

SUN	MON	TUE	WED	THUR	FRI	SAT	
	1 Pfizer Booster Shots 9:30 AM *Healthy Learning Lecture (TV Channels 975 & 8) 10:00 AM Movement (TV Channels 975 & 8) 11:00 AM Music & Lyrics (TV Channels 975 and 8) 12:00 PM Noon News 2:00 PM Bingo Documentary "The Story of Bingo" (TV Channels 975 & 8) 3:00 PM Elder Safe Presentation 4:00 PM Great Courses 7:00 PM Noon News 8:00 PM Monday Night Movie	2 9:00 AM Fun Finds at 9 10:00 AM Movement 10:15 AM Iris Music Project: Open Rehearsal (MR) 12:00 PM Noon News 1:00 PM *Game Time-Who Wants to be a Millionaire (MR) 1:00 PM Current Events (TV) 2:00 PM *Simple & Sweet with Simone (NL) 3:00 PM Iris Music Project-Military Music (SH) 4:00 PM Lifestyle & Leisure Committee Meeting (SH) 7:00 PM Noon News 8:00 PM Tuesday Night Movie	3 9:30 AM *Meditation & Mindfulness (MR) 10:00 AM Movement (MR) 10:00 AM Art with Martina (Old TART) 11:00 AM Classical Music (TV Channels 975 and 8) 11:00 AM Iris Music Project-History of the Piano Trio with JiYoung (SH) 12:00 PM Noon News 1:00 PM Chair Yoga (MR) 1:30 PM Balance (MR) 1:30 PM Opera/Ballet Club 3:00 PM Sports Discussion-musical scores from sports films (MR) 7:00 PM Noon News 8:00 PM Wednesday Night Movie	4 Diwali 9:00 AM Fun Finds at 9 10:00 AM Movement 12:00 PM Noon News 1:00 PM *Writing & Reciting (SH) 1:00 PM Novelty Ice Cream Thursdays (NL) 2:00 PM Bingo (SH) 3:00 PM Guitarist Vladimir Fridman (SH) 3:00 PM Svetlana's Russian Speakers Group (#3) 4:15 PM Eli Ehrlich Piano Performance (NL) 7:00 PM Noon News 8:00 PM Thursday Night Movie	5 9:00 AM Fun Finds at 9 10:00 AM Movement (MR) 11:00 AM Outdoor Walks (SL) 12:00 PM Noon News 1:00 PM Chair Yoga (MR) 1:00 PM *Dancing with Bernie (NL) 1:00 PM Happy Hour (NL) 1:30 PM Balance (MR) 2:00 PM *Trivia Reveal (MR) 3:00 PM Life & Music of George Gershwin with Elise (daughter of Doris Kleinwaks) and Lauren (MR) 4:15 PM *Shabbat Services (MR) 6:00 PM Shabbat Services (TV Channels 975 & 8) 7:00 PM Noon News 7:50 PM Shabbat Services (TV Channels 975 & 8) 8:30 PM Friday Night Movie	6 9:00 AM Soothing Nature Sounds 10:00 AM Movement 10:30 AM Shabbat Services (MR) 1:00 PM Virtual Explorations 2:00 PM Saturday Afternoon Movie 4:00 PM Seated Chair Exercise: Yoga 8:00 PM Saturday Night Movie	
7 Daylight Savings Time Ends 9:00 AM Soothing Nature Sounds 10:00 AM Movement 11:00 AM Gardening Club (Terrace Gardens) 12:30 PM Adventures in Visual Art-Veterans Day Cards (Old TART) 1:00 PM Virtual Explorations 2:00 PM Pianist and Singer John Oliver (SH) 2:00 PM Sundae's with Simone (SH) 2:00 PM Sunday Afternoon Movie 4:00 PM Seated Chair Exercise: Yoga 8:00 PM Sunday Night Movie	8 Pfizer Booster Shots 9:30 AM *Healthy Learning Lecture (TV Channels 975 & 8) 10:00 AM Movement (TV Channels 975 & 8) 11:00 AM Music & Lyrics (TV Channels 975 and 8) 12:00 PM Noon News 2:00 PM Bingo Documentary-"Jackpot" (TV Channels 975 & 8) 4:00 PM Great Courses 7:00 PM Noon News 8:00 PM Monday Night Movie	9 9:00 AM Fun Finds at 9 10:00 AM Movement 10:15 AM Iris Music Project: Open Rehearsal (MR) 12:00 PM Noon News 1:00 PM *Game Time-Word Games (MR) 1:00 PM Current Events (TV) 2:00 PM *Culinary Explorations (#4) 3:00 PM New Resident Wine and Cheese (Activity Room 4) 4:00 PM Great Courses 7:00 PM Noon News 8:00 PM Tuesday Night Movie	10 9:30 AM *Meditation & Mindfulness (MR) 10:00 AM Movement (MR) 11:00 AM Classical Music (TV Channels 975 and 8) 12:00 PM Town Hall 1:00 PM Chair Yoga (MR) 1:00 PM Sports Discussion (SH) 1:30 PM Balance (MR) 2:00 PM Opera/Ballet Club 2:00 PM Bioethics and Judaism with Steve Glazer (MR) 3:00 PM Highlights of American Jewish History with Herb Rosenblum (MR) 8:00 PM Wednesday Night Movie	11 Veterans Day 9:00 AM Fun Finds at 9 10:00 AM Movement 10:00 AM Art with Carol (TART) 12:00 PM Noon News 1:00 PM *Writing & Reciting (SH) 1:00 PM Novelty Ice Cream Thursdays (NL) 2:00 PM Bingo (SH) 3:00 PM Iris Music Project-Veterans Day Music (SH) 3:00 PM Svetlana's Russian Speakers Group (#3) 7:00 PM Noon News 8:00 PM Thursday Night Movie	12 9:00 AM Fun Finds at 9 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Drum Circle (TV) 11:00 AM Outdoor Walks (SL) 12:00 PM Noon News 1:00 PM Chair Yoga (MR) 1:00 PM *Dancing with Bernie (NL) 1:00 PM Happy Hour (NL) 1:30 PM Balance (MR) 2:00 PM *Trivia Reveal (SH) 3:00 PM Iris Music Project-Music of Patsy Cline with Lauren & Irma (SH) 4:15 PM *Shabbat Services (MR) 6:00 PM Shabbat Services (TV Channels 975 & 8) 7:00 PM Noon News 7:50 PM Shabbat Services (TV Channels 975 & 8) 8:30 PM Friday Night Movie	13 9:00 AM Soothing Nature Sounds 10:00 AM Movement 10:30 AM Shabbat Services (MR) 1:00 PM Virtual Explorations 2:00 PM Saturday Afternoon Movie 4:00 PM Seated Chair Exercise: Yoga 8:00 PM Saturday Night Movie	
14 9:00 AM Soothing Nature Sounds 10:00 AM Movement 11:00 AM RAK Shalom Choir Performance (SH) 12:30 PM Adventures in Visual Art (TART) 1:00 PM Virtual Explorations 2:00 PM Sunday Afternoon Movie 4:00 PM Seated Chair Exercise: Yoga 8:00 PM Sunday Night Movie	15 9:30 AM *Healthy Learning Lecture (MR) 10:00 AM Movement (MR) 11:00 AM Music & Poetry (SH) 12:00 PM Noon News 1:00 PM Chair Yoga (MR) 1:00 PM Perspectives (TV) 1:30 PM Balance (MR) 2:00 PM Bingo (SH) 3:00 PM Concert with Helaine and JiYoung (SH) 3:30 PM Short Story Group (TV) 4:00 PM Great Courses 7:00 PM Noon News 8:00 PM Monday Night Movie	16 9:00 AM Fun Finds at 9 10:00 AM Movement 12:00 PM Noon News 1:00 PM *Game Time-Jeopardy (MR) 1:00 PM Current Events (TV) 2:00 PM *Simple & Sweet with Simone (NL) 3:00 PM Iris Music Project-Fascinating Rhythm! (SH) 4:00 PM Great Courses 7:00 PM Noon News 8:00 PM Tuesday Night Movie	17 9:30 AM *Meditation & Mindfulness (MR) 10:00 AM Movement (MR) 10:00 AM Art with Martina (TART) 11:00 AM Classical Music (TV Channels 975 and 8) 11:00 AM Iris Music Project-Musical Siblings with JiYoung (SH) 12:00 PM Noon News 1:00 PM Chair Yoga (MR) 1:30 PM Balance (MR) 2:00 PM Opera/Ballet Club 3:00 PM Sports Discussion (MR) 3:00 PM Hadassah Meeting (SH) 7:00 PM Noon News 8:00 PM Wednesday Night Movie	18 9:00 AM Fun Finds at 9 10:00 AM Movement 12:00 PM Noon News 1:00 PM *Writing & Reciting-times of good fortune (SH) 1:00 PM Novelty Ice Cream Thursdays (NL) 2:00 PM Bingo (SH) 3:00 PM *Keyboardist & Singer Bob Clark (SH) 3:00 PM Svetlana's Russian Speakers Group (#3) 7:00 PM Noon News 7:00 PM Ring House Casino Night (NL) 8:00 PM Thursday Night Movie	19 9:00 AM Fun Finds at 9 10:00 AM Movement (MR) 11:00 AM Iris Music Project: Drum Circle (TV) 11:00 AM Outdoor Walks (SL) 12:00 PM Noon News 1:00 PM Chair Yoga (MR) 1:00 PM *Dancing with Bernie (NL) 1:00 PM Happy Hour (NL) 1:30 PM Balance (MR) 2:00 PM *Trivia Reveal (SH) 3:00 PM Iris Music Project-Giving thanks through music (SH) 4:15 PM *Shabbat Services (MR) 6:00 PM Shabbat Services (TV Channels 975 & 8) 7:00 PM Noon News 7:50 PM Shabbat Services (TV Channels 975 & 8) 8:30 PM Friday Night Movie	20 9:00 AM Soothing Nature Sounds 10:00 AM Movement 10:30 AM Shabbat Services (MR) 1:00 PM Virtual Explorations 2:00 PM Saturday Afternoon Movie 4:00 PM Seated Chair Exercise: Yoga 8:00 PM Saturday Night Movie	
21 9:00 AM Soothing Nature Sounds 10:00 AM Movement 11:00 AM Gardening Club (Terrace Gardens) 12:30 PM Adventures in Visual Art (TART) 1:00 PM Virtual Explorations 2:00 PM Sunday Afternoon Movie 2:00 PM The Classy Jazz Band (SH) 4:00 PM Seated Chair Exercise: Yoga 8:00 PM Sunday Night Movie	22 9:30 AM *Healthy Learning Lecture (MR) 10:00 AM Movement (MR) 11:00 AM Concert: Joy returns with the Iris Music Trio (SH) 12:00 PM Noon News 1:00 PM Chair Yoga (MR) 1:00 PM Perspectives (TV) 1:30 PM Balance (MR) 2:00 PM Bingo (SH) 3:00 PM *Jewish Art Education Lecture (SH) 4:00 PM Great Courses 7:00 PM Noon News 8:00 PM Monday Night Movie	23 9:00 AM Fun Finds at 9 10:00 AM Movement 11:00 AM Music with JiYoung and Lauren (MR) 12:00 PM Noon News 1:00 PM *Game Time-Merriam Webster Games (MR) 1:00 PM Current Events (TV) 2:00 PM *Culinary Explorations (#4) 3:00 PM *Ring House Road Show (SH) 4:00 PM Great Courses 7:00 PM Noon News 8:00 PM Tuesday Night Movie	24 9:30 AM *Meditation & Mindfulness (MR) 10:00 AM Movement (MR) 10:00 AM Classical Music (TV Channels 975 and 8) 11:00 AM Iris Music Project-Music with Joanna (SH) 12:00 PM Noon News 1:00 PM Chair Yoga (MR) 1:30 PM Balance (MR) 1:30 PM Opera/Ballet Club 3:00 PM Bioethics and Judaism with Steve Glazer (MR) 7:00 PM Noon News 8:00 PM Wednesday Night Movie	25 Thanksgiving 9:00 AM Fun Finds at 9 10:00 AM Adventures in Visual Art (TART) 10:00 AM Movement 11:00 AM *Writing & Reciting-Gratitude (SH) 12:00 PM Noon News 3:00 PM Svetlana's Russian Speakers Group (#3) 3:00 PM Thanksgiving Dinner 3-6 PM (DR) 7:00 PM Noon News 8:00 PM Thursday Night Movie	26 9:00 AM Fun Finds at 9 10:00 AM Movement (MR) 11:00 AM Outdoor Walks (SL) 12:00 PM Noon News 1:00 PM Chair Yoga (MR) 1:00 PM *Dancing with Bernie (NL) 1:00 PM Happy Hour (NL) 1:30 PM Balance (MR) 2:00 PM *Trivia Reveal (SH) 4:15 PM *Shabbat Services (MR) 6:00 PM Shabbat Services (TV Channels 975 & 8) 7:00 PM Noon News 7:50 PM Shabbat Services (TV Channels 975 & 8) 8:30 PM Friday Night Movie	27 9:00 AM Soothing Nature Sounds 10:00 AM Movement 10:30 AM Shabbat Services (MR) 1:00 PM Virtual Explorations 2:00 PM Saturday Afternoon Movie 4:00 PM Seated Chair Exercise: Yoga 8:00 PM Saturday Night Movie	
28 9:00 AM Soothing Nature Sounds 10:00 AM Movement 11:00 AM Gardening Club (Terrace Gardens) 12:30 PM Adventures in Visual Art-Hanukkah Art (TART) 1:00 PM Virtual Explorations 2:00 PM Sunday Afternoon Movie 4:00 PM Menorah Lighting (NL) 4:00 PM Seated Chair Exercise: Yoga 7:30 PM Jesse Palidofsky musical performance (SH) 8:00 PM Sunday Night Movie	29 Hanukkah 9:30 AM *Healthy Learning Lecture (MR) 10:00 AM Movement (MR) 11:00 AM Hanukkah Concert with Iris Music Trio (SH) 12:00 PM Noon News 1:00 PM Chair Yoga (MR) 1:30 PM Balance (MR) 2:00 PM Bingo (SH) 3:00 PM Henry Kahn musical performance (SH) 4:00 PM Menorah Lighting (NL) 7:00 PM Noon News 8:00 PM Monday Night Movie	30 9:00 AM Fun Finds at 9 10:00 AM Movement 10:15 AM Iris Music Project: Open Rehearsal (MR) 12:00 PM Noon News 1:00 PM *Game Time-Dreidel Competition (#2 & #3) 2:00 PM *Simple & Sweet with Simone-Latkes (NL) 3:00 PM Iris Music Project-Stories behind the music of Hanukkah (SH) 4:00 PM Menorah Lighting (NL) 7:00 PM Noon News 8:00 PM Tuesday Night Movie	LOCATION KEY #3 - Activity Room #3 #4 - Activity Room #4 DR - Dining Room MR - Meeting Room NL - North Lobby			SH - Social Hall SL - South Lobby TART - Terrace Art Studio TV - TV Room	

November 2021

Ring House Activities
 Gabe Pinkney #301-816-7726

