

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 AM Chair Dance (SF) 11:00 AM Documentary PBS: "The Jewish People: A Story of Survival" (SF) 1:30 PM The Magic of Music! with Lauren and Jiyoung (TH) 2:30 PM Nature Break 4:00 PM You Be the Judge Stories (SF)	2 10:00 AM Resistance Band Exercise with Nyah (SF) 10:30 AM Shopping Trip CVS (LB) 11:00 AM Mind Joggers (SF) 1:30 PM Travel Experience with Mariah: "Canada" (SF) 3:00 PM Knitting Club (SF) 3:30 PM Exercise Class with Taylor (SF) 4:00 PM Stories & Reminiscence (BCAT) (SF)	3 10:00 AM Workout with Lori (SF) 11:00 AM Current Events with Judy Cohen (SF) 1:30 PM Music with Joanna: "The Andrew Sisters" (TH) 2:45 PM Music with The Piano Man Jerry Roman 4:00 PM Dear Linda & Shirley Advice (SF)	4 10:00 AM Chair Zumba with Sharon (SF) 11:00 AM Music & Poetry with Nyah and Lauren 1:30 PM Afternoon Movie: "Shirley" 3:30 PM Exercise Class with Taylor (SF) 4:00 PM Memory Exercise (BCAT GROUP) 4:00 PM The Storytellers Legacy Group with Nyah (SF)	5 10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Music & History Great Lectures: "Verdi: Nabucco (1842)" (SF) 1:30 PM Landow House Singers with Jiyoung (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	6 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:00 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
7 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Word & Triva Games (SF) 1:30 PM Washington Hebrew Congregation Performance (TH) 3:00 PM Ice Tea, Lemonade & Cookies Social (Café) 4:00 PM Bingo (Café)	8 10:00 AM Chair Dance with Marcy (SF) 11:00 AM Echoes Of Nature (SF) 1:30 PM String Duos with Joanna and Lauren (TH) 2:30 PM Nature Break 4:00 PM Current Events & Discussions with Shirley (SF)	9 10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Out To Lunch: "Siena's Vegetarian Pizzeria Restaurant" (LB) 11:00 AM Jewish Art Education Lecture by Nancy Kotz : "Jewish Roots of Modern American Star-chitects" (SF) 1:30 PM Documentary : Bing Crosby "Rediscovered" (SF) 3:00 PM Walking Club with Taylor (LB) 4:00 PM Stories & Reminiscence (BCAT)	10 10:00 AM Workout with Lori (SF) 11:10 AM Poetry in The Moment with Dana (SF) 1:30 PM From Humble Beginnings to International Stardom "Joseph Haydn" Presented by Joanna (TH) 2:30 PM Art Workshop with Claudia (AR) 4:00 PM Let's Talk about it (SF)	11 10:00 AM Chair Zumba with Sharon (SF) 11:00 AM Music and Literature from the Library of Congress with Alice, Joel and Lauren 1:30 PM Afternoon Movie: "My Big Fat Wedding 3" 3:30 PM Exercise Class with Taylor (SF) 4:00 PM Memory Exercise (BCAT GROUP) 4:00 PM Poetry Inkwell Insights with Nyah (SF)	12 10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Music & History Great Lectures: "Gottschalk: The Union (1862)" (SF) 1:30 PM Musical Entertainment (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	13 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:00 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
14 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Word & Triva Games (SF) 1:30 PM Dance with Victor (SF) 3:00 PM Nature Break 4:00 PM Bingo (Café)	15 10:00 AM Chair Dance with Marcy (SF) 10:30 AM Maryland Primary Elections 11:00 AM Inspirational Music & Psalms with Micheal Rosenberg 1:30 PM Beethoven's Debut" Iris Trio plays Opus 1, No. 1 (TH) 2:30 PM Nature Break 3:30 PM Top Table Games (SF)	16 10:00 AM Resistance Band Exercise with Nyah (SF) 10:30 AM Brookside Gardens Visit (LB) 11:00 AM Mind Joggers (SF) 2:00 PM Guitar Music with Vladimir 3:00 PM Knitting Club (SF) 3:00 PM Walking Club with Taylor (LB) 4:00 PM Stories & Reminiscence (BCAT) (SF)	17 10:00 AM Workout with Lori (SF) 11:00 AM Current Events with Judy Cohen 1:30 PM Spring is Here with Joanna! (TH) 2:30 PM Menu Committee 3:00 PM Drama Club "Skit Reading" (SF) 4:00 PM Dear Linda & Shirley Advice (SF) 6:30 PM Karaoke Night Sing Along with Ann & Joy (SF)	18 10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM Sephardic Traditions with Madelyn and Lauren 1:30 PM Afternoon Classic Thursday's Movie: "Three Coins In The Fountain" 3:30 PM Exercise Class with Taylor (SF) 4:00 PM Memory Exercise (BCAT GROUP) 4:00 PM The Storytellers Legacy Group with Nyah (SF)	19 10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Music & History Great Lecture Course: "Wagner: The Ring (1876)" (SF) 1:30 PM Alan Erlich Leads The Landow Singers! with Jiyoung (TH) 3:00 PM Landow House Happy Hour & April Birthday Celebrations! (Café) 4:00 PM Shabbat Service (TH)	20 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:00 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
21 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Word & Triva Games (SF) 2:00 PM Vocal Performance with Harper Denhard (TH) 3:00 PM Ice Tea, Lemonade & Cookies Social (Café) 4:00 PM Bingo (Café)	22 EREV PASSOVER 10:00 AM Chair Dance with Marcy (SF) 11:00 AM Landow News Feeds with Nyah and Claudia (SF) 2:00 PM Piano Tunes with Bertram Mcleish (TH) 3:00 PM Nature Break 5:00 PM Passover Seder (DR)	23 PASSOVER I 10:30 AM Passover Service (TH) 5:00 PM Passover Seder (DR)	24 PASSOVER II 10:30 AM Passover Service (TH)	25 PASSOVER III 10:00 AM Morning Stretch Class with Mariah (SF) 11:00 AM Music for Passover with Lauren 2:00 PM Resident Council 3:30 PM Exercise Class with Taylor (SF) 4:00 PM Memory Exercise (BCAT GROUP) 4:00 PM Poetry Inkwell Insights with Nyah	26 PASSOVER IV 10:00 AM Strengthening Exercise with Claudia (SF) 11:00 AM Music & History Great Lectures Course: "Dvořák: From the New World Symphony (1893)" (SF) 1:30 PM Life & Journey in Photography by Mark Semanoff (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	27 PASSOVER V 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:00 PM Havdalah Blessings with Dr. Alan Breitler (L&C)
28 PASSOVER VI 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Word & Triva Games (SF) 1:30 PM Classic Movies (SF) 3:00 PM Nature Break 4:00 PM Bingo (Café)	29 PASSOVER VII 10:30 AM Passover Service (TH)	30 PASSOVER VIII 10:30 AM Passover Services with Yizkor (TH)				