

# M E N U

## Landow and Cohen Rosen House Breakfast Menu November 22 - 28

**S**                    **French Toast**  
                         **Scrambled Eggs**  
                         Oatmeal  
  
Cold Cereal: **Honey Nut Cheerios, Cheerios,**  
**Rice Krispies, Raisin Bran, Cornflakes, Frosted Flakes**  
                         Yogurt  
                         Applesauce or Prunes  
                         Fresh Fruit  
                         Banana  
  
Bread: \_\_\_\_\_

2% Milk, Lactaid Milk Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Juices: Cranberry, Orange, Apple, Tomato, Pineapple, Prune

**M**                    **Western Omelet**  
                         **Breakfast Potatoes with Peppers and Onions**  
                         **Banana Muffin**  
                         Oatmeal  
  
Cold Cereal: **Honey Nut Cheerios, Cheerios,**  
**Rice Krispies, Raisin Bran, Cornflakes, Frosted Flakes**  
                         Yogurt  
                         Applesauce or Prunes  
                         Fresh Fruit  
                         Banana  
  
Bread: \_\_\_\_\_

2% Milk, Lactaid Milk Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Juices: Cranberry, Orange, Apple, Tomato, Pineapple, Prune

**T**                    **Banana Pancakes with Syrup**  
                         **Scrambled Eggs**  
                         Oatmeal  
  
Cold Cereal: **Honey Nut Cheerios, Cheerios,**  
**Rice Krispies, Raisin Bran, Cornflakes, Frosted Flakes**  
                         Yogurt  
                         Applesauce or Prunes  
                         Fresh Fruit  
                         Banana  
  
Bread: \_\_\_\_\_

2% Milk, Lactaid Milk Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Juices: Cranberry, Orange, Apple, Tomato, Pineapple, Prune

**W**                    **Scrambled Eggs**  
                         **Vegetarian Sausage**  
                         **Cinnamon Roll**  
                         Oatmeal  
  
Cold Cereal: **Honey Nut Cheerios, Cheerios,**  
**Rice Krispies, Raisin Bran, Cornflakes, Frosted Flakes**  
                         Yogurt  
                         Applesauce or Prunes  
                         Fresh Fruit  
                         Banana  
  
Bread: \_\_\_\_\_

2% Milk, Lactaid Milk Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Juices: Cranberry, Orange, Apple, Tomato, Pineapple, Prune

**TH**                    **Blueberry Pancakes with Syrup**  
                         **Boiled Egg**  
                         Oatmeal  
  
Cold Cereal: **Honey Nut Cheerios, Cheerios,**  
**Rice Krispies, Raisin Bran, Cornflakes, Frosted Flakes**  
                         Yogurt  
                         Applesauce or Prunes  
                         Fresh Fruit  
                         Banana  
  
Bread: \_\_\_\_\_

2% Milk, Lactaid Milk Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Juices: Cranberry, Orange, Apple, Tomato, Pineapple, Prune

**F**                    **Egg and Cheese Croissant Sandwich**  
                         **Breakfast Potatoes**  
                         Oatmeal  
  
Cold Cereal: **Honey Nut Cheerios, Cheerios,**  
**Rice Krispies, Raisin Bran, Cornflakes, Frosted Flakes**  
                         Yogurt  
                         Applesauce or Prunes  
                         Fresh Fruit  
                         Banana  
  
Bread: \_\_\_\_\_

2% Milk, Lactaid Milk Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Juices: Cranberry, Orange, Apple, Tomato, Pineapple, Prune

**S**                    **Lox and Bagel with Cream Cheese**  
                         **Boiled Egg**  
                         Muffin  
  
Cold Cereal: **Honey Nut Cheerios, Cheerios,**  
**Rice Krispies, Raisin Bran, Cornflakes, Frosted Flakes**  
                         Yogurt  
                         Applesauce or Prunes  
                         Fresh Fruit, Banana  
  
Bread: \_\_\_\_\_

2% Milk, Lactaid Milk Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Juices: Cranberry, Orange, Apple, Tomato, Pineapple, Prune

Dear Residents, the menu is subject to change based  
on product availability due to COVID.

Thank you for your patience and understanding.

Name: \_\_\_\_\_

Apartment #: \_\_\_\_\_

**Notes:**

Please circle your menu selection for the entire week  
and return to the front desk.

**Breakfast delivery times will be  
BETWEEN 8:30am and 9:30am**

# M E N U

## Landow and Cohen Rosen House Lunch and Dinner Menu November 22 - 28

**S**

### LUNCH

#### **Beef Barley Soup OR Cold Borscht**

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

#### **Barbecue Chicken**

#### **Beef Knish**

#### **Tuna or Egg Salad or Sandwich**

#### **Hot Dog with Sauerkraut**

Spinach

Roasted Potatoes

Zucchini

Sweet Potato or Baked Potato

#### **Snickerdoodle Cookies**

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

### DINNER

#### **Chicken Rice Soup OR Cold Borscht**

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

#### **Herb Crusted Fish**

#### **Roasted Turkey**

#### **Tuna or Egg Salad or Sandwich**

#### **Hot Dog with Sauerkraut**

Green Beans

Peas and Onions

Bread Stuffing with Cranberries

Sweet Potato or Baked Potato

#### **Peach Cobbler**

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

**M**

### LUNCH

#### **Chicken Orzo Soup OR Cold Borscht**

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

#### **Baked Sole**

#### **Whitefish Salad Platter**

#### **Tuna or Egg Salad or Sandwich**

#### **Hot Dog with Sauerkraut**

Broccoli

Corn with Red Pepper

Parsley Noodles

Sweet Potato or Baked Potato

#### **Homemade Baklava**

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

### DINNER

#### **Turkey Noodle Soup OR Cold Borscht**

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

#### **Lemon Dill Flounder**

#### **Curry Chicken**

#### **Tuna or Egg Salad or Sandwich**

#### **Hot Dog with Sauerkraut**

Sautéed Cabbage with Carrots

Roasted Eggplant with Onions

Basmati Rice

Sweet Potato or Baked Potato

#### **Pineapple Upside Down Cake**

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

**T**

### LUNCH

#### **Red Bean Soup OR Cold Borscht**

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

#### **Sweet and Sour Meatballs**

#### **Chicken Swarma with Pita**

#### **Tuna or Egg Salad or Sandwich**

#### **Hot Dog with Sauerkraut**

Israeli Salad

Green Beans

Couscous

Sweet Potato or Baked Potato

#### **Coconut Cake**

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

### DINNER

#### **Spring Vegetable Soup OR Cold Borscht**

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

#### **Tofu Vegetable Lo Mein**

#### **General Tso's Chicken**

#### **Tuna or Egg Salad or Sandwich**

#### **Hot Dog with Sauerkraut**

Snap Peas

Sautéed Mushrooms

Egg Roll

Sweet Potato or Baked Potato

#### **Fruit Strudel**

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

**W**

### LUNCH

#### **Beef Noodle Soup OR Cold Borscht**

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

#### **Peruvian Beef Stir Fry with Red Onion & Tomatoes**

#### **Grilled Chicken Sandwich**

#### **Tuna or Egg Salad or Sandwich**

#### **Hot Dog with Sauerkraut**

Carrot Raisin Salad

French Fries

Sweet Potato or Baked Potato

#### **Watermelon**

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

### DINNER

#### **Lentil Soup OR Cold Borscht**

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

#### **Salisbury Steak**

#### **Fish and Chips (Fries)**

#### **Tuna or Egg Salad or Sandwich**

#### **Hot Dog with Sauerkraut**

Broccoli

Beets

Mashed Potatoes

Sweet Potato or Baked Potato

#### **Chocolate Cake with Icing**

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

# M E N U

Landow and Cohen Rosen House  
Lunch and Dinner Menu  
November 22 - 28

TH

## LUNCH-DAIRY

### Roasted Parsnip Soup

Baby Arugula, Dates Salad w/ Red Wine Vinaigrette Dressing

### Cranberry Ginger Salmon

Roasted Turkey and Cranberry Sauce

Challah Fig Stuffing and Vichy Carrots  
Apple Kugel and Broccoli Casserole

Coconut Pumpkin Pie or Apple Pie  
Vanilla Ice Cream(non-dairy)

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

## DINNER-DAIRY

### Boxed Meal

Tossed Salad  
Dressing: Ranch, Italian, Raspberry Vinaigrette

Tuna or Egg Salad or Sandwich

Potato Chips

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

F

## LUNCH

### Navy Bean Soup OR Cold Borscht

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

### Baked Fish Vera Cruz

Chicken Salad Wrap with Potato Chips

Tuna or Egg Salad or Sandwich

Hot Dog with Sauerkraut

Carrots

Coleslaw

Sweet Potato or Baked Potato

Cupcakes with Icing

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

## DINNER

### Chicken Matzo Ball Soup OR Cold Borscht

Challah Bread and Grape Juice

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

### Baked Salmon

Ribeye

Tuna or Egg Salad or Sandwich

Hot Dog with Sauerkraut

Broccoli

Carrot Vichy

Kasha Varnishka

Jewish Apple Cake

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

S

## LUNCH

### Chicken Noodle Soup OR Cold Borscht

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

### Beef Pastrami Sandwich with Chips

Entrée Salad

Iceberg Lettuce, Deli Turkey, Eggs, Craisins, Tomato, Cucumber

Tuna or Egg Salad or Sandwich

Carrot Raisin Salad

Baked Beans

Potato Salad

Rugelach

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

## DINNER

### Beef Vegetable Soup OR Cold Borscht

Tossed Salad

Dressing: Ranch, Italian, Raspberry Vinaigrette

### Spaghetti with Meat Sauce

Chicken Marsala

Tuna or Egg Salad or Sandwich

Beets

Peas and Carrots

Parsley Noodles

Brownie

Beverages: Coffee, Decaf, Hot Tea, Decaf Tea, Iced Tea  
Cranberry, Orange, Apple, Tomato, Pineapple, Prune, Cola, Ginger ale

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Thank you for your patience and understanding.

Name: \_\_\_\_\_

Apartment #: \_\_\_\_\_

Notes:

Please circle your menu selection for the entire week and return to the front desk.

Dinner delivery times will be BETWEEN 5:30pm and 7:30pm



HAPPY  
thanksgiving

**Roasted Parsnip Soup**

**Baby Arugula and Dates Salad**  
(Red Wine Dressing)

**Cranberry Ginger Salmon**  
Apple Kugel and Broccoli Casserole

**Roasted Turkey**  
Challah Fig Stuffing and Candied Sweet Potato

**Pecan Pie or Apple Pie**  
Vanilla Ice Cream

Thanksgiving Dinner Celebration  
November 26, 2020  
Dinner Order Form

Meal Times:

4:00 PM - 5:30PM

Meal Pricing:

\$18 Adult

Please fill out the bottom part of this form and return it to the Concierge Desk by 4:00pm on Wednesday November 25th .

To pay by check: Please make your check payable to: Ring House:  
Memo: Holiday Meal

EFT payment also available to residents with account setup  
For more information call Belinda Barnum at 301-816-5006

Resident Name: \_\_\_\_\_ Apartment #: \_\_\_\_\_  
Phone #: \_\_\_\_\_

\_\_\_\_\_ # of Roasted Parsnip Soup

\_\_\_\_\_ # of Baby Arugula and Dates Salad  
(Red Wine Dressing)

\_\_\_\_\_ # of Cranberry Ginger Salmon  
Apple Kugel and Broccoli Casserole

\_\_\_\_\_ # of Roasted Turkey  
Challah Fig Stuffing and Candied Sweet Potato

\_\_\_\_\_ # of Pecan Pie or \_\_\_\_\_ # of Apple Pie (please select one)  
\_\_\_\_\_ # of Vanilla Ice Cream