SUN	MON	TUE	WED	THUR	FRI	SAT
31 9:00 Window Visits with Family 10:30 Exercise Video (Channel 975) 2:00 Afternoon Matinee (Channel 975) 2:30 Snack Cart- Coffee & Pastries (Delivered to Room) 8:00 Movie (Channel 975)					**1** 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:00 Weekly Themed Activity Packets (Distributed to Apartments) 1:00 Window Visits with Family (Cafe) 2:30 Mobile Happy Hour (Delivered to Room) 4:30 Virtual Shabbat Service with Rabbah Arlene	**2** 9:00 Window Visits with Family 10:30 Exercise Video (Channel 975) 11:00 Virtual Shabbat Service with Rabbah Arlene 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
3 9:00 Window Visits with Family 10:30 Exercise Video (Channel 975) 2:00 Afternoon Matinee (Channel 975) 2:30 Snack Cart- Coffee & Pastries (Delivered to Room) 8:00 Movie (Channel 975)	**4** 9:30 Window Visits with Family (Cafe) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 8:00 Movie (Channel 975)	**5** 9:30 Window Visits with Family (Cafe) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 2:30 Snack Cart- Super Foods (Delivered to Room) 8:00 Movie (Channel 975)	**6** 9:30 Parsha Class with Rabbi (Channel 975) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:00 Virtual Visits (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 3:00 Playful Art (Art Room) 8:00 Movie (Channel 975)	**7** 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 2:30 Snack Cart- Hot Chocolate and Cookies (Delivered to Room) 8:00 Movie (Channel 975)	**8** 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:00 Weekly Themed Activity Packets (Distributed to Apartments) 1:00 Window Visits with Family (Cafe) 2:30 Mobile Happy Hour (Delivered to Room) 4:30 Virtual Shabbat Service with Rabbah Arlene	**9** 9:00 Window Visits with Family 10:30 Exercise Video (Channel 975) 11:00 Virtual Shabbat Service with Rabbah Arlene 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
10 9:00 Window Visits with Family 10:30 Exercise Video (Channel 975) 2:00 Afternoon Matinee (Channel 975) 2:30 Snack Cart- Coffee & Pastries (Delivered to Room) 8:00 Movie (Channel 975)	**11** 9:30 Window Visits with Family (Cafe) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 8:00 Movie (Channel 975)	**12** 9:30 Window Visits with Family (Cafe) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 2:30 Snack Cart- Super Foods (Delivered to Room) 8:00 Movie (Channel 975)	**13** 9:30 Parsha Class with Rabbi (Channel 975) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:00 Virtual Visits (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 3:00 Playful Art (Art Room) 8:00 Movie (Channel 975)	**14** 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 2:30 Snack Cart- Hot Chocolate and Cookies (Delivered to Room) 8:00 Movie (Channel 975)	**15** 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:00 Weekly Themed Activity Packets (Distributed to Apartments) 1:00 Window Visits with Family (Cafe) 2:30 Mobile Happy Hour (Delivered to Room) 4:30 Virtual Shabbat Service with Rabbah Arlene	**16** 9:00 Window Visits with Family 10:30 Exercise Video (Channel 975) 11:00 Virtual Shabbat Service with Rabbah Arlene 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
17 9:00 Window Visits with Family 10:30 Exercise Video (Channel 975) 2:00 Afternoon Matinee (Channel 975) 2:30 Snack Cart- Coffee & Pastries (Delivered to Room) 8:00 Movie (Channel 975)	**18** 9:30 Window Visits with Family (Cafe) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 8:00 Movie (Channel 975)	**19** 9:30 Window Visits with Family (Cafe) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 2:30 Snack Cart- Super Foods (Delivered to Room) 8:00 Movie (Channel 975)	**20** 9:30 Parsha Class with Rabbi (Channel 975) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:00 Virtual Visits (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 3:00 Playful Art (Art Room) 8:00 Movie (Channel 975)	**21** 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 2:30 Snack Cart- Hot Chocolate and Cookies (Delivered to Room) 8:00 Movie (Channel 975)	**22** 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:00 Weekly Themed Activity Packets (Distributed to Apartments) 1:00 Window Visits with Family (Cafe) 2:30 Mobile Happy Hour (Delivered to Room) 4:30 Virtual Shabbat Service with Rabbah Arlene	**23** 9:00 Window Visits with Family 10:30 Exercise Video (Channel 975) 11:00 Virtual Shabbat Service with Rabbah Arlene 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
24 9:00 Window Visits with Family 10:30 Exercise Video (Channel 975) 2:00 Afternoon Matinee (Channel 975) 2:30 Snack Cart- Coffee & Pastries (Delivered to Room) 8:00 Movie (Channel 975)	**25** 9:30 Window Visits with Family (Cafe) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 8:00 Movie (Channel 975)	**26** 9:30 Window Visits with Family (Cafe) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 2:30 Snack Cart- Super Foods (Delivered to Room) 8:00 Movie (Channel 975)	**27** 9:30 Parsha Class with Rabbi (Channel 975) 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:00 Virtual Visits (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 3:00 Playful Art (Art Room) 8:00 Movie (Channel 975)	**28** 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:30 Virtual Visits (In Room) 2:30 Snack Cart- Hot Chocolate and Cookies (Delivered to Room) 8:00 Movie (Channel 975)	**29** 10:00 1:1 Visits: Music, Mediation, Conversation & Art (In Room) 10:30 Exercise Video (Channel 975) 11:10 Music Program (Channel 975) 1:00 Weekly Themed Activity Packets (Distributed to Apartments) 1:00 Window Visits with Family (Cafe) 2:30 Mobile Happy Hour (Delivered to Room) 4:30 Virtual Shabbat Service with Rabbah Arlene	**30** 9:00 Window Visits with Family 10:30 Exercise Video (Channel 975) 11:00 Virtual Shabbat Service with Rabbah Arlene 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)

January 2021

Landow House Activities

All Activities are Subject to Change

Charles E. Smith
LIFE COMMUNITIES