

SUN	MON	TUE	WED	THUR	FRI	SAT
	10:00 Exercise (2nd fl) 11:00 Poetry with Dana Tate (2nd fl) 11:00 Trivia (2nd fl) 1:30 Iris Music Program (Theater) 3:30 Armchair Travel (2nd fl) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 11:00 Word Games (2nd fl) 2:30 Broadway Tunes on the Piano with John Oliver (Theater) 3:00 Walking Club (Meet in Lobby) 4:00 Literature Corner with Carol (2nd fl) 8:00 Movie (Channel 975)	10:00 Workout with Lori! (2nd fl) 11:00 Playful Art Session 1 (Art Room) 1:30 Musical Program with Joanna (Theater) 2:30 Playful Art Session 2 (Art Room) 4:00 Playful Art Session 3 (Art Room) 4:00 Religious Program with Michael Rosenberg (2nd fl) 6:30 Pianist Bertram McLeish (Theater) 8:00 Movie (Channel 975)	10:00 Chair Zumba with Sharon (2nd fl) 11:00 Music Program with Lauren (Theater) 1:30 Accordion Music with Dave Lovins (Theater) 2:30 BCAT Brain Games (Lobby) 3:00 Walking Club (Meet in Lobby) 4:00 Story Crafting with Carol (2nd fl) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 11:00 Positive Thinking (2nd fl) 1:30 Music with Jiyoung (Theater) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Weekend workout (Channel 975) 11:00 Virtual Shabbat Service (View on Channel 975) 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
11:00 Games (2nd fl) 1:00 Virtual Explorations (Channel 975) 2:00 Sunday Afternoon Matinee (2nd fl) 4:00 Virtual Yoga (Channel 975) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 10:00 Scenic bus Ride (Meet in Lobby at 9:45) 11:00 Trivia (2nd fl) 1:30 Iris Music Program (Theater) 3:30 Armchair Travel (2nd fl) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 11:00 Echoes of Nature (2nd fl) 2:00 Let's Talk Torah with Rabbah Arlene (2nd fl) 3:00 BCAT Brain Games (Lobby) 3:00 Walking Club (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Workout with Lori! (2nd fl) 11:00 Playful Art Session 1 (Art Room) 11:00 Teaching Kitchen (2nd fl) 1:30 Musical Program with Joanna (Theater) 2:30 Playful Art Session 2 (Art Room) 4:00 Discussion Group (2nd fl) 4:00 Playful Art Session 3 (Art Room) 8:00 Movie (Channel 975)	10:00 Chair Zumba with Sharon (2nd fl) 11:00 Music with Lauren: Veterans Day Celebration (Theater) 1:30 Concert with Ron Howard (Theater) 2:30 BCAT Brain Games (Lobby) 3:00 Walking Club (Meet in Lobby) 4:00 Story Crafting with Carol (2nd fl) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 11:00 Morning Meditation (2nd fl) 1:30 Music with Jiyoung (Theater) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Weekend workout (Channel 975) 11:00 Virtual Shabbat Service (View on Channel 975) 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
11:00 Games (2nd fl) 1:00 Virtual Explorations (Channel 975) 1:30 Vocal Performance by Harper Denhard (Theater) 2:00 Sunday Afternoon Matinee (Channel 975) 4:00 Virtual Yoga (Channel 975) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Trivia (2nd fl) 1:30 Music Festival: Life and Music of George Gershwin (Theater) 3:30 Armchair Travel (2nd fl) 6:30 Music Festival: Iris Piano Trio Concert (Landow Theater) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 11:00 Music Festival: Drum Circle with Trio (Theater) 2:30 Music Festival: Performance by Vladimir (guitar) and Lauren (Theater) 3:00 Walking Club (Meet in Lobby) 4:00 Literature Corner with Carol (2nd fl) 6:30 Music Festival: Jazz Ensemble w. Joanna and Steve (Theater) 8:00 Movie (Channel 975)	10:00 Workout with Lori! (2nd fl) 11:00 Playful Art Session 1 (Art Room) 2:00 Music Festival: Finale (Theater) 4:00 Playful Art Session 3 (Art Room) 4:00 Religious Program with Michael Rosenberg (2nd fl) 8:00 Movie (Channel 975)	10:00 Chair Zumba with Sharon (2nd fl) 11:00 Music Program with Lauren (Theater) 1:30 Concert with Bob Clark (Theater) 2:30 BCAT Brain Games (Lobby) 3:00 Walking Club (Meet in Lobby) 4:00 Story Crafting with Carol (2nd fl) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 11:00 Morning Meditation (2nd fl) 11:00 Morning Meditation (2nd fl) 1:30 Music with Jiyoung (Theater) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Weekend workout (Channel 975) 11:00 Virtual Shabbat Service (View on Channel 975) 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
11:00 Games (2nd fl) 1:00 Virtual Explorations (Channel 975) 2:00 Sunday Afternoon Matinee (Channel 975) 4:00 Virtual Yoga (Channel 975) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 11:00 Food Committee (2nd fl) 11:00 Trivia (2nd fl) 1:30 Iris Music Program (Theater) 3:30 Armchair Travel (2nd fl) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 11:00 Resident Council (Theater) 2:00 Let's Talk Torah with Rabbah Arlene (2nd fl) 3:00 Walking Club (Meet in Lobby) 3:30 Dance with Victor (Theater) 8:00 Movie (Channel 975)	10:00 Workout with Lori! (2nd fl) 11:00 Playful Art Session 1 (Art Room) 1:30 Musical Program with Joanna (Theater) 2:30 Playful Art Session 2 (Art Room) 5:00 Thanksgiving Dinner (DR) 8:00 Movie (Channel 975)	Thanksgiving 10:00 Exercise (2nd fl) 10:45 Thanksgiving Brunch (from 10:45 a.m.-12:30 p.m.) (DR) 1:30 Thanksgiving Stories and Memories with Carol (2nd fl) 2:30 Thanksgiving Dinner-Boxed (Pick up in Dining Room from 2:30 - 3:30 p.m.) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 11:00 Positive Thinking: The Power of Gratitude (2nd fl) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Weekend workout (Channel 975) 11:00 Virtual Shabbat Service (View on Channel 975) 2:00 Afternoon Matinee (Channel 975) 8:00 Movie (Channel 975)
11:00 Games (2nd fl) 1:00 Virtual Explorations (Channel 975) 2:00 Sunday Afternoon Matinee (Channel 975) 2:30 Entertainment with Rearview Mirror (Theater) 4:00 Virtual Yoga (Channel 975) 5:00 Lighting 1 Chanukkah Candle (Lobby and Cafe) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Trivia (2nd fl) 1:30 Iris Music Program: Hanukkah Concert (Theater) 3:30 Armchair Travel (2nd fl) 5:00 Lighting 2 Chanukkah Candles (Lobby and Cafe) 8:00 Movie (Channel 975)	10:00 Exercise (2nd fl) 11:00 Word Games (2nd fl) 2:30 BCAT Brain Games (Lobby) 3:00 Walking Club (Meet in Lobby) 5:00 Lighting 3 Chanukkah Candles (Lobby and Cafe) 8:00 Movie (Channel 975)				

November 2021

Landow House Activities

All Activities are Subject to Change



Charles E. Smith
LIFE COMMUNITIES