



Ring House Highlights 8/1/22-8/7/22

The dining room is open. Breakfast served from 8AM-10 AM. On Sundays breakfast is served from 9-11AM. Dinner is served with two seatings. First seating is at 4:30 PM. The second seating is at 6 PM. Please do your best to be far apart and social distance as you wait to enter the dining room. We encourage residents to arrive at 4:15 PM to wait outside the dining room if they are coming to the 4:30 PM seating and to arrive at 5:45 PM to wait outside dining room if they are coming to the 6 PM seating.

New Changes to Rooms for Programming

Out of an abundance of caution to protect our community, we are limiting maximum number of people per room for our activities. First come, first serve. **Activity Rooms 1,2,3,4, TV Room and Art Room** 10 maximum participants (including facilitators) **Meeting Room** 30 maximum participants (including facilitator) **Social Hall** 50 maximum participants (including facilitators) Thank you for your cooperation and your patience. Masks are required to be worn at all times when attending activities.

Monday, August 1st 11:00 AM Social Hall: Ruthie Logsdon Trio performance

Monday August 1st at 3 PM Social hall: Patty Reese Band performance

Tuesday August 2nd 11:00 AM Meeting Room: A program about Isaac Newton with Bernie Gershen

Tuesday August 2nd 3:00 PM Social Hall: Ring House Magazine Presentation

Thursday August 4th 3:00 PM Social Hall: Guitarist Vladimir Fridman

Sunday August 7th 11:15 AM Social Hall: The History of Tisha B'Av: In History and in Modern Relevance with Rabbi Dan

Trip happening this week

Monday August 1: Clyde's Tower Oaks for Dinner. Bus leaves at 4:15 PM.

Wednesday August 3rd bus leaves at 1:30 PM Bowling at Lucky Strike (free bowling and food, metal ramp included for bowlers). Residents are welcome to just come to eat and watch if they don't want to bowl.

Thursday August 4th National Museum of African American History and Culture bus leaves at 10 AM

Thursday August 4th Scenic evening ride by the US Capitol and White House-bus leaves at 6:45 PM

Schedule for 8/1/22-8/7/22

If a program is in **Bold**, it will be held in person

If a program has a *, you may join via ZOOM

Zoom Meeting ID: 240 150 0041

Zoom Passcode: 12345

If you join us by zoom, please turn your TV volume all the way down so audio feedback does not occur

Monday, August 1, 2022

9:30 AM:	Blood Pressure Checks (Wellness Center)
10:00 AM:	Movement (MR)
10:00 AM:	Adventures in Visual Art: Painting One of Vica's Photos (terrace art room)
11:00 AM:	Healthy Learning Lecture: Following a proper fitness and wellness plan (MR)
11:00 AM:	Ruthie Logsdon Trio Performance (SH)
12:00 PM:	Noon News (TV Channels 975 & 8)
1:00 PM:	Chair Yoga (MR)
1:30 PM:	Balance (MR)
2:00 PM:	Bingo (MR)
3:00 PM:	Patty Reese Band Performance (SH)
4:00 PM:	Great Courses: Jewish Intellectual History: 16 th - 20 th Century (Lecture 1) (TV Channels 975 & 8)
7:00 PM:	Noon News (TV Channels 975 & 8)
7:30 PM:	Movie in the Meeting Room: My Fair Lady (MR)
8:00 PM:	Monday Night Movie: Never Stop Dreaming (TV Channels 975 & 8)

Tuesday, August 2, 2022

9:00 AM:	Fun Finds at 9 (TV Channels 975 & 8)
10:00 AM:	Movement (TV Channels 975 & 8)
11:00 AM:	A Program about Isaac Newton with Bernie Gershen (SH)
11:00 AM:	Perspectives (MR)
12:00 PM:	Noon News (TV Channels 975 & 8)
1:00 PM:	Theater J: Exploring Acting through comedy (Only for those who have signed up) (Terrace Art Room)

2:00 PM: Culinary Explorations (Activity Room # 4 pickup sample in the NL)
3:00 PM: Ring House Magazine Presentation (SH)
 4:00 PM: Great Courses: The World of Biblical Israel (Lecture 22) (TV Channels 975 & 8)
 7:00 PM: Noon News (TV Channels 975 & 8)
7:30 PM: **Movie in the Meeting Room: Fiddler on the Roof (MR)**
 8:00 PM: Tuesday Night Movie: Get on Up (TV Channels 975 & 8)

Wednesday, August 3, 2022

9:30 AM: Blood Pressure Checks (Wellness Center)
10:00 AM: Movement (MR)
10:00 AM: Lifestyle and Leisure Activities Planning Meeting (SH)
11:00 AM: Food Committee Meeting (only for committee members) (DR)
 11:00 AM: Guided Meditation (TV Channels 975 & 8)
 12:00 PM: Noon News (TV channels 975 & 8)
1:00 PM: Dance fitness (MR)
1:30 PM: Traveling Chairs (MR)
2:00 PM: Visiting Jewish Scholars Series (SH)
 7:00 PM: Noon News (TV Channels 975/8)

 8:00 PM: Opera Film: Mozart's Don Giovanni (TV Channel 975/8)

Thursday, August 4, 2022

9:00 AM: Fun Finds at 9 (TV Channels 975 & 8)
10:00 AM: Brain Games-Word Clock (MR)
 10:00 AM: Movement (TV Channels 975 & 8)
 12:00 PM: Noon News (TV channels 975 & 8)
1:00 PM: Writing and Reciting and Trivia combined (SH)
1:00 PM: Ice Cream Thursday (NL)
1:00 PM: Ping Pong with Mary (#3)
2:00 PM: Bingo (SH)

2:00 PM:	Chug Ivri- Hebrew Club (TV Room)
3:00 PM:	Guitarist Vladimir Fridman (SH)
3:00 PM:	Svetlana's Russian Speakers Group (#2)
7:00 PM:	Noon News (TV Channels 975 & 8)
8:00 PM:	Thursday Night Movie: Rose Island (TV Channels 975 & 8)

Friday, August 5, 2022

9:00 AM:	Fun Finds at 9 (TV Channels 975 & 8)
10:00 AM:	Movement (MR)
11:00 AM:	Outdoor walks (SL)
12:00 PM:	Noon News (TV Channels 975 & 8)
1:00 PM:	Chair Yoga (MR)
1:00 PM:	Dancing with Bernie & Happy Hour (NL)
1:30 PM:	Balance (MR)
1:30 PM:	Resident Council Delegates Meeting (TV Room)
4:15 PM:	Shabbat Services (MR)
6:00 PM:	Shabbat Services (TV Channels 975 & 8)
7:00 PM:	Noon News (TV Channels 975 & 8)
7:50 PM:	Shabbat Services (TV Channels 975 & 8)
8:30 PM:	Friday Night Movie: The Last Blockbuster (TV Channels 975 & 8)

Saturday, August 6, 2022

9:00 AM:	Soothing Nature Sounds (TV Channels 975 & 8)
10:00 AM:	Movement (TV Channels 975 & 8)
10:30 AM:	Shabbat Services (MR)
1:00 PM:	Virtual Explorations (TV Channels 975 & 8)
2:00 PM:	Saturday Afternoon Movie: Summer of Soul (TV Channels 975 & 8)
4:00 PM:	Seated Chair Exercise: Yoga (TV Channels 975 & 8)
8:00 PM:	Saturday Night Movie: Matilda (TV Channels 975 & 8)

Sunday, August 7, 2022

9:00 AM:	Soothing Nature Sounds (TV Channels 975 & 8)
10:00 AM:	Movement (TV Channels 975 & 8)
11:00 AM:	Gardening Club (Terrace Gardens)
11:15 AM:	The History of Tisha B'Av: In History and in Modern Relevance with Rabbi Dan (SH)
12:30 PM:	Adventures in Visual Art: Beading your own Jewelry (Terrace Art Room)
1:00 PM:	Virtual Explorations (TV Channels 975 & 8)
2:00 PM:	Sunday Afternoon Movie: Moonstruck (TV Channels 975 & 8)
3:15 PM:	Knitting & Crutching Club (#1)
4:00 PM:	Seated Chair Exercise: Yoga (TV Channels 975/8)
8:00 PM:	Sunday Night Movie: O Pioneers (TV Channels 975 & 8)

Movies

7:30 PM Movie in the Meeting Room Monday, August 1st **"My Fair Lady"** 1964 G/2h 50m In 1910s London snobbish phonetics professor Henry Higgins agrees to a wager that he can make crude flower girl, Eliza Doolittle, presentable in high society.

8:00 PM Monday, August 1st **"Never Stop Dreaming"** 2018 TV-14/2h 9m A look back on the life of Nobel Peace Prize winner, Shimon Peres, who served as a prime minister of Israel twice and negotiated the 1994 Israel-Jordan peace treaty.

7:30 PM Movie in the Meeting Room Tuesday, August 2nd **"Fiddler on the Roof"** 1971 G/ 3h 1m In pre-revolutionary Russia, a Jewish peasant with traditional values contends with marrying off three daughters with modern romantic ideals while growing anti-Semitic sentiments threatens his village.

8:00 PM Tuesday, August 2nd **"Get on Up"** 2014 PG-13/2h 19m A chronicle of James Brown's rise from extreme poverty to become one of the most influential musicians in history.

8:00 PM Wednesday, August 3rd **Opera Club: "Mozart- Don Giovanni"** 2017 2h 54m Mozart's outrageous comedy tells the tale of an incorrigible young playboy who blazes a path to his own destruction in a single day. Based on the story of Don Juan, *Don Giovanni* follows an irresistible (yet irresponsible and amoral) youth who is loved by women almost as universally as he loves them. It

doesn't take long before the audience sees that even Don Giovanni cannot escape the consequences of his flouting of conventional morality.

8:00 PM Thursday, August 4th "Rose Island" 2020 TV-14/1h 57m An idealistic engineer builds his own island off the Italian coast and declares it a nation, drawing the world's attention. Values are tested when the Italian Government declares him an enemy, but to change the world risk must be taken.

8:30 PM Friday, August 5th "The Last Blockbuster" 2020 TV-14/ 1h 26m A documentary on the last remaining Blockbuster video, located in Bend, Oregon.

2:00 PM Saturday, August 6th "Summer of Soul" 2021 PG-13/1h 58m Documentary about the legendary 1969 Harlem Cultural Festival which celebrated African-American Music and culture and promoted Black pride and unity.

8:00 PM Saturday, August 6th "Matilda" 1996 PG/ 1h 42m A girl gifted with a keen intellect and psychic powers use both to deal with her crude, distant family and free her kind teacher from their sadistic headmistress.

2:00 PM Sunday, August 7th "Moonstruck" 1987 PG/1h 42m Loretta Castorini, a bookkeeper from Brooklyn, New York, finds herself in a difficult situation when she falls for the brother of the man she has agreed to marry.

8:00 PM Sunday, August 7th "O Pioneers" 1992 PG/1h 39m Alexandra Bergson inherits the family farm and struggles to carve a home and a fortune from the windswept prairie. Along the way, she forfeits her one chance for love, but never forgets the teenager who stirred her heart.