

SUN	MON	TUE	WED	THUR	FRI	SAT
ROOM KEY 4T - 4th Floor Dining/ Tower 4N - 4th Floor North 4NDR - 4th Floor North Dining Room 4W - 4th Floor West	5T - 5th Floor Dining/ Tower 5N - 5th Floor North 5NDR - 5th Floor North Dining Room 5W - 5th Floor West	5WDR - 5th Floor West Dining Room BG - Brain Gym C - Conservatory SH - Social Hall SY - Synagogue			10:00 Catch and Throw (5N) 10:00 4th Floor Oneg Shabbat (4W) 1 10:00 Oneg Shabbat (5W) 10:15 Bingo (4T) 10:45 Oneg Shabbat (5N) 11:15 Table Topics (5N) 11:15 Yoga with Cheryl (5W) 11:15 Black History Month Facts and Trivia (4N) 2:00 Beading Class with Lee (5T) 2:30 Super Bowl Party with Seniorita Sunshine (SH) 5:10 Candle Lighting - Shabbat Shalom!	Groundhog Day 2 9:30 Shabbat Services- If you are unable to attend, please tune to channel 975 (SH) 10:00 Trivia (5W) 11:15 Table Game (4W) 1:45 Room Visits (5N) 2:30 Word Games (4N) 3:30 Shabbat Services (SY)
9:30 Sunday Visits (5N) 3 10:00 Sunday Groove (5W) 10:45 Boogie Down (4W) 11:15 Super Bowl Sunday Fun (4N) 2:30 Music Performance with Two for the Show (SH)	10:00 Music Memories (5W) 10:15 Bingo (4T) 4 10:30 Table Games (4W) 10:45 Gentle Touch & Music (5N) 11:15 Crosswords (4N) 1:30 Dominoes (5WDR) 1:45 Book Reading: "Becoming" by Michelle Obama (C) 2:00 News Report with Jerry (4T) 2:30 African American History Discussion and Snack Social (4N) 3:00 Afternoon Stretch (5N) 3:15 Christian Bible Study with Michelle (5T) 3:30 Who am I? (4W) 3:45 Hand Spa (5W)	10:30 Bingo with B'nai Israel Sisterhood (5H) 5 10:30 Mixed Media Art Class with Lee (4T) 12:00 Healing Strings (4T) 1:30 Bridge (5WDR) 1:45 Manicures (4W) 2:00 Rabbi's Discussion (5T) 2:00 Animal-Assisted Therapy (SH) 2:30 Music History (5N) 2:30 Sports Update (5W) 3:00 Sensory Visit (5N) 3:30 Manicures (4N) 3:30 Super Bowl Update (5N) 3:45 Music Memories (5W) 6:00 Music with Jeanette (4W) 6:45 Music with Jeanette (4N)	10:00 Table Game (4W) 10:00 Easy Fitness (5N) 6 10:30 Social Visit (5W) 10:30 Flexibility Training (4W) 10:45 Therapeutic Coloring (4N) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:15 Manicures (5N) 11:15 Health Trivia (5W) 11:15 Music History (4N) 1:50 Shakespeare (4T) 2:00 Men's Schmooze Group (4T) 2:30 Rummikub (4N) 2:30 In the News (5W) 2:30 Bingo (3D) 3:00 African American History Review (5N) 3:30 Cranium Crunches (4W) 3:30 Finishing the Line (5N) 3:45 Gentle Touch & Music (5W)	10:00 Name that Tune (4W) 7 10:15 Bingo (4T) 10:30 Hand Spa (5W) 10:45 Sensory Visit (4N) 11:15 Table Game (5N) 11:15 Word from a Word (4T) 12:00 Healing Strings (5T) 2:00 Painting Class with Lee (4T) 2:00 Movie Matinee: "Sayonara" (SH)	10:00 Trivia Fun (5N) 10:00 4th Floor Oneg Shabbat (4W) 10:00 Oneg Shabbat (5W) 10:15 Bingo (4T) 8 10:30 Room Visits (5W) 10:45 Oneg Shabbat (5N) 11:15 Music Memories (5N) 11:15 Friday Facts (5W) 1:30 Movie Time (5N) 2:00 Friday Room Visits (5W) 2:00 Beading Class with Lee (5T) 2:00 Teaching Kitchen (SH) 2:30 Reiki with Rachel (BG) 3:00 Name that Tune! (5W) 3:00 Sports Talk (4T) 3:15 Table Game (4N) 3:30 Finish the Proverb! (4W) 3:45 Afternoon Stretch (5N) 5:20 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services- If you are unable to attend, please tune to channel 975 (SH) 9 10:00 Trivia (5W) 11:15 Table Game (4W) 1:45 Room Visits (5N) 2:30 Word Games (4N) 3:30 Shabbat Services (SY)
10:00 Morning Visit (5N) 10 10:15 Christian Services (C) 10:30 Music Memories (5W) 11:00 Let's Stretch (4W) 11:30 Gentle Touch (4N) 2:30 Music Performance with Ron Howard (SH)	10:00 Name that Tune (4N) 10:00 Workout Fun (5N) 11 10:15 Bingo (4T) 10:30 Morning Stretches (4N) 10:45 Birthday Party (4W) 11:15 History Trivia (5W) 1:30 Dominoes (5WDR) 1:45 Book Reading: "Becoming" by Michelle Obama (C) 2:00 News Report with Jerry (4T) 2:30 Love Art Project (4N) 2:30 Zumba with Latisha (BG) 3:00 Who is This? (5N) 3:15 Christian Bible Study with Michelle (5T) 3:30 African American History Discussion and Snack Social (4W) 3:30 African American Pioneer (5N) 3:45 Hand Spa (5W)	10:00 Hand Spa (4W) 10:00 Room Visits (5N) 12 10:30 Manicures (5W) 10:30 Mixed Media Art Class with Lee (4T) 10:45 Name that Tune (4N) 11:15 Trivia (5N) 1:30 Bridge (5WDR) 2:00 Rabbi's Discussion (5T) 2:00 Animal-Assisted Therapy (SH) 2:30 Music Trivia (5W) 3:00 Afternoon Stretch (5N) 3:00 Food Committee Meeting (5T) 3:30 Dominoes (4N) 3:30 History Makers (5N) 3:45 Music Memories (5W) 6:00 Music with Jeanette (5W) 6:45 Music with Jeanette (5N)	10:00 Morning Stretch (4W) 10:00 Balloon Volley (5N) 13 10:30 What doesn't belong (5W) 10:45 Beading Club (C) 10:45 Therapeutic Coloring (4N) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:15 Finish the Line! (5N) 1:50 Shakespeare (5T) 2:00 Men's Schmooze Group (4T) 2:00 Chinese New Year Performance (SH) 6:30 Bereavement Support Group (C)	10:00 Love Art Project (4W) 14 10:00 Aim and Toss (5N) 10:15 Bingo (4T) 10:30 Room Visits (5W) 11:15 Table Game (5N) 11:15 Cognitive Fun (5W) 11:15 Word from a Word (4T) 2:00 Painting Class with Lee (4T) 2:30 Celebration of Love with Jeanette Harris (SH)	10:00 Table Game (4W) 10:00 Yoga with Cheryl (5N) 15 10:15 Bingo (4T) 10:30 What Doesn't Belong? (5W) 10:45 Sensory Visit (4N) 11:15 Manicures (5N) 11:15 Can You Believe It? (5W) 2:00 Beading Class with Lee (5T) 2:30 Oneg Shabbat with Rabbi Dan (SH) 5:25 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services- If you are unable to attend, please tune to channel 975 (SH) 16 10:00 Trivia (5W) 11:15 Table Game (4W) 1:45 Room Visits (5N) 2:30 Word Games (4N) 3:30 Shabbat Services (SY)
9:30 Sunday Visits (5N) 17 10:00 Sunday Groove (5W) 10:45 Boogie Down (4W) 11:15 Sunday Trivia (4N) 2:30 Music Performance with Starvation Army Band (SH)	Presidents' Day 10:00 Music Memories (5W) 18 10:15 Bingo (4T) 10:30 Table Game (4W) 10:45 Gentle Touch & Music (5N) 11:15 Scrabble (4N) 2:00 News Report with Jerry (4T) 2:30 President's Day Music Performance with Back N Time Band (SH) 3:15 Christian Bible Study with Michelle (5T)	10:00 Hand Spa (4W) 10:00 Easy Fitness (5N) 19 10:30 Manicures (5W) 10:30 Jigsaw Puzzles (4W) 10:30 Mixed Media Art Class with Lee (4T) 10:45 Name that Tune (4N) 11:15 Music Memories (5N) 11:15 Afternoon Stretch (4N) 12:00 Healing Strings (4NDR) 1:30 Bridge (5WDR) 1:45 The Daily Chronicle (4N) 2:00 Rabbi's Discussion (5T) 2:00 Animal-Assisted Therapy (SH) 2:30 Manicures (4W) 2:30 Inspiring Stories (5W) 3:00 Guess the Artist! (5N) 3:30 Tuesday Visits (4N) 3:30 Sport Trivia (5N) 3:45 Light Stretching with Classical Music (5W)	10:00 Music Memories (4N) 10:00 Aerobic Fun (5N) 20 10:00 Echoes of Nature (4W) 10:45 Room Visits (5W) 10:45 Therapeutic Coloring (4W) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:00 Echoes of Nature (4N) 11:15 What Doesn't Belong? (5N) 1:50 Shakespeare (5T) 2:00 Men's Schmooze Group (4T) 2:30 Rummikub (4N) 2:30 Today in History (5W) 2:30 Bingo (3D) 3:00 Name that Tune! (5N) 3:30 Trivial Trivia! (4W) 3:30 Fact or Fiction Politics (5N) 3:45 Gentle Touch & Music (5W)	10:00 Guess the Artist! (4W) 21 10:00 Memory Stimulation Games (5N) 10:15 Bingo (4T) 10:30 Remembering 1930's (5W) 10:45 Hand Spa (4N) 11:15 Travel Trivia (5W) 11:15 Word from a Word (4T) 12:00 Healing Strings (5NDR) 2:00 Painting Class with Lee (4T) 2:00 Movie Matinee: "Loving" (SH)	10:00 Finish the Proverbs (5N) 10:00 4th Floor Oneg Shabbat (4W) 22 10:00 Oneg Shabbat (5W) 10:15 Bingo (4T) 10:30 Room Visits (5W) 10:45 Oneg Shabbat (5N) 11:15 Trivia (5N) 11:15 Choices Game (5W) 11:15 Crosswords (4N) 1:45 Manicures (5N) 1:45 Reader's Digest: Funny Stories (4W) 1:45 Book Reading: "Becoming" by Michelle Obama (C) 2:00 Friday Visits (5W) 2:00 Beading Class with Lee (5T) 2:30 Music Memories (4N) 2:30 Yoga with Cheryl (4W) 3:00 Therapeutic Coloring (5N) 3:00 Sports Talk (4T) 3:30 Hand Spa (4N) 3:30 Word Games (4W) 3:45 Afternoon Stretch (5W) 5:35 Candle Lighting - Shabbat Shalom!	9:30 Shabbat Services- If you are unable to attend, please tune to channel 975 (SH) 23 10:00 Trivia (5W) 11:15 Table Game (4W) 1:45 Room Visits (5N) 2:30 Word Games (4N) 3:30 Shabbat Services (SY)
10:00 Morning Visit (5N) 24 10:15 Christian Services (C) 10:30 Music Memories (5W) 11:00 Let's Stretch (4W) 11:30 Gentle Touch (4N) 2:30 Music Performance with Tacy Foundation (SH)	10:00 Name that Tune (4W) 25 10:00 Monday Fitness (5N) 10:15 Bingo (4T) 10:30 Uno (4W) 10:45 Gentle Touch & Music (4N) 11:15 Famous Folks (5W) 11:15 Human Growth & Development: The History of Bathing (4N) 2:30 Resident Council Meeting (SH) 3:15 Christian Bible Study with Michelle (5T)	10:00 Hand Spa (4W) 10:00 Room Visits (5N) 26 10:30 Manicures (5W) 10:30 Memory Game (4W) 10:30 Mixed Media Art Class with Lee (4T) 10:45 Birthday Party (4N) 11:15 Room Visits (5N) 11:15 Yahrtzee (4N) 1:30 Bridge (5WDR) 1:45 The Daily Chronicle (4N) 2:00 Rabbi's Discussion (5T) 2:00 Animal-Assisted Therapy (SH) 2:00 News Report with Jerry (4T) 2:30 Trivia (4W) 2:30 Birthday Party (5N) 3:00 Afternoon Stretch (5N) 3:30 Gentle Touch (4N) 3:30 Birthday Party (5W) 3:45 Music Memories (5W) 6:30 Bingo with the Israeli Scouts (SH)	10:00 Table Game (4W) 10:00 Echoes of Nature (5N) 27 10:30 Room Visits (5W) 10:30 Seated Dance Exercise (4W) 10:45 Therapeutic Coloring (4N) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:00 Echoes of Nature (5W) 11:15 Manicures (5N) 11:15 Music History (4N) 1:50 Shakespeare (5T) 2:00 Men's Schmooze Group (4T) 2:30 Rummikub (4N) 2:30 Snack Social (5N) 2:30 Bingo (3D) 3:00 Music Memories (5W) 3:30 Cranium Crunches (4W) 3:30 Snack Social (5W) 3:45 Gentle Touch & Music (5N)	10:00 Therapeutic Coloring (4W) 28 10:00 Reminiscing 1990 (5N) 10:15 Bingo (4T) 10:30 Manicures (5W) 11:15 Jeopardy Fun (5W) 11:15 Word from a Word (4T) 1:45 The Daily Chronicle (4W) 2:00 Book Club (4T) 2:00 Painting Class with Lee (4T) 2:30 Room Visits (4W) 3:30 Manicures (4N) 3:30 Yahrtzee (4W)		

February 2019

Wasserman Resident Programs



Charles E. Smith
LIFE COMMUNITIES