

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 AM Dance Movements with Clancy Works (SF) 11:00 AM PBS Documentaries Great Performances: Now Hear This Scott Yoo (SF) 1:30 PM Music Entertainment with Prince Havelly (SF) 3:00 PM Monthly Birthday Celebrations Social 4:00 PM Shabbat Service (TH)	2 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:15 PM Havdalah Service (Café)
3 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Sing Along with Joyce (SF) 3:00 PM Lemonade & Iced Tea Social (L&C)	4 10:00 AM Dance Movements with Marcy (SF) 11:00 AM Art Class with Claudia (AR) 1:30 PM Highlights of 250 years of Music in America, with Jiyoung and Joanna (TH) 3:00 PM One on One Visits 3:00 PM Mahjong Players (Café) 4:00 PM Outdoor Games/Music (CY)	5 LAG B'OMER 10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:30 PM Musical Moments with Jiyoung (TH) 2:30 PM B-Day Club Meeting (TH) 3:00 PM Lag B'Omer with Dr. Alan Breitler 3:15 PM Open Gym	6 10:00 AM Exercise with Mariah (SF) 11:00 AM Old English Proverbs and Meanings with Mariah (SF) 1:30 PM Kentucky Derby History Presented by Nyah (SF) 3:00 PM Kentucky Derby Happy Hour (SF) 4:00 PM Healthy Aging Seminar with Dan: Mental Wellness & Mood Support (SF)	7 10:00 AM Living Strong/Chair Yoga (SF) 11:00 AM Landow News Feed with Lifestyle & Leisure Team (SF) 1:30 PM Afternoon Movies: Won't Back Down (TH) 2:15 PM Open Gym 3:00 PM One on One's Visits 3:30 PM Brain Games with Dan (SF)	8 10:00 AM Dance Movements with the Clancy Works (SF) 11:00 AM PBS Documentaries Great Performances: Now Hear This Scott Yoo (SF) 1:30 PM Music and Poetry and Lauren, Nyah and Josephine (SF) 4:00 PM Shabbat Service (TH)	9 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:15 PM Havdalah Service (Café)
10 MOTHER'S DAY 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Music Entertainment with MaryBeth Kerley (SF) 2:30 PM Ice Cream Social "Sundaes" (SF)	11 10:00 AM Dance Movements with Marcy (SF) 11:00 AM Echoes of Nature (SF) 1:30 PM Music for Mother's Day with the trio (TH) 3:00 PM One on One Visits 3:00 PM Mahjong Players (Café) 4:00 PM Outdoor Games/Music (CY)	12 10:00 AM Voting for Elections (TH) 1:30 PM Music Committee with Jiyoung (SF) 2:30 PM Torah Talk with Rabbah Arlene (SF) 3:15 PM Open Gym 3:30 PM Bingo (SF)	13 10:00 AM Workout with Lori (SF) 11:00 AM Word Games with Mariah (SF) 1:30 PM Latin dance rhythms in Classical and Popular music, with Carolyn and Joanna (TH) 3:00 PM Men's Group 4:00 PM Healthy Aging Seminar with Dan: Mental Wellness & Mood Support (SF)	14 10:00 AM Living Strong/Chair Yoga (SF) 11:00 AM Current Events with Lifestyle & Leisure Team (SF) 1:30 PM Afternoon Classic Movies: East of Eden (TH) 2:15 PM Open Gym 3:00 PM One on One's Visits 3:30 PM Brain Games with Dan (SF)	15 10:00 AM Strengthening Exercise class with Claudia (SF) 11:00 AM PBS Documentaries Great Performances: Now Hear This Scott Yoo (SF) 1:30 PM Stories and Music from Yiddish Theater (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	16 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:15 PM Havdalah Service (Café)
17 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Sing Along with Joyce (SF) 3:00 PM Lemonade & Iced Tea Social (L&C)	18 10:00 AM Exercise with Mariah (SF) 11:00 AM Art Class with Claudia (AR) 1:30 PM Beautiful Melodies for Violin and Piano, with Jiyoung and Joanna (TH) 3:00 PM One on One Visits 3:00 PM Mahjong Players (Café) 4:00 PM Stories & Reminiscing with Mariah: William Shakespeare (SF)	19 10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 1:30 PM Buzzing Music for World Bee Day with Jiyoung (TH) 2:30 PM Guitar Music with Vladimir (TH) 3:15 PM Open Gym 3:45 PM Bingo (SF)	20 10:00 AM Workout with Lori (SF) 10:30 AM Tour at Brookside Gardens 11:00 AM Old English Proverbs and Meanings with Mariah (SF) 2:00 PM Landow Women's Club featuring Elaine (SF) 3:00 PM Travel Experience with Rick Steves (SF) 4:00 PM Healthy Aging Seminar with Dan: Mental Wellness & Mood Support (SF)	21 10:00 AM Living Strong/Chair Yoga (SF) 11:00 AM Current Events with Lifestyle & Leisure Team (SF) 1:30 PM Stephanie Dailey and Company : "Hooray for Hollywood" (TH) 2:15 PM Open Gym 3:00 PM One on One's Visits 3:30 PM Brain Games with Dan (SF)	22 SHAVUOT 10:30 AM Shavout Service (TH) 2:00 PM Shavuot with Dr. Alan Breitler (SF) 4:00 PM Shabbat Service (TH)	23 SHAVUOT 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:15 PM Havdalah Service (Café)
24 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Sing Along with Joyce (SF) 3:00 PM Tacy Foundation Performances	25 MEMORIAL DAY 10:00 AM Exercise with Mariah (SF) 11:00 AM Art Class with Claudia (AR) 1:30 PM Music Entertainment with Catie Brooks (SF) 2:00 PM Ice Cream Social (SF) 2:30 PM Memorial Day Remembrance with Dr. Alan Breitler (SF)	26 10:00 AM Resistance Band Exercise with Nyah (SF) 11:00 AM Mind Joggers with Jeff (SF) 2:30 PM Torah Talk with Rabbah Arlene (SF) 3:15 PM Open Gym 3:30 PM Bingo (SF)	27 10:00 AM Workout with Lori (SF) 11:00 AM Discussions and study of the weekly Parsha with Rabbi Renana :Freedom Songs and Tales from the Jewish Trading (SF) 1:30 PM Jewish Composers- Aaron Copland, with Joanna (TH) 2:30 PM Resident Council	28 10:00 AM Living Strong/Chair Yoga (SF) 11:00 AM Current Events with Lifestyle & Leisure Team (SF) 1:30 PM Afternoon Movie: Men of Honor (TH) 2:15 PM Open Gym 3:00 PM One on One's Visits 3:30 PM Brain Games with Dan (SF)	29 10:00 AM Tai Chi Exercise Class with Claudia (SF) 11:00 AM PBS Documentaries Great Performances: Now Hear This Scott Yoo (SF) 1:30 PM Exploring Rythm of the Drums with Lauren (TH) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (TH)	30 10:30 AM Shabbat Services (TH) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (SF) 8:15 PM Havdalah Service (Café)
31 10:00 AM Morning Exercise with Joyce (SF) 11:00 AM Trivia Games with Joyce (SF) 1:30 PM Sing Along with Joyce (SF) 3:00 PM Lemonade & Iced Tea Social (L&C)						