

SUN	MON	TUE	WED	THUR	FRI	SAT
			10:00 Workout with Lori! (2nd fl) 1 11:00 September Facts & Fun (2nd fl) 1:30 Musical Program with Lauren (Theater) 4:00 Reminiscing- Advertising and Slogans (2nd fl) 6:30 Pianist Bertram McLeish (Theater) 8:00 Movie (Channel 975)	10:00 Chair Zumba with Sharon (2nd fl) 2 11:00 Discussion: Rock and Roll Hall of Fame (2nd fl) 2:30 BCAT Brain Games (Lobby) 3:00 Walking Club (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Chair Exercise Class (2nd fl) 3 11:00 Positive Thinking (2nd fl) 1:30 Music with Joanna & Lauren (Theater) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	11:00 Virtual Shabbat Service (2nd fl) 4 2:00 Afternoon Matinee (2nd fl) 8:00 Movie (Channel 975)
11:00 Music with Lauren (Theater) 5 2:00 Sunday Afternoon Matinee (Channel 975) 4:00 Virtual Yoga (Channel 975) 8:00 Movie (Channel 975)	10:00 Exercise with Stephanie (2nd fl) 6 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Trivia (2nd fl) 2:30 Labor Day Ice Cream Social (Cafe) 4:00 Erev Rosh Hashanah Evening Service (Theater)	10:30 Rosh Hashanah Morning Service with Shofar (Theater) 7	10:00 Morning Stretch (2nd fl) 8 2:00 Holiday Discussion (2nd fl)	10:00 Morning Meditation (2nd fl) 9 11:00 Teaching Kitchen (2nd fl) 1:30 Concert with Ron Howard (Theater) 2:30 BCAT Brain Games (Lobby) 3:00 Story Crafting with Carol (2nd fl) 3:00 Walking Club (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Positive Thinking (2nd fl) 10 11:00 Discussion Group (2nd fl) 1:30 Iris Music Trio (Theater) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Chair Exercise Class (2nd fl) 11 11:00 Virtual Shabbat Service (2nd fl) 2:00 Afternoon Matinee (2nd fl) 8:00 Movie (Channel 975)
8:30 Grandparents Day Brunch (DR) 12 10:00 Chair Exercise Class (2nd fl) 11:00 Music with Lauren (Theater) 2:00 Sunday Afternoon Matinee (Channel 975) 4:00 Virtual Yoga (Channel 975) 8:00 Movie (Channel 975)	10:00 Exercise with Stephanie (2nd fl) 13 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Trivia (2nd fl) 1:30 Iris Music Program (Theater) 3:00 Sukkah Decoration Making (Art Room) 8:00 Movie (Channel 975)	10:00 Exercise with Stephanie (2nd fl) 14 11:00 Resident Council (2nd fl) 2:30 Guitar with Vladimir (2nd fl) 3:00 Walking Club (Meet in Lobby) 3:30 Dance with Victor (Theater) 8:00 Movie (Channel 975)	10:00 Workout with Lori! (2nd fl) 15 11:00 Cello Ensemble (Ring House) 1:30 Musical Prelude to Kol Nidre (Theater) 4:00 Erev Yom Kippur/ Kol Nidre (Theater)	10:30 Yom Kippur Morning Service with Yizkor (Theater) 16 2:30 Discussion with Rabbah Arlene (Theater) 4:00 Mincha/Neila (Theater)	10:00 Positive Thinking (2nd fl) 17 11:00 Discussion Group (2nd fl) 1:30 Decorate the Sukkah (Courtyard) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Chair Exercise Class (2nd fl) 18 11:00 Virtual Shabbat Service (2nd fl) 2:00 Afternoon Matinee (2nd fl) 8:00 Movie (Channel 975)
10:00 Chair Exercise Class (2nd fl) 19 2:30 Piano Performance by John Oliver (Theater) 4:00 Virtual Yoga (Channel 975) 8:00 Movie (Channel 975)	10:00 Exercise with Stephanie (2nd fl) 20 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Trivia (2nd fl) 2:00 Sukkot Discussion (2nd fl)	10:30 Sukkot Morning Service (Theater) 21 2:00 Yiddish Club (2nd fl)	10:00 Morning Stretch (2nd fl) 22 11:00 Program Planning Committee (2nd fl) 2:00 Social in the Sukkah (LH Courtyard)	10:00 Morning Meditation (2nd fl) 23 1:30 Entertainment with Charles Sullivan (Theater) 2:30 BCAT Brain Games (Lobby) 3:00 Story Crafting with Carol (2nd fl) 3:00 Walking Club (Meet in Lobby) 8:00 Movie (Channel 975)	10:00 Positive Thinking (2nd fl) 24 11:00 Discussion Group (2nd fl) 3:00 Landow House Happy Hour (Cafe) 4:00 Shabbat Service (Lobby)	10:00 Chair Exercise Class (2nd fl) 25 11:00 Virtual Shabbat Service (2nd fl) 2:00 Afternoon Matinee (2nd fl) 4:00 Vocal Performance by Harper Denhard (Theater) 8:00 Movie (Channel 975)
10:00 Chair Exercise Class (2nd fl) 26 11:00 Music with Lauren (Theater) 3:15 Simcha in the Sukkah (Courtyard) 4:00 Virtual Yoga (Channel 975) 8:00 Movie (Channel 975)	10:00 Exercise with Stephanie (2nd fl) 27 10:00 Scenic Bus Ride (Meet in Lobby at 9:45) 11:00 Food Committee (2nd fl) 1:30 Entertainment with Bob Clark (Theater) 3:30 Armchair Travel (2nd fl) 8:00 Movie (Channel 975)	10:30 Shemini Etzeret Morning Service with Yizkor (Theater) 28	10:00 Morning Stretch (2nd fl) 29 2:00 Simchat Torah Discussion (2nd fl)	10:00 Morning Meditation (2nd fl) 30 2:30 BCAT Brain Games (Lobby) 3:00 Story Crafting with Carol (2nd fl) 3:00 Walking Club (Meet in Lobby) 8:00 Movie (Channel 975)		

September 2021

Landow House Activities

All Activities are Subject to Change



Charles E. Smith
LIFE COMMUNITIES