

Weekly Dinner Menu

MON 01	Soup	Garden Vegetable Soup
	Salad	Caesar Salad
	Entrée	Teriyaki Tilapia Tikka Tofu
	Entrée	Turmeric Basmati Rice
	Sides	Roasted Mushrooms
	Dessert	Chocolate Cake w/PB Icing
TUE 02	Soup	Chicken Noodle Soup
	Salad	Garden Salad
	Entrée	Beef Stew
	Entrée	Chicken Schnitzel
	Sides	Mashed Potato
	Dessert	Sauteed Cabbage
WED 03	Soup	White Bean Florentine Soup
	Salad	Garden Salad
	Entrée	Hamburger on Bun
	Entrée	Knockwurst w/Kraut
	Sides	French Fries
	Dessert	Squash & Mixed Vegetables
THU 04	Soup	Tomato Basil Soup
	Salad	Tomato, Cucumber & Feta Salad
	Entrée	Salmon on a Shaved Fennel Salad
	Entrée	Cheese Ravioli w/Sauce
	Sides	Sweet Potato Fries
	Dessert	Steamed Cauliflower
FRI 05	Soup	Tomato Basil Soup
	Salad	Tomato, Cucumber & Feta Salad
	Entrée	Salmon on a Shaved Fennel Salad
	Entrée	Cheese Ravioli w/Sauce
	Sides	Sweet Potato Fries
	Dessert	Steamed Cauliflower
SAT 06	Soup	Tomato Basil Soup
	Salad	Tomato, Cucumber & Feta Salad
	Entrée	Salmon on a Shaved Fennel Salad
	Entrée	Cheese Ravioli w/Sauce
	Sides	Sweet Potato Fries
	Dessert	Steamed Cauliflower
SUN 07	Soup	Tomato Basil Soup
	Salad	Tomato, Cucumber & Feta Salad
	Entrée	Salmon on a Shaved Fennel Salad
	Entrée	Cheese Ravioli w/Sauce
	Sides	Sweet Potato Fries
	Dessert	Steamed Cauliflower

Additional Options:

- *Vegetarian Burger
- * Hot Dog w/ Sauerkraut
- *Beyond Burger
- *Tuna Salad
- *Egg Salad
- *Roasted Carrots
- *Spinach
- *Coleslaw
- *Applesauce

Beverages

- Iced Tea or Lemonade
- Coffee, Decaf Coffee, Decaf Tea, Tea

**PLEASE SEE CUBIGO
FOR DAILY UPDATES**

Breakfast Menu

Hot Cereal

Oatmeal
Cream of Wheat

Cold Assorted
Cereals

Fresh Fruit
Yogurt
Cottage Cheese
Orange
Banana
Prunes
Applesauce

Daily Breakfast Specials

- SU** Sunday Brunch
- M** Blueberry Muffin, Scrambled Eggs
- T** Pancake, Scrambled Eggs
- W** Belgian Waffle, Scrambled Eggs
- TH** Banana Muffin, Scrambled Eggs
- F** Cheese Blintz w/Berry Compote, Scrambled Eggs
- S** Hard Boiled Egg, Lox & Cream Cheese with Bagels

Beverages

Milk, 2%, Soy Hot Chocolate, Coffee, Decaf Coffee, Tea, Decaf Tea

Orange Juice, Apple Juice, Prune Juice or Cranberry Juice

Food and Nutrition Department

301-816-5030 Ring House

301-816-5068 Landow House

For menu adjustments or special requests please contact the Food and Nutrition Department between 7:00am-8:30am for breakfast and 2:00pm to 3:30pm for dinner.

PICK UP

DELIVERY

Print Name _____

Signature _____

Apartment # _____