

October 2025

Landow House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 EREV YOM KIPPUR 10:00 AM Workout with Lori 11:00 AM Current Events with Judy 1:30 PM Musical Prelude to Kol Nidre 4:00 PM Kol Nidre with Rabbah Arlene and Cantorial Soloist Joan Wolf	2 YOM KIPPUR 10:30 AM Morning Services with Yizkor Rabbah Arlene and Cantorial Joan 3:00 PM Afternoon Discussion with Rabbah Arlene and Dr. Alan Breitler 4:00 PM Mincha/Neila with Rabbah Arlene and Cantorial Joan	3 10:00 AM Tai Chi & Strengthening Class with Claudia 10:45 AM Meditation Club 1:30 PM Music by the decade: 1900 - 1910 with Lauren 3:00 PM Landow House Happy Hour 4:00 PM Shabbat Service	4 10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler 7:45 PM Havdalah Service
5	6 EREV SUKKOT	7 SUKKOT I	8 SUKKOT II	9 SUKKOT III	10 SUKKOT IV	11 SUKKOT V
10:00 AM Morning Exercise with Joyce 11:00 AM Trivia Games with Joyce 1:30 PM Karaoke with Joyce 3:00 PM Hot Tea, Coffee & Cookies Social	10:00 AM Exercise with Mariah 11:00 AM Old English Proverbs and Meanings with Mariah 1:30 PM Songs for Sukkot with the Trio 3:00 PM Bingo 4:00 PM Sukkot Visits	10:30 AM Morning Services with Rabbah Arlene 2:00 PM Sukkot Visits	10:30 AM Morning Services with Rabbah Arlene 12:00 PM Morning Service and Yizkor with Rabbah Arlene 2:00 PM Sukkot Visits	10:00 AM Living Strong Exercise with Dan 11:00 AM Sukkot Visit with Rabbi Dan 1:30 PM Afternoon Movies Mel Brooks Month: "History of the Worlds" Part I 3:00 PM One on One's Visits 4:00 PM Sukkot Visits	10:00 AM Tai Chi & Strengthening Class with Claudia 10:45 AM Meditation Club 1:30 PM Music in the Sukkah with Lauren 3:00 PM Landow House Happy Hour 4:00 PM Shabbat Service	10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler 7:45 PM Havdalah Service
12 SUKKOT VI	13 SUKKOT VII	14 SHMINI ATZERET	15 SIMCHAT TORAH	16	17	18
10:00 AM Morning Exercise with Joyce 11:00 AM Trivia Games with Joyce 1:30 PM Karaoke with Joyce 3:00 PM Hot Tea, Coffee & Cookies Social	10:00 AM Dance Movements with Marcy 11:00 AM Echoes of Nature 1:30 PM Music for Indigenous People's Day with the Trio 3:00 PM One on One Visits 4:00 PM Table Games : Scrabble & Puzzles EREV SHMINI ATZERET	10:30 AM Morning Service and Yizkor with Rabbah Arlene	10:30 AM Hakafot and Kiddush with Rabbah Arlene and Cantorial Joan	10:00 AM Living Strong Exercise with Dan 11:00 AM Art Workshop with Claudia 1:30 PM Afternoon Movies Mel Brooks: "My Favorite Year" 3:00 PM One on One's Visits 4:00 PM Stories & Reminiscence with Mariah: "Ruth Bader Ginsburg"	10:00 AM Tai Chi & Strengthening Class with Claudia 10:45 AM Meditation Club 1:30 PM Life and Music of Emmy Lou Harris with Madelyn and Lauren 3:00 PM Monthly Birthday Celebrations Social 4:00 PM Shabbat Service	10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler 7:45 PM Havdalah Service
19	20	21	22	23	24	25
10:00 AM Morning Exercise with Joyce 11:00 AM Trivia Games with Joyce 1:30 PM Karaoke with Joyce 3:00 PM Hot Tea, Coffee & Cookies Social	10:00 AM Exercise with Mariah 11:00 AM Word Games with Mariah 1:30 PM Burl Ives' Song Collection, with Alan, Lauren and Joanna 3:00 PM One on One Visits 4:00 PM Table Games : Scrabble & Puzzles	10:00 AM Resistance Band Exercise with Nyah 10:30 AM Scenic Drive 11:00 AM Mind Joggers with Jeff 1:30 PM Music with Helaine! 2:30 PM Guitar Music with Vladimir 3:30 PM Bingo	10:00 AM Workout 11:00 AM Current Events with Judy 2:30 PM Resident Council 4:00 PM Healthy Aging Seminar with Dan: Mental Wellness & Mood Support	10:00 AM Living Strong Exercise with Dan 11:00 AM Art Workshop with Claudia 2:00 PM Jewish Art Education Presented by Nancy Kotz: The Art of Sukkot 3:00 PM One on One's Visits 4:00 PM "The Kentucky Derby" Stories & Reminiscence Nyah	10:00 AM Tai Chi & Strengthening Class with Claudia 10:45 AM Meditation Club 1:30 PM Celebrating the life and music of Chuck Mangione with Lauren 3:00 PM Landow House Happy Hour 4:00 PM Shabbat Service	10:30 AM Shabbat Services 2:00 PM Shabbos Study Group with Dr. Alan Breitler 7:45 PM Havdalah Service
26	27	28	29	30	31	
10:00 AM Morning Exercise with Joyce 11:00 AM Trivia Games with Joyce 1:30 PM Karaoke with Joyce 3:00 PM Tacy Foundation Performances	10:00 AM Exercise with Mariah 11:00 AM Word Games with Mariah 1:30 PM Mariah Jazz Presentation 3:00 PM One on One Visits 4:00 PM Table Games : Scrabble & Puzzles	10:00 AM Resistance Band Exercise with Nyah 10:30 AM Out to Lunch 11:00 AM Mind Joggers with Jeff 1:30 PM Landow House Singers with Jiyoung 2:30 PM Torah Talk with Rabbah Arlene 4:00 PM Poetry Inkwell Insights with Nyah	10:00 AM Tai Chi & Strengthening Class with Claudia 11:00 AM Current Events 1:30 PM Legendary Bluegrass Fiddlers with Joanna 4:00 PM Healthy Aging Seminar with Dan: Mental Wellness & Mood Support	10:00 AM Living Strong Exercise with Dan 11:00 AM Art Workshop with Claudia 1:30 PM Afternoon Movies Mel Brooks Month: "High Anxiety" 3:00 PM One on One's Visits 4:00 PM Stories & Reminiscence Mariah: "Alaska"	10:00 AM Dance Movements with Marcy 10:45 AM Meditation Club 1:30 PM Drum Circle with Lauren 3:00 PM Landow House Happy Hour 4:00 PM Shabbat Service	