

Weekly Dinner Menu

MON 25	Soup	Sweet Potato Bisque
	Salad	Caesar Salad
	Entrée	Belgian Waffle
	Entrée	Flatbread Calzone w/Fig & Goat Cheese
	Sides	Roasted Tomatoes w/ Herbs
		Cauliflower Quiche
	Dessert	Cinnamon Bun

TUE 26	Soup	Vegetable Soup
	Salad	Spinach & Orzo Salad
	Entrée	Teriyaki Beef Strips
	Entrée	Chicken Curry
	Sides	Jasmine Pilaf
		Zucchini & Mushrooms
	Dessert	Snickerdoodle Cookies

WED 27	Soup	Navy Bean Soup
	Salad	Garden Salad
	Entrée	Fried Cod Fillet Sandwich
	Entrée	Lamb & Eggplant Moussaka
	Sides	Corn
		Broccoli
	Dessert	Orange Cake

THU 28	Soup	Split Pea Soup
	Salad	Caesar Salad
	Entrée	Stuffed Flounder
	Entrée	Cheese & Vegetable Quesadilla
	Sides	Sauteed Squash & Tomato
		Red Beans & Rice
	Dessert	Applesauce Cake

FRI 29	Soup	Chicken Matzo Ball Soup
	Salad	Gefilte Fish Plate
	Entrée	Beef Brisket w/Onion Gravy
	Entrée	Honey Roasted Chicken
	Sides	Tzimmes
		Polenta
	Dessert	Chocolate Cake

SAT 30	Soup	Sweet Potato Bisque
	Salad	Garden Salad
	Entrée	Fish Cakes
	Entrée	Apricot Glazed Chicken
	Sides	Potato Kugel
		Parsnips & Carrots w/Honey
	Dessert	Blondie Bar

SUN 31	Soup	Cabbage Soup
	Salad	Garden Salad
	Entrée	Lemon Glazed Chicken
	Entrée	Pollock w/Tomato & Cilantro
	Sides	Roasted Sweet Potato Wedges
		Spinach
	Dessert	Coffeecake

Additional Options:

- * Hot Dog w/ Sauerkraut
- *Beyond Burger
- *Tuna Salad
- *Egg Salad
- *Turkey Salad
- *Roasted Carrots
- *Broccoli
- *Coleslaw
- *Baked Sweet Potato
- *Baked Potato
- *Applesauce

Beverages

Iced Tea or Lemonade
Coffee, Decaf Coffee, Decaf Tea, Tea

**PLEASE SEE CUBIGO
FOR DAILY UPDATES**

Breakfast Menu

Hot Cereal

Oatmeal
Cream of Wheat

Cold Assorted
Cereals

Fresh Fruit
Yogurt
Cottage Cheese
Orange
Banana
Prunes
Applesauce

Daily Breakfast Specials

SU Sunday Brunch
M French Toast, Scrambled Eggs
T Blueberry Muffin, Scrambled Eggs
W Pancake, Scrambled Eggs
TH Cheese Blintz, Scrambled Eggs
F Potato Pancake, Scrambled Eggs
S Hard Boiled Egg, Lox & Cream
Cheese with Bagels

Beverages

Milk, 2%, Soy Hot Chocolate, Coffee,
Decaf Coffee, Tea, Decaf Tea

Orange Juice, Apple Juice, Prune Juice
or Cranberry Juice

Food and Nutrition Department

301-816-5030 Ring House

301-816-5068 Landow House

For menu adjustments or special requests please contact the Food and Nutrition Department between 7:00am-8:30am for breakfast and 2:00pm to 3:30pm for dinner.

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PICK UP

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DELIVERY

Print Name _____

Signature _____

Apartment # _____