

SUN	MON	TUE	WED	THUR	FRI	SAT
				10:00 Morning Meditation (2nd fl) 1 11:00 Word Games (2nd fl) 1:30 Accordion Music with Dave Lovins (Theater) 3:00 Story Crafting with Carol (2nd fl) 3:00 Walking Club with Melissa (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Positive Thinking (2nd fl) 2 11:00 Echoes of Nature: Live Exotic Animals (2nd fl) 1:30 Music with Jiyoung (Theater) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Movement with Melissa (Channel 975) 3 11:00 Virtual Shabbat Service (Channel 975) 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
10:30 Fourth of July Facts & Fun (2nd fl) 4 12:15 Independence Day Barbecue Lunch (DR) 2:00 Patriotic Music (2nd fl) 8:00 Movie (Channel 975)	10:00 Chair Exercise Video (2nd fl) 5 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 1:30 Iris Music Program (Theater) 8:00 Movie (Channel 975)	10:00 Exercise with Stephanie (2nd fl) 6 11:00 Word Games (2nd fl) 2:00 Literature Corner with Carol (2nd fl) 3:00 Walking Club with Melissa (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Chair Exercise Video (2nd fl) 7 11:00 Playful Art Session 1 (Art Room) 1:30 Musical Program with Lauren (Theater) 2:30 Playful Art Session 2 (Art Room) 4:00 Playful Art Session 3 (Art Room) 6:30 Pianist Bertram McLeish (Theater) 8:00 Movie (Channel 975)	10:00 Morning Meditation (2nd fl) 8 11:00 Music Program with Lauren (Theater) 1:30 Courtyard Concert with Ron Howard (Landow House Courtyard) 3:00 Story Crafting with Carol (2nd fl) 3:00 Walking Club with Melissa (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Positive Thinking (2nd fl) 9 11:00 Discussion Group (2nd fl) 1:30 Music with Jiyoung (Theater) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Movement with Melissa (Channel 975) 10 11:00 Virtual Shabbat Service (Channel 975) 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
10:00 Movement with Melissa (Channel 975) 11 1:00 Virtual Explorations (Channel 975) 2:00 Sunday Afternoon Matinee (Channel 975) 4:00 Virtual Yoga (Channel 975) 8:00 Movie (Channel 975)	10:00 Chair Exercise Video (2nd fl) 12 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Trivia (2nd fl) 1:30 Iris Music Program (Theater) 3:30 Armchair Travel (2nd fl) 8:00 Movie (Channel 975)	10:00 Exercise with Stephanie (2nd fl) 13 11:00 Yiddish Club (2nd fl) 2:00 Literature Corner with Carol (2nd fl) 3:00 Walking Club with Melissa (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Workout with Lori! (2nd fl) 14 11:00 Playful Art Session 1 (Art Room) 1:30 Musical Program with Lauren (Theater) 2:30 Playful Art Session 2 (Art Room) 4:00 Playful Art Session 3 (Art Room) 8:00 Movie (Channel 975)	10:00 Chair Zumba with Sharon (2nd fl) 15 11:00 Music Program with Lauren (Theater) 1:30 Courtyard Concert with Bob Clark (Landow House Courtyard) 3:00 Story Crafting with Carol (2nd fl) 3:00 Walking Club with Melissa (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Positive Thinking (2nd fl) 16 11:00 Discussion Group (2nd fl) 1:30 Music with Jiyoung (Theater) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Movement with Melissa (Channel 975) 17 11:00 Virtual Shabbat Service (Channel 975) 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
10:00 Movement with Melissa (Channel 975) 18 1:00 Virtual Explorations (Channel 975) 1:30 Vocal Performance by Harper Denhard (Theater) 4:00 Virtual Yoga (Channel 975) 8:00 Movie (Channel 975)	10:00 Chair Exercise Video (2nd fl) 19 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Trivia (2nd fl) 1:30 Iris Music Program (Theater) 3:30 Armchair Travel (2nd fl) 8:00 Movie (Channel 975)	10:00 Exercise with Stephanie (2nd fl) 20 11:00 Program Planning Committee (2nd fl) 2:30 Pianist John Oliver (Theater) 3:00 Walking Club with Melissa (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Workout with Lori! (2nd fl) 21 11:00 Culinary Explorations (Formerly Teaching Kitchen) (2nd fl) 11:00 Playful Art Session 1 (Art Room) 1:30 Musical Program with Lauren (Theater) 2:30 Playful Art Session 2 (Art Room) 4:00 Playful Art Session 3 (Art Room) 8:00 Movie (Channel 975)	10:00 Morning Meditation (2nd fl) 22 11:00 Music Program with Lauren (Theater) 2:30 Guitar with Vladimir (Theater) 3:00 Walking Club with Melissa (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Positive Thinking (2nd fl) 23 11:00 Discussion Group (2nd fl) 1:30 Music with Jiyoung (Theater) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Movement with Melissa (Channel 975) 24 11:00 Virtual Shabbat Service (Channel 975) 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
10:00 Movement with Melissa (Channel 975) 25 1:00 Virtual Explorations (Channel 975) 2:00 Sunday Afternoon Matinee (Channel 975) 4:00 Virtual Yoga (Channel 975) 8:00 Movie (Channel 975)	10:00 Chair Exercise Video (2nd fl) 26 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Dining Experience (Formerly Food Committee) (2nd fl) 11:00 Trivia (2nd fl) 3:30 Armchair Travel (2nd fl) 8:00 Movie (Channel 975)	10:00 Exercise with Stephanie (2nd fl) 27 11:00 Resident Council (Theater) 2:00 Let's Talk Torah with Rabbah Arlene (2nd fl) 3:00 Walking Club with Melissa (Meet in Lobby) 4:00 Dance with Victor (Theater) 8:00 Movie (Channel 975)	10:00 Workout with Lori! (2nd fl) 28 11:00 Playful Art Session 1 (Art Room) 1:30 Afternoon Musical Matinee (Theater) 2:30 Playful Art Session 2 (Art Room) 4:00 Playful Art Session 3 (Art Room) 8:00 Movie (Channel 975)	10:00 Chair Zumba with Sharon (2nd fl) 29 11:00 Lecture (2nd fl) 2:00 Games (2nd fl) 3:00 Story Crafting with Carol (2nd fl) 3:00 Walking Club with Melissa (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Positive Thinking (2nd fl) 30 11:00 Discussion Group (2nd fl) 1:30 Music with Jiyoung (Theater) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Movement with Melissa (Channel 975) 31 11:00 Virtual Shabbat Service (Channel 975) 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)

July 2021

Landow House Activities

All Activities are Subject to Change



Charles E. Smith
LIFE COMMUNITIES