

Welcome to Ladow House

ASSISTED LIVING APARTMENTS

Our team of healthcare experts provides personalized care in the privacy of your own apartment. From daily life assistance, medical care and rehabilitation therapy, our quality services enable residents to continue to enjoy meaningful experiences each day.



LANDOW HOUSE HIGHLIGHTS

- » Lifestyle and leisure programming specializing in music, creative engagement and wellness
- » Scheduled transportation to shopping and cultural events
- » Community space, including a theater, private dining room, beauty salon and art studio
- » Pets welcome
- » Outdoor gardens and beautifully landscaped terrace
- » Fitness center
- » Religious services and spiritual care are available to residents of all faiths
- » Continuous on-site licensed nursing
- » BCAT® Cognitive Center of Excellence
- » On-site physician care
- » A full suite of services on campus including our top-ranked Post-Acute Care Center
- » Individualized person-centered engagement
- » On-site physical, occupational and speech therapy services in our state-of-the-art rehab suite



SCAN TO
LEARN MORE

LANDOW HOUSE

A Day Designed Around You

Engage in innovative lifestyle and leisure programs, such as excursions to museums, parks and entertainment. Enjoy dining in our main dining room or in one of our optional dining areas. Our physicians and nursing teams are here to meet your medical needs.

MORNINGS

- » Organized fitness classes
- » Trip to local art studio to meet with resident artist
- » Educational lectures

AFTERNOONS

- » Art studio session with the Creative Engagement Coordinator
- » Trivia
- » String ensemble performance
- » Cultural events
- » Scenic rides

EVENINGS

- » Evening movies
- » Discussion groups

AT YOUR LEISURE

- » Beauty salon appointments available
- » Fitness center
- » Art studio
- » Visiting volunteers
- » Computer/technology stations
- » Hirsh Health Center appointments available

DAILY MENU SAMPLE

— Certified Kosher Dining Options —

BREAKFAST MENU

- » Choice of juices, fresh-baked muffins and cereals
- » Entrées such as waffles and syrup, omelets, bagels and lox

LUNCH MENU

- » Wild mushroom soup
- » Open faced hot turkey sandwich
- » Creamy whipped potatoes
- » Savory green beans
- » Sweet cantaloupe wedges

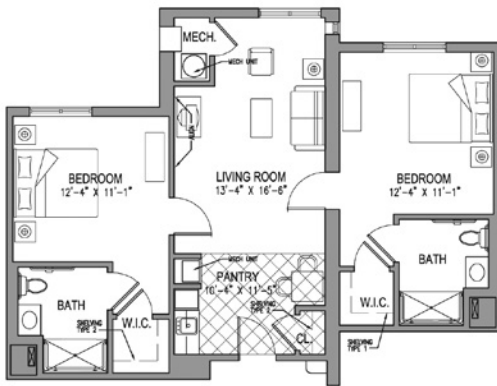
DINNER MENU

- » Chicken matzo ball soup
Gefilte fish, tossed salad
- » Baked salmon
Quinoa pilaf, green beans with onions
- » Braised beef brisket
Country mashed potatoes, green beans
- » Roasted chicken leg
Sautéed cabbage, country mashed potatoes
- » Chocolate mousse

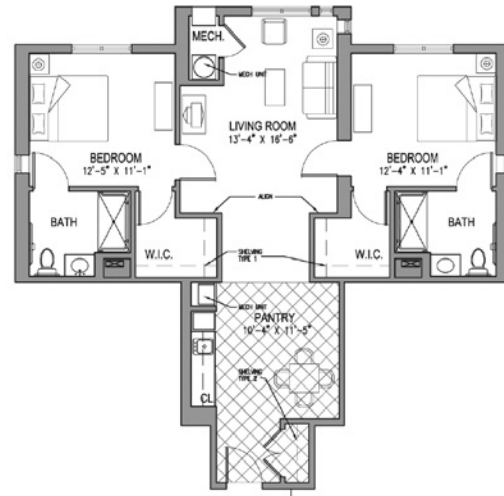
LANDOW HOUSE

Spacious Apartment Homes

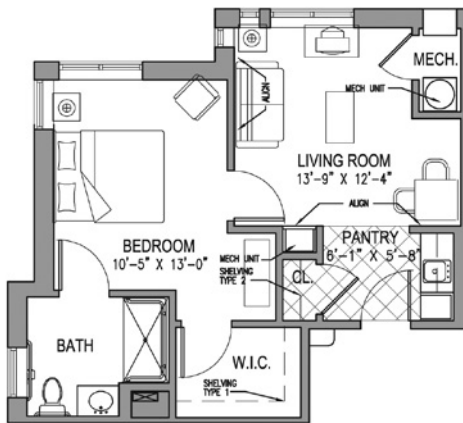
Landow House offers a selection of 1- and 2-bedroom apartment homes. Our Resident Services Coordinator will assist with your transition.



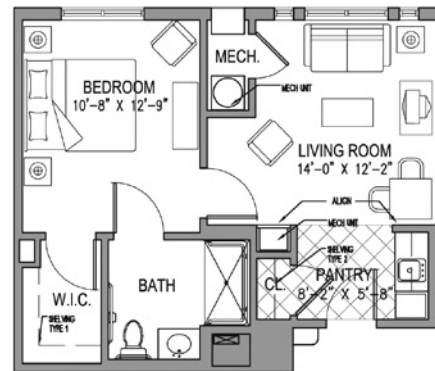
THE FOXHALL
2 bedroom / 2 bath



THE GEORGETOWN
2 bedroom / 2 bath



THE DUPONT
1 bedroom / 1 bath



THE KALORAMA
1 bedroom / 1 bath

LANDOW HOUSE

Apartment Rates

MONTHLY RATES

Standard

| | |
|----------------------------------------|----------|
| THE KALORAMA (1BR, 1BA) | \$8,506* |
| THE DUPONT (1BR, 1BA) | \$8,506* |
| THE FOXHALL (2BR, 2BA) | \$9,434* |
| THE GEORGETOWN (2BR, 2BA) | \$9,584* |

ADDITIONAL

| | |
|------------------------------|---------------------|
| SECOND RESIDENT | Starting at \$1,821 |
|------------------------------|---------------------|

Service Levels

Your monthly fee will be based on your choice of the levels of care and medication management you request or require, determined by a personalized assessment. A change in your service needs will prompt a reassessment and modification to your plan of care.

| | | | |
|------------------------|---------|-----------------------|---------|
| LEVEL I | \$953 | LEVEL IV | \$3,189 |
| LEVEL II | \$1,869 | LEVEL V | \$4,299 |
| LEVEL III | \$2,493 | | |

MEDICATION MANAGEMENT FEE

| | | | |
|------------------------|---------|-----------------------|---------|
| LEVEL I | \$0 | LEVEL IV | \$2,000 |
| LEVEL II | \$500 | LEVEL V | \$2,000 |
| LEVEL III | \$1,000 | | |



Your assisted living rental package includes:

- » Spacious apartments with kitchenette, large walk-in closets and a variety of floorplans
- » Kosher breakfast, lunch, dinner and light refreshments
- » State-of-the-art personal emergency response system
- » Weekly housekeeping
- » Basic utilities and internet
- » Linen and laundry services
- » Recreational, cultural, wellness and fitness programs
- » Scheduled transportation to shopping and cultural events
- » Life Enrichment Counselor

***Please note:** cable and phone are not included in monthly rental fees.

+ COMMUNITY FEE

A one-time community fee will be due at the time of lease signing.

ALL APARTMENTS \$7,000

RESERVATION FORM

Application Date _____

PERSONAL INFORMATION

Mr. Dr. Mrs. Ms. Miss Other _____

Last Name _____ First Name _____ MI ____ Date of Birth _____

Mr. Dr. Mrs. Ms. Miss Other _____

Last Name _____ First Name _____ MI ____ Date of Birth _____

Address _____

City _____ State ____ Zip _____

Home Phone _____ Mobile Phone _____

Email _____ Fax _____

LANDOW HOUSE APARTMENT HOME PREFERENCES

The Kalorama (1 bedroom/1 bath)

The DuPont (1 bedroom/1 bath)

The Foxhall (2 bedroom/2 bath)

The Georgetown (2 bedroom/2 bath)

FAMILY MEMBER INFORMATION

Name _____ Relationship _____

Address _____

City _____ State ____ Zip _____

Home Phone _____ Mobile Phone _____

Email _____ Fax _____

FORMALITIES

This application is being managed by: Prospective Resident Family/Friend Other _____

Name _____ Relationship _____

How did you hear about us? _____

I understand that returning this signed reservation form and the application fee assures me of a position on the waiting lists I have selected. Applicants will be considered in the order of their position on the lists, which is determined by the date of receipt of this form and fee. The fee is not refundable. Applicants' rights may not be assigned to others, and do not pass to heirs or personal representatives. Reservations will be on file for six months.

Future Resident _____ Future Resident _____

Or By _____ Authorized Agent _____ Date _____