Study with Michelle (5T) 4:30 Menorah Lighting (Lobby & Social Hall) 4:30 Menorah Lighting is also available on channel 975	10:15 Chanukkah Concert with the Hebrew Academy Starring: Rabbi's Daughter (SH) 10:30 Mixed Media Art Class with Lee (4T) 12:00 Healing Strings (4T) 2:00 Bridge (5WDR) 2:00 Animal-Assisted Therapy (SH) 2:30 Table Game (4W) 2:30 Sports Review (5W) 3:15 Trivia (4N) 3:15 Manicures (5W) 3:30 V.M. Proverbs & Idioms (5N) 3:30 Holiday Trivia (4W) 4:30 Menorah Lighting (Lobby & Social Hall) 4:30 Menorah Lighting is also available on channel 975 6:00 Music with Jeanette (4W) 6:45 Music with Jeanette (4N)	10:00 Gentle Touch (5W) 10:00 Manicures (4N) 10:00 Easy Workout (5N) 10:45 Social Visit (5N) 10:45 Table Game (4W) 10:45 Beading Club (C) 10:45 Headlines and Politics w/Paul & Sandra (5T) 2:30 Table Game (4W) 11:15 V.M. Peek Pairs Memory Game (5W) 1:45 Book Reading: "Educated" by Tara Westover (C) 1:50 Shakespeare (5T) 2:00 Men's Schmooze Group (4T) 2:30 Wellness 101 (5W) 2:30 Word-a-Melon (4N) 2:30 Bingo (3D) 3:15 Music Memories (5W) 3:30 V.M. Trivia (5N) 3:30 Cranium Crunches (4W) 4:30 Menorah Lighting (Lobby & Social Hall) 4:30 Menorah Lighting is also available on channel 975	10:15 Bingo (4T) 10:30 Chanukkah Party (3D) 10:30 Chanukkah Games with the Milton Gottesman Jewish Day School of the Nations Capital (SH) 11:15 Chanukkah Party (2D) 2:00 Catholic Mass (SH) 2:00 Painting Class with Lee (4T) 2:30 V.M. Fun Facts (5W) 3:30 V.M. Animal Insider (5N) 4:30 Menorah Lighting (Lobby & Social Hall) 4:30 Menorah Lighting is also available on channel 975	10:00 4th Floor Oneg Shabbat (4W) 10:00 V.M. Peek Pairs Memory Game (5N) 10:00 Oneg Shabbat (5W) 10:15 Bingo (4T) 10:45 Oneg Shabbat (5N) 11:15 Holiday Trivia (4N) 11:15 V.M. What a World (5W) 12:00 Healing Strings (5T) 2:00 Friday Room Visits (5W) 2:00 Beading Class with Lee (5T) 2:00 Chanukkah Party (4T) 2:30 Wii Bowling (BG) 2:45 Chanukkah Party (5T) 3:00 Menorah Lighting (Lobby & Social Hall) 3:00 Sports Hour (4T) 3:00 Menorah Lighting is also available on channel 975 3:30 V.M. Proverbs & Idioms (4W) 4:30 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services- If you are unable to attend, please tune to channel 975 (SH) 3:30 Shabbat Services (SY) 5:25 Menorah Lighting (Lobby & Social Hall) 5:25 Menorah Lighting is also available on channel 975
10:15 Christian Services (C) 10:30 Bingo (4T) 2:30 Music Performance with Gary and the Groove (SH) 4:30 Menorah Lighting (Lobby & Social Hall) 4:30 Menorah Lighting is also available on channel 975	Hanukkah Ends at Nightfall 10:00 Music Memories (4N) 10:00 Exercise Fun (5N) 10:15 Bingo (4T) 10:45 Manicures (4W) 11:15 V.M. Trivia (5W) 1:30 Dominoes (5WDR) 1:30 Movie Time (4N) 2:00 News Report with Jerry (4T) 2:30 V.M. Nifty 50s (5W) 3:15 Flower Arranging (5W) 3:15 Christian Bible Study with Michelle (5T) 3:30 V.M. Music Matters (5N)	10:00 Sensory Visit (5W) 10:00 Gentle Touch & Music (4N) 10:00 Table Games (4W) 10:00 V.M. Odd One Out (5N) 10:45 Social Visit (5N) 10:45 Table Game (4W) 10:45 Parsha with Rabbi (4T) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:15 December Trivia (4N) 12:00 Dweck Luncheon (4W & 4N) (SH) 1:50 Shakespeare (5T) 2:00 Men's Schmooze Group (4T) 2:30 Table Game (4W) 2:30 V.M. Proverbs & Idioms (5W) 2:30 Zumba with Larisha (BG) 3:15 Snack Social (4N) 3:15 Music Memories (5W) 3:30 V.M. What a World (5N) 6:45 Music with Jeanette (5N)	10:00 Gentle Touch (5W) 10:00 Manicures (4N) 10:00 Flexibility Training (4W) 10:00 V.M. Odd One Out (5N) 10:45 Social Visit (5N) 10:45 Table Game (4W) 10:45 Parsha with Rabbi (4T) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:15 December Trivia (4N) 12:00 Dweck Luncheon (4W & 4N) (SH) 1:50 Shakespeare (5T) 2:00 Men's Schmooze Group (4T) 2:30 Table Game (4W) 2:30 V.M. Proverbs & Idioms (5W) 2:30 Zumba with Larisha (BG) 3:15 Snack Social (4N) 3:15 Music Memories (5W) 3:30 V.M. What a World (5N) 3:30 Cranium Crunches (4W)	10:00 Therapeutic Coloring (4N) 10:00 Morning Visit (5W) 10:00 Ball Fun (5N) 10:15 Bingo (4T) 10:45 Sensory Visit (5N) 10:45 Music Memories (4W) 11:15 V.M. Trivia (5W) 11:15 Word from a Word (4T) 12:00 Dweck Luncheon (5W & 5N) (SH) 2:00 Painting Class with Lee (4T) 2:30 Trivia (4N) 2:30 Happiness 101 (5W) 2:30 Manicures (5N) 3:15 Birthday Party (4W) 3:15 Guess Who This Is (5W) 3:30 V.M. Word Jumble (5N) 3:30 Uno (4W)	10:00 4th Floor Oneg Shabbat (4W) 10:00 V.M. Nifty 50s (5N) 10:00 Oneg Shabbat (5W) 10:15 Bingo (4T) 10:15 Social Visit (5W) 10:45 Oneg Shabbat (5N) 11:15 Reminiscence Therapy (4N) 11:15 V.M. Puzzles (5W) 2:00 Beading Class with Lee (5T) 2:00 Movie Matinee in Memory of Sidney Lock: "Broadway Musicals: A Jewish Legacy" (SH) 4:30 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services- If you are unable to attend, please tune to channel 975 (SH) 10:00 Trivia (5W) 11:15 Table Games 1:45 Room Visits (5N) 2:30 V.M. Program (4N) 3:30 Shabbat Services (SY)
10:00 Morning Visit (5N) 10:30 Music Memories (5W) 11:00 Let's Stretch (4W) 11:30 Gentle Touch (4N) 2:30 Music Performance with Howard Jung (SH)	10:00 Music Memories (4N) 10:00 Scattergories (4W) 10:00 Music with Gregory (5W) 10:00 Monday Fitness (5N) 10:15 Bingo (4T) 10:45 Manicures (4W) 11:00 Music with Gregory (5N) 11:15 V.M. Peek Pet Pairs Memory Game (5W) 2:00 News Report with Jerry (4T) 2:30 Holiday Cookie Decorating (SH) 3:15 Christian Bible Study with Michelle (5T)	10:30 Mixed Media Art Class with Lee (4T) 10:30 Bingo with B'nai Israel Sisterhood (SH) 12:00 Healing Strings (4N) 2:00 Bridge (5WDR) 2:00 Animal-Assisted Therapy (SH) 2:30 Birthday Party (4N) 2:30 USA Politics Trivia (5W) 3:15 Table Game (4W) 3:15 Manicures (5W) 3:30 V.M. Fun Facts (5N)	10:00 Gentle Touch (5W) 10:00 Manicures (4N) 10:00 Mid-Week Visits (5N) 10:45 Social Visit (5N) 10:45 Table Game (4W) 10:45 Beading Club (C) 10:45 Headlines and Politics w/Paul & Sandra (5T) 1:50 Shakespeare (5T) 2:00 Men's Schmooze Group (4T) 2:30 42nd Street Carolers (L)	10:00 Sensory Visit (5W) 10:00 V.M. Pet Pairs Memory Game (5N) 10:15 Bingo (4T) 11:15 V.M. Proverbs & Idioms (5W) 11:15 Word from a Word (4T) 1:45 Book Reading: "Educated" by Tara Westover (C) 2:00 Painting Class with Lee (4T) 2:30 Birthday Party (5N) 2:30 The Game of Life (4N) 2:30 Poker (4W) 3:30 Birthday Party (5W) 3:30 V.M. Proverbs & Idioms (4W) 4:00 Trivia (4N)	10:15 Bingo (4T) 10:30 Oneg Shabbat with Rabbi Dan (SH) 1:30 Movie Time (5W) 2:00 Reiki with Rachel (BG) 2:00 Beading Class with Lee (5T) 2:30 Snack Social (5N) 2:30 Wii Bowling (BG) 3:15 Happy Hour (4N) 3:15 Snack Social (5W) 3:30 Crosswords (4W) 4:30 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services- If you are unable to attend, please tune to channel 975 (SH) 10:00 Trivia (5W) 11:15 Table Games 1:45 Room Visits (5N) 2:30 V.M. Program (4N) 3:30 Shabbat Services (SY)
10:00 Morning Visit (5N) 10:15 Christian Services (C) 10:30 Music Memories (5W) 11:00 Let's Stretch (4W) 11:30 Gentle Touch (4N) 2:30 Music Performance with Joe & Joyce (SH)	Christmas Eve 10:00 Sensory Visit (4N) 10:00 Music with Gregory (4W) 10:00 Morning Fitness (5N) 10:15 Bingo (4T) 10:45 Manicures (4W) 11:00 Music with Gregory (4N) 11:15 V.M. Word Jumble (5W) 2:30 Resident Council Meeting (BG) 3:15 Christian Bible Study with Michelle (5T)	Christmas Day 10:00 Christmas Service & Luncheon (SH) 2:00 News Report with Jerry (4T)	10:00 Gentle Touch (5W) 10:45 Social Visit (5N) 10:45 Parsha with Rabbi (4T) 10:45 Headlines and Politics w/ Paul & Sandra (5T) 1:50 Shakespeare (5T) 2:00 Men's Schmooze Group (4T) 2:30 Bingo (3D)	10:00 Sensory Visit (5W) 10:00 Therapeutic Coloring (4N) 10:00 Room Visits (5N) 10:15 Bingo (4T) 10:45 Music Memories (4W) 11:15 V.M. Nifty 50s (5W) 11:15 Word from a Word (4T) 2:00 Painting Class with Lee (4T) 2:00 Movie Matinee: "Keeping the Faith" (SH)	10:00 4th Floor Oneg Shabbat (4W) 10:00 V.M. Animal Insider (5N) 10:00 Oneg Shabbat (5W) 10:15 Bingo (4T) 10:45 Oneg Shabbat (5N) 11:15 Winter Craft (4N) 11:15 V.M. Peek Pairs Memory Game (5W) 2:00 Friday Visits (5W) 2:00 Beading Class with Lee (5T) 2:00 Book Club (4T) 2:30 Happy Hour (4W) 2:30 Wii Bowling (BG) 3:00 Sports Hour (4T) 3:15 Table Game (4N) 4:35 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services- If you are unable to attend, please tune to channel 975 (SH) 10:00 Trivia (5W) 11:15 Table Games 1:45 Room Visits (5N) 2:30 V.M. Program (4N) 3:30 Shabbat Services (SY)
10:00 Morning Visit (5N) 10:30 Music Memories (5W) 11:00 Let's Stretch (4W) 11:30 Gentle Touch (4N) 2:30 Music Performance with Ronald Howard (SH)	New Year's Eve 10:00 Music Memories (4N) 10:00 The Game of Life (4W) 10:00 Youthfulness (5N) 10:15 Bingo (4T) 10:45 Manicures (4W) 11:15 V.M. Music Memories (4N) 11:15 Benefits of Happiness (5W) 2:00 News Report with Jerry (4T) 2:30 New Year's Eve Celebration (SH) 3:15 Christian Bible Study with Michelle (5T)					

December 2018

Wasserman Resident Programs



Charles E. Smith
LIFE COMMUNITIES