

SUN	MON	TUE	WED	THUR	FRI	SAT	
ROOM KEY 4T - 4th Floor Dining/ Tower 4N - 4th Floor North 4NDR - 4th Floor North Dining Room 4W - 4th Floor West	5T - 5th Floor Dining/ Tower 5N - 5th Floor North 5NDR - 5th Floor North Dining Room 5W - 5th Floor West	5WDR - 5th Floor West Dining Room BG - Brain Gym C - Conservatory L - Lobby SH - Social Hall SY - Synagogue	Law Day 10:00 May Day Craft (4W) 10:00 Midweek Fitness (5N) 10:30 Mad Libs (5W) 10:45 Fitness Time (5W) 10:45 Headlines and Politics w/ Paul & Sandra (5T) 1:50 Shakespeare (5T) 2:00 Men's Schmooze Group (4T) 2:30 United States Marine Band Concert (SH)	1 10:15 Bingo (4T) 11:00 Holocaust Memorial Service (SH) 1:45 Manicures (4W) 2:00 Painting Class (4T) 2:30 Scrabble (4N) 2:30 5W Outdoor Visit 2:30 Table Games (4W) 3:30 Inspiring News Stories (4W) 3:30 5N Outdoor Fun 3:30 Kentucky Derby Facts and Trivia (4N)	3 10:00 4th Floor Oneg Shabbat (4W) 10:15 Bingo (4T) 10:30 5th Floor Oneg Shabbat (5W) 11:00 Doreen's Traveling Jewelry Box Sale (C) 11:15 Comedy Series: The Goldbergs (5N) 3:30 Friday Evening Services (Sy) 7:45 Shabbat Shalom- Candle Lighting Rockville, MD	4 9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) 10:30 Trivia (5N) 11:15 Table Game (5W) 1:45 4N Lobby Visit (L) 2:30 Classic Cinema (4W) 3:30 Shabbat Services (Sy)	
Cinco de Mayo 2:30 Music Performance with John Oliver (SH)	National Nurses Day 10:00 Aerobic Fitness (5N) 10:15 Bingo (4T) 10:30 Tai Chi (4W) 11:15 Free Rice Word Game (4N) 11:15 Finish the Proverbs (5W) 1:45 Dominoes (5WDR) 2:00 News Report with Jerry (4T) 2:30 Zumba with Latisha (BG) 3:15 Christian Bible Study with Michele (5T) 3:30 Outdoor Fun (5N)	6 10:15 Bingo (4T) 10:30 Tai Chi (4W) 11:15 Free Rice Word Game (4N) 11:15 Finish the Proverbs (5W) 1:45 Dominoes (5WDR) 2:00 News Report with Jerry (4T) 2:30 Zumba with Latisha (BG) 3:15 Christian Bible Study with Michele (5T) 3:30 Outdoor Fun (5N)	7 10:30 Bingo with B'nai Israel Sisterhood (SH) 10:30 Mixed Media Art (4T) 12:00 Healing Strings (4T) 1:45 Book Reading: "Where the Crawdads Sing" by Delia Owens (C) 2:00 Bridge (5WDR) 2:00 Animal-Assisted Therapy (SH) 2:30 What's Trending Now? (5W) 2:30 Manicures (4W) 3:30 Hot Topics (5N) 3:30 4N Outdoor Visit 6:00 Music with Jeanette (4W)	8 10:00 Midweek Fitness (5N) 10:45 Headlines and Politics w/Paul & Sandra (5T) 2:00 Mariachi Band Performance (SH) 2:00 Men's Schmooze Group (4T)	9 10:00 Don't Break the Ice (4W) 10:00 Fitness Time (5N) 10:15 Bingo (4T) 10:30 5W Outdoor Visit 11:15 Balloon Toss (5W) 11:15 Word from a Word (4T) 12:00 Healing Strings (5T) 2:00 Painting Class (4T) 3:00 Avirah Israeli Dance Performance (SH)	10 10:00 Presentation on the History of Mother's Day (5N) 10:00 4th Floor Oneg Shabbat (4W) 10:15 Bingo (4T) 10:30 5th Floor Oneg Shabbat (5N) 11:00 Music 101 with Lauren: Irving Berlin, created by Edith (5T) 11:15 Mother's Day Discussion (5W) 2:30 Drum Circle (SH) 3:30 Friday Evening Services (Sy) 7:50 Shabbat Shalom- Candle Lighting Rockville, MD	11 9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) 10:30 Trivia (5W) 11:15 Table Game (4N) 1:45 4W Lobby Visit (L) 2:30 Classic Cinema (5N) 3:30 Shabbat Services (Sy)
Mother's Day 10:15 Christian Services (C) 2:30 Mother's Day Music Performance with Seniorita Sunshine (SH)	10:15 Bingo (4T) 10:30 Ladies Spa Day (SH) 2:00 News Report with Jerry (4T) 3:15 Christian Bible Study with Michele (5T)	13 10:15 Bingo (4T) 10:30 Ladies Spa Day (SH) 2:00 News Report with Jerry (4T) 3:15 Christian Bible Study with Michele (5T)	14 10:00 Music Memories (4N) 10:00 Catch & Throw (5N) 10:30 Poetry Reflections (4W) 10:30 Therapeutic Coloring (5W) 10:30 Mixed Media Art (4T) 10:45 Cards for the Armed Forces (4W) 11:15 Crosswords (4N) 11:15 5N Outdoor Visit 11:15 Catch & Throw (5W) 1:45 Book Reading: "Where the Crawdads Sing" by Delia Owens (C) 2:00 Rabbi's Discussion (5T) 2:00 Bridge (5WDR) 2:00 Animal-Assisted Therapy (SH) 2:30 Humorous News Stories (5W) 2:30 Movie Time (4W) 3:00 Food Committee Meeting (5T) 3:15 Guess Who This Is (5W) 3:30 Trivia Fun (5N) 3:30 Fancy Nails with Leah (4N) 6:00 Music with Jeanette (4N)	15 10:00 Hyacinth Flower Craft (4W) 10:00 Gentle Touch (4N) 10:00 Midweek Fitness (5N) 10:45 Headlines and Politics w/Paul & Sandra (5T) 2:00 Men's Schmooze Group (4T) 2:30 Spring Festival & Traveling Farm (Courtyard)	16 10:15 Bingo (4T) 10:30 Discussion with former Washington Post columnist Bob Leavy (SH) 2:00 Painting Class (4T) 2:30 Natalie Presents: "The Netherlands: Windmills, Tulips, Cheeses, and More!" (BG)	17 10:00 Creative Coloring (4N) 10:15 Bingo (4T) 11:00 Reiki with Rachel (BG) 11:00 Music 101 with Bea and Lauren: Examples of Klezmer (5T) 2:30 Oneg Shabbat with Rabbi Roth (SH) 3:30 Friday Evening Services (Sy) 7:55 Shabbat Shalom- Candle Lighting Rockville, MD	18 Armed Forces Day 9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) 10:30 Trivia (4N) 11:15 Table Game (4W) 1:45 5N Lobby Visit (L) 2:30 Classic Cinema (5W) 3:30 Shabbat Services (Sy)
9:30 Morning Greeting (5N/ 5W/4N/4W) 10:00 Music Memories (5W) 10:45 Seated Stretching (4W) 11:30 Gentle Touch (4N) 2:30 Music Performance with Rearview Mirror (SH)	19 10:00 Name that Tune! (4N) 10:00 Easy Fitness (5N) 10:15 Bingo (4T) 10:30 Tai Chi (4W) 10:45 Gentle Touch (4W) 11:15 Garden Club (Social Hall/ Court Yard) 11:15 Aim & Toss (5W) 2:00 News Report with Jerry (4T) 2:30 Rita's Italian Ice Social with Harper Denhard (L) 3:15 Christian Bible Study with Michele (5T)	20 10:00 Name that Tune! (4N) 10:00 Easy Fitness (5N) 10:15 Bingo (4T) 10:30 Tai Chi (4W) 10:45 Gentle Touch (4W) 11:15 Garden Club (Social Hall/ Court Yard) 11:15 Aim & Toss (5W) 2:00 News Report with Jerry (4T) 2:30 Rita's Italian Ice Social with Harper Denhard (L) 3:15 Christian Bible Study with Michele (5T)	21 10:00 Music Memories (4N) 10:00 Chair One Fitness (5N) 10:30 Mixed Media Art (4T) 10:45 Ribbon Dancing (4W) 12:00 Healing Strings (4NDR) 2:00 Rabbi's Discussion (5T) 2:00 Bridge (5WDR) 2:00 Animal-Assisted Therapy (SH) 2:30 Poetry Reflections (5W) 3:15 Puzzle Mania (5W) 3:30 Did it Happen? (5N)	22 10:00 Hand Spa (4N) 10:00 Comedy Series: "Jack Benny" (5N) 10:30 Vegetable Stamping Art Project (4W) 10:30 5W Lobby Visit (L) 10:45 Table Game (4W) 10:45 Headlines and Politics w/Paul & Sandra (5T) 11:15 Tai Chi (4N) 11:15 Manicures (5N) 2:00 Men's Schmooze Group (4T) 2:00 Poker Class (C) 2:30 Therapeutic Coloring (5N) 2:30 Baking Club (SH) 3:15 Music Memories (5W)	23 10:00 Word-A-Melon (4W) 10:00 A.M. Workout (5N) 10:15 Bingo (4T) 10:30 Trivia (5W) 10:30 5W Outdoor Visit 11:15 Chair One Fitness (5W) 11:15 Word from a Word (4T) 12:00 Healing Strings (5NDR) 2:00 Painting Class (4T) 2:00 Movie Matinee: "A Star is Born" (SH)	24 10:00 Health Corner: The Benefits of Calcium (5N) 10:00 4th Floor Oneg Shabbat (4W) 10:00 Oneg Shabbat (5W) 10:15 Bingo (4T) 10:45 Oneg Shabbat (5N) 11:00 Music 101 with Monnie and Lauren: Music with a Message (5T) 11:15 Health Nugget: The Benefit Carbohydrates (5W) 1:45 Manicures (4N) 2:30 Mirrored Painting (5N) 2:30 Dominoes (4W) 2:30 Reiki with Rachel (BG) 3:15 Name that Tune! (5W) 3:30 Music History (4N) 3:30 Friday Evening Services (Sy) 8:00 Shabbat Shalom- Candle Lighting Rockville, MD	25 9:30 Shabbat Service- If you are unable to attend, please tune to channel 975 (SH) 10:30 Trivia (4W) 11:15 Table Game (5N) 1:45 5W Lobby Visit (L) 2:30 Classic Cinema (4N) 3:30 Shabbat Services (Sy)
10:00 Sunday Social Visit (5W) 10:15 Sunday Boogie (5N) 10:15 Christian Services (C) 10:45 Dance Fun (4W) 11:30 Trivia (4N) 2:30 Music Performance with Nancy Leonard (SH)	26 10:00 Sunday Social Visit (5W) 10:15 Sunday Boogie (5N) 10:15 Christian Services (C) 10:45 Dance Fun (4W) 11:30 Trivia (4N) 2:30 Music Performance with Nancy Leonard (SH)	27 Memorial Day 10:15 Bingo (4T) 10:30 Memorial Day Celebration with Bob Boguslaw (SH) 2:30 Resident Council Meeting (SH) 3:15 Christian Bible Study with Michele (5T)	28 10:00 Music Memories (4N) 10:00 Chair Zumba (5N) 10:30 Cranium Crunches (4W) 10:30 Comedy Series (5W) 10:30 Mixed Media Art (4T) 10:45 Seated Stretches (4W) 11:15 Mindful Meditation (BG) 11:15 5N Lobby Visit (L) 1:45 Book Reading: "Where the Crawdads Sing" by Delia Owens (C) 2:00 Rabbi's Discussion (5T) 2:00 Bridge (5WDR) 2:00 Animal-Assisted Therapy (SH) 2:00 News Report with Jerry (4T) 2:30 Spring Treats (5N) 2:30 Afternoon Snacks with Leah (4W) 3:15 Name that Tune! (5W) 3:30 Delicious Delight (5W) 3:30 Delicious Snacks with Leah (4N)	29 10:00 Gentle Touch (4N) 10:00 Dance Aerobics (5N) 10:30 News Trends (5W) 10:45 Hand Spa (4W) 10:45 Headlines and Politics w/Paul & Sandra (5T) 2:00 Men's Schmooze Group (4T) 2:00 Poker Class (C) 2:30 Sit & Be Fit (5W) 2:30 May Birthday Celebration (5N) 3:15 Therapeutic Coloring (5N) 3:30 May Birthday Bash (5W) 3:30 Poetry Reflections (4W)	30 10:00 Table Game (4W) 10:00 Songs of Calypso (4N) 10:00 Cardio Fun (5N) 10:15 Bingo (4T) 10:30 Gentle Touch (5W) 10:45 Guess Who This Is (4W) 11:15 Comedy Series: "The Goldbergs" (5W) 11:15 Word from a Word (4T) 2:00 Tap Dance Performance (SH)	31 10:00 Therapeutic Coloring (4W) 10:00 Hand Spa (4N) 10:15 Bingo (4T) 10:30 Manicures (5W) 10:45 Name that Tune! (4W) 11:15 Painting with Leah (5N) 2:00 Oneg Shabbat with Ilan Haber (SH) 3:30 Friday Evening Services (Sy) 8:10 Shabbat Shalom- Candle Lighting Rockville, MD	

May 2019

Wasserman Resident Programs



Charles E. Smith
LIFE COMMUNITIES