
2018 ANNUAL REPORT



Experience matters.



Charles E. Smith
LIFE COMMUNITIES



Experience matters.

TABLE OF CONTENTS

Board of Governors	2
Leadership	3
Financial Highlights.....	4
2018 Donors	5
Silver Circle	12
Builders of the Future Society	13
Endowed And Designated Funds.....	14
Corporate Giving	16
Guardian Campaign.....	17
H ² YP Program	18
Service Volunteers	19
Awards.....	20

For more than a century, Charles E. Smith Life Communities (CESLC) has been steadfast in offering essential care and supportive services to older adults and their families. Since our founding in 1910, we have been guided by Jewish teachings that instruct us to assist those individuals who are in need, comfort those in distress, and honor our elders by demonstrating respect and promoting lives of dignity. We are grateful to the individuals, corporations and foundations who share our commitment to serve and enhance the lives of older adults by selecting us as the vehicle for their tzedakah by contributing nearly \$3.4 million in 2018 to support our mission.

This annual report chronicles the diversity of our programs and services, which are designed to nurture personal growth and meet the highest standards of care. The list of generous donors is accompanied by a list of community members who serve on our Board of Governors and other boards and committees. We are grateful for their leadership and their contributions of time and knowledge, which were indispensable to our efforts and without which we could not have realized all that we were able to accomplish.

In 2018 we achieved much, despite the challenges and uncertainties that confront all providers of housing and services for older adults. We continue to innovate to serve better those who live on our campus and in the greater community. In the Warren R. Slavin Post-Acute Care Center, we launched a telemedicine cardiology pilot project in collaboration with Johns Hopkins Community Physicians – Health Care Bethesda. This exciting project seeks to demonstrate the value of improving access to care and eliminating wait-time by extending the reach of cardiologists in their management of patients. Our campus also continues as the rotation site for National Institutes of Health Hospice and Palliative Care Medicine Fellowship. This program allows the fellows to gain expertise as they provide consultations for medical and psychological concerns and coordinate team-based integrative approaches. Lastly, we finished a multi-year renovation of Revitz House, to create a living environment that enriches the soul and delight the senses.

We are grateful to each of our donors, lay leaders and team members for your commitment to our mission. With your support, we will continue to go from strength to strength, enriching the lives of older adults by providing quality services and life-affirming experiences.

With gratitude,



A handwritten signature in black ink, appearing to read "Alan M. Freeman".

Alan M. Freeman
Chair, Board of Governors



A handwritten signature in black ink, appearing to read "Bruce J. Lederman".

Bruce J. Lederman
President/CEO

BOARD OF GOVERNORS

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Chair Eric G. Meyers	Vice Chair, Audit Committee Irving P. Cohen	Vice Chair, Quality of Care Committee Paula H. Robinson
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Treasurer Harry A. Harrison	Vice Chair, Strategic Planning Committee Donald M. Kaplan	
Secretary Natalie S. West		

* Newly Appointed

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Treasurer Harry A. Harrison	Vice Chair, Strategic Planning Committee Donald M. Kaplan	

Governors 2019-2021

Alison S. Baraf Kenneth H. Becker* Jeffrey S. Distenfeld	Draga L. Dubick Arthur J. Dykes Joseph B. Hoffman	David S. Karp Gary B. Saffitz David A. Samuels	Samuel M. Sanders, M.D. Matthew D. Schwartz*	Marc F. Solomon Mitchell A. Yentis*
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* Newly Appointed

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Isaac M. Reitberger
Matthew D. Schwartz
Jayson S. Slotnik
Mitchell A. Yentis

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Harry A. Harrison
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Aaron M. Rulnick
Marc F. Solomon
Jonathan S. Westin
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Frederic Jacobs
Judith Rae Peres
Vivian L. Pollock
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Paula H. Robinson
David A. Samuels
Matthew D. Schwartz
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Joseph B. Hoffman
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Paula H. Robinson
Gary B. Saffitz
David A. Samuels
Natalie S. West

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ETHICS COMMITTEE

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Arnold A. Hammer
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Dale L. Kaufman
Rabbi Jack Alan Luxemburg
Rabbi Arthur Rulnick
Rabbi Michael J. Safran
Judith Simon
Rabbi Matthew Simon

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Morris Dweck
Arthur J. Dykes
Lenore A. England
Gail S. Fleder
Andrew S. Friedlander
Arlene Friedlander

Thomas Gordon
Joseph B. Hoffman
Allan R. Hurwitz
Barbara J. Hurwitz
Donald M. Kaplan
Gary W. London
Eric G. Meyers
Jeffrey J. Pargament
Vivian L. Pollock
David A. Samuels
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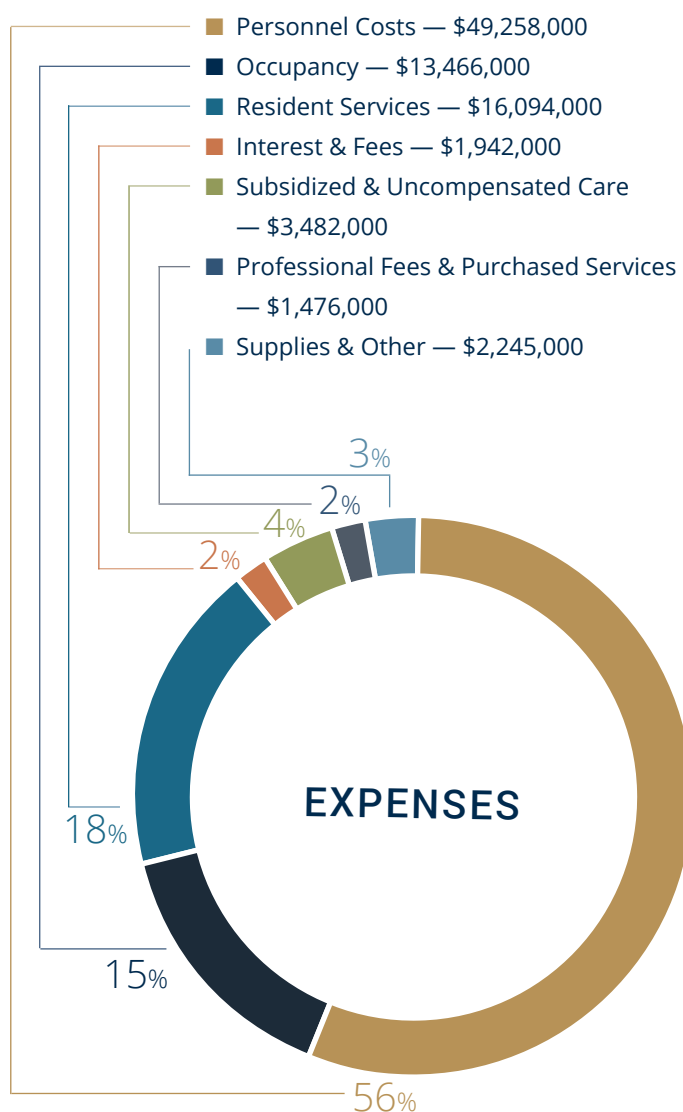
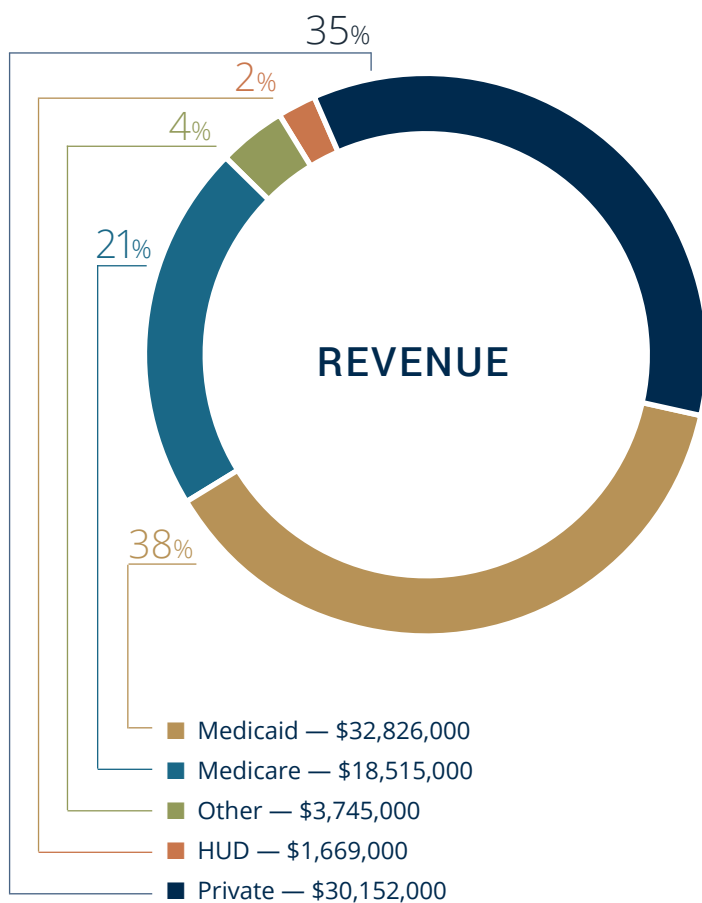
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Adam S. Abramowitz
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Amy L. Griboff
Sarah B. Kaplan

FINANCIAL HIGHLIGHTS

Hebrew Home of Greater Washington, Inc. | Operating Results For the Year Ended December 31, 2018

Revenue	\$61,471,000
Expenses	
Operating	66,737,000
Subsidized & Uncompensated Care	511,000
	<u>67,248,000</u>
Net Operating Deficit	<u><u>\$(5,777,000)</u></u>

Charles E. Smith Life Communities | Operating Results For the Year Ended December 31, 2018



2018 DONORS

CESLC is thankful for the commitment of the individuals, families, foundations and organizations that join us to ensure the well-being and dignity of the older adults we serve. Your generosity supports the programs and services affecting the lives of residents every day and strengthens our endowment so our future is secure. Thank you.

The following list represents contributions of \$500 or more made January 1 through December 31, 2018. Every effort has been made to ensure accuracy. Please contact 301-770-8409 with any corrections.

\$250,000+

Estate of Milton B. Davis
State of Maryland
The Harry and Jeanette Weinberg Foundation

\$100,000+

Judy and Richard Cohen
Trust of Ethel C. Bendheim
Estate of Samuel Einfrank
Jerome A. Kaplan and Deena L. Kaplan Family Foundation
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Charles E. Smith Family Foundation
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\$50,000+

Anonymous
Association of Jewish Aging Services
Irene, Edward and Martine Kaplan
Landow & Company

\$25,000+

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The Morningstar Foundation
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Becky and Don Linton, Directors
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\$5,000+

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Making a Connection Across Generations

"My family and I are trying our best to be kind to the world, and I love nature so much, from the tiniest leaf to the tallest tree...well, you get the point," starts one letter to Ring House resident Alan Eisenberg from seventh-grade pen pal Spencer. They exchange letters regularly thanks to the PianoPals project at Ring House and Landow House which matches elementary, middle and high school students who have a passion for music to pen pals in the residences.

The program started in 2018 as part of the West Campus Music Project with the support of the Jerome A. Kaplan and Deena L. Kaplan Family Foundation and under the leadership of CESLC Music Project pianist, Jiyoun Oh. "I wanted to bridge the work I do as a musician and create new learning experiences for my young piano students before their end of semester recitals. I thought it would be wonderful to pair the recital with a pen pal program, so the students and residents get to know each other through the exchange of letters and meet in person at the performance," she said.

The students and residents exchange letters during a semester which culminates with a piano recital. "The students get to experience the joy and power of connecting to others through more than music," said Oh. "They work

hard, practicing their pieces and preparing to play for an audience. It's a very personal experience when they do it with the purpose of connecting with the resident with whom they have built a relationship."

The impact of these relationships across generations is lasting. Bruce Green, 21, lived in Landow House and exchanged several letters with his pen pal Greta, a middle school piano student. In response to one of her letters where she said that in the future she would like to colonize Mars, he wrote back to her all the details about Mars that he learned from a documentary and even gave her a mathematical formula to calculate travel time to Mars. One of Greta's letters to Green was shared by his sister just days before he passed away.

Greta was saddened by Green's passing, but the connection between them continues to live on. "It was a powerful reminder that connecting with people, whether they meet in person or not, is one of the most important experiences we can have in our lives," said Oh.

"I think that piano pals is good for the residents because it gives them an opportunity to connect with another generation and share their life experiences with us," said a student participant who is a freshman at Washington Lee

Sidney M. Goldstein Charitable Lead
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The Cyrus Katzen Foundation, Inc.
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Myrtle Katzen
Stuart and Eileen Kaufman
Foundation, Inc.
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Jill and Frederick Klein
Kay and John Kyle
Estate of Simon Laupheimer
The Julius and Dorothy Lazarus
Foundation, Inc.
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Bruce J. Lederman
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Jolie and Neil Markus
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Micheline and Jerry Rosenthal
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\$2,500+

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Pamela Auerbach and Douglas Feith
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The Morey Bernstein Memorial
Foundation
Ruth and Leonard Binn
Marsha and Kenneth Braunstein
Amy and Scott Brody
Devon and William Burak
Linda and James Cafritz

High School. "It has been really cool getting to know my piano pal in letters and then meeting them in real life."

According to Eisenberg, he decided to participate in the pen pal program because he too wanted to share knowledge and experience that would be useful to the students and because he has a strong appreciation for music. This intergenerational program lets him enjoy both. "I love music, and the recital by the students makes the pen pal connection more real," he said.

"Spencer is very impressive," said Eisenberg. "He didn't seem like a typical 12-year-old boy to me when I met him and his family. He picks up as much information as he can. He is interested in science, and he has a great sense of humor. I look forward to our exchange of letters at least once a month and of course the recital brings everything together." ■



2,264

CESLC community events attendees in 2018



PianoPals student musician and CESLC resident meet on campus at the spring piano recital.

Gail and Paul Chod
Arleen and Lewis Citren
Michelle and Michael Citren
Jillian and Scott Copeland
Janet and Michael Cornfeld
Ralph S. and Frances R. Dweck Family Foundation
Babs Eisman
The Lois and Richard England Family Foundation, Inc.
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Carol and Henry Goldberg
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Barbara and Michael Gordon
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Judith Herr and Robert Samuelson
Sandi and Howard Hoffman
Barbara and Allan Hurwitz
Harry D. Kempler
Marky and Martin Bo Kirsch

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Mary Lynn and Nick Kotz
Mimi and Michael Kress
Barbara S. Landow
Helene and Barry Mankowitz
Ellen and Kenneth Marks
Patti and Kenneth Max
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Optum
Terri and Shimshon Plotkin
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Past Presidents Club of Women's Auxiliary

\$1,800+

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 Pearl and Gary Lake
 Debra and Harold Luks
 Evelyn and Sam Margolis
 Julie Polinger and Zachary Friedlis
 Benita and Robert Sandler
 Phyllis and Ray Scalettar
 Vicki and Robert Selzer
 Karen and Scott Stempel
 Monica and Richard Sussman
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\$1,000+

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 Dorothy Block
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 Beth DeLucenay and Bruce Beard
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 JoEllen Fishman and Alan Fishman, z"l
 Tracy and Todd Foreman
 Andee and Jonathan Forster
 Leslie and John Friedson
 Bernard S. and Sarah M. Gewirz
 Foundation, Inc.
 Ollie and Louis Gilford
 Elisa Gil-Pires and Rui Pires

Nancy and Dalbert Ginsberg
 Nina and Sol Glasner
 Michael Gordon
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 Judah S. Gudelsky
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ElderSAFE™ Center's Fifth Year of Impactful Influence Inside and Outside our Campus

ElderSAFE Center shelter client, Anna*, is in her late 60s and lives with physical limitations and significant mental health needs. Anna escaped a dangerous domestic violence relationship only to move into a home with a relative who was emotionally abusive and who neglected Anna's needs.

The ElderSAFE Center team has been working closely with various organizations and nonprofit social service agencies to coordinate a plan to serve Anna's healthcare and social service needs, including a much needed surgery and post-acute rehabilitation services following surgery. The team is also working on a finding Anna a permanent safe place to live.

This is one of the many cases that the ElderSAFE Center has handled since the program was launched in 2014 thanks to the generous donation from The Harry and Jeanette Weinberg Foundation and Montgomery County. Under the leadership of ElderSAFE Advisory Chair, Andrew S. Friedlander and the ElderSAFE Advisory Committee, the center is a catalyst for innovative programs for education and advocacy to build a strong and effective response to elder abuse and neglect in our region.

"ElderSAFE has experienced many wonderful milestones over the course of the last five years, including being recognized as an organizational thought leader with deep

Bari and Keith Levingston
 Robyn and Steven Lustig
 Tanya and Gary Lutzker
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 Wendy and Bruce Wilson
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 Jean and Sheldon Samuels
 Rebecca Ruebner and Samuel Sanders
 Jean Schiro-Zavela and Vance Zavela

William Schneider
 Elizabeth Schroyer and Jeff Schwaber
 Madelyn R. Shapiro
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 Bena and Stanley Siegel
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 David A. Sislen
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 Joseph R. Takats Foundation
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 Irene and William Wallert
 Carrie and Matthew Ward
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 Anita and Robert Wellen
 Beverly and Samuel Werbel
 Susan G. Werbow

Lizzie and Jonathan Westin
 Marjorie Wilde
 Gail and Robert Wilensky
 Amy and Evan Winston
 Alfred J. Wolfson Sr.
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 Irene and Alan Wurtzel
 Ellen and Bernard Young

\$500+

Anonymous (2)
 Frieda Achtentuch and Jerrold Cohen
 Acme Paper & Supply Co.
 Gail and Keith Allen
 Barbara and Scott Anenberg
 Leonard Arnold
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 Estate of Harriet B. Arshawsky
 Vicky and Paul Baker
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 Mildred Bender
 Peter Berkowitz
 Eunice and Herbert Blecker
 Harriett K. Bobb
 Brisk Property Management, LLC
 Shelley and Joseph Brodecki
 Carla and Bruce Buchanan
 Lotte Buff
 Brian Bushwick

subject matter expertise on the local, state and national levels," said ElderSAFE Director Tovah Kasdin. "Our biggest accomplishment is being a coalition leader and facilitating conversations and advocacy efforts to close system gaps and improve the collective response to elder abuse."

With a new grant from The Harry and Jeannette Weinberg Foundation, the center sees tremendous opportunities for growth and partnerships in the next five years. One of the

priority goals in 2019 is to educate medical mandatory reporters and provide screening tools to strengthen detection and reporting to Adult Protective Services. With increased early intervention efforts, clients like Anna can receive the help and quality care they deserve to live safe and empowered lives. ■

**Name changed for confidentiality*

1,389

community members and professionals learned about elder abuse through ElderSAFE™ Center



1,980

days of shelter were provided to victims of elder abuse

Honoring Those Who Continue to Impact American Lives



Resident veterans participate in a wreath laying ceremony at the Tomb of the Unknown Soldier in Arlington Cemetery.

"From the meaningful luncheon to the visit to Arlington Cemetery, they did a beautiful job honoring veterans," said Revitz House resident and Army veteran Sid Levy about how CESLC recognized campus veterans on Veterans Day.

Last November, CESLC honored resident veterans with a special presentation about the contributions from Jewish soldiers in the military, a commemorative luncheon and a wreath laying ceremony at the Tomb of the Unknown Soldier in Arlington Cemetery. Forty seven war veterans from the Association of Jewish Aging Services communities along with the Jewish Association on Aging of Pittsburg were present. Revitz House resident and Army veteran Jerry Frieden said that he appreciated connecting with other veterans and exchanging memories and stories of their time in the service.

Aleen and Herbert Chabot
Charlotte and Paul Chandler
Kimberly and Steven Cohen
Isaac W. Cole
Cirrelda Cooper and Frank Berkowitz
Madeline and Steven D'Alessio
David S. Davidson
Simone and Matt Dickstein
Mary Ann Dutton and D. Jean Veta
Hilary Dworkin and Norman Freidkin
Suzanne Epstein and Paul Segel
Beth Feldman
Joan and Warren Fishbein
Rochelle and Harvey Follender
Kathleen Fortney and Heschel Falek
Sarajane J. Foster
Rochelle and David Freishtat
Barrie Friedman
Lisa and David Friedman
Marcy and Brian Frosh
Harry S. Galblum
Nicole and Jeffrey Geifman
Jennifer Gibson and Harry Rand
William Gilbert
Judith and Kenneth Gilman
Jeanie and Michael Glasser
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The visit to Arlington Cemetery was exceptionally solemn and heartfelt, as the group was accompanied by veterans who are members of Pittsburgh's Tree of Life Congregation, only days after the mass shooting in their synagogue.

As the visit came to a close and the sky turned gray from the approaching rainfall, a group of grade school students who observed the wreath laying ceremony and Changing of the Guard lingered in the drizzle to thank each veteran from our group for their service to our country. "That was such a nice gesture and was very moving," said Levy. "It was an honor for our guys and for visitors from the Tree of Life Synagogue to participate and observe the Changing of the Guard."

"I was in awe, and it put a smile on my face," said Revitz House Resident Services Coordinator Sandi Bragin, who

accompanied the group on the visit. "All the young people reached out to the residents and shook their hands because they wanted to show their gratitude. I was proud to be there and witness the younger generation honor those who sacrificed so much for our country."

These connections in the community and across generations continue to be one of the many ways each resident experience brings reward on and off campus to those living at CESLC. ■



24,218

miles traveled during
excursions by CESLC
residents in 2018

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The Silver Circle recognizes donors who have contributed annually for twenty-five or more years in support of CESLC's mission. The growth and expansion within our community, programs and services are guided by your generous and consistent gifts. We thank you for this landmark commitment to impact the lives of residents and their families.



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Builders of the Future Society members have documented a legacy of care and services for residents of CESLC in the form of a gift by will or by naming CESLC as a beneficiary of a trust, retirement plan, life insurance policy, bank or brokerage account or by establishing a charitable gift annuity. Each year, we welcome new and current Builders of the Future Society members at a festive luncheon. We appreciate each of these generous commitments.

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* New in 2018



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Animal Therapy Enhances Experiences Across Campus



Hebrew Home of Greater Washington resident enjoys having equine-assisted therapy brought directly to campus.

Fish tanks and bird cages in residences bring vibrant colors and exotic sounds to everyday life on campus. Weekly visits from hero dogs offer comfort and companionship directly to residents in their rooms. Monthly visits from native wildlife animals create interactive and educational experiences on the unit level, and our newly piloted programs with horses and other farm animals add innovative therapeutic experiences that impact the lives of residents. Animal-assisted therapy comes in many forms at CESLC, and it improves emotional well-being through interactions that may reduce anxiety, pain, stress, depression and bring solace and enjoyment to residents.

In 2018 an equine-assisted therapy program brought horses to the backyards of both Wasserman and Smith-Kogod residences thanks to the Harold and Shirley Robinson H²YP Youth Philanthropy Funders Program where a funding board comprised of high school students allocates resources towards programs that benefit the residents of CESLC. Research suggests that horses are both sensitive to human emotions and effective at mirroring attitudes and behaviors of the humans with whom they interact. Engaging with horses is proven to be calming, and evidence shows these interactions result in a general decrease in blood pressure.

For some participants, equine-assisted therapy allowed not only a connection with nature but also a reconnection with earlier experiences in their lives. "Residents who have memory loss may all of a sudden start talking about

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pets and experiences they had as children,” said Hebrew Home of Greater Washington Director of Recreational Therapy Kayla Kitchmaster. This is an important key to the success of these programs. Many older adults have lifelong memories and emotional attachments to pets they had in their early childhood; re-introducing an animal later in life may help stimulate those wonderful memories.

Wasserman resident Carol Ziegler recalls growing up with her family's horse. “Horses understand people, and they sense how people feel. That’s something I remember from my childhood. It was unique and nice to have the horses here. I really enjoyed them coming to campus,” she said.

Wasserman resident Carnell Hannon spoke fondly of her first encounter with the horses as having brought her tremendous joy, which she hoped to share with her neighbors in the future. “It was my first time brushing a horse,” she said. “That was a neat experience, and I would like everyone to be able to spend time with the horses again,” she said.

Collaboration is the key to innovation and our partnership with local farms and other animal therapy services continue to offer memorable experiences for residents.

In 2018, Quiver Farms facilitated the hatching of over two dozen chicks and ducklings on campus. Their temporary

home on campus was a destination for post-acute patients to walk during rehab and for residents and visitors to stop to hold a tiny chick or fluffy duckling while sharing a moment their loved ones.

Quiver Farms also brought rabbits, llamas and other unique experiences to campus in 2018. Echoes of Nature’s wildlife animals, Hero Dogs and volunteers’ personal pets continue to bring joy to residents when they visit.

With the success of the pilot equine-assisted therapy program and a gift from Rena, Moe and Susan Dweck in honor of Harriet Nahum, Rena’s sister and Moe and Susan’s aunt, the 2018 equine-assisted therapy program with Great and Small Therapeutic Riding farm continues to grow with additional programs scheduled for 2019.

As CESLC continues to introduce leading-edge innovations in animal-assisted therapy to our traditional programs, we continue to seek ways to enhance our resident experience and bring innovation right to their home. ■

9,180



recreation programs at Hebrew Home of Greater Washington

ENDOWED AND DESIGNATED FUNDS *continued from page 15*

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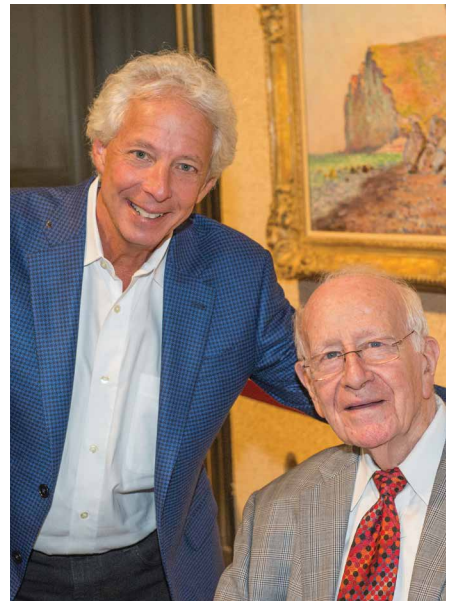
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The experiences and successes highlighted in this report are possible through the unwavering support of the corporate partners listed below. We thank them for their commitment, alongside our donors, volunteers and team members, for making an impact on the lives of residents and their families.

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2018 GUARDIAN CAMPAIGN

The Guardian Campaign is grounded in the tradition of community support. Every year since 1958, the members of the Guardian Campaign Committee have appealed to the community to ensure that the older adults who call our campus home live active and meaningful lives, through the best in nursing and rehabilitative care, engaging programs and spiritual enrichment. For the past 60 years, leaders of Hebrew Home of Greater Washington invited family and friends to become “Guardians” that ensure operational needs are met.



\$1,068,998

total amount raised by
Guardian Campaign

Making an Impact With Experience That Matters

Jack Sakwa is the 2019 recipient of the Kitty Davis Award for outstanding volunteer service. After retiring from a career in engineering as a project manager, Sakwa wanted to give back to a faith-based organization reflecting values that match his own by serving older adults. He chose CESLC.

According to Sakwa, he has found great reward in volunteering across CESLC departments since 2015. "It's fulfilling to know that my input as a volunteer is considered with as much value as that from colleagues with extensive experience," said Sakwa. "I have gained a lot of insights, learned a great deal and get to see how

the work done in each department makes the lives of residents better."

As a volunteer, Sakwa has assisted with many assignments such as helping transport residents during holidays and other programs. More recently, he has found a new passion as a volunteer in the Human Resources Department where he helps with administrative duties. While volunteering with Human Resources, he also has the opportunity to assist in the recruitment of prospective employees during career fairs. "Jack is excellent when interacting with job candidates as well as with CESLC team members," said Director of Human Resources

2018 H²YP STUDENTS

The Harold and Shirley Robinson H²YP Youth Philanthropy Program's innovative curriculum offers local high school students an in-depth view of the many services on our campus and provides them with the opportunity to be philanthropists and decision-makers for grants to benefit campus residents. In 2018, the group funded the pilot for equine-assisted therapy at Hebrew Home of Greater Washington, "All About the Town and other Community Campus Fun" project at Hebrew Home and programs at Revitz House and Cohen-Rosen House. They also funded Pastoral Care Siddurs, Human Resources's Caring for Colleagues program and the ElderSAFE™ Center shelter needs.

Emma Bookoff
Joey Chmara
Zoe Chyatte
Daniel Cohen
Matthew Freeman
Teddy Freeman
Joseph Gardemal
Trevor Gardemal

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Paula Donnell. "He is a part of our team and we always look forward to our time with him."

Sakwa has spent over 1,000 hours serving our community and never misses an opportunity to lend a hand to a team member or resident. According to Sakwa, he finds meaning in seeing his efforts make a positive impact in others. "I am rewarded by giving to the community at CESLC, and I see how my time here makes a difference in the lives of others," he said. ■



Bruce Lederman, President/CEO with Kitty Davis Award recipient, Jack Sakwa, and Chair-Elect Eric Meyers.

SERVICE VOLUNTEERS

Volunteers from the community serve campus residents and provide support to team members in innumerable ways. In 2018, hundreds of dedicated volunteers spent 33,015 hours on our campus. We thank all of you for your time and commitment to the community.

1000+	500+	Daniel Cohen Michael Cunningham Miriam Ekabe Helen Hein Gail Himmelfarb Michael Iceberg Brenda Krueger Miriam Loewenberg Sheldon Needle Jack Sakwa Adam Thal	Stephani Weiss Ulric Yeboah	Elisa Eisenberg Katherine Fry Gary Goldberg Thomas Henteleff Khyre Hester Edward Hopkins Gail Klein Kayla Limes Everett Mattlin Dominic Okoji Teresa Pham	Daniel Press Jane Rosov Janice Samet Damien Santis Steven Schwartz Barbara Siegelman Jerry Smulowitz Patti Troglia Presely Yeboah Kaula Yeboah Alan Wilson
Francisca Alvarez Samantha Flowe Kenji Ichijo Ravi Jesrani Andrew Korpeck Ruth Magino Michelle Matias Kadja Mounoubai Unsung Ok Jared Pollack	Jill Durbin Jared Raskin Helenora Williams		100+ Corey Barbee Christal Campbell Ying Cheng Catherine Cherfan Biankah Choute Kari Clinkscale Richard Dante		
	200+ Susan Adams Sandra Adelstein Mithun Basu Max Bevan Katherine Bloom				

33,015

number of hours
contributed by our volunteer
to fulfill our mission



Telemedicine: Extending the Reach of Care

Telemedicine is the use of electronic information and telecommunications technologies to support and promote long-distance clinical health care. Telemedicine includes specialized care, such as cardiology, and with the new pilot program, Post-Acute Care Center patients at Hebrew Home of Greater Washington stay in communication with their off-site cardiologist, between office visits.

It was a rainy afternoon in March when Andrew Zvara, a Post-Acute Care Center patient, sat in an office down the hall from his room, happy that the follow up visit with his cardiologist from John Hopkins Community Physicians Heart Care was online. He asked questions; his cardiologist replied, providing applicable advice from miles away.

According to Zvara and his wife, Marcia, this was an extremely convenient way to have a follow up visit with his cardiologist. They didn't have to drive long distances through bad weather or pay for transportation to the cardiologist's office. "It was a great experience," Zvara gleamed as he left the room where his teleconsultation happened. "I feel like we were able to focus on the consult, and the doctor had all the information he needed about me right in front of him." His wife agreed about the positive experience. "We were so relaxed and were able to ask all the questions we needed," said Marcia Zvara.



Post-Acute Care Center patient Andrew Zvara sits beside his wife, Marcia, for a virtual visit with his cardiologist.

"It felt like our time with the doctor was longer than it would have been if we had been in his office."

As technology improves, virtual visits and teleconsultations, like this one, are becoming increasingly common for cardiovascular care. Telecardiology is comprehensive and can occur before, during and after hospitalization. "This off-site care is aligned with CESLC's patient-centric approach to care," said Dr. Anthony J. Pellicane, Post-Acute Care Center Director of Rehabilitation Services. "It makes care more accessible to patients, increasing care overall and improving outcomes." ■

AWARDS Our high standards and thoughtful approach to care received top recognition in 2018.



- Hebrew Home of Greater Washington, Landow House and Cohen-Rosen House are recipients of the Bronze Commitment to Quality Award presented by the American Health Care Association and National Center for Assisted Living.



- Hebrew Home of Greater Washington earned a Five-Star Overall Quality Rating from the Centers for Medicare and Medicaid Services.

- Hebrew Home of Greater Washington was recognized for higher rankings than county and state averages, with 94% of responsible parties willing to recommend for care in the 2018 Maryland Nursing Home Family Experience of Care Survey.



MARYLAND
HEALTH CARE
COMMISSION

- Charles E. Smith Life Communities received Best Alzheimer's/ Dementia Care and Best Independent Living in 2018 by Washington Jewish Week readers.



Our Mission

The mission of Charles E. Smith Life Communities is to fulfill Jewish values by providing a continuum of quality services for older adults and their families and to affirm our commitment to the dignity of each individual.

Our Vision

Charles E. Smith Life Communities will be viewed and supported by our community as the leader and provider of choice in delivering innovative and compassionate services for older adults.

Our Values

תקון עולם

TIKKUN OLAM

Repairing the world through acts of kindness, compassion, and caring

לימוד

LIMUD

Commitment to growth and learning through quality, competence, and personal and professional growth

דרך ארץ

DERECH ERETZ

Fulfilling our mission through service excellence, respect, and dignity

צדיק

TZEDEK

Justice and doing what is right through integrity, accountability, responsible stewardship, and generosity of spirit



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About Charles E. Smith Life Communities

Founded in 1910 as the Hebrew Home for the Aged, Charles E. Smith Life Communities is a nonprofit organization serving more than 1,100 older adults daily in multiple residences situated on a 38-acre campus in Rockville, Maryland.

- **Independent living** in Ring House and Revitz House
- **Assisted living** in Landow House and **memory care assisted living** in Cohen-Rosen House
- **Long-term care** at Hebrew Home of Greater Washington, in the Wasserman and Smith-Kogod Residences
- **Rehabilitation** at the Warren Slavin Post-Acute Care Center at Hebrew Home of Greater Washington

As a nonprofit, mission-driven organization, we appreciate the steadfast philanthropic support of the community as we deliver innovative and compassionate services for older adults of all faiths, guided by the Jewish values at our core.

Hebrew Home of Greater Washington, Inc.

Licensed by State of Maryland, Montgomery County

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A member of:

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Health Facilities Association of Maryland | National Center for Assisted Living

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