

Activities Calendar



Monday, January 22, 2024

- 9:30 AM Blood Pressure Checks
Wellness Center
- 10:00 AM Movement
Meeting Room
- 11:00 AM Iris Music Project: Painting To Music
Social Hall
- 1:00 PM Chair Yoga
Social Hall
- 1:30 PM Balance
Social Hall
- 2:00 PM Bingo
Social Hall
- 3:00 PM Ro Cube Performance (Pop, rock, standards)
Social Hall
- 7:15 PM Mahjong Game (Resident Run)
Activity Room #1
- 8:00 PM Monday Night Movie: "Free Willy"
Channels 975 and 8



Charles E. Smith
LIFE COMMUNITIES

Tuesday, January 23, 2024

- 10:00 AM Movement with Marcus (On the big screen in the Social Hall)
Meeting Room
- 10:15 AM Iris Music: Open Rehearsal
North Lobby
- 11:00 AM Adventures in Visual Art: Sponge Painting
Terrace Art Studio
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Tu Bishvat Seder with Emily Howard-Meyer
Meeting Room
- 2:00 PM Culinary Explorations
North Lobby
- 2:00 PM Brain Fitness with Dana
T.V. Room
- 2:00 PM Technology Support with Jonathan
Activity Room #4
- 3:00 PM Iris Music Project: Joseph Haydn and his fans
Social Hall
- 7:00 PM Poker Game
Activity Room #2
- 7:15 PM Sing Along Group (Resident Run)
Meeting Room
- 8:00 PM Tuesday Night Movie: "Employee of the Month"
Channels 975 and 8



Charles E. Smith
LIFE COMMUNITIES

Wednesday, January 24, 2024

9:30 AM Blood Pressure Checks

Wellness Center

10:00 AM Movement

Meeting Room

11:00 AM Walking Club

South Lobby

11:00 AM Guided Meditation

Channels 975 and 8

12:00 PM "Israel: A parents eye view of the experience of a IDF combat
Soldier" with Jonathan Engler

Social Hall

1:30 PM Balance

Social Hall

2:00 PM Jewish Scholar: Renewing the Case for Shabbat with Steve
Kerbel

Meeting Room

3:00 PM Perspectives (Current Events)

Meeting Room

7:15 PM Mahjong Game (Resident Run)

Activity Room #1

8:00 PM Opera Film: "Verdi: La Traviata"

Channels 975 and 8



Charles E. Smith
LIFE COMMUNITIES

Thursday, January 25, 2024

- 10:00 AM Movement with Marcus (On the big screen in the Meeting Room)
Meeting Room
- 11:00 AM French Conversation with Eliana
T.V. Room
- 11:00 AM Jewish Art Education: 100 Jewish Artists: 19th Century
Meeting Room
- 12:30 PM Adventures in Visual Art: "Glow in the Dark" Paintings
Terrace Art Studio
- 1:00 PM Ice Cream Thursdays
North Lobby
- 1:00 PM Ping Pong with Mary
Activity Room #3
- 1:00 PM Iris Music Project: Drum Circle with Lauren
Activity Room #4
- 1:00 PM Weekly Inspiration Based on the Parsha with Rabbi Shmuel Leigh
Activity Room #4
- 2:00 PM Chug Ivri- Hebrew Club
T.V. Room
- 2:00 PM Bingo
Meeting Room
- 3:00 PM Iris Music Project: The genius of Gene Krupa with Bernie and Lauren
Social Hall
- 7:00 PM Poker Game (Resident Run)
Activity Room #2

7:15 PM Movie in the Meeting Room: "The Help by the Beatles"
Meeting Room

8:00 PM Thursday Night Movie: "Corrina, Corrina"
Channels 975 and 8



Charles E. Smith
LIFE COMMUNITIES

Friday, January 26, 2024

- 9:30 AM Blood Pressure Checks
Wellness Center
- 10:00 AM Movement
Meeting Room
- 11:00 AM Walking Club
South Lobby
- 11:00 AM Iris Music Project: Singing Group with Roz and JiYoung
Meeting Room
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Dancing with Bernie and Happy Hour
North Lobby
- 1:00 PM Chair Yoga
Social Hall
- 1:30 PM Balance
Social Hall
- 3:00 PM Janet Greene Performance (Violin, classical, singalong)
Meeting Room
- 4:15 PM Shabbat Services
Meeting Room
- 7:00 PM Zemerot Sing Along
Activity Room #4
- 8:30 PM Friday Night Movie: "The Prince of Egypt"
Channels 975 and 8



Charles E. Smith
LIFE COMMUNITIES

Saturday, January 27, 2024

9:00 AM Soothing Nature Sounds
Channels 975 and 8

10:00 AM Movement
Channels 975 and 8

10:30 AM Shabbat Services
Meeting Room

12:30 PM Bridge (Resident Run)
Activity Room #1

1:00 PM Scrabble Games (Resident Run)
Activity Room #2

2:00 PM Saturday Afternoon Movie: "Plans, Trains, and Automobiles"
Channels 975 and 8

3:00 PM Yiddish Speaking group
North Lobby

4:00 PM Seated Chair Exercise: Yoga
Channels 975 and 8

8:00 PM Saturday Night Movie: "Oklahoma"
Channels 975 and 8



Charles E. Smith
LIFE COMMUNITIES

Sunday, January 28, 2024

- 9:00 AM Soothing Nature Sounds
Channels 975 and 8
- 10:00 AM Movement with Marcus (On the big screen in the Meeting Room)
Meeting Room
- 11:00 AM Brain Games: Word in a Word
Meeting Room
- 12:00 PM Eric Scott Duo Performance (Motown, Rock and Rhythm & Blues)
Social Hall
- 12:30 PM Bridge (Resident Run)
Activity Room #1
- 1:00 PM Adventures in Visual Art: Portraits
Terrace Art Studio
- 2:00 PM Sunday Afternoon Movie "Galaxy Quest"
Channels 975 and 8
- 3:00 PM Russian Speakers Group
Activity Room #2
- 3:15 PM Mahjong Game (Resident run)
Activity Room #1
- 4:00 PM Seated Chair Exercise: Yoga
Channels 975 and 8
- 7:00 PM Poker Game
Activity Room #2
- 8:00 PM Sunday Night Movie: "Just my Luck"
Channels 975 and 8

Movies

8:00 PM Monday Night Movie January 22 "Free Willy" 1993 PG/1h 52m When a boy learns that a beloved killer whale is to be killed by the aquarium owners, the boy risks everything to free the whale.

8:00 PM Tuesday Night Movie January 23 "Employee of the Month" 2006 PG-13/1h 43m A slacker competes with a repeat winner for the "Employee of the Month" title at work, to gain the affections of a new female employee.

8:00 PM Wednesday Ballet January 24 "Verdi: La Traviata"

7:30 PM Thursday Movie in the Meeting Room January 25 "Help" 1965 G/1h 32m Sir Ringo Starr finds himself the human sacrifice target of a cult, and his fellow members of The Beatles must try to protect him from it.

8:00 PM Thursday Night Movie January 25 "Corrina, Corrina" 1994 PG/1h 55m In 1959, a widower hires a kindly housekeeper/nanny to care for his seven-year-old daughter.

8:30 PM Friday Night Movie January 26 "The Prince of Egypt" 1998 PG/1h 39m Egyptian Prince Moses learns of his identity as a Hebrew and his destiny to become the chosen deliverer of his people.

2:00 PM Saturday Afternoon Movie January 27 "Plans, Trans, and Automobiles" 1987 R/1h 33m A Chicago advertising man must struggle to travel home from New York for Thanksgiving, with a lovable oaf of a shower-curtain-ring salesman as his only companion.

8:00 PM Saturday Night Movie January 27 "Oklahoma" 1955 G/2h 25m In Oklahoma, several farmers, cowboys and a traveling salesman compete for the romantic favors of various local ladies.

2:00 PM Sunday Afternoon Movie January 28 "Galaxy Quest" 1999 PG/1h 42m The alumni cast of a space opera television series must play their roles as the real thing when an alien race needs their help. However, they also must defend both Earth and the alien race from a reptilian warlord.

8:00 PM Sunday Night Movie January 28 "Just My Luck" 2006 PG-13/1h 43m Manhattanite Ashly is known to many as the luckiest woman around. After a chance encounter with a down- and out young man, however, she realizes that she's swapped her fortune for his.