

November 2022



Landow House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 AM Strengthening Class with Claudia (SF) 11:00 AM Mind Joggers with Claudia (SF) 2:00 PM Music with John Oliver (Th) 3:30 PM Walking Club with Marcus (LB) 4:00 PM Weird & Wonderful Poems part II with Carol (SF) 6:45 PM Scrabble & Rummikub (Café)	2 10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Carol (AR) 11:00 AM Current Events with Judy Cohen (SF) 1:30 PM The Life & Music of Henry Mancini (SF) 2:30 PM Afternoon Movie (SF) 2:45 PM Art Workshop with Carol (AR) 4:00 PM Art Workshop with Carol (AR)	3 10:00 AM Zumba Class with Sharon (SF) 11:00 AM Music with Lauren: "Musical Festival Prep!" (SF) 1:30 PM Accordion Music with Dave Lovings (Th) 2:30 PM PBS Series: "The U.S. and the Holocaust" Episode 1 of 3 (SF) 3:30 PM Exercise Class with Marcus (SF) 4:00 PM Story Crafting with Carol (SF)	4 10:00 AM Strengthening Class with Claudia (SF) 10:30 AM Scenic Drive (LB) 11:00 AM Yiddish Moment with Alan (SF) 1:30 PM First Lady of Jazz: Ella Fitzgerald 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (Th)	5 10:30 AM Shabbat Services (Th) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (Sf)
6 10:00 AM Morning Stretch with Joyce (SF) 11:00 AM Travels Around the World (SF) 2:00 PM Trivia Games with Joyce (SF) Daylight Savings Begins	7 10:00 AM Strengthening Class with Claudia (SF) 10:30 AM CVS Shopping Trip (LB) 11:00 AM Echos of Nature (SF) 12:30 PM Harpist Music for Lunch (Dining Room) 1:30 PM Musical Gems for Cello & Piano with Jeannie and Lauren (SF) 3:00 PM Hot Chocolate & Tea Social (Cafe) 3:00 PM Book Club (SF) 4:00 PM BCAT Stories with Carol (SF) 7:00 PM Movie Night Classics (SF)	8 10:00 AM Strengthening Class with Claudia (SF) 11:00 AM Mind Joggers with Claudia (SF) 2:00 PM BCAT Workbook with Claudia 2:00 PM Nature Video with Carol (SF) 3:00 PM Torah Talk with Rabba Arlene (SF) 3:30 PM Walking Club with Marcus (LB) 4:00 PM You be the Judge with Carol (SF) 6:45 PM Scrabble & Rummikub (Café)	9 10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Carol (AR) 11:00 AM Poetry in the Moment with Dana Tate (SF) 1:30 PM The Beloved Violin Concertos 2:30 PM PBS Documentary "The Booksellers" (SF) 2:45 PM Art Workshop with Carol (AR) 4:00 PM Art Workshop with Carol (AR) 4:00 PM Current Events : "Elections Social with Judy Cohen" (SF) 6:30 PM Music Trivia with Jerry Roman	10 10:00 AM Zumba Class with Sharon (SF) 11:00 AM Music with Lauren: "Musical Festival Prep!" (SF) 1:30 PM PBS Series: "The U.S. and the Holocaust" Episode 2 of 3 (SF) 3:30 PM Exercise Class with Marcus (SF) 4:00 PM Story Crafting with Carol	11 10:00 AM Strengthening Class with Claudia (SF) 11:00 AM Yiddish Moment with Alan (SF) 1:30 PM Patriotic Music a Veteran Special with IRIS Music & Alan Breitler (SF) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (Th) Veterans Day	12 10:30 AM Shabbat Services (Th) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (Sf)
13 10:00 AM Morning Stretch with Joyce (SF) 11:00 AM Travels Around the World (SF) 2:00 PM Dance with Victor – SF	14 10:00 AM Strengthening Class with Claudia (SF) 10:00 AM Just for Us Program to "The National Gallery Trip" (LB) 1:30 PM Commercial Jingles with Diane and The Trio! (SF) 3:00 PM BCAT Stories with Carol (SF) 4:00 PM Current Events & Discussions with Shirley (SF) 7:00 PM Movie Night Classics (SF)	15 10:00 AM Strengthening Class with Claudia (SF) 11:00 AM The Art of Sabbath a Lecture by The Jewish Art Education Nancy Kotz (SF) 2:00 PM Guitar Music with Vladimir (Th) 3:00 PM Menu Meeting 3:30 PM Walking Club with Marcus (LB) 4:00 PM Literature Corner with Carol (SF) 6:45 PM Scrabble & Rummikub (Café)	16 10:00 AM Workout with Lori (SF) 11:00 AM Art Workshop with Carol (AR) 1:30 PM Strike up the Band- America Military Ensembles 2:30 PM Afternoon Movie 2:45 PM Art Workshop with Carol (AR) 4:00 PM Art Workshop with Carol (AR)	17 10:00 AM Meditation with Carol (SF) 11:00 AM Music with Lauren: "Musical Festival Prep!" (SF) 1:30 PM PBS Series: "The U.S. and the Holocaust" Episode 3 of 3 (SF) 3:30 PM Exercise Class with Marcus (SF) 4:00 PM Story Crafting with Carol (SF)	18 10:00 AM Strengthening Class with Claudia (SF) 11:00 AM Yiddish Moment with Alan (SF) 1:30 PM Giving Thanks Through Music 3:00 PM Landow House Happy Hour & Birthday's Celebrations" (Café) 4:00 PM Shabbat Service (Th)	19 10:30 AM Shabbat Services (Th) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (Sf)
20 10:00 AM Morning Stretch with Joyce (SF) 11:00 AM Travels Around the World (SF) 2:00 PM Landow Music Festival Kick-Off: "A Night out on Times' Square with Bethesda Little Theater" " Landow Music Festival Begins"	21 10:00 AM Strengthening Class with Claudia (SF) 11:00 AM Understanding Hamilton with Alan & Lauren (SF) 1:30 PM Landow Presents Musical Festival : "Songs from Fiddler on The Roof" (SF) 3:00 PM Hot Chocolate & Tea Social (Cafe) 4:00 PM BCAT Stories with Carol (SF) 6:30 PM Ballads from Broadway Performed by The Iris Piano Trio (SF)	22 10:00 AM Strengthening Class with Claudia (SF) 11:00 AM Mind Joggers with Claudia (SF) 1:30 PM Landow Music Festival Finale Event "Resident Showcase" - Th 3:00 PM Torah Talk with Rabba Arlene(SF) 3:30 PM Walking Club with Marcus (LB) 4:00 PM Dear Abby Yiddish Style with Carol (SF) 6:45 PM Scrabble & Rummikub (Café)	23 10:00 AM Workout with Lori (SF) 10:30 AM Scenic Drive (LB) 11:00 AM Art Workshop with Carol (AR) 2:00 PM Bingo (SF) 2:45 PM Art Workshop with Carol (AR) 3:00 PM Resident Council (Th) 4:00 PM Art Workshop with Carol (AR) 7:00 PM Karaoke Sing Long with Joy & Ann (SF)	24 10:00 AM The Macy's Day Parade (SF) 11:00 AM Memories of Thanksgiving with Carol (SF) 2:00 PM Thanksgiving Day Music Special with Daniela Fujigaki (Th) "Happy Thanksgiving"	25 10:00 AM Exercise Class with Joyce (SF) 11:00 AM Yiddish Moment with Alan (SF) 2:00 PM Music Performance (Th) 3:00 PM Landow House Happy Hour (Café) 4:00 PM Shabbat Service (Th)	26 10:30 AM Shabbat Services (Th) 2:00 PM Shabbos Study Group with Dr. Alan Breitler (Sf)
27 10:00 AM Morning Stretch with Joyce (SF) 11:00 AM Travels Around the World (SF) 2:00 PM Performance by Den Harper (Th) 3:00 PM Tacy Foundation Performances (Th)	28 10:00 AM Strengthening Class with Claudia (SF) 11:00 AM Word Games with Carol (SF) 11:15 AM Lunch Outing to "Siena's Vegetarian Pizzeria" (LB) 1:30 PM Music with Joy, Ann & The Trio (SF) 3:00 PM BCAT Stories with Carol (SF) 3:00 PM Book Club (SF) 4:00 PM Current Events & Discussions with Shierly 7:00 PM Movie Night Classics (SF)	29 10:00 AM Strengthening Class with Claudia (SF) 11:00 AM Mind Joggers with Claudia (SF) 2:00 PM BCAT Workbook with Claudia (Th) 2:00 PM Nature Video with Carol (SF) 3:30 PM Walking Club with Marcus (LB) 4:00 PM Piano Music with Bertram McLeish (Th) 6:45 PM Scrabble & Rummikub (Café)	30 10:00 AM Workout with Lori (SF) 11:00 AM Inspirational Music with Michael Rosenberg (Th) 1:30 PM "Musical Dou of Rodgers & Hart" with Jiyoung 2:30 PM Afternoon Movie	Calendar legend Sign up mandatory		Location AR Art Room Café Café LB Lobby SF Second Floor Th Theater