

SUN	MON	TUE	WED	THUR	FRI	SAT
10:00 Exercise Video (Theater) 30 6:30 Movie (Theater)						11:00 Shabbat Service with Rabbah Arlene (Theater) 1 1:30 Hot Topics with Dr. Jenner (Theater) 6:30 Movie (Theater)
10:00 Exercise Video (Theater) 2 11:00 Echoes of Nature - Live Exotic Animals! (Theater) 1:30 Games with Stephanie (2nd fl) 3:30 Dance Party and Music with Victor (Lobby) 6:30 Movie (Theater)	9:30 Trip Sign up and Questions with Stephanie (Cafe) 3 10:00 Chair Zumba and Dance Fitness (2nd fl) 11:00 Word Games (2nd fl) 1:30 Chorus Rehearsal with Jiyoung (Theater) 2:00 Open Gym (Therapy Services) 3:30 30 minute walk with Carlton (Meet in the Lobby) 6:30 Performance by Harper Denhard	10:00 Seated Workout with Lenora (2nd fl) 4 11:00 Musical Storycrafting with Lauren, Eva & Jiyoung (Theater) 1:30 Jewish Music & Discussion with Michael Rosenberg (Theater) 1:30 Pontoon Boat Ride on Little Lake Seneca (Meet in Lobby at 1:15 pm) 2:00 Open Gym (Therapy Services) 6:30 Movie (Theater) 7:30 Rabbi Brandriss presents the Commandments (Lobby)	10:00 Workout with Lori! (2nd fl) 5 11:00 Trivia! (2nd fl) 1:30 Activities to Go Slide Show Presentation (Theater) 2:00 Open Gym (Therapy Services) 4:00 The Music of Russia with Lauren and Svetlana (Theater) 6:30 Pianist Bertram McLeish (Theater) 8:15 The Prophets presented by Rabbi Ira Brandriss (Lobby)	10:00 World Elder Abuse Awareness Day- Wear Purple Day (Lobby & Theater) 6 10:30 JCC Preschool Performance (Theater) 11:00 Story Crafting with Carol (2nd fl) 1:30 Poetry Club with Dana Tate (2nd fl) 2:00 Open Gym (Therapy Services) 2:30 Music with Eva (Theater) 6:30 Movie (Theater)	10:00 Fitness First with Martine (2nd fl) 7 10:15 Trip to Library (Meet in the Lobby) 1:30 30 minute walk with Carlton (Meet in the Lobby) 2:00 Aging Well: News You Can Use! With Carol (2nd fl) 2:00 Open Gym (Therapy Services) 3:00 Landow House Happy Hour (Courtyard) 4:00 Shabbat Service with Syril Kline (Theater)	11:00 Shabbat Service with Michael Rosenberg (Theater) 8 6:30 Movie (Theater)
6:30 Movie (Theater) 9	11:00 Word Games (2nd fl) 10 2:00 Open Gym (Therapy Services) 3:30 30 minute walk with Carlton (Meet in the Lobby)	10:00 Seated Workout with Lenora (2nd fl) 11 1:30 Jewish Music & Discussion with Michael Rosenberg (Theater) 2:00 Open Gym (Therapy Services) 2:30 Garden Club (Art Room) 6:30 Movie (Theater)	10:00 Workout with Lori! (2nd fl) 12 1:30 Let's Talk Torah with Rabbah Arlene (2nd fl) 2:00 Open Gym (Therapy Services) 4:00 Music Committee with Lauren (2nd fl) 6:30 Movie (Theater)	10:00 Fitness Fun with Carlton! (Theater) 13 11:00 Story Crafting with Carol (2nd fl) 2:00 Open Gym (Therapy Services)	10:00 Fitness First with Martine (2nd fl) 14 1:30 30 minute walk with Carlton (Meet in the Lobby) 2:00 Aging Well: News You Can Use! With Carol (2nd fl) 2:00 Open Gym (Therapy Services) 3:00 Landow House Happy Hour (Courtyard) 4:00 Shabbat Service with David Abramson (Lobby)	11:00 Shabbat Service with Sabrina (Theater) 15 6:30 Movie (Theater)
10:00 Exercise Video (Theater) 16 6:30 Movie (Theater)	10:00 Chair Zumba and Dance Fitness (2nd fl) 17 11:00 Word Games (2nd fl) 2:00 Open Gym (Therapy Services) 2:30 Resident Council (Theater) 3:30 30 minute walk with Carlton (Meet in the Lobby) 6:30 Movie Musical Mondays (Theater)	10:00 Seated Workout with Lenora (2nd fl) 18 1:30 Jewish Music & Discussion with Michael Rosenberg (Theater) 2:00 Open Gym (Therapy Services) 7:30 Rabbi Brandriss presents the Commandments (Lobby)	10:00 Workout with Lori! (2nd fl) 19 1:30 Lecture with Dr. Jenner (Theater) 2:00 Open Gym (Therapy Services) 4:00 Music Committee with Lauren (2nd fl) 6:30 Movie (Theater) 8:15 The Prophets presented by Rabbi Ira Brandriss (Lobby)	10:00 Fitness Fun with Carlton! (Theater) 20 11:00 Story Crafting with Carol (2nd fl) 1:30 News Program with Jerry Grossman (Theater) 2:00 Open Gym (Therapy Services) 6:30 Movie (Theater)	10:00 Fitness First with Martine (2nd fl) 21 11:00 Trivia! (2nd fl) 1:30 30 minute walk with Carlton (Meet in the Lobby) 2:00 Open Gym (Therapy Services) 3:00 Landow House Happy Hour (Courtyard) 4:00 Shabbat Service with Susan Weiss (Lobby)	11:00 Shabbat Service with Michael Rosenberg (Theater) 22 6:30 Movie (Theater)
10:00 Exercise Video (Theater) 23 6:30 Movie (Theater)	10:00 Chair Zumba and Dance Fitness (2nd fl) 24 2:00 Open Gym (Therapy Services) 3:30 30 minute walk with Carlton (Meet in the Lobby) 6:30 Music with Harper (Theater)	10:00 Seated Workout with Lenora (2nd fl) 25 1:30 Jewish Music & Discussion with Michael Rosenberg (Theater) 2:00 Open Gym (Therapy Services) 6:30 Movie (Theater)	10:00 Workout with Lori! (2nd fl) 26 1:30 Let's Talk Torah with Rabbah Arlene (2nd fl) 2:00 Open Gym (Therapy Services) 6:30 Movie (Theater)	10:00 Fitness Fun with Carlton! (Theater) 27 11:00 Story Crafting with Carol (2nd fl) 2:00 Open Gym (Therapy Services) 6:30 Movie (Theater)	10:00 Fitness First with Martine (2nd fl) 28 1:30 30 minute walk with Carlton (Meet in the Lobby) 2:00 Open Gym (Therapy Services) 3:00 Landow House Happy Hour (Courtyard) 4:00 Shabbat Service with Syril Kline (Theater)	11:00 Shabbat Service with Rabbah Arlene (Theater) 29 1:30 Torah Talk with Janice (Lobby and Cafe)

June 2019

Landow House Activities

All Activities are Subject to Change



Charles E. Smith
LIFE COMMUNITIES