

Schedule of Activities & Small Groups 5/03/21-5/09/21

-Mask Wearing, Social Distancing and Hand Washing Are Always Required

-10 people maximum per activity room (including staff) first come, first serve

-8 people maximum for GAME ROOM (Activity Room #2) 4 people to a card table

KEY

Bold: Small Groups *: Hybrid (stream on Touchtown Ch 975/8 & Small Group)

MR: Meeting Room

#1: Activity Room #1

#2: Activity Room #2

#3: Activity Room #3

#4: Activity Room #4

TV: TV Room

TART: Terrace Art Studio

TG: Terrace Garden

DR: Dining Room

NL: North Lobby (Juke Box)

SL: South Lobby (Fish Tanks)

Bold – Small Group

*** – Hybrid (Small Group & Streaming on TV Channels 975 & 8)**

Monday, May 3, 2021

9:30 AM:	*Healthy Learning Lecture: The Happiness Challenge Intro (MR)
10:00 AM:	Movement with Melissa (MR)
11:00 AM:	Music & Lyrics w/ Gabe, Lauren & JiYoung (TG)
12:00 PM:	Noon News
1:00 PM:	Yoga & Balance with Melissa (MR)
1:00 PM:	Adventures in Visual Art (TART)
2:00 PM:	*Bingo (#4)
3:00 PM:	Adventures in Visual Art (TART)
3:00 PM:	Elder Safe Presentation (Ch 975 & 8)
4:00 PM:	Great Courses: Cities of the Ancient World (Lectures 21 & 22)
7:00 PM:	Noon News
8:00 PM:	Monday Night Movie: "My Octopus Teacher"

Tuesday, May 4, 2021

9:00 AM:	Fun Finds at 9
10:00 AM:	Movement with Melissa
11:00 AM:	Iris Music Project (Channels 975 & 8)
12:00 PM:	Noon News
1:00 PM:	*Game Time (MR)
2:00 PM:	Simple & Sweet w/ Simone
3:00 PM:	Music Committee w/ Lauren (MR)
3:15 PM:	*Game Time (#4)
4:00 PM:	Great Courses: Turning Points in Modern History (Lectures 5&6)
7:00 PM:	Noon News
8:00 PM:	Tuesday Night Movie: "The Squid & the Whale"

Wednesday, May 5, 2021

9:30 AM:	*Mindfulness & Meditation with Melissa: Chocolate Meditation (MR)
10:00 AM:	Movement with Melissa (MR)
11:15 AM:	Perspectives w/ Julie (TV)
11:00 AM:	Iris Music Project (Channels 975 & 8)
12:00 PM:	Noon News
1:00 PM:	Yoga & Balance with Melissa (MR)
2:00 PM:	Opera Club: "The Merry Widow"
3:00 PM:	Sports Discussion (MR)
4:00 PM:	Current Events w/ Julie (TV)
7:00 PM:	Popcorn Night & Noon News
8:00 PM:	Wednesday Night Movie: "The Founder"

Thursday, May 6, 2021

9:00 AM:	Fun Finds at 9
10:00 AM:	Movement with Melissa
11:00 AM:	Music 101 w/ JiYoung (MR)
12:00 PM:	Noon News
1:00 PM:	*Writing & Reciting (MR)
2:00 PM:	*Bingo (#4)
2:00 PM:	Ice Cream (Delivered to your apartment)
3:00 PM:	*Writing & Reciting (MR)
4:00 PM:	Shtisel (Season 3, Episode 6)
7:00 PM:	Noon News
8:00 PM:	Thursday Night Movie: "Les Miserables"

Friday, May 7, 2021

9:00 AM:	Fun Finds at 9
10:00 AM:	Movement with Melissa (MR)
11:00 AM:	Walking Club with Melissa (SL)
11:00 AM:	Iris Music Project (channel 975 & 8)
12:00 PM:	Noon News
1:00 PM:	*Dancing with Bernie (NL)
1:00 PM:	Yoga & Balance with Melissa (MR)
1:00 PM:	Brain Games (#4)
2:00 PM:	Brain Games (#4)
2:00 PM:	*Exploring Jewish Music w/ Lauren (MR)
3:00 PM:	*Trivial Pursuit Reveal (MR)
4:15 PM:	*Shabbat Services (DR)
6:00 PM:	Shabbat Services w/ Rabbah Arlene (channel 975&8)
7:00 PM:	Noon News
8:00 PM:	Friday Night Movie: "You Can't Take it With You"

Saturday, May 8, 2021

9:00 AM:	Soothing Nature Sounds
10:00 AM:	Movement with Melissa
11:00 AM:	Shabbat Services w/ Rabbi Mark Raphael
1:00 PM:	Virtual Explorations
2:00 PM:	Saturday Afternoon Movie: "Swing Time"
4:00 PM:	Seated Chair Exercise
8:00 PM:	Saturday Night Movie: "Funny Face"

Sunday, May 9, 2021

9:00 AM:	Soothing Nature Sounds
10:00 AM:	Movement with Melissa
1:00 PM:	Virtual Explorations
2:00 PM:	Sunday Afternoon Movie: "Downton Abbey"
4:00 PM:	Seated Chair Exercise

8:00 PM:

Sunday Night Movie: "Nine to Five"

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