

# Welcome to Ladow House

## ASSISTED LIVING APARTMENTS

Our team of healthcare experts provides personalized care in the privacy of your own apartment. From daily life assistance, medical care and rehabilitation therapy, our quality services enable residents to continue to enjoy meaningful experiences each day.



## LANDOW HOUSE HIGHLIGHTS

- » Lifestyle and leisure programming specializing in music, creative engagement and wellness
- » Scheduled transportation to shopping and cultural events
- » Community space, including a theater, private dining room, beauty salon and art studio
- » Pets welcome
- » Outdoor gardens and beautifully landscaped terrace
- » Fitness center
- » Religious services and spiritual care are available to residents of all faiths
- » Continuous on-site licensed nursing
- » BCAT® Cognitive Center of Excellence
- » On-site physician care
- » A full suite of services on campus including our top-ranked Post-Acute Care Center
- » Individualized person-centered engagement
- » On-site physical, occupational and speech therapy services in our state-of-the-art rehab suite



SCAN TO  
LEARN MORE

### LANDOW HOUSE

# A Day Designed Around You

Engage in innovative lifestyle and leisure programs, such as excursions to museums, parks and entertainment. Enjoy dining in our main dining room or in one of our optional dining areas. Our physicians and nursing teams are here to meet your medical needs.

#### MORNINGS

- » Organized fitness classes
- » Trip to local art studio to meet with resident artist
- » Educational lectures

#### AFTERNOONS

- » Art studio session with the Creative Engagement Coordinator
- » Trivia
- » String ensemble performance
- » Cultural events
- » Scenic rides

#### EVENINGS

- » Evening movies
- » Discussion groups

#### AT YOUR LEISURE

- » Beauty salon appointments available
- » Fitness center
- » Art studio
- » Visiting volunteers
- » Computer/technology stations
- » Hirsh Health Center appointments available

### DAILY MENU SAMPLE

— Certified Kosher Dining Options —

#### BREAKFAST MENU

- » Choice of juices, fresh-baked muffins and cereals
- » Entrées such as waffles and syrup, omelets, bagels and lox

#### LUNCH MENU

- » Wild mushroom soup
- » Open faced hot turkey sandwich
- » Creamy whipped potatoes
- » Savory green beans
- » Sweet cantaloupe wedges

#### DINNER MENU

- » Chicken matzo ball soup  
*Gefilte fish, tossed salad*
- » Baked salmon  
*Quinoa pilaf, green beans with onions*
- » Braised beef brisket  
*Country mashed potatoes, green beans*
- » Roasted chicken leg  
*Sautéed cabbage, country mashed potatoes*
- » Chocolate mousse

LANDOW HOUSE

# Spacious Apartment Homes

Landow House offers a selection of 1- and 2-bedroom apartment homes. Our Resident Services Coordinator will assist with your transition.



**THE FOXHALL**  
2 bedroom / 2 bath



**THE GEORGETOWN**  
2 bedroom / 2 bath



**THE DUPONT**  
1 bedroom / 1 bath



**THE KALORAMA**  
1 bedroom / 1 bath

LANDOW HOUSE

# Apartment Rates

## MONTHLY RATES

### Standard

|  |          |
|--|----------|
| <b>THE KALORAMA (1BR, 1BA)</b> .....   | \$7,635* |
| <b>THE DUPONT (1BR, 1BA)</b> .....     | \$7,635* |
| <b>THE FOXHALL (2BR, 2BA)</b> .....    | \$8,468* |
| <b>THE GEORGETOWN (2BR, 2BA)</b> ..... | \$8,603* |

#### ADDITIONAL

|                                     |                     |
|-------------------------------------|---------------------|
| SECOND INDEPENDENT RESIDENT .....   | Starting at \$1,650 |
| SECOND ASSISTED LIVING RESIDENT ... | Starting at \$2,382 |

### Service Levels

Your monthly fee will be based on your choice of apartment and on the services you request or require, determined by a personalized assessment. A change in your service needs will prompt a reassessment and modification to your plan of care.

|                        |         |
|------------------------|---------|
| <b>LEVEL I</b> .....   | \$732   |
| <b>LEVEL II</b> .....  | \$1,646 |
| <b>LEVEL III</b> ..... | \$2,195 |
| <b>LEVEL IV</b> .....  | \$2,808 |
| <b>LEVEL V</b> .....   | \$3,786 |



## Your assisted living rental package includes:

- » Spacious apartments with kitchenette, large walk-in closets and a variety of floorplans
- » Kosher breakfast, lunch, dinner and light refreshments
- » State-of-the-art personal emergency response system
- » Weekly housekeeping
- » Basic utilities and internet
- » Linen and laundry services
- » Recreational, cultural, wellness and fitness programs
- » Scheduled transportation to shopping and cultural events
- » Life Enrichment Counselor

**\*Please note:** cable and phone are not included in monthly rental fees.

## + COMMUNITY FEE

A one-time community fee will be due at the time of lease signing.

**ALL APARTMENTS** ..... \$7,000

# RESERVATION FORM

Application Date \_\_\_\_\_

## PERSONAL INFORMATION

Mr.  Dr.  Mrs.  Ms.  Miss  Other \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_ Date of Birth \_\_\_\_\_

Mr.  Dr.  Mrs.  Ms.  Miss  Other \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_

Email \_\_\_\_\_ Fax \_\_\_\_\_

## LANDOW HOUSE APARTMENT HOME PREFERENCES

**The Kalorama** (1 bedroom/1 bath)

**The DuPont** (1 bedroom/1 bath)

**The Foxhall** (2 bedroom/2 bath)

**The Georgetown** (2 bedroom/2 bath)

## FAMILY MEMBER INFORMATION

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_

Email \_\_\_\_\_ Fax \_\_\_\_\_

## FORMALITIES

This application is being managed by:  Prospective Resident  Family/Friend  Other \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

I understand that returning this signed reservation form and the application fee assures me of a position on the waiting lists I have selected. Applicants will be considered in the order of their position on the lists, which is determined by the date of receipt of this form and fee. The fee is not refundable. Applicants' rights may not be assigned to others, and do not pass to heirs or personal representatives. Reservations will be on file for six months.

Future Resident \_\_\_\_\_ Future Resident \_\_\_\_\_

Or By \_\_\_\_\_ Authorized Agent \_\_\_\_\_ Date \_\_\_\_\_